



Lancing Prep Hove

A Lancing College Preparatory School

Newsletter

Autumn Term | December 2023

Diary dates are on Page 22

Message from Mrs Keep

As the end of term relentlessly approached, the Christmas spirit has been much in evidence from Pre-Prep nativities and carol services at the Church of the Good Shepherd to Christmas feasts and from the annual house Christmas tree decorating competition to raising funds for Save the Children by wearing a Christmas jumper to school. Dave the tortoise joined in too!

It was heartening to see the veritable mountain of boxes of gifts for the YMCA Downslink 'Love in a Box' campaign accumulating at school, prior to being delivered by our Head Girl and Head Boy to the YMCA for distribution. Thank you to everyone who sent a gift in.

This newsletter of course contains non Christmas-related activities at school and is also packed full of our Christmas festivities.

As ever, the Autumn term has seemed wonderfully long and everyone has earned a well-deserved break.

May I wish you all a calm and peaceful Christmas and New Year and look forward to welcoming the children back after the break, refreshed and raring to go for the Spring term.



**Happy Christmas
from all at
Lancing Prep Hove**

Follow us on



@lancingprep.hove



@LancingPrepHove

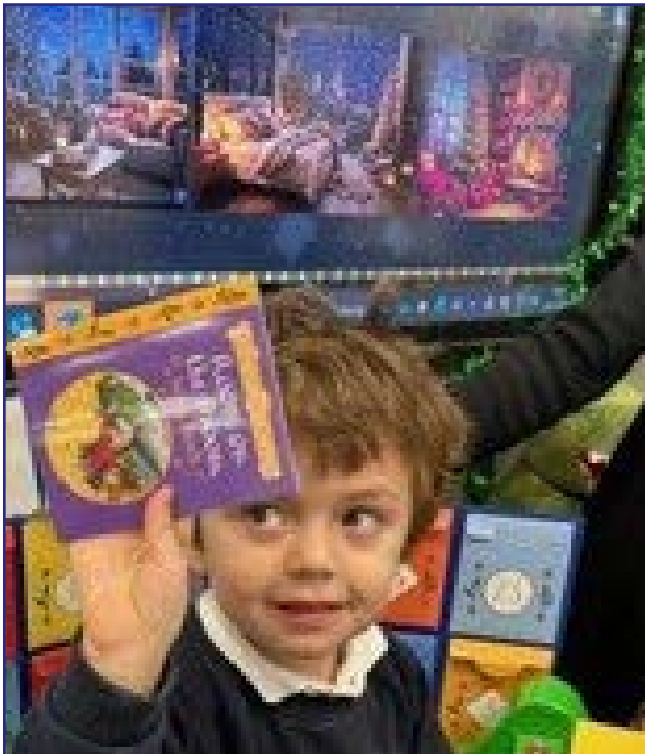


@LancingPrepHove

Pre-Prep News

Pre-School

We have had a brilliant end to the term in Pre-School with lots of festive activities and crafts! We enjoyed a delicious Christmas lunch and loved the pantomime on Thursday too. Wishing you a Merry Christmas with your families and a Happy New Year.



Pre-Prep News

Reception

The children have been enjoying making lots of Christmas crafts and building sleighs for Santa in our outdoor area.



EYFS Nativity



EYFS Christmas



Pre-Prep News

Year 1

The children learnt all about Hanukkah. Miss Cook explained to them how to play the dreidel game and the children enjoyed learning about other traditions.

There was a lot of fun with decorating their gingerbread men, which they did with great care and attention!



Pre-Prep News

Year 2

The children have been learning about the classification of animals and worked well collaboratively to sort various species into the correct groups.



The children always enjoy spending time out of doors and made the most of some slightly chilly winter sunset on the astro turf where they have been learning the basics of hockey.



Years 1 & 2 Nativity



Christmas Feasts



Prep News

Year 3

In DT this term the children have been making bookmarks using binca. They learnt how to thread a needle and then practised both running and cross stitch, creating some wonderful pieces. They have carefully chosen complementary colours and have experimented with different stitches, some progressing onto Christmas decorations and individual designs. Elf Christmas bobble hats became an end of term craze which the children created using wool and cardboard tubes.



Prep News

Year 4

The children have been making their own bagatelles in DT. They started off creating their background design and then cut out card, having carefully measured the sides. They then had to cut out a rim and use the glue gun to attach it. Next they used a bradawl to create the holes before cutting kebab sticks to create the nets. Finally, they created the marbles' 'home' and enjoyed playing! We couldn't be more impressed with their independence and mature attitude to using new tools.



Prep News

Years 5 & 6

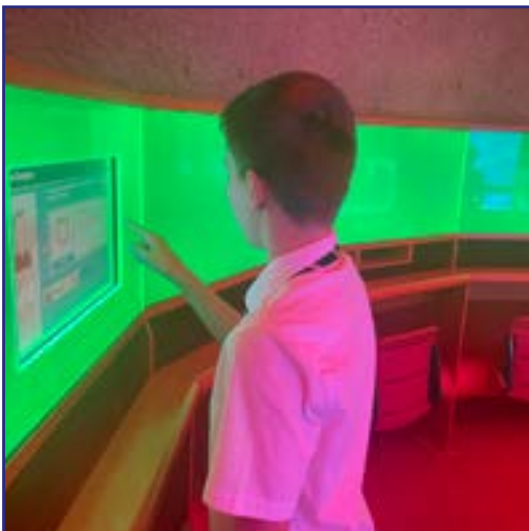
The children have enjoyed their time out on the new Astro and circuit training has certainly helped keep them warm on chilly days!



Prep News

Year 7

The children visited The Centre of the Cell in Whitechapel, a science education centre based at Queen Mary, University of London. It is the first science education centre in the world to be located within working biomedical research laboratories. They learned about health and disease, watching real scientists in action and taking part in interactive games and a show.



Prep News

Geography Game Show for Years 7 & 8

As an end of term Geography-themed Christmas treat LPH had the pleasure of welcoming back Neal from Cape Cod, USA who returned this year to perform his wonderful Geography Gameshow.

Year 7 experienced his Europe show and Year 8 tested their knowledge with the world show. Neal has combined his love of Geography and travel with his talent for art to create a wonderful interactive experience. He draws incredibly detailed maps from memory and creates fun and engaging ways of remembering information with the draw of winning amazing prizes from his travels around the globe.

All the children (and some staff) were wowed by what they saw... A great way to improve global location knowledge and have lots of fun in the process!



Prep News

LPH Peer Mentors

The pupil Peer Mentors have been working hard this half of term.

They now go out in the playground, helping duty staff and making themselves available to any children that need a little extra support.

They are looking forward to going into form rooms in the new year and building relationships with the younger children.



Lancing Preps cheer on the Seagulls!

A group of children joined with pupils from our sister school in Worthing to visit the Amex on a for a midweek evening match where Brighton & Hove Albion took on Brentford FC.

They had a great view of the game where the Seagulls came back from a goal down to take the three points. It was particularly inspiring for the children to see the home début of 18 year old defender Jack Hinshelwood, who not only cleared a shot off the line to prevent Brentford regaining the lead but also scored the winning goal with an impressive header!



Prep Christmas



Prep Christmas



Prep News

Farewell to the Shauns!

To mark the end of the Shaun the Sheep Trail 2023, the #Brightonflock were gathered into the Brighton Centre. The pupils who had visited the most Shauns this year had a special treat, going to see the Shauns, big and small, all in one place for the last time!



Christmas Trees at CoGS

Once again, pupils from LPH decorated a tree at CoGS as part of the church's Christmas Tree Festival which culminated in a *Carols Among the Trees* service.

Some of our creative Year 7 pupils came up with the design and have been busy making the decorations over the last three weeks. Our theme this year was *The Twelve Days of Christmas*.

Thanks to Raphi and Charlie for helping to hang them and also to Henry B, Bella, Grace, Vikram, Betsy and Issy for helping to make them.



Music & Drama News

ABRSM and Trinity Music Examinations

Instrument	Grade	Pupil	Year Group	Result
Cello	Initial	Emile F	Year 4	Merit
Cello	Initial	Ellie B	Year 4	Distinction
Cello	1	Jessica O	Year 5	Merit
Flute	1	Isabelle B	Year 7	Merit
Guitar	1	Harry G	Year 6	Pass
Piano	Prep Test	Evi F	Year 3	n/a
Piano	Prep Test	Etta B-B	Year 3	n/a
Piano	Prep Test	Martha B	Year 3	n/a
Piano	Initial	Riya G	Year 3	Merit
Piano	Initial	Lara P	Year 4	Merit
Piano	Initial	Byron P	Year 4	Distinction
Piano	1	Daniel P	Year 6	Pass
Piano	2	Isabelle B	Year 7	Merit
Piano	2	Fox S	Year 6	Merit
Piano	2	Isla G	Year 6	Pass
Singing	2	Maiya C	Year 8	Distinction
Violin	2	Hughie McG	Year 8	Pass

Nea Drama Examinations

Category & Grade	Pupil	Year Group	Result
Acting Group - Grade 3	Beau H H	Year 7	Distinction
	Vikram G	Year 7	Distinction
	Betsy P	Year 7	Distinction
	George H	Year 7	Distinction
	Isabelle B	Year 7	Distinction
	Grace B	Year 7	Distinction
Devised Drama Group - Grade 3	Theo G	Year 7	Distinction
	Sebastian H	Year 7	Distinction
	Henry B	Year 7	Distinction
Acting Duologue - Grade 4	Cassius C	Year 8	Distinction
	Max F	Year 8	Distinction
Acting Group Ensemble - Grade 4	Maia R	Year 8	Merit
	Maia B	Year 8	Merit
	Maeve H	Year 8	Merit
	Xiner Z	Year 8	Merit

Prep Christmas



House Song Competition



Notable Dates

Diary Dates

Week 1 - Lunch Menu Week 1

Monday 8 January

Term starts

Wednesday 10 January

14.15 Netball v LPW (@ Lancing College)
1st, 2nd, 3rd, Colts A, B & C

14.30 Rugby v Copthorne
U13, U10A & B (H)

14.30 Rugby v Copthorne
U12, U11A & B (H)

Thursday 11 January

14.15 Netball v LPW U9/U8 (H)

14.30 Rugby v Copthorne U9/U8 (A)

Friday 12 January

Autumn term Pride & House Winners'

Reward at Worthing Dome Cinema

Please check the online calendar for the latest information, particularly venues for Sports fixtures

Week 2 - Lunch Menu Week 2

Tuesday 16 January

Lancing College Advance Programme Year 6

Wednesday 17 January

08.30 Rising Reception Open House

14.00 Netball v Brighton Girls (H)
Colts A & B

14.00 Netball v Brighton Girls (A)
1st, 2nd, 3rd, Colts C

14.30 Rugby v Cottesmore
U12, U11A & B (H)

14.30 Rugby v Cottesmore
U13, U10A & B (A)

Thursday 18 January

08.00 SMT Coffee morning

14.30 Mini Rugby Festival v Cumnor House
U9 (H)

14.30 Mini Rugby Festival v Cumnor House
U8 (A)

Friday 19 January

Year 4 Saxons Day

Year 7 History visit to Windsor Castle

Term Dates

Spring Term 2024

Inset Day Friday 5 January

Term starts Monday 8 January

Half term from Friday 9 February usual collection times, re-starting Monday 19 February

Term ends Friday 22 March

Summer Term 2024

Inset Day Monday 15 April

Term starts Tuesday 16 April

Bank Holiday Monday 6 May

Half term from Friday 24 May usual collection times, re-starting Monday 3 June

Pre-Prep Term ends Wednesday 3 July 12noon

Prep School Term ends with Prize Giving

Wednesday 3 July 13.00

Autumn Term 2024

Inset Days Monday 2 & Tuesday 3 September

Term starts Wednesday 4 September

Half term from Friday 18 October, usual collection times, re-starting Monday 4 November

Term ends Friday 13 December 12.00noon

Spring Term 2025

Inset Day Monday 6 January

Term starts Tuesday 7 January

Half term from Friday 14 February, usual collection times, re-starting Monday 24 February

Term ends Friday 28 March

Summer Term 2025

Inset Day Tuesday 22 April

Term starts Wednesday 23 April

Bank Holiday Monday 5 May

Half term from Friday 23 May usual collection times, re-starting Monday 2 June

Pre-Prep Term ends Thursday 3 July 12noon

Prep School Term ends with Prize Giving

Thursday 3 July

12 Smartphone Online Safety Tips

FOR CHILDREN WITH NEW DEVICES

The Christmas season has finally arrived and soon many of you will be opening your presents in the hope that Santa has listened to your request for the latest mobile phone or smart device.

Owning a mobile phone can be fun, but it's important to use it safely and responsibly. By following our safety tips below, you can make sure that you set up your phone securely, keep your personal information private and enjoy using your phone in the healthiest way possible.

1 ALWAYS SECURE YOUR PHONE WITH A PASSWORD

This will help to keep your private information safe and won't allow others to access your phone without your permission. Make sure your password is memorable and personal to you but something which other people can't guess, and always share it with your parents just in case you forget it.

2 DISABLE LOCATION SETTINGS

This can usually be done from the device's privacy control settings. Disabling location settings means that your phone can't be tracked by others and strangers can't tell where you are when you're using it. It also helps to save battery.

3 ALWAYS USE A SECURE WIFI NETWORK

When you use your WIFI at home usually it is a secure network that only you and your family know the password to. Public networks, like those in coffee shops, can be accessed by anyone which means that people could potentially hack into your device and access your personal information without you realising.

4 ONLY PAIR WITH BLUETOOTH DEVICES YOU KNOW

A Bluetooth connection with another device means that you can send and receive data wirelessly. For example, you could listen to music wirelessly or receive pictures and videos from your friends. However, pairing your phone with a device you don't know means that you could be sharing personal information with a stranger or could leave your device open to receiving viruses.

5 ONLY USE APPS WHICH YOU ARE OLD ENOUGH TO USE

Before downloading any new apps, always check the age-rating of the app. If you need help, ask your parent or carer to make sure that the app is safe for you to use and never download anything which you are too young for as it may contain things that aren't safe for you to see.

6 BEWARE OF BECOMING ADDICTED TO YOUR PHONE

Your phone can be fun to use and it's easy to become too attached, whether it's keeping in touch with friends, discovering new features or downloading the latest apps. Remember it's always good to talk in person, go out and have fun and get regular exercise. This will keep you fit and healthy and make you appreciate there's more to life than just your mobile phone.

7 LIMIT YOUR SCREEN TIME

Using your phone for too long, particularly in the evenings, can make you feel tired at school, affect your concentration and make you lose interest in other things in life. Only use your phone at certain times of the day and don't use it close to bedtime. You can set a 'screen time limit' via the settings on your phone. This will help you stay fit and healthy and means that you will still be able to focus and perform well at school.

8 THINK OF OTHERS WHEN TAKING PHOTOS

Don't take embarrassing photos of other people on your phone. If other people get access to the photo and share it with more people, it could make that person really upset and treated as a form of bullying. Always be mindful of the photos you take using your camera and who you share them with.

9 MAKE SURE YOUR PARENTS SET UP 'PARENTAL CONTROLS'

This means that you will be able to use your phone safely and securely and won't accidentally do things you shouldn't do. The best time to do this is when you get a new phone or device so that you're protected from the very beginning.

10 ALWAYS TALK TO YOUR PARENTS IF YOU DON'T FEEL SAFE

Sometimes, even though your phone is really secure, you might see something you don't like, or someone might contact you who you don't know. If this happens, always tell your trusted adult like your parents, carers, other adult family members or a teacher, all of whom will be able to support you and advise you on what you should do next.

11 DON'T TEXT AND WALK

This might seem like a strange thing to say but it can be dangerous to stare at your mobile phone whilst walking outside alongside busy roads or bicycle paths. In some cases, children have been knocked over by cars or cyclists because they haven't been aware of their surroundings whilst texting or playing games on their mobile devices.

12 DON'T SHARE YOUR NUMBER OR YOUR DEVICE WITH PEOPLE YOU DON'T KNOW.

Never feel pressured into sharing your phone number with people you don't know and don't lend your phone to strangers or keep it where others could get hold of it. Look after your device and always keep it hidden from sight to avoid it being stolen or broken into.