



Lancing Prep Hove

A Lancing College Preparatory School

Newsletter

Summer Term | July 2018

Message from Mrs Keep

As the school year drew to a close, our Prize Giving took place for the very first time in the College Chapel where we celebrated the extraordinary talents and successes of the children over the past year and reflected on what makes us proud of the whole school. Those present may recall my musings upon the cartoon I keep on my office wall. This is based on a quotation attributed to Einstein: "Everybody is a genius. But if you judge a fish by its ability to climb a tree, it will live its whole life believing that it is stupid." This led me to the conclusion that, as educators, we need to enable children to thrive and to build upon their natural talents, whichever field they may be in. That's certainly what we aim for at LPH. A copy of this cartoon is shown on the right.

As for Prize Giving itself, our outgoing Head Boy, Henry C, and Head Girl, Zoe C, spoke of their time at the school. Here is just a flavour of what they said.

Henry: 'I remember – vividly – the day I was moved onto green band books; it remains as proud a moment for me as the day I more recently discovered I'd passed English at CE.'

Zoe: 'For me, sitting Academic Scholarship was both a thrill and a nerve-wracking experience. I'm glad I did it; I'm proud to have done it; I'm delighted I don't have to do it again!'

They also spoke of what Lancing Prep Hove has given them to take with them as they leave:

'It's given us friends, confidence, happiness, independence, motivation and bravery.'

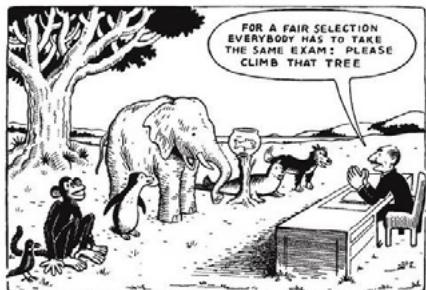
'It's taught us to think for ourselves and to think about other people. We've learnt how to have fun and to know when to be serious.'

'We've created friendships that take us forward, knowing how many more friends there are in our futures.'

My thanks to all who have supported our school, its pupils and staff, with such joy and positivity over the past year. We will continue to be a school where being good and being thoughtful, being outward-looking and a creative thinker, being curious and inquisitive, will underpin all that we do.

My very best wishes for the remainder of the summer break and I look forward to welcoming back those returning in September.

**Diary Dates & Notices
are on Pages 10 - 12**



Farewell to Year 8



Prize Giving in the Chapel



End of Year celebrations

News Round Up

Nursery

How this year has flown by. The children have made new friends, tried out new experiences, become more independent and best of all enjoyed learning in a fun stimulating environment. We ended our year together by enjoying an amazing day out to Fishers Farm Park with the Reception children.

We know the Nursery children will continue to flourish and develop in their Reception classes. Thank you for making this such an enjoyable year.



Reception

The children had a busy penultimate week beginning with Sports Day and ending with Outings Day. The children had a fabulous time at Fishers Farm Park making the most of every minute. They proved to be fearless when climbing the rigging and clambering into the crows nests near the pirate ship. A very bumpy tractor ride introduced us to the farm animals and we were lucky enough to see a two-day old calf out in the field with the herd. Our picnic was eaten in the shade of the trees giving us a chance to cool down and catch our breath before we bounced on cushions, zipped down wires and had a go on the fairground rides. The afternoon journey back to school proved to be a little quieter than the journey out in the morning!



News Round Up



A Wonderful Day in Wilderness Woods for Years 1 and 2!

The children were tired, yet very happy, after having a fantastic trip to the woods.

It was the perfect place to be on this hot day – cool and shaded under the canopy of the trees. The children enjoyed a range of activities led by ‘Lucy’s Little Forest School’; learning about plants, animals, habitats and woodland art for Year 1 and shelter building and fire craft for Year 2. The children consolidated previous learning, as well as acquiring new skills.

Year 2 spent the morning building shelters in the woods. They worked in teams hunting for branches to use as the main structures which they covered with lots of leaves. They darted through the trees whooping with joy! Each den was then tested for stability and water tightness. After this it was picnic time; the children munched away on their sandwiches and chatted non-stop. There was a quick play on the zip wire and giant swing before heading back into the depths of the wood. Here the children learnt how to make a fire, a task that demanded a great deal of patience with Max, Leina and Mason demonstrating particularly impressive perseverance.

We will definitely be back and both children and teachers can’t wait to continue the outdoor learning back at school. What a wonderful place and a great day out!



News Round Up

Years 3 and 4 Performance Evening

This was an evening to remember! Diversity was clearly the key word. From *Für Elise* to *Horrid Henry*, from poetry recitals to *Wonderwall* being sung and from *Allegro* on the cello to a Rap finale from Year 3, it was an evening packed with variety.

The Year 4 boys took on the role of hosts with ease and coolness that would rival Ant and Dec and each performer oozed a confidence that made us forget they are only 96-108 months old!

The finale will be forever embedded in our memories. Hearing 53 children performing *Sing* ensured goosebumps, tears and pride throughout the room.

We could not be prouder of each and every child and it was a fitting end to a truly wonderful year.



Years 3 and 4 perform together to the Pre-Prep



A spoonful of sugar ...
... helping the medicine go down

Year 5 go Surf Life Saving

We had a fantastic time at Brighton Beach on The Schools Surf Life Saving programme with two instructors from the Brighton Surf Life Saving Club. The children were introduced to the fundamentals of being a Beach Lifeguard and Surf Life Saving along with First Aid training including CPR. The teachers and pupils particularly enjoyed getting on their wet-suits and running into the water. The children took turns to use a rescue tube and surf boards to practise saving a casualty.



News Round Up

Year 7 visit Dorset

June once again provided us with the opportunity to take our Year 7 pupils away from the classroom, and to provide them with challenges and hands-on geographical experiences in the spectacular setting of Dorset's Jurassic Coast.

Our visit to Lulworth and its iconic, scallop-shaped cove, gave the pupils an understanding of the coastline's setting within geological history, even if it turns out that Cretaceous would be a slightly less impressive but more accurate moniker for the area.

The Isle of Portland's stunning location provides the children with the opportunity to experience challenges beyond those encountered in previous residential trips. Climbing and abseiling with your friends is a great way to spend your day, but to do it down the face of towering limestone cliffs, perched above the blue sea is a memory that will last a life time.

In a similar way, coastering around the rugged coves and caves which surround Portland Bill provided opportunities for scrambles onto rocky ledges and daring cliff jumps, in settings that some children struggled to believe Britain possessed.

Our location also provided easy access to the internationally significant Chesil Beach and allowed our trainee geographers the opportunity to become hands-on with their data collection techniques, using geographical equipment to measure the shoreline features and to test their hypotheses. This will form the heart of their personal enquiry and will contribute to their final exam grade.

All this along with team building games, hearty breakfasts, a double helping of birthday cakes, World Cup football matches, hikes along picturesque coastal paths, sports, free time, handling weapons and climbing inside tanks in the D-Day museum, ascending in the Jurassic Skyline ride and wiggling our toes in the sand of Weymouth beach, all while basking in glorious sunshine, ensured that memories were made and challenges were achieved during our splendid week in the West Country.



News Round Up

Lancing Prep Hove Summer Art Exhibition 2018

This year we have been very fortunate to have the lovely space in the Laurent Hall to exhibit the best Art work made by Lancing Prep Hove pupils this year. We hope you have all had the opportunity to see the exhibition.

With a new hanging system now in place we will be able to keep an up-to-date showcase of all pupil art work, including that of the Pre-Prep pupils, over the coming years.



News Round Up

Year 3 Art for Curriculum Collapse week - Fishy Fun!

As part of the Curriculum Collapse week, the children worked for the first time in the Art studio where they had the opportunity to try out some new techniques. They explored monoprinting and designed, then cut out several fish which were overlaid onto an underwater scene created using oil pastels and watercolour. We then put all the work together to create a whole class underwater scene.

They worked with great excitement and enthusiasm and demonstrated a great deal of creativity throughout the afternoon.



Years 5 & 6 visit to GCSE & A level exhibitions at Lancing College

15 pupils from the Year 5 & 6 Art club went on a visit to see the fantastic exam work exhibited by this year's GCSE and A Level pupils. Our pupils were warmly welcomed by the Art department at the College where Rosie Lawrence organised for Archie Deme, one of our past pupils, to talk about his work and the exhibition in general. Our pupils then spent time looking and sketching from the exhibition and came away full of inspiration and new ideas.



Equaliteas event

There has been much in the news this year about the 100 years' anniversary of the vote first being given to some, but not all, women. We chose to celebrate an additional anniversary, namely 90 years since the Representation of the People Act 1928 gave **all** men and women over 21 the equal right to vote, and to tie this in with a celebration of the 15 years of co-education at Lancing Prep Hove. The 'Equalitea' was a super event for our girls and their mummies, starting with a suitably feisty rendition of *Nana was a Suffragette*, followed by a traditional afternoon tea with a very special cake.



News Round Up

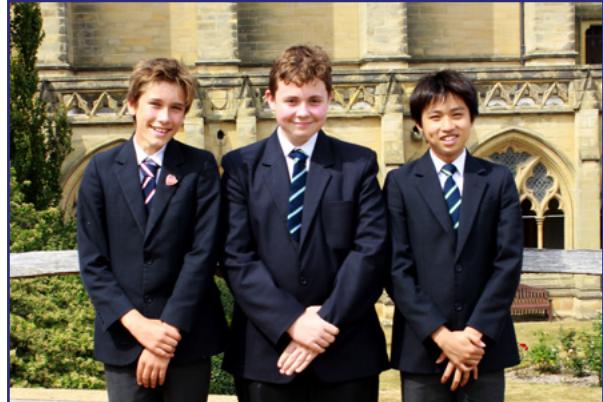
UKMT Update

We were delighted that we had three Year 8 pupils taking part in Junior Kangaroo, the follow-up round to the UKMT (United Kingdom Mathematics Trust) Junior Challenge. It is no mean feat to be invited to enter this prestigious competition. The top 25% mathematicians in the competition were awarded a Merit and so the following results were an amazing achievement:

Noah K - Merit

Archie N - Merit

Ali C - Qualification



Cricket News

Well done to two of our pupils who have been selected to play for Sussex county teams this summer: Stanley T for the U11 team and Jimmy L for the U10 team.

Jimmy is pictured right taking part in this term's U11 cricket tournament at Lancing College, from which the LPH team returned victorious.



Break the Rules Day

Following on from the 'sale' at this year's Summer Fete, the pupils had a fantastic day in the last week of term, with a later than normal start and then indulging in multiple activities that would normally not be allowed, from watching DVDs in class to taking over a class for 15 minutes. A firm favourite was of course the All Day Breakfast served at lunchtime which was enjoyed by all. Thank you to the parents and teachers for being such good sports!

The funds raised were split between the Parents' Association and the NSPCC.



Camp Rock

Camp Rock was this year's ambitious offering by our Senior pupils – a bright musical packed with fun, songs, lively dance routines with a message at its core about remaining true to yourself. All the hard work put in by the pupils in rehearsal came to fruition in the performances at Lancing College Theatre.

Isobel A sparkled in the lead role of Mitchie, alongside the rocking Connect 3 band of brothers played by Marcus J, Cooper F and Buster B respectively. Ali C showed the increasing despondency of the Camp Rock owner, Brown Cesario, as his camp took on their glitzy and bigger budget competitors at Camp Star, owned by his former bandmate, the dastardly Axel Turner played with confidence by Thomas T. His protégé, Luke Williams, was given some slick dance moves by Thomas W and Lailah P carried off the role of the turncoat Tess Tyler with panache. The scenes swung from lively full cast dance routines to the budding romance between Dana, the daughter of Axel Turner, played sweetly by Mia T and the hesitant Nate Gray, drummer of Connect 3, whose diffidence was captured perfectly by Cooper F.

The whole ensemble of singers and dancers filled the stage with their energy and infectious enthusiasm. It was a magnificent team effort in the professional surroundings of the College Theatre, complete with musicians in the orchestra pit. They are a credit to Director of Music, Mr Farley, and Mme Barber, Director and Choreographer. Congratulations to everyone involved, pupils, parents, staff and in particular to Mr Martin Chandler, Theatre Technical Manager, whose experience and assistance were invaluable to the success of the enterprise.



Diary Dates

Friday 31 August
Staff Inset Day

Week 1 - Lunch Menu Week 1

Monday 3 September

Staff Inset Day

Tuesday 4 September

Term starts

Wednesday 5 September

Girls' Mouthguard fitting

Girls' Hockey training @ Lancing College

Years 5-8

18.00 Pre-Prep Information Evening

Thursday 6 September

18.00 Years 6-8 Information Evening

Friday 7 September

Year 1 Superhero Day

Week 2 - Lunch Menu Week 2

Monday 10 September

13.30 U11 6-a-side Football Tournament
@Lancing College

18.00 Years 3-5 Information Evening

Tuesday 11 September

Football v LPW U9A / B (a)

Wednesday 12 September

Football v LPW 1st XI (h), Colts A / B (a)

Football v Ardingly Colts C / D (a)

Football v Hurst U9 A / B / C / D (h)

Girls' Hockey v Handcross Park

U13 / U12 (a) U11 / U10 (@Lancing College)

Friday 14 September

Individual, Family and Class Photographs

13.30 Ardingly U9 Football Festival (a)

Noticeboard

Supporting Young Minds UK

Having just completed the first year of our new PSHE curriculum, Mr Clifton decided to step back and look at what we have achieved and also look at what we can continue to do to help our children develop essential life skills. As you are all aware the mental health of young children is paramount and, rightly being spoken about a great deal at the moment. The work we do here at Lancing Prep Hove, coupled with Mr Clifton's love of running in the great outdoors, inspired him to undertake the 'Race to the Stones' challenge (<https://www.racetothestones.com/>) in the hope of raising money for Young Minds UK. If any parent or child would like to make a small donation it would be hugely appreciated by both Mr Clifton and the charity. The link is <https://www.justgiving.com/fundraising/dc23>

Superhero Series

The Superhero Series is a paratriathlon which can be entered by any "superhero" with a disability to be completed with the help and support of their able-bodied sidekicks. Otto in Reception will complete a 150m swim, 3km cycle ride and 1km run with his siblings Huggie and Izzy helping him along the way – this would have been absolutely impossible for him this time last year!

His family has received the amazing news that Otto has now been chosen to be part of a celebrity team captained by Paralympic Swimming Champion Stephanie Millward. As part of her team he will complete the 1km run in the celebrity team competition and will then go on to the full team event with Huggie and Izzy. The whole event will be screened in a special programme on Channel 4, presented by Claire Balding on Saturday 1 September, just before the start of the new school year. To find out more, visit the Superhero Series website under Otto's celebrity team description. <http://superheroseries.co.uk/celebrity-superhero-tri-2018>

Otto's family felt this was too good an opportunity to miss to help others and so Otto is raising funds via a Just Giving page to go towards the cost of the SDR operation for another little boy locally who also has cerebral palsy. If you would like to support this remarkable young man, the link is <https://www.justgiving.com/fundraising/thedcf-ottostriseriesforsantiago>

Mrs Keep

Please see next pages for some suggestions for local summer holiday activities for families and children, along with details of riding courses in August at the Lancing Equestrian Centre.

Notable Dates:

Autumn Term 2018

Term starts Tuesday 4 September
Half Term from Friday 19 October,
usual collection times,
restarting on Monday 5 November
Term ends Friday 14 December

Spring Term 2019

Term starts Monday 7 January
Half Term from Friday 15 February,
usual collection times.
restarting Monday 25 February
Term ends Wednesday 3 April

Summer Activities for Families in Sussex

Our Science teacher, Mr McLeod, is a volunteer ranger with the South Downs National Park and also takes an interest in organisations such as the National Trust and the RSPB and has drawn our attention to the series of events that these organisations have over the summer that are geared up for young people and families. Parents looking for something with a scientific flavour to keep their children amused over the coming weeks, might like to take a look at what is going on in Sussex at these and other locations:

South Downs National Park Website

There are lots of events within the National Park aimed at adults, families and children. For example Wildflower walks at the Arundel Wetland Centre, the Wiston Steam Rally, Viking coin pouch making, Bat Walks, Wine making, Introduction to bee keeping, Scavenger hunts, Explorer's back packs and much more besides!

To find out more, visit <https://www.southdowns.gov.uk/enjoy/events/events-calendar/>

Once term begins, there is a special event 'The Secrets of the Heath' on 8-9 September at Petersfield Heath <https://www.southdowns.gov.uk/event/secrets-of-the-heath-2/>

The National Trust

The National Trust have organised a series of summer adventures for the families at a variety of properties in East and West Sussex, including science workshops, children's trails, crafts and croquet.

More information is available here:

<https://www.nationaltrust.org.uk/days-out/in-and-around-west-sussex>

<https://www.nationaltrust.org.uk/days-out/regionlondonandsoutheast/east-sussex>

RSPB

Visit <http://ww2.rspb.org.uk/reserves-and-events/events-dates-and-inspiration/events/> and enter either East Sussex or West Sussex to bring up events, including free ones in St Ann's Wells Gardens, Preston Park and elsewhere in Hove. These typically last 45 minutes. A much more varied programme has been organised in West Sussex including night time safaris, wild life walks and so on. Every Wednesday in August the Pulborough Brooks reserve has events and activities for children.

Sussex Wildlife Trust

Based at Woods Mill, near Henfield, but with various sites dotted around Sussex, the Sussex Wildlife has a series of family events planned and also run a programme of activities for very young children called Nature Tots.

See more here <https://sussexwildlifetrust.org.uk/whats-on/category/family-events>

Arundel Castle

For those whose children have a penchant for history, there are various events at Arundel Castle over the summer, <https://arundelcastle.org/whats-on/>

We wish you a happy and action-packed summer break and look forward to hearing what everyone has been up to when we come back in September.



Summer Holiday Horse Riding Courses



**Do you want to learn to ride?
Do you already ride and want to progress?**

- To take part you must be over 6 years old, although other lessons and activities are available for younger kids and adults
- There will be a course for all abilities
- The short riding courses will be run on Mondays, Tuesdays and Thursdays on the weeks given below
- Each course will be run in line with the British Horse Society Junior Progressive Riding Tests. The aim will be to complete one of these certificates at the appropriate level over the 3 days of the course
- Each session will consist of a half hour group riding lesson plus learning the care of the ponies, including grooming, feeding, tack, and more!
- All participants of the 3-day course will receive a rosette and certificate

Time: 9.30 am to 11.30 am

Dates

Course 3: Monday 6th, Tuesday 7th, Thursday 9th August

Course 4: Monday 13th, Tuesday 14th, Thursday 16th August

**Cost for the 3-day course is £75
To book please call Jan or Natalie on 01903 763815**

Lancing Equestrian, Lancing College Equestrian Centre Hoe Court, Lancing, BN15 0QX
01903 763815 www.lancingequestrian.co.uk