



### Message from Mrs Keep

As always, there has been a great deal happening at school since we returned from half term, not least our Remembrance Service last Friday when we remembered all who had given their lives in service, and particularly each of the Old Boys of Mowden, as our school was then. A presentation on the history of the poppy was eloquently given by Max O and Zach B, and the Last Post and Reveille were played impeccably by Olivia M and Miles W. The poppy display in our entrance lobby is made up of a poppy created by every child in the school and will remain there until the end of the month.

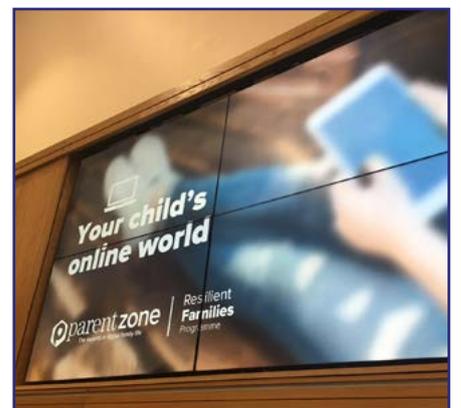
This week has been Anti-Bullying Week and the children have taken part in focused workshops, assemblies and lessons. A number of parents have also been involved and attended our Digital Information Evening. The purpose of evenings such as this is not only to listen to advice from visiting experts in their field, but also to allow parents to discuss between themselves the issues we are all facing. In this instance, we were reminded that we are the first generation of parents to be tackling parenting in an online world, and as such I think we all left feeling a little more inclined to be easier on ourselves when we find our children's screen time tricky. The message that came across most prominently to me was that we all need to create an atmosphere at home where our children don't hide away with their screens, and so won't feel that they can't tell us if something is going wrong in their online world.

Bearing this in mind, I would like to set a homework for parents this weekend: learn something from your child, and have a go at something they do online alongside them. For those with younger children, your child might be able to teach you how to play the Peter Rabbit game on the CBeebies app, or maybe you will watch Baby Shark together on YouTube Kids. For those with older children, it might be time you learnt how to play Lego Marvel Superheroes or, most obviously, Fortnite. Maybe you can learn about Instagram and your young teen can help you set up your own account.

It is by understanding our children's interests and developing a culture where they know they can talk to us that we will be most likely hear from them if things aren't going well. And just as this has always been true in the offline world, so it is true in their online behaviour.

Good luck with your homework. I look forward to hearing about how you have all got on.

### Diary Dates & Notices are on Page 8



Read more about our school activities during Anti-Bullying Week on page 6

See pages 9 and 10 for news from your Lancing Prep Hove PTA



## News Round Up

### Nursery

We have started this term off with learning about 'People who help us'.

The children have acted out several roles of the emergency services.

We created an emergency call out centre and practised dialling 999. We took it in turns to play the role of an emergency operator, guiding the children on how to ask for the correct emergency service.

In particular we enjoyed playing the role of a fire fighter for the day, dressing in the correct uniform, responding to Fire call outs and putting out pretend fires in the garden using the hose.

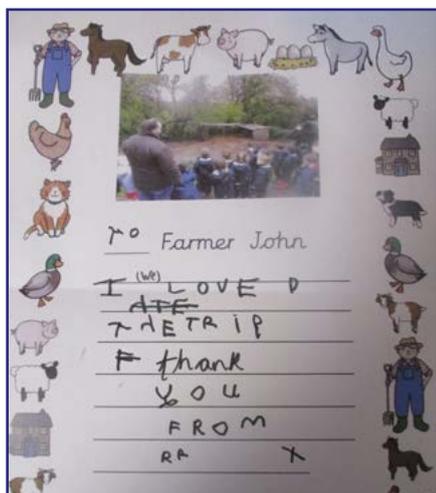
We are much looking forward to meeting the fire fighters in person when we visit Shoreham Fire Station!



### Reception

We went for an Autumn walk on an unbelievably Autumnal day! We went up to Lancing College by mini bus (very exciting going through the tunnel) and met Farmer John at his farm. We had our wellies on prepared for any muddy puddles and our waterproof trousers and coats on in the very likely event of rain.

Farmer John took us around the fields and talked to us about the change in the landscape. We looked closely at the changes to the trees, hedgerows and grass areas. It was so incredibly windy that at one point we thought we were going to get blown away! At the end we got to see the piglets and learned how they are adjusting to the climate that Autumn brings. We had such a lovely morning and learned so much that when we got back to school we thought it would be a good idea to write a thank you letter to Farmer John.



## News Round Up

### Year 1

Science learning has been fun for the children who made their own slime. They demonstrated excellent listening skills when being instructed on how to mix the ingredients and used outstanding skills of observation to see what changes occurred when mixing materials. They added paint for colour and different textures to make each pot feel slightly different. It was a fun way to learn about changing states and complete their learning journey on 'our senses'.



We had an amazing day out at Herstmonceux Science Observatory to blast off our learning journey on Space. They completed workshops on the solar system, explored exhibits and learnt all about the 'ginormous' telescopes that 'can see the actual planets'.

Mrs Morrison was delighted to see how engaged the children were on the day and how keen they were to continue learning once back at school. She was also incredibly proud of how well behaved and polite the whole year group was throughout the day; very well done, Year 1!

### Year 2

Before half term, inspired by the 'Great British Bake Off', the children made their own Halloween cupcakes. They had to read the recipe and then use their maths to quadruple the ingredients! Then team work came into play and every child had a job to carry out.

In the afternoon the children's artistic skills were put to impressive use and everyone went home with a delicious and beautifully decorated cake to eat.



Last week in Science we investigated how easy it is for bacteria to spread and what fun we had! We put glitter on the children's hands which represented what comes out when we sneeze and then investigated how many hands we passed it on to when we shook them. The children were shocked to find out it was 14 hands!

We then used green paint in water spray bottles to see how far it would travel if we didn't cover our noses and have now learnt the importance of covering our noses and mouths when we cough or sneeze!



## News Round Up

### Digital Skills Workshop for Years 3 and 4

Children in Year 4 took part in a workshop hosted by *Parentzone* to develop their digital skills and critical thinking when using online activities and websites. The children were absolutely superb in their response to the session, using many examples from their own experiences in how to deal with phishing, online scams, cyberbullying and cybersecurity.

The children were incredibly lucky to take home a copy of a gorgeous story book *Kasper, Sky and the Green Bear* to support their learning to share with their families. It tells a charming story of a boy called Kasper, who with his friend Sky and his new green toy bear go on a journey to explore the digital world; an adventure teaching children to use the internet in a safe way.



Keep your eyes peeled for the new resident of 3C, his name is Kuma and he is very green. We are very excited about the future as these children lead the school in our own journeys of learning and adventure using the online world!

### Young Mathematicians Award

Recently a Year 5 team of Sophie A, Luca B, Ethan B and Mia H attended a competition in Crawley organised by NRich and Explore Learning. They enjoyed working together to complete a rather challenging problem. We were delighted to receive feedback saying that the children had been enthusiastic, encouraging of each other and shown excellent team work.



## News Round Up

### Year 7 Tudor Workshop in Art

The pupils had a Tudor visitor at the end of last half term, a Mr Grey, merchant, landowner and soldier! He was able to provide answers to the multitude of fantastic questions they asked with regard to everything Tudor. They then talked about the fashion of the Tudor times and had an opportunity to draw his portrait of which some pupils made an excellent likeness. Watch this space for pupil portraits in a Tudor style!



### AI Turnertive Prize

It was lovely to see so many of our pupils across the upper part of the school (and one year 4 pupil, Jacob T!) make very original and creative pieces of work to exhibit in this annual event. Well done to all those pupils who worked so hard to make the work and a particular well done to Tom T, winner of the prep schools category and Ollie G and Jasmine H for receiving highly commended. The exhibition is up in the main reception at the College until the end of term so do go and have a look if you are passing.



Tom T  
winner of the prep school category



Ollie G



Jasmine H

## Anti-Bullying Week

This week LPH has, along with many schools, community groups and organisations across the UK in activities for Anti-Bullying Week 2018 with its theme of *Choose Respect* which aims to support our community in understanding:

- The definition of respect
- That bullying is a behaviour choice
- That we can respectfully disagree with each other, ie we don't have to be best friends or always agree with each other but we do have to respect each other.
- That we all need to choose to respect each other, both face to face and online.

We have used PSHE lessons and assemblies to help us to identify and work to these aims. On Monday, the school jumped in with both feet to take part in *Odd Socks Day* - an opportunity to have fun, be ourselves and celebrate what makes each one of us unique.



Years 6, 7 and 8 enjoyed an assembly delivered by *Ditch The Label*, one of the largest anti-bullying charities in the world. Much discussion was raised as it was suggested that bullying behaviour will often involve a victim, perpetrator and witness. We considered what responsibility is placed upon us as witnesses when there is opportunity to effect a positive change or resolution. A number of myths were addressed including that of saying that those who choose to bully are in a strong, happy and confident position.



Year 5 and 6 took part in a digital resilience workshop led by *Parentzone* a social enterprise with expertise in supporting families in the digital age. Themes explored include critical thinking online; the reliability of information online; understanding when you may be manipulated online; how to report on the services you use; how to get help when things go wrong. Year 3 and 4 also considered these themes in their own workshop, paying particular attention to what kind of information is appropriate to share online.

Huge thanks to those parents who attended our parent event on Wednesday evening, again supported by *Parentzone* where much debate took place regarding how we can support children's online behaviour, with reference made to cyberbullying. Questions raised pertained to how we can develop children's digital life skills as well as supporting their positive online reputation and critical thinking skills.

*Stop, Speak and Support Day* focused upon online or cyber bullying. We began by exploring and celebrating the amazing opportunities and experiences that the online world affords us, whilst acknowledging the serious repercussions of cyberbullying. We discussed the *Stop Speak Support* code of conduct and how we, as digital citizens, must show the same respect and consideration to others in our online behaviour as we do in our community.



## Sport

### Girl's Hockey Results

#### Week commencing 5 November W/D/L

U11 v Hurst W 6-0

A strong first half performance allowed the girls to play in new positions in the second.

U10 v Hurst D 0-0

U13 v St Christopher's L 0-4

U12 v St Christopher's W 4-3

U11 v St Christopher's L 1-3

U10 v St Christopher's W 4-1

U9 v St Christopher's L 4-7

#### Week commencing 12 November

U13 EGHA Hockey Tournament D3; L2

U12 v Roedean B L 0-2

U12 v Roedean C W 1-0

U9 v Hurst W 9-1

#### Thursday 15 November

U9 v Dorset House W 4-0

U8 v Dorset House W 3-0

### Handcross Park Cross Country event 12.11.18

We entered 26 runners into the six race categories and the pupils all ran really well. Miles W finished in first place in the U13 race – his third successive victory in this event. Bethany K was the highest place girl and LPH were ranked 4th out of nine teams.



### Swimming

Bethany K trains with the Lancing College Swim Team and is the only non-senior school age swimmer in their National Potential squad. In the Sussex ASA competition she was ranked third overall in her year group behind two girls who are nearly a full year older and almost twice her size. She qualified for 13 events and collected one gold, two silvers and two bronzes, with a time of 2 minutes 58 seconds in the 200m butterfly that places her 4th in the South East and is likely to qualify her for the South East regional competition in May 2019.



### Boys' Football Results

#### Wednesday 7 November W/D/L

1<sup>st</sup> XI v Handcross Park L 1-3

1<sup>st</sup> XI v Brighton College L 2-5

2<sup>nd</sup> XI v Handcross Park L 0-3

2<sup>nd</sup> XI v Brighton College L 1-4

Colts A v Handcross Park D 1-1

Colts A v Brighton College L 0-2

Colts B v Handcross Park D 4-4

Colts B v Brighton College L 0-1

Colts C v Handcross Park L 1-5

Colts C v Brighton College L 2-3

U9A v Brighton College L 1-7

U9B v Handcross Park W 4-2

U9B v Brighton College L 1-5

U8 v Handcross Park W 5-0

U8 v Brighton College W 1-0

#### Wednesday 14 November

1<sup>st</sup> XI v Brambletye L 0-2

2<sup>nd</sup> XI v Brambletye L 1-3

Colts A v Brambletye W 2-0

Colts B v Brambletye L 1-2

Colts C v Brambletye W 6-0\*

\* Taavi C scored 4 goals

U9A v Brambletye W 2-0

U9B v Brambletye L 0-2

U8A v Brambletye L 1-3

U8B v Brambletye W 2-0

## Diary Dates

### Week 10 - Lunch Menu Week 3

Road Safety Week

Year 8 Mock Examinations week

#### Monday 19 November

Kids' Lit Quiz

18.00 Year 5 Parents' Appointments

#### Monday 20 November

18.00 Year 5 Parents' Appointments

#### Wednesday 21 November

Geography Game Show for Years 6 & 7

12.15 EGHA U10 Hockey Tournament

@ Triangle, Burgess Hill

14.30 Girls' Hockey v Bede's, U13 & U12 (A)

14.30 Football v Ardingly College Prep

1st XI & 2nd XI (H)

14.30 Football v Ardingly College Prep

Colts A-D & U9 A-D (A)

14.30 Football v Handcross Park (A)

#### Friday 23 November

'On Yer Bike' Day

#### Sunday 25 November

Family Eucharist @ CoGS

### Week 11 - Lunch Menu Week 1

#### Monday 26 November

Pre-Prep Nativity photographs

#### Wednesday 28 November

14.15 Football v Windlesham U11A & U10A (H)

14.30 Girls' Hockey v Burgess Hill Girls

U11 & U10 @ Lancing College

#### Thursday 29 November

09.30 Boys' U13 & U11 Squash Tournament

@ Lancing College

#### Friday 30 November

Deadline for Lancing College 13+ scholarship entry

Year 3 Victorian Day

#### Sunday 2 December

16.00 Carols among the Trees @ CoGS

## Noticeboard

### Safety Update

Parents may have noticed the arrival of large safety notices in The Drove way and Hove Park Road which we hope will make the roads safer for our school community. We now also have planters in the area outside the front of the school and Laurent Hall which we hope will guide all pedestrians entering and leaving the school to use the footpaths, rather than crossing the driveway and car parking area. This is now particularly a concern for us as it is dark at the end of the school day and I would be grateful to parents if they would lead by example and encourage their children to follow the footpaths safely as they leave for home.



Our cake sale in aid of Children in Need has been a great success - in total the school raised over £650!

## Advent Concert at Lancing College

Friday 30 November  
Great School, Lancing College

Some of our musicians will be taking part in this traditional music offering.

The event is nearly sold out so any parents who wish to attend should check ticket availability online at <http://bit.ly/LCAdventConcert>

# Lancing Prep Hove PTA

## Introduction

Firstly, thank you to the 107 parents/guardians for completing our questionnaire. We were delighted with this number of responses and it's invaluable as a new PTA to understand what you care about and where we need to focus our efforts. Here is a summary of the results.

### 1 **Knowing your year rep**

Over 70% of respondents know who their year rep is and it was clear in the comments how much you appreciate them. Years 4 and 8 still need a year rep; please do get in touch with us if you are interested.

### 2 **Communicating with your year reps**

Email is still a key communication channel but WhatsApp, especially for quick questions or lost property appeals, is working well in many class groups. Just as importantly, it is useful to know the channels you're less keen to use to communicate with us, such as the school office or Facebook.

### 3 **Keeping you informed**

Around 65% of you feel the level of communication from the PTA is at the right level, which we will ensure is maintained. 16% of parents would like to know more about the PTA. We hold meetings early each term which are published in the school calendar and all parents/guardians are very welcome to attend. Our next meeting is 19.15 on Wednesday 16 January 2019.

### 4 **Becoming a member of the PTA and attending meetings**

20% of respondents weren't aware that all parents are welcome to join the PTA. So, we will ensure that's especially clear at the start of each school year when the rep positions are advertised and interest is invited. In addition, everyone is welcome to attend PTA meetings.

### 5 **Current and future PTA events**

In addition to the secondhand / pre-loved sale, your favourite events are those that your children enjoy (pre-prep entertainer, prep school discos, and family events). We will continue these and plan to add a family event each term – special thanks for your fantastic suggestions. The Fireworks night idea was extremely well received and although it was too rushed to run it this year we're keen to add it to the calendar. Finally, we did hear from a number of new parents, in particular, who were unaware of events so we will be taking a look at how the whole year's calendar is communicated.

### 6 **What the PTA stands for**

The responses showed quite a clear split between those who saw the PTA's remit to raise funds that were used purely to benefit the school and its children and those who saw it as a combination of that and to raise funds for charity. The school newsletter will include a regular PTA update on how money raised by the PTA is spent.

## Lancing Prep Hove PTA

### The PTA's role

To create a stronger bond between the parents, pupils and the school. We want to do this by building on the fantastic work of the previous PTA committee and create a strong sense of community.

### Our goals

- To build a strong sense of community with parents, pupils and staff. LPH is an established, successful and friendly school with wonderful teachers who care about our children. It's also a happy school. We want to achieve a strong sense of community by giving a genuine, friendly welcome to new parents, making it less daunting as their children join the school. We want to build on the already successful family events such as the 'Summer fete' and we want to encourage parent participation so that all parents are involved and engaged with PTA initiatives.
- To identify an important school project that wouldn't happen without our help. Whilst LPH is well funded, Mrs Keep will tell you that her budget isn't limitless. The previous PTA funded the School's outdoor play area and all the children will tell you how well used this is; it wouldn't have happened so quickly without the PTA.
- To use our strengths to help the local community. Many of you have reminded us that we are fortunate members of the local community. You'd like your children to recognise this. The school feel the same way and this is reflected in the charitable activities that they have traditionally asked our help for e.g. creating gift boxes at Christmas and raising money for local charities through physical activity like the Martlets

### How the PTA operates

From your feedback, you want an open PTA that encourages all parents to help out when they can. You'd like to avoid being roped in to supporting the PTA and then never being let go again! We're looking at the PTA constitution to see how we can achieve this. Our goal is to create a framework that enables more of you to help so that those that have traditionally always helped can do a bit less.

The LPH PTA always welcomes new members, so please do get in touch with us. Our contacts are below:

Chair: [jennifer.bidnell@jfbnet.com](mailto:jennifer.bidnell@jfbnet.com)

Treasurer: [matthew\\_ansell@hotmail.com](mailto:matthew_ansell@hotmail.com)

Secretary: [katedavison78@hotmail.co.uk](mailto:katedavison78@hotmail.co.uk)

A poster for a winter event. It features three Christmas baubles (red, teal, and purple) hanging from the top left. The background is a light blue sky with white snowflakes. The text is in a mix of bold, italicized fonts.

**Winter  
Wonderland  
Returns**

**Saturday 24 November 2018**  
**7-30pm 'til midnight**  
**Dining Hall, Lancing College**

*Organised jointly by St Nicolas Association and PTA Lancing Prep Hove*

**Tickets: £35.00**  
**BOOK HERE: [bit.ly/wwr18](http://bit.ly/wwr18)**  
**(incl. Live Band "Oomphf" and Indian Bowl Food Supper)**  
**Dress code: Smart Casual**  
**Parents' event only, Card/Cash Bar, Strictly 18+**