



Lancing Prep Hove

A Lancing College Preparatory School

Newsletter

Autumn Term | 29 November 2019

Message from Mrs Keep

November can feel like a long, drawn-out month. The days are short, the skies are grey and we are firmly into the season of wet break and cancelled matches. Luckily for us all, December is heaving into view and a liberal sprinkling of festive magic is coming our way. Next week the Pre-Prep nativities will be underway and, if their rehearsals are anything to go by, they will be performed to charmed audiences and proud parents. Though Christmas services are a little further off for the Prep School, there is a certain festive feeling in the air as the children start to plan for the House Christmas Tree competition and the House Music competition.

Whether Pre-Prep or Prep, there is also of course still plenty of work to be done and everyone continues to work hard. Our Year 8 pupils have completed their first set of mock exams and, as usual, my reminder to each of them is that every success and every mistake offers an opportunity for them to reflect and to learn.

Elsewhere, we've had different academic focuses, reminding us all that there is so much more to academia than exams. The recent Poetry Evening featured performances from children from Reception to Year 8, and seeing them all take to the stage in spite of their nerves was a joy. Some poems were funny, some were thoughtful and some were even penned by their performer; each of them was a joy to see performed.

The Primary Maths Challenge results have recently come in and this year the Maths department is delighted with a bumper crop of gold, silver and bronze award winners. Mrs Silverson is now waiting to hear whether any of our mathematicians from Years 5 or 6 have progressed to the bonus round.

Last week, we hosted the National Inter-School Science Quiz and entered 3 teams. This was our first time entering but the children each gave it their best shot and showed their extensive scientific general knowledge. One of our teams quietly worked their way up the leader board and emerged as Area Winners, and they will now head to the Finals in the summer term.

Add to these successes a Year 8 debating team who took part in their first inter-school debate this week, a visit from a Roman historian for Year 5 and Victorian Day for Year 3, and it's not hard to see how the children continue to do so well in all their academic endeavours.

Diary Dates & Notices are on Page 8



London's Burning! See page 3



Well done to our Science Quizzers



Year 3 Victorian Day



PSHE for Parents is on Page 7



News Round Up

Pre-School

For our last two weeks of this term's project, we created a children's hospital in our home corner, learning to communicate with patients, how to care for others in need and taking turns in playing the doctor and patient role. Miss Draper has been wrapped up several times with many bandages used.

The Pre-School children have also been very busy rehearsing for their Nativity. They became extremely excited this week when they had discovered Miss Draper's Christmas Box. The children then decided to start Christmas a little early by dressing themselves up with anything Christmassy they could get their hands on!



Reception

Reception have been learning all about letter writing since reading the story of *The Jolly Postman*. They wrote their own letter to send home, and placed it inside an envelope. They made sure the stamp was the right way up and in the correct place, and they all knew their address to stick on the label. They then took a stroll to the post box to send their letter on its journey. We were hoping to see the Jolly Postman ... maybe next time.



News Round Up



Researching facts about Earth and the Moon to support Science learning; using iPads and information books.

Year 1

In the past few weeks, Year 1 have been inspired to write by a film clip. During a visual literacy lesson, the children were shown a short clip about a *Baboon on the Moon*. The children used their vivid imaginations to create a dialogue for the character in this silent clip; initially listening to sounds only, and predicting where, and who, could be in the short film. Once they had seen the visuals, they were asked to build a story around the character – why was he there, what did he do? Was he happy? What might happen next? They demonstrated a HUGE amount of empathy and thoroughly enjoyed creating a narrative. You can see the children using Drama techniques to support their learning.



They also created a shop, to provide a purpose when learning about coins and equivalence.



Year 2

We returned to the classroom from burning London! We built Pudding Lane, making Tudor-style houses out of cardboard boxes, decorating them with wooden beams and the odd rat and flea!

We carried 'London' down to the Forest School fire pit and were surprised to see how quickly it burnt. 'It burnt quicker than we could say it!'

Mrs Deane talked to us about fire safety and put it all out in a gust of smoke using her 'fire stinker' (the children's description of the fire extinguisher.)



News Round Up

Year 3 investigate Friction

In Science the Year 3 children have been learning about friction. They carried out an experiment to find out which surface would create the most friction for their toy cars. They had to make predictions based on their knowledge and then test to see if they were correct.

They put the toy cars on four different surfaces: wood, foam, sandpaper and carpet. They worked in groups of four and each had a job to do. One person had to lift the ramp up, another had to measure the height of the ramp when the car moved, another had to watch to ensure it was a 'fair test' and the last job was to record our findings.

Some of the results surprised them led to lots of excellent discussions.



Explore Learning Maths Workshop

All the children in Years 5, 6 and 7 took part in a fun Maths workshop with *Explore Learning*. They had an opportunity to use their group skills to solve problems and were told about a competition to be held early next year.



Mrs Silverson and Mr Keep now have the extremely difficult task of choosing two teams of 4, one from Years 5 and 6 and the other from Year 7. We will report back on how they do next year.

News Round Up

Primary Maths Challenge

Year 5 and Year 6 again took part in this national competition. Mrs Silverson was delighted with the results as they were the best since the school started entering, with all 7 Gold Certificate pupils being put forward for the Bonus Round in February 2020. We look forward to discovering whether they have been successful in December.

Congratulations to the following:

Gold Certificates

Ben A
Forrest C
Daria J
Oliver M
Toby R
Jethro S
Alec V

Silver Certificates

Huggie B
Honor C
Raphael C
Taavi C
Archie H
Ciara H
Toby K
Tom M

Bronze Certificates

Kit B
Alex G
Dylan K
Ruben Lorenzani
Hannah M
William M
Harry P
Francis R
Jack W



English-Speaking Union Debating Competition

We were delighted to enter a team comprising Paddy, Eamon and Albert into the English-Speaking Union's Schools' Mace. This is the oldest and largest debating competition for schools in England, it hones the students' debate skills in a fun, competitive environment. Working in teams, students enhance their speech-writing, public speaking and critical thinking, helping them to excel both in and out of school and giving them a sense of pride in themselves and their achievements.



Our Year 8 team were pitted against a team of Year 12 pupils from Burgess Hill Girls and showed true determination in putting their proposition that voting should be compulsory. Although the team did not progress to the next round, they did receive very favourable feedback from the judge.

News Round Up

JustONETree

We held a non-uniform day for JustONETree, which is a charity that plants trees in certain areas of the world for a just £1 donation per tree. They work with local communities in parts of Africa and Central America to reforest areas that have suffered significant loss to their natural environments.

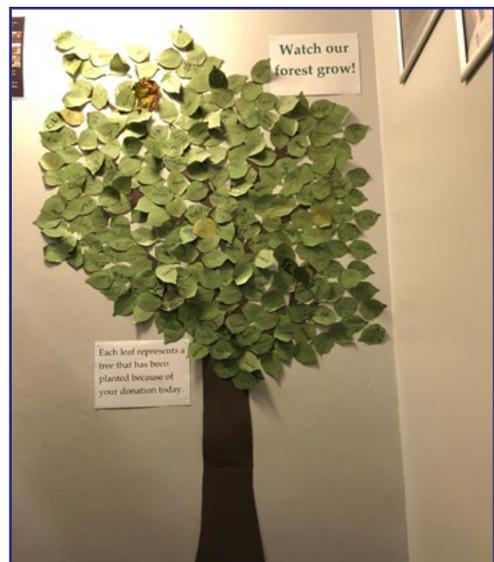
In school, as well as raising over £300 for the charity, we all planted our own Beech tree seed to take home and nurture. Hopefully, come the Spring, some of these will start to germinate... let's watch this space! Please keep us posted of any developments.

Mrs Coutts was also very excited by the number of great quality pieces of artwork that were handed to her throughout the day for the art competition - some very creative pieces, with winners to be announced very soon.

Thank you to all for contributing to this worthy cause.



To find out more
please visit
www.justonetree.life



News Round Up

Lancing College Squash Tournament

This annual competition took place on 26 November and we entered two teams this year. Huggie B, Dylan K and Freddie B were making their debut as the U11 trio in the competition, as was Izzy H, who joined LPH this September, who played for the U13s with George G and Jimmy L. The U11s gained valuable experience from the day and congratulations to the U13s who were runners up in the plate competition.



Boys' Football Results

Brighton Smalls Schools League		W/D/L
U11	v St John the Baptist	W 6–2
U11	v St Margaret's	W 7–0

Girls' Hockey Results

Wednesday 20 November		W/D/L
U13	v Bede's	W 5–0
U12	v Bede's	W 8–2
U11	v Bede's	L
Wednesday 27 November		W/D/L
U13	v Cottesmore	L 1–18
U12	v Westbourne House	W 6–2
U11	v Cottesmore	L 3–5
U10	v Cottesmore	L 2–6

S.A.C

SPORTS • ARTS • CRAFTS

Please see end of newsletter for details of these events in the Christmas holidays.

PSHE for Parents – Digital Safety Event

The latest 'PSHE for Parents' event was a huge success with an increasing number of families engaging with this term's focus on Digital Safety. School staff had the opportunity to illustrate the challenges faced in ensuring safe and purposeful use of online technologies for our children, both in our local and national communities.

Parents now have exclusive access to an online learning space including support and information regarding Digital Citizenship. Parents can create an account at:

<https://lms.nationalonlinesafety.com/school/LancingPrepHove>

The option for an early morning session proved very popular and will certainly be considered for future events, for example Relationship and Sex Education.

We look forward to seeing you at future 'PSHE for Parents' events in the Spring and Summer terms.



**National
Online
Safety**

Diary Dates

Week 11 - Lunch Menu Week 2

Monday 2 December

10.00 EYFS Nativity Performance
for Pre-School parents in Laurent Hall
18.15 Year 8 Parents' Evening

Tuesday 3 December

09.15 Year 3 to see Cinderella (Worthing)
10.00 EYFS Nativity Performance
for Reception parents in Laurent Hall
18.15 Year 8 Parents' Evening

Wednesday 4 December

09.15 Geography Game Show Years 6 & 7
10.00 KS1 Nativity Performance
for Year 1 parents in Laurent Hall
14.00 Rugby v Handcross Park & Brambletye
U11 / U10 (H)
14.00 U9 Rugby Tournament
@ Hurstpierpoint College
14.15 Girls' Hockey v Hurstpierpoint College
U11 (A)
14.15 Rugby v Handcross Park & Brambletye
U13 / U12 (@Brambletye)
14.30 Girls' Hockey v Brighton College
@ Lancing College

Thursday 5 December

10.00 KS1 Nativity Performance
for Year 2 parents in Laurent Hall
14.00 Football v Windlesham House U8 (H)

Friday 6 December

16.30 Junior Acro Dance Parents'
Watching Week

Sunday 8 December

16.00 Celebration of Christmas Trees
@ CoGS

Week 12 - Lunch Menu Week 3

Monday 9 December

09.00 Reception, Year 1 & 2 Pantomime Trip

Tuesday 10 December

11.00 Joint Carol Service with LPW
Lancing College Chapel
(refreshments from 10.15 am)
16:30 Parents' Watching Week Dance Club

Wednesday 11 December

Christmas Jumper Day

12.00 Pre-Prep Christmas Lunch
14.00 Interhouse Christmas Song
Competition
16.30 Prep Christmas Feast for Prep years

Thursday 12 December

18.00 Gilbert Giggles Entertainer Pre-Prep

Friday 13 December

15.00 Christingle Service for Years 3 & 4
16.30 Term ends

Noticeboard

Staffing Update

After some 8 years with Lancing Prep Hove, Mrs Currie who has been working with the children in the Pre-School, is retiring. We will be saying a proper farewell to her at the end of this term, and wish her well as she embarks on new adventures in her retirement.

Joint Preps Carol Service at Lancing College Chapel Tuesday 10 December 11am

Invitations have been sent out via SchoolPost



Years 3 & 4 Christingle Service @ CoGS Friday 13 December 3pm

Love in a Box

The LPH PTA is again working with the YMCA Downs Link Group to provide teenagers living in supported housing in our local area with a shoe box of Christmas gifts. For many of them this will be the only gift they receive at Christmas.

The PTA can supply more information about suitable gifts which are to be placed in a shoe box wrapped in Christmas paper, wrapping the box and lid separately and secured with elastic band around the whole thing.

Boxes can be dropped off at the School office from Monday 2 December to Wednesday 11 December.



Accessing the VLE

Guide for Parents

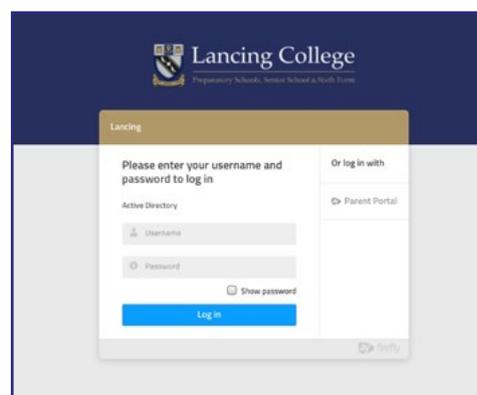
We thought it would be helpful to parents to know the process by which your children are always able to find their homework on our Virtual Learning Environment (VLE). This can be accessed anywhere where your children has an internet connection by visiting:

<http://vle.lancing.org.uk>

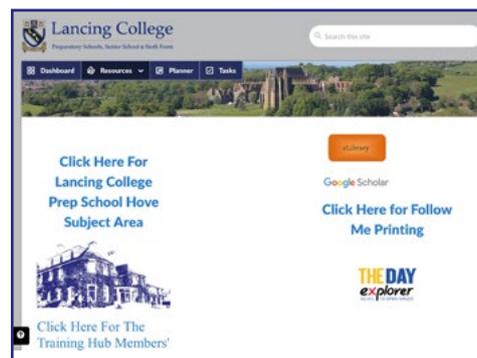
This will take them to the login page here

Your son or daughter can log in using their login name and password, both of which they know.

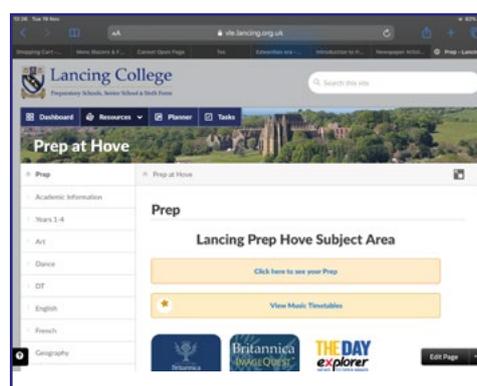
(Please note that the Parent Portal is a College facility and is not for LPH parents.)



Once logged, in, they will arrive at the home page of the VLE and should select 'Click here for Lancing College Prep School Hove Subject Area'



Then select "Click here to see your Prep"



If your child has any difficulties accessing their homework, please contact hove@lancing.org.uk with details of the problem and we will do all we can to resolve this.

Smart devices promise to make our lives easier. In many cases - they do, however these new technologies present risks too. Whether you're using a digital assistant to record your shopping list or you're controlling your lights through a smart system, many smart functions can be 'hacked' and controlled by someone outside your home. This guide will help you identify some of the ways you can stay alert and protect yourself.

1 KNOW THE RISKS

The success of any smart device relies on it communicating with other devices using the Internet. It's an unavoidable part of using smart devices, but it does expose you to numerous risks. Attackers could use the Internet connection to steal your data for identify fraud or to make unauthorised purchases through your devices. There is even potential for more sinister exploitation, such as child grooming or cyber-bullying.

2 WHAT IS THE INTERNET OF THINGS?



This is the term given to all the devices connected to the Internet in your home. It includes a new digital doorbell connected to your smartphone, your kettle that boils when you tell it to on your tablet or your heating that comes on when you swipe on your smart watch. The Internet of Things (IoT) is designed to make life easier, but it also opens up your home network to potential cyber-attacks. It doesn't mean you can't enjoy the benefits, but it does mean being aware of the potential negatives.

3 CHECK ENCRYPTION SETTINGS

Whenever data is sent over the Internet, it is 'encrypted'. This makes it harder to read if it's intercepted. You should look to use a strong encryption setting, such as WPA2, rather than WPA or WEP. You can check your router manual on how to do this.

4 KEEP YOUR SOFTWARE UP TO DATE

Manufacturers constantly update and improve software used in smart devices. Some will automatically alert you to an update, but not all do. To be on the safe side, it's a good idea to set reminders in your calendar. Check the manufacturer's website for any updates and run them if necessary.



5 RENAME THE 'GATEWAY' TO YOUR HOME

Your Internet router is the virtual gateway to your home network. It needs protecting. To do this, you should change the default name (the SSID) and password. You can usually find steps to do this in the instruction manual. Don't use your family name. Choose something more obscure. Make the password complicated too, using upper and lower-case letters, numbers and symbols. Do this for your router and any other smart devices connected to the Internet.



12 Top Tips To Get Smart About The DEVICES In Your Home



National Online Safety®



6 USE A SEPARATE NETWORK FOR GUESTS

If your router has a feature that allows you to set up a separate network for guests, you should use it. That way, when guests use your Wi-Fi, they won't have access to your devices.

9 TRUST YOUR INSTINCTS

If you ever feel something is wrong or your network is being exploited, visit the manufacturer's website or ring their technical support department. It's better to be safe than sorry.



SAY GOODBYE TO SIRI AND ALEXA

It's a good idea to change the activation words on your smart devices so they are unique to you and your family. This makes it that much harder for people to break into your smart devices.



8 DEACTIVATE ANY UNNECESSARY FEATURES

Though it's a fun idea, you probably don't need to control your kettle from outside the house. In fact, there are often many unnecessary features included on smart devices. Where possible, you should look to disable these. Doing so reduces the ability for people to hack your devices. When someone sees you've actively taken steps to increase security, they're less inclined to try to compromise them.



10 BUILD A WALL

You could also purchase a dedicated 'firewall' device. This is something that plugs into your network and stops cyber threats reaching your router. Some routers do have a firewall element included, but they are no replacement for the real thing. A firewall device thoroughly analyses information coming in and out of your network and helps stop malicious attacks. A security device is strongly recommended to anyone who works from home or deals with sensitive information.



11

SECURE YOUR SMARTPHONE

If you do use apps on your smartphone to control devices in your home, make sure your smartphone is secure. At the very least makes sure the pin function is enabled, as well as any biometric authentication you have. Where possible, it's also a good idea to download some anti-virus software for your smartphone too.



12

REGULARLY AUDIT YOUR DEVICES AND CONSOLES

Every now and then you should check through all of your smart devices (including games consoles connected to the Internet). Turn them off at the mains and disconnect them from the Internet. In fact, it's good practice to disconnect any devices that aren't in use. It's a small thing but really does help. Even when you think a device might be in sleep mode, if it's connected to the Internet it could still be listening or streaming data.



SOURCES: <https://www.ncsc.gov.uk>, <https://www.getsafeonline.org>

Meet our expert

Emma was a secondary school Computer Science teacher for more than decade. Since leaving education, she has been working in a cyber security firm delivering cyber awareness training to businesses and carrying out network testing. She is a mother of a five-year-old and has vast experience of controlling and managing how children access online services and use apps.



S.A.C

SPORTS • ARTS • CRAFTS

DEAR PARENT/GUARDIAN,

We would like to invite your child to take part in the **S.A.C. CAMPS** this winter.

Camps includes a variety of **SPORTING, ARTS, CRAFT AND TEAM BUILDING** activities all within a fun, enjoyable and enthusiastic environment.

Sports sessions aim to focus on key fundamental movement skills, from **RUNNING, CATCHING, THROWING AND JUMPING** etc. Skills will be taught through a specific sport, including **FOOTBALL, RUGBY, CRICKET, DODGEBALL, NETBALL** etc.

Arts activities, including; "**MAKE AND PAINT**" in the art corner, "**SHAKE IT TILL YOU MAKE IT**" in the dance area and "**PLAY AND PERFORM**" in the drama space.

All activities will be adult led with the opportunity for the children to have independent time available for them to **EXPLORE THEIR OWN CREATIVITY**.

At the end of the day/week they will have the opportunity to **DISPLAY WHAT THEY HAVE LEARNT/CREATED**.

MONDAY FRIDAY
28TH - 01ST
OCTOBER NOVEMBER
TWENTY-NINETEEN

THURSDAY FRIDAY
19TH - 20TH
DECEMBER DECEMBER
TWENTY-NINETEEN

THURSDAY FRIDAY
02ND - 03RD
JANUARY JANUARY
TWENTY-TWENTY

09.30
-
15.00

**LANCING COLLEGE
PREPARATORY**
THE DROVEWAY, HOVE BN3 6LU

All children aged
5 - 12
are welcome.

£25.00 P/D

Early drop off from 08:30 at **£5.00 P/D**
Late pick up from 15:10 – 16:00 at **£5.00 P/D**

Book for 5 days
get the last day for **£15!**

20% discount for siblings
when booked together!

THE CAMPS WILL BE LED BY:

MR SHAUN AMES BSc (Hons) PGCE (Physical Education)
PE teacher at Lancing Prep Hove.

MISS LAUREN BUNN BA (Hons) (Performing Arts)
Pre-Prep Teaching Assistant at Lancing Prep Hove.

HOW TO BOOK

If you would like your son or daughter to join us at any/all of these camps, please contact us using the below to receive a booking form:

sames@lancing.org.uk

OR

lbunn@lancing.org.uk

Future camp
dates will be
released soon
for **2020!**

**KEEP YOUR
EYES PEELED!**

**ONCE WE RECEIVE A COPY OF YOUR FORM WE
WILL SEND AN EMAIL TO CONFIRM YOUR PLACE.**

Booking will be first come,
first serve, so make sure to
contact us and book now to
ensure your child's place.

Please feel free to come and
find us or email for any further
information.

**WE LOOK FORWARD TO WELCOMING
YOUR CHILD AT OUR NEXT CAMP!**