



Message from Mrs Keep

We started this term as we usually do in January by reflecting on our myriad new year's resolutions. The children offered a wonderfully mixed bag of their own intentions, from the usual promises about reducing screen time and improving their diet, to more quirky aims of animal adoption or seeing exciting corners of the world. Linked to this, the children have also been encouraged to reflect on some targets of their own for the coming term and I have had some lovely conversations with children about their aspirations. I have seen a whole class proud of remembering to use their rulers to underline (and a relieved teacher beaming proudly at them in return), and chatted to a pupil who hadn't yet forgotten his pencil case – a bigger achievement than it might sound!

In our first assembly of the term, I gave the children a resolution for us to adopt as a whole school. This year, we are going out of our way to be kind. Kindness comes in many forms, of course, and I am pleased to report that I have seen a child give up their break time to help a friend catch up with some missed work, I have watched multiple children hold multiple doors to let others through, I have seen children allow others to go ahead of them in the lunch queue, and I have seen people returning a friend's lost property without needing to be asked. Of course, these are the acts of kindness I have seen and I have no doubt that, like an iceberg, there is much kindness that remains hidden from me.

As always, the start of term has brought a renewed impetus from us all to learn and achieve new things, and as always our learning carries on beyond the classroom and curriculum. I must use this opportunity to say well done to the children in Year 2 and Year 5 who, unknown to each other, simultaneously pitched to different teachers their ideas for fundraising for Australia. This is truly kindness, because it is an action with the intent to help another. More news on their plans will follow soon. In the coming weeks there will be all manner of exciting events, but I hope none of us forget our collective resolution to value the kindness we receive and to pass it on in abundance.

Diary Dates & Notices are on Page 7



EYFS go wild at Wilderness Woods



Year 1 become polar explorers!



Year 4 exploring WW2 artefacts

News Round Up

Pre-School

The Pre-School have had a great couple of weeks back! This week, we have had a wonderful introduction to our topic: *Into the Woods*. As a focus, we have been reading the story: *We're Going on a Bear Hunt*. We've been creating bear collages, going on a bear hunt around the classroom and practising our super counting using the counting bears!

Our fabulous finish to the week was visiting Wilderness Wood. We had a very exciting time during our Fairy Workshop. We travelled to the Fairy Garden. We had to find our ticket to enter (a pine cone) and make a wish on the way. We then collected items to create our own gardens for the fairies and sprinkled them in fairy dust so they could find them tonight when the moon shines on them. Once we had finished our delicious lunch, we had a bit of time to explore in the mud kitchen and woodland play area. We were also very lucky with the weather. What a fun time it was!



Year 1

Year 1 are getting whizzy on the school iPads this term. To begin our *Polar* topic, the children wrote some monologues about how a polar bear might feel living in the Arctic. Then, using the 'Chatterpics' app, the children made a talking polar bear! We discussed the clothes, food and equipment needed for a Polar adventure and this week the children conducted an investigation into the best type of gloves for cold weather.



Year 2

We will be catching up with what Year 2 have been up to in the next newsletter; they have been working together on something that has captured their imagination and shows what thoughtful, outward-looking children they are!



News Round Up

Reception

Reception had the most amazing time during their visit to Wilderness Wood. We were very lucky with the weather, at one point the sun came out. Once we all had our wellies and waterproofs on we could venture through the squelchy mud to see what we could find in the wood.

Reception went on a walk to find the Gruffalo, at one point they had to zip wire across the mud to get over to the field where all the Christmas trees were. Lunch was rather a windy affair, luckily none of the lunch blew out of lunch bags ... and the Gruffalo managed not to find the food. In the afternoon we met Wiggly. She took us through the magical woods to find all the characters from the story. The journey home was quiet, some children fell asleep ... they had all had a super day in the forest.



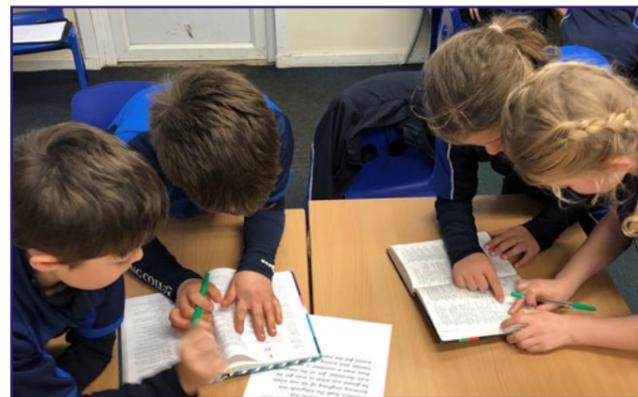
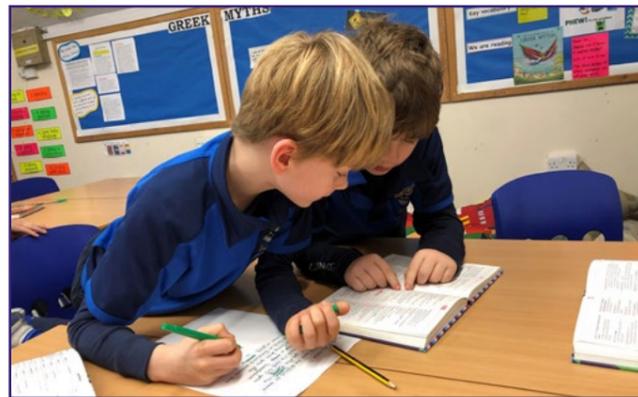
News Round Up

Year 3 explore Greek mythology

The children have been enjoying the Greek myths in English and have been working collaboratively to rewrite the myth of Daedalus and Icarus.

We started by reading the myth twice. In groups the children were given a part of the story to rewrite collaboratively. These were then put together to make one story. The final part was having to look at their work and edit it. They chose to use dictionaries to help them with words they were unsure of and also our working walls to see if there was a word that could be changed for a more exciting one. They also had to check for grammatical errors including capital letters, full stops and verb tenses. The finished stories were impressive. The children then almost demanded to hear the myth of Theseus and the Minotaur which was heavily linked to Daedalus and Icarus – after such wonderful work how could we refuse?

Also, worth showing off are the incredible bookmarks the children designed and then sewed last term in DT with Mrs Charlish. Their patience and attention to detail are impressive!



News Round Up

Year 4 explore Newhaven Fort

The pupils have been studying World War 2 as a topic and headed off for a visit to Newhaven Fort, an impressive gun battery which has overlooked the coast of Seaford Bay since the mid 1700s. The fort became an important element in the defence against the threat of invasion in WW2 and is brimming with information about its history.

The children had a hands-on session with fascinating WW2 artefacts and experienced what it was like to be in an air raid. The pupils then worked collaboratively in pairs to explore the items in the display cabinets as they hunted the answers to the questions on their worksheets.



Townsend Warner History Prize

This year we had 13 candidates for the Townsend Warner Prize, which comprises 100 questions requiring one-word, or one-sentence, answers from world history, but with a strong emphasis on British history. Many are straightforward, some a little more obscure. The pupils did well to tackle such a broad range of questions. Well done to: Aggie Mac, Raphael C, George F, Isobel C-B, Raffy C J and Jacob T, all from Year 5; Jethro S, Tom M, Kavi M and Ciara H all from Year 6; Kate W from Year 7 and finally Eamon R and Horatio H from Year 8. We look forward to finding out the results in February.

Diary Dates

Week 3 – Lunch Menu Week 3

Monday 20 January

13+ LC Scholarship Assessment Day:

Art, Sport & Peter Robinson Cricket Award
18.15 8C Parents' Evening

Tuesday 21 January

13+ LC Scholarship Assessment Day:

Ken Shearwood All-Rounder Award

Wednesday 22 January

13+ LC Drama Scholarship Assessment Day

13.45 U11 Girls' Football v St Christophers
venue tbc

14.15 Rugby v Handcross Park U9A & B (A)

14.30 Rugby v Cottesmore Rugby

U13 / U12 / U11A (H)

U11B / U10A & B / U8A & B (A)

Thursday 23 January

Year 6 Art Trip to Hayward Gallery, London

Week 4 – Lunch Menu Week 1

Monday 27 January

13+ LC Music Scholarship Assessment Day

14.15 Brambletye Cross-Country,

Girls & Boys U13 / U12 / U11 / U10

Tuesday 28 January

13+ LC Music Scholarship Assessment Day

Wednesday 29 January

13+ LC Music Scholarship Assessment Day

Year 5 Norsemen History Workshop

Pre-Prep Pride Assembly

14.30 Netball v Cottesmore

U13 / U12 / U9 / U8 (A)

14.30 Netball v Cottesmore

U11 / U13 (@Lancing College)

14.30 Rugby v Brambletye U11 / U9 (H)

14.30 Rugby v Brambletye U13 / U12 / U8 (A)

SPRING TERM 2020 DATES

Half term: from Friday 14 February 2020
usual collection times,

Restarting on Monday 24 February 2020

Term ends Friday 27 March 2020

Sport

Many of our early fixtures fell victim to waterlogged pitches and cancellations. In brief therefore:

Rugby

Our fixtures against Dorset House resulted in a 1-6 loss for the U12/13s, a 0-2 loss for the U11s and a 3-4 loss for the U10s, who achieved a 6-3 win over Handcross Park. The U11s lost 0-1 in their match against HXP. The U9s had a 6-4 win and a 7-7 draw with Copthorne and the U8 Tag Rugby team had wins over Copthorne 8-4 and 8-2 respectively. (NB scores represent tries scored)

Girls' Hockey

Our girls headed off to Handcross Park with training games for the U13 to U10s and the U9s took part in three matches with two wins (3-0 and 2-1) and a 0-3 loss. The U8s drew 0-0 and lost 1-0.

We hope to bring more news in the next newsletter.

Noticeboard

Please see next page for the latest information sheet with tips for parents on keeping your child safe on TikTok.

We held our first music-making session for toddlers this week; any parents with younger children are warmly invited to join us. Parents are also welcome to share details of this with any family and friends who have younger children and might like to come along. Please contact Sarah Olsen on 01273 503452 or email solsen@lancing.org.uk to book a place.

Tiny Tempo

Music-making for active Toddlers @Lancing Prep Hove

For girls and boys aged 2+ (younger confident walkers welcome)
Fun and interactive family music sessions with our Director of Music, Nadia Bunker
Session includes movement & dance or storytime with our Early Years staff
10.15-11.15 am on selected Wednesdays from January 2020. For dates see below
Parents/carers stay with their child and are welcome to bring younger siblings

Spring Term dates: 15 & 29 January, 12 February, 4 & 18 March 2020
Tiny Tempo is offered free of charge
To reserve your places, please phone Sarah Olsen on 01273 503452 or email solsen@lancing.org.uk
If you book and can no longer make it, please let us know!



Lancing Prep Hove is now on Instagram; our user name is [lancingprep.hove](#) and our hashtag is [#lancingprephove](#).

We will continue to use Facebook and Twitter for most posts and hope to use Instagram for stories and photographs that showcase termly themes in our learnings and capture a feeling of life at our school. For instance this term we hope to post regularly about the *Into the Woods* topic being explored by Pre-School and Reception children.

At National Online Safety we believe in empowering parents, carers and trusted adults with the information they need to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one platform of many which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.



TikTok is a global video community where users create, share and discover 'funny and memorable moments' via short video clips – typically about 15 seconds long. Videos can be 'spiced up' with special effect filters, stickers, music and sound clips. Currently one of the world's most popular apps, TikTok was formerly known as Musical.ly, before it was rebranded by the Chinese company ByteDance that acquired it in November 2017. If your child had previously had a Musical.ly account, all of their videos and personal settings will have automatically been moved to TikTok. In early 2019, TikTok was hit with a record \$5.7m (£4.2m) fine in the US over child data privacy concerns for its record keeping while under the Musical.ly brand.

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What parents need to know about TIKTOK

ONLINE PREDATORS

By default, users accounts are automatically set to public when they first create an account. TikTok encourages users to share creative expression through their videos, but if posted publicly, anyone in the world can see your child's homemade content. There have also been concerns the Chinese government could access data or sway public opinion through the app. If your child's profile is open, strangers can use the app to comment on your child's videos. While this isn't always sinister, it gives potential predators the ability to contact your child through the platform.

IN-APP PURCHASES

As with many apps, there's a paid element to TikTok. Users can buy virtual coins to be exchanged for virtual gifts – for example, if they like a specific video, your child can use coins to purchase emojis to show approval. These can be expensive and easily purchased – there is the option to buy 10,000 coins for £99.99 with a one-click buy button.

INAPPROPRIATE CONTENT

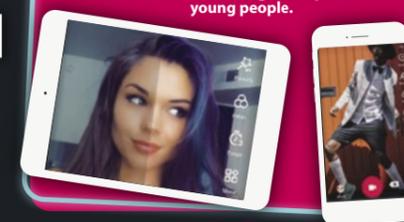
TikTok lets users lip-sync to their favourite songs and produce their own music videos. Some of the music choices contain swear words or sexual themes. So not only can children be exposed to potentially inappropriate content but they can broadcast themselves miming or singing these lyrics. In addition to this, some of the outfits and dance moves in videos can be overtly sexual and provocative. There have also been reports of some users sharing concerning content, such as videos that promote anorexia, porn, self-harm and violence.

BEING INFLUENCED

More than one third of children aged 6-17 consider 'social media stars' to be among their top role models. There are millions of creators on TikTok, showcasing their 'talents, moments and knowledge', from singing to dancing to stunts and comedy skits, which receive thousands of likes and comments from around the world, quickly turning people into 'stars'. There is the danger that children may develop unrealistic expectations of how they should look and behave on the app in order to become the next 'star'. They may have feelings of inadequacy and low self-esteem or become swayed by certain opinions. On TikTok, there are always 'trending challenges' and hashtags that users can copy or build upon. Sometimes these challenges can pose risks to young people.



National Online Safety®



Top Tips for Parents

DISCUSS THE PITFALLS OF OVERSHARING

Encourage your child to always think before they do, say, like or post anything online. Explain that their 'digital footprint' shapes their online reputation and the way that other people see them. Something they may find funny and entertaining now may impact them in the future. Talk about how to deal with peer pressure and how doing something they think will impress others could affect them. Remind them that they do not have to do anything they are not comfortable with. To ensure that there's no way of anyone tracking your child's location or identity, make it clear to them that they should never film a video in their school uniform or near a landmark that gives away where they live.

HANDLING CRITICISM

While it's fantastic to see your child being creative and expressive and bonding with people with similar interests, they need to be aware that not everyone will be supportive online. Comments can be negative or even cruel. Make sure your child knows how to comment respectfully and handle negative feedback. In the app's Privacy and Safety settings, your child can decide who can react to their videos, who can comment, and who can send them private chat messages. We suggest altering these settings so only their friends can interact with their posts.

REPORT INAPPROPRIATE CONTENT

If you or your child sees something inappropriate on TikTok, you can flag up an account, video, comment or chat by simply tapping 'Report'. In the app's 'Digital Wellbeing' feature, there's also an 'Enhanced Restricted Mode', limiting appearance of videos which may be inappropriate.

USE A PRIVATE ACCOUNT

Setting up a private account means that only people who you and your child approve of can see their creations. To make an account private, tap the three dots at the top right of the screen to access settings. Click 'Privacy and Safety'. Scroll down until you find 'Private Account' and turn this setting on.

SIGNING UP WITH THE CORRECT AGE

When signing up, users are prompted to input a their date of birth. If the inputted date of birth means your child is under 13, the app will block them. However, this doesn't prevent your child from lying about their age. The app is intended for users aged 13+, so explain the rating is there for a reason; to keep them protected from online dangers. It is actually possible to watch TikTok videos without creating an account, so make sure your child, if under 13, hasn't downloaded it.

USE THE 'DIGITAL WELLBEING' SETTING

If you're concerned about how long your child is spending on TikTok, it has a setting called 'Digital Wellbeing' which allows you to manage the amount of screen time your child can have. We also advise that you turn off push notifications in the settings to prevent your child from receiving 'spam-like' notifications from TikTok that encourage users to go on the app.

DISCUSS IN-APP PURCHASES

To lower the risk of your child making accidental in-app purchases, teach them exactly what in-app purchases are and the risks of making them without permission. Tell them that they are not essential to enjoy the app and that if they want to make a purchase, they should always ask you beforehand. In the app's 'Digital Wellbeing' feature, there is the option to disable the function of purchasing coins and sending gifts.

Users can also follow the account @tiktoktips. Tik Tok's official account founded by established TikTok users which offers useful online safety tips for promoting safety on its platform, rather than hiding information in FAQs.

SOURCES: support.musical.ly/knowledge-base/community-guidelines, edition.cnn.com/2019/02/28/tech/tiktok-fine-children-techrunch.com/2019/02/27/tiktok-is-launching-a-series-of-online-safety-videos-in-its-app, www.theguardian.com/technology/2019/feb/28/tiktok-video-sharing-app-fined-for-collection-of-childrens-data, [TikTok app](https://www.tiktok.com/app), [Apple App Store](https://www.apple.com/uk/ios-app-store), en.wikipedia.org/wiki/TikTok, mediapost.com/publications/article/319720/social-media-stars-influence-kids-but-parents-still.html, metro.co.uk/2017/03/17/musical-ly-everything-you-need-to-know-about-the-app-your-children-are-obsessed-with-6516068/, [youtube.com/watch?v=aN06s4FCdUs](https://www.youtube.com/watch?v=aN06s4FCdUs), [youtube.com/watch?v=VYG21ZQ4jQm](https://www.youtube.com/watch?v=VYG21ZQ4jQm), static.muscdn.com/website/pdf/creatorPlaybook.pdf, [youtube.com/watch?v=8TajQQcNtMl](https://www.youtube.com/watch?v=8TajQQcNtMl)

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