



Lancing Prep Hove

A Lancing College Preparatory School

Newsletter

Summer Term | 12 June 2020

Dear Parents

At LPH, we focus on the way children learn. What they learn is important, a syllabus is written and certain skills need to be introduced and practised. After that, the work of the teacher is much less about the 'what' and much more about the 'how'. To help younger children understand the key attributes to apply to learning, we refer to characters from Roald Dahl books. Mr Fox teaches how to be resourceful; Sophie, from the BFG, shows the benefits of resilience; Matilda is reflective; Charlie Bucket relates to others. The children learn how to work with others and also to be independent. They learn to work together and also to solve problems for themselves. Older children may not need Mr Fox but being resourceful is as important as ever.

Good teachers answer questions with questions, rather than giving a direct answer, to encourage children to keep exploring their own ways to reach an answer, and learning is active, not passive. Good teachers ask for opinions and reflection, so that pupils take the lead as often as possible. Good teachers give children thinking time. If asked a question that requires thought, we need thinking time. Ten seconds isn't long to contemplate a complex question, but that silence can stretch. If you are waiting for the answer, it's tempting to try to fill the silence. Good teachers don't give into that temptation.

One observation noted at the end of the first week back for those returning to school was that some were more hesitant about thinking things through for themselves than earlier - the confidence to have a go, which we firmly encourage, has diminished somewhat. It's the same whether in one of the Pre-Prep years or in Year 6: the children are a little more cautious, a little less brave and a little more concerned to get it right first time. Being away for so long was bound to be unsettling, however hard everyone has worked together to make remote learning as vibrant as we can. It's no great surprise therefore that some of the learning attributes need revisiting to get the children's 'independent thinking muscles' toned up.

The children whom we have welcomed back in school this week are quickly remembering that making a brave mistake is more valuable to us than achieving cautious perfection. For those children still learning from home, whatever their age, we ask our parents to keep encouraging them to be curious and independent, and to praise them more for their brave mistakes than for anything else.

This Week in 'History' ...

1651

Bernini's

Fountain of the Four Rivers unveiled in Piazza Navone, Rome

1701

Act of Settlement named Sophia of Hannover (mother of George I) as heir to UK throne

1867

Austro-Hungarian empire formed

1942

Anne Frank receives a diary as a birthday present

1964

Nelson Mandela begins the first of his 27 years in gaol

1997

New Globe Theatre in London opens with Henry V

2007

Aleksandr Solzhenitsyn receives prize for his humanitarian work from President Putin

2016

'Hamilton' wins 11 Tony Awards

2019

Lancing Prep Hove Year 8 pupils had finished their Common Entrance exams and were looking forward to their Wales Adventure Trip!

Birthday snapshot: 13 June
William Butler Yeats
(poet)

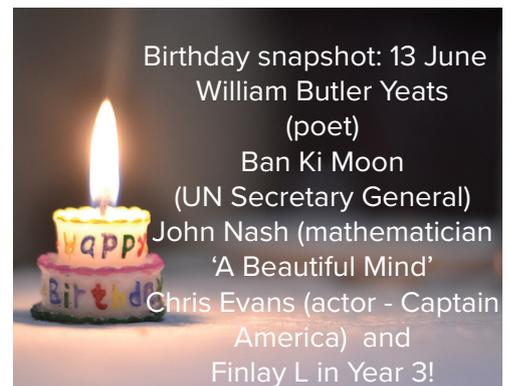
Ban Ki Moon

(UN Secretary General)

John Nash (mathematician
'A Beautiful Mind')

Chris Evans (actor - Captain
America) and

Finlay L in Year 3!



Lancing Prep Hove - Pupils Return!

Year 1

The children cooled off in their classroom with some IT. Happy, excited and a little bit nervous were a few emotion words used when children arrived this morning. The children understand what it means to be protected by a 'bubble' and



are having fabulous day.



We have been thinking about the pros and cons of returning to school. We all agreed that being back at school is absolutely fantastic! We have had such a lovely time catching up with each other's news and learning together once again.

The children have spent a week writing letters: to let Mrs Keep know what they did at home, thanking key workers and saying a huge thank you to their parents for all their help when learning at home.

The children have been creating artwork in the style of Andy Goldsworthy. We collected natural objects from around school and Mrs Morrison's house. The children created butterflies, spiders, a 'dangerous' beetle, stick insect, wedding scene, beautiful garden and a fish. They then wrote about their creations using descriptive words. The results are beautiful. we wonder if you can guess which is which?



Lancing Prep Hove - Pupils Return!

Year 6

The Year 6 children have adapted well to returning to life at LPH in 'bubbles' and seeing their friends and teachers again. We have taken advantage of our outdoor space to great effect with PE sessions and socially distanced time together.



Pre-Prep enjoyed their treat of some lollies!



Lancing Prep Hove at Home - Wellbeing Day

Friday 12 June was designated as a Wellbeing Day - to give everyone a bit of a break from what has become our daily routine and to end the week with some fun!



Be Active...
with Mr Clifton



Be Creative.
Making a
Herb Garden
with Mrs Shaw

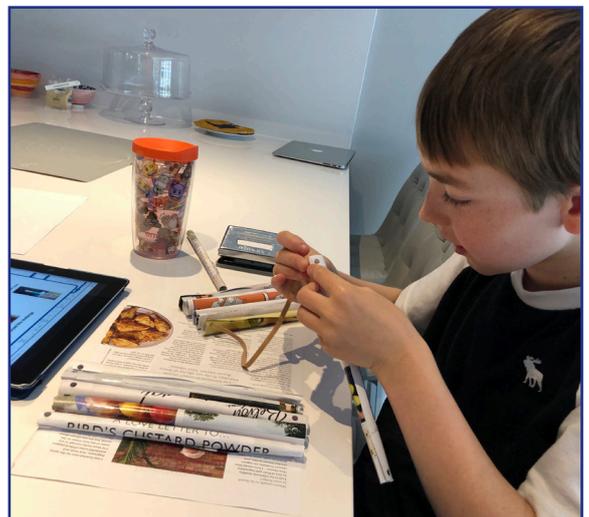
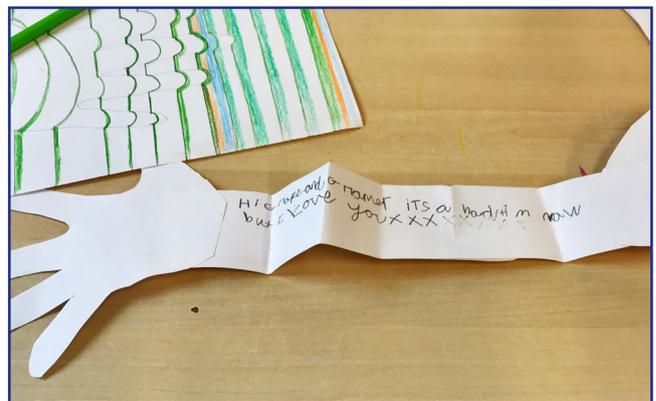


I absolutely
loved doing
this



Lancing Prep Hove at Home - Wellbeing Day

Lego Challenge!



Hear from a Parent!

On Wellbeing Day ...

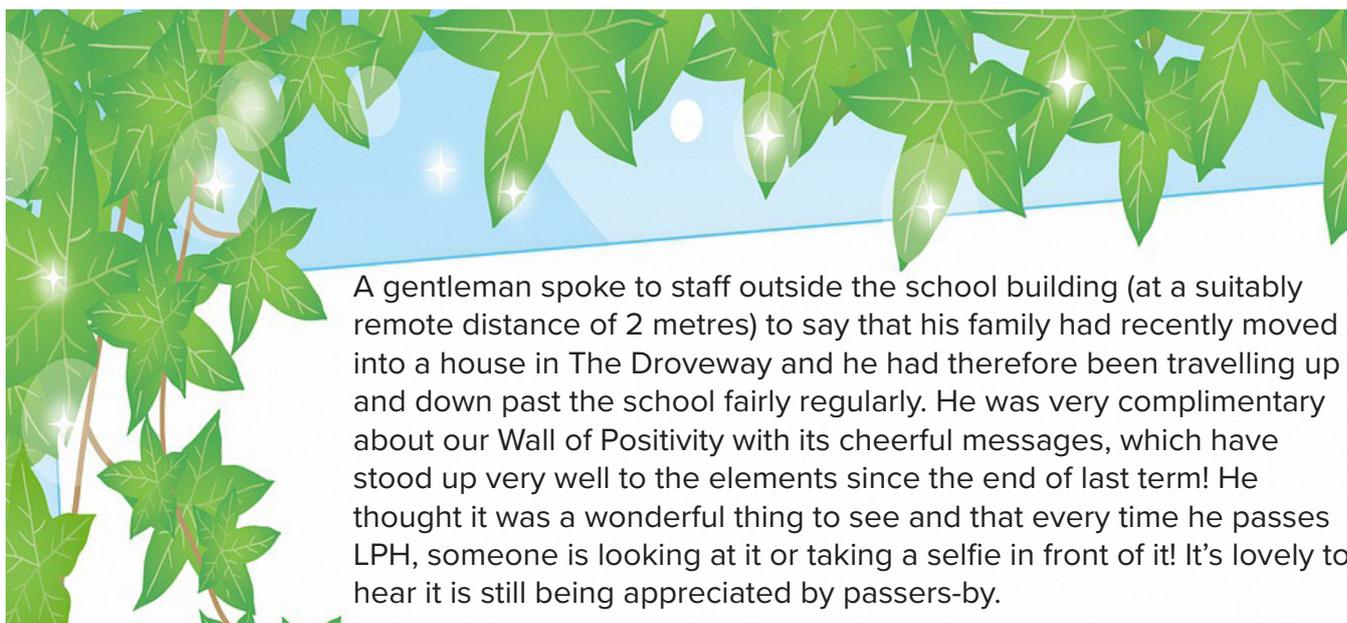
The kids have had an awesome day and done lots of crazy things!

This has been a tough term and this day has given them the boost that will get them to the end of term!

Here is a photo of tutor group lunch.



Hear from a Neighbour



A gentleman spoke to staff outside the school building (at a suitably remote distance of 2 metres) to say that his family had recently moved into a house in The Droveaway and he had therefore been travelling up and down past the school fairly regularly. He was very complimentary about our Wall of Positivity with its cheerful messages, which have stood up very well to the elements since the end of last term! He thought it was a wonderful thing to see and that every time he passes LPH, someone is looking at it or taking a selfie in front of it! It's lovely to hear it is still being appreciated by passers-by.



Congratulations to Cassius C who was awarded Player of the Season for the U9 team of Haywards Heath RFC at their recent AGM.

Throwback Friday

Here are just some highlights from a Summer Term 2019 newsletter



Curriculum Collapse Week



Reception grew cress



Year 2 made
Lemon & Elderflower Cordial



Year 1 had a great day out at the beach





14 WAYS TO BE KIND ONLINE

Showing kindness online can mean so much to someone else. It is a choice we can all make that helps others, puts people's needs before our own and which can generate feelings of empathy and compassion. Small gestures can have a large impact and often one act of kindness can lead to more, making the world a happier and more positive place. That's why we've created this guide to suggest a few simple 'acts of kindness online' that can benefit people's mental health, support their wellbeing and encourage a more positive approach to engaging online.

1. BE POSITIVE

Post about things that make you happy and that you're thankful for. It could brighten up someone else's day.



2. OFFER TO HELP

Sometimes a friend or family member might post a question online or ask for help with something they can't do themselves. If you know the answer or are able to offer help, provide support and send a response. Something that may be easy for you might be difficult for someone else.



3. SHOW APPRECIATION TO OTHERS

If somebody you know has done something good or shown kindness themselves, thank them for it. It costs nothing and showing them that you appreciate it means so much.

4. SHARE FUNNY VIDEOS OR IMAGES WITH FRIENDS & FAMILY

We often come across funny videos or images online that make us laugh and then we move on. If you found it funny, your friends and family might too. It could help someone smile who may be having a bad day.



5. LIKE, LOVE & CELEBRATE

If somebody posts something that you like on social media, like it, love it or celebrate it! It's a small gesture but could mean a lot.

6. VIDEO CALL YOUR FRIENDS & FAMILY

It can be easy to be consumed by daily routine. Using apps like Zoom, FaceTime or WhatsApp are great for connecting with others far away and shows you're thinking of them even though you can't physically meet them in person.



7. TELL SOMEONE YOU'RE THINKING OF THEM

We can't always tell how people are feeling online and just dropping somebody a message to ask if they're ok or that you're thinking of them could literally make their day.

8. SHARE POSITIVE POSTS

If you see something online that inspires you, share it with people you know. An inspirational quote, a beautiful photo or a motivational video can lift spirits, improve self-esteem and help make people feel better about themselves.

9. HOST AN ONLINE QUIZ

Video conferencing apps are a great way to get friends and family together. If you know someone who is feeling lonely, host an online quiz and invite them to join in. It could really cheer them up.

10. THINK BEFORE YOU COMMENT

Sometimes thinking before you act can be just as significant as acting in the first place. Showing thought before you comment could stop you posting something hurtful, offensive or negative. It's always better to post positively or post nothing at all.

11. BE COMPASSIONATE & UNDERSTANDING

Being empathetic towards others and their situation is often an act of kindness and selflessness that gets overlooked. If you notice someone who is upset, drop them a message and offer to listen.

12. CONNECT FRIENDS & FAMILY WITH SIMILAR INTERESTS

You may know two people amongst your friends and family who you trust and know well who have similar interests and likes. Introducing them can be a great way for them to make new friends but remember to always ask their permission first.



13. RECOMMEND SOMETHING YOU ENJOY DOING TO OTHERS

If you enjoy doing something online, such as playing a game, or if you've found a great learning resource, share it with others. Even if you've watched a good film, letting others know can be an act of generosity that brings them excitement or pleasure at a time when they might need it the most.



Meet our expert

This guide has been written by Anna Bateman. Anna is passionate about placing prevention at the heart of every school, integrating mental wellbeing within the curriculum, school culture and systems. She is also a member of the advisory group for the Department for Education, advising them on their mental health green paper.



14. PRAISE OTHERS FOR THEIR ACHIEVEMENTS

Sometimes your friends or family might post something online that they're proud to have done. It might be an exam they've passed, learning a new skill or just completing a task. Either way, it's always kind to recognise hard work and effort through praise and celebration.

