



**Notices are on Page 12**

### Message from Mrs Keep

Since our last newsletter, it feels very much as though we have got into the rhythm of the term. We know that the children have settled quickly to our remote learning routines and their attendance at lessons is exemplary – we have very few children missing any lessons at all. The prep school children have completed a survey which showed that a large majority are finding the remote learning manageable and differently interesting. A small number are finding it harder, almost exclusively because they are desperately seeking real life socialising. We can't offer this, but we can use our online learning to let the children chatter while they learn, and hopefully this is something they're all making the most of.

- 'I think all the lessons are still really fun'
- 'The teachers really help at a time like this'
- 'The breaks between lessons make it all a lot easier'
- 'It's going really well because I still see my teachers and learn'
- 'I get to see my teachers and friends at all my lessons'

The children mentioned so many teachers by name, almost always in response to the question 'what has made you smile?'. Whether it's Mr Chilton's jokes, Miss Marriner's History quizzes, Mrs Silverson apparently being rather silly in Maths or the Year 3 & 4 teachers recording their ludicrous staff meetings, it seems every teacher has done something to give different children reasons to smile. And I can happily report that the children reciprocate so easily, giving their teachers something to smile about each and every lesson. Though the responses are still coming in, the picture from the Pre-Prep children looks equally positive and I very much look forward to reading the children's messages next week.

In the last period of school closure, I wrote to you all to remind you of the value of letting the children learn, including letting them make mistakes. A great many of you have already confirmed that you are letting your children be in class with their teachers and peers, the confirmed lack of parental involvement usually shared alongside a great sigh of relief. It would seem to be the best way to reduce the stress for everyone involved. While our youngest children will need help getting onto their Teams calls, even they can be allowed to engage with their teachers and classmates without the extra support of a parent once they are set up. Please do allow your children to be as independent as they would be in school. When we all return to school in person, we will need the children to be able to fathom things for themselves, know when and how to seek help, and not be afraid to have a go even if they don't get everything right. Now is the time to remember wise words: the only real mistake is the one from which we learn nothing.

Next week is Children's Mental Health Week and the theme is **Express Yourself**. We would like to invite all the children to **Dress to Express** for the week, wearing clothes that show something about themselves, whatever it may be. They might be feeling in need of a hug and so wear something fluffy, or be feeling cheerful and so wear bright clothes... whatever they choose, we hope their outfits will say something about themselves each day. At the end of the week, we would like the whole school to wear something inside out, just to remind us all how important it is not to keep our feelings hidden.

## News from the Pre-Prep

### Pre-School

The children have had a wonderful couple of weeks! Last week, the children focused on the story 'Little Rabbit Foo Foo' which has now become one of their favourites! They also enjoyed meeting lots of different animals as part of 'Bring Your Pet to Class Day'.

This week, the children have been reading the story 'Little Red Riding Hood' and taking part in lots of different themed activities. They thoroughly enjoyed playing 'What's the Time Mr Wolf'. As part of our EYFS learning, the children became scientists and took part in a floating and sinking activity.



### Reception

As we wrote this, Reception were having their Teams School Camp. In preparation they had to make some Gruffalo Crumble to have around the virtual campfire whilst listening to the story of The Gruffalo. On Seesaw they watched a video telling them which ingredients they needed to get. So, off to the shops they went to buy these and when returning home, they followed the instructions to make their crumble. Delicious... we cannot wait to taste it!



## News from the Pre-Prep

### Reception get out and about

We have encouraged the children in Reception to go out and about on their daily walk with their families and tell us all about what they saw and heard. The children did this by drawing a map of their journey and used their phonics to label the different parts.



Evi's walk



Kayla:  
'We saw a bird house and a squirrel and fox dens. We also saw a woodpecker in a garden and lots of trees and grass.'

Miss Ranson on her walk to the wood.



### Year 2

The children have been out looking for signs of spring, as well as creating some fabulous pieces of work inspired by Aboriginal art.



Springwatch - can you find signs of Spring in your gardens or on your walks?

Let's get outside this week!

Here are a few things that I have found in my garden and on walks which show us Spring is on the way!! We would all love to see what you can find. Please send us photos on Seesaw.



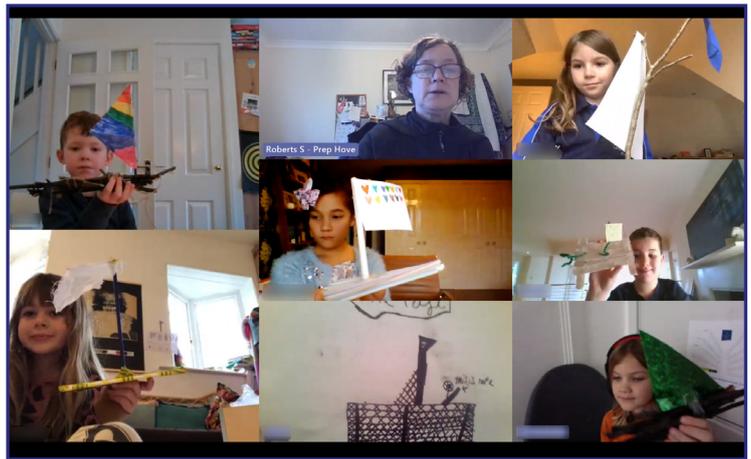
## News from the Prep

### Year 3

The children have embarked on 'Project Playground', a cross-curricular topic involving English, Maths, Science and Art.

Firstly, they had to learn and use persuasive writing techniques to write initially to Mrs Keep persuading her we need a new playground and then to the bank manager to persuade them to lend us money. Their skills were very impressive and we were left feeling rather sorry for their parents! They had to also work out the finances for their playground ensuring they choose the given equipment without going over budget before then plotting it on a grid using co-ordinates before playing a great game of 'battle playground' which had us all laughing!

In Science the children have explored the best materials to use in the playground with some getting outside to identify the materials used in their own trampolines, slides and outdoor toys! Their creative skills flourished further when designing a water feature and a hydration station. Finally, they had to be 'advertisers' and design an advert to lure everyone to the opening. One of our favourite moments was when a child said, very sincerely, 'I'm going to put my water feature between the two benches I bought and also, I still have some money left in my budget so I can make a sign too.'



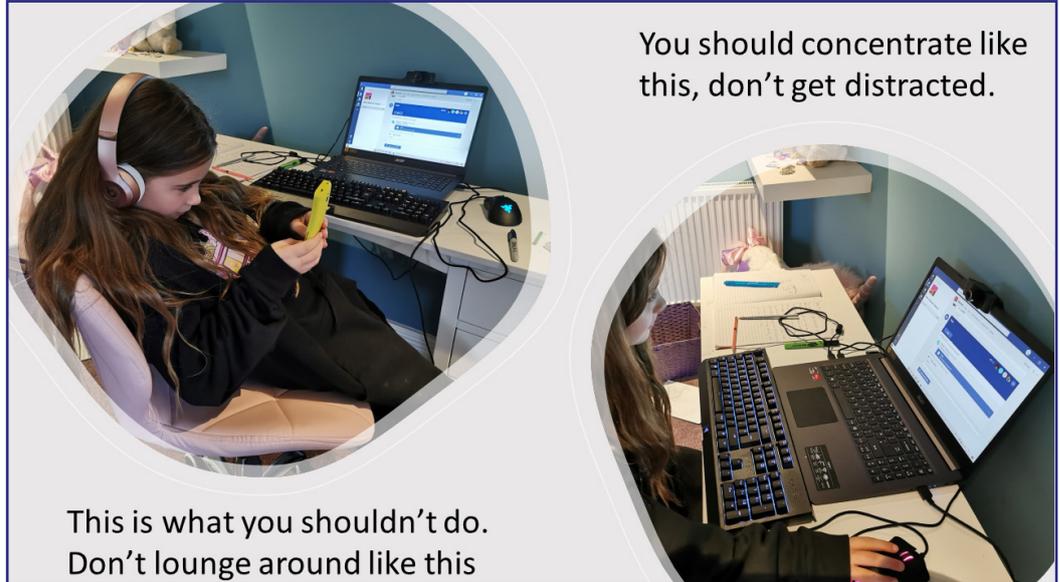
Combining Art and DT, the children were tasked to collect materials from outside or from recycling to create a raft that can float. They had great fun doing this and were extremely inventive and very excited to try and float them.



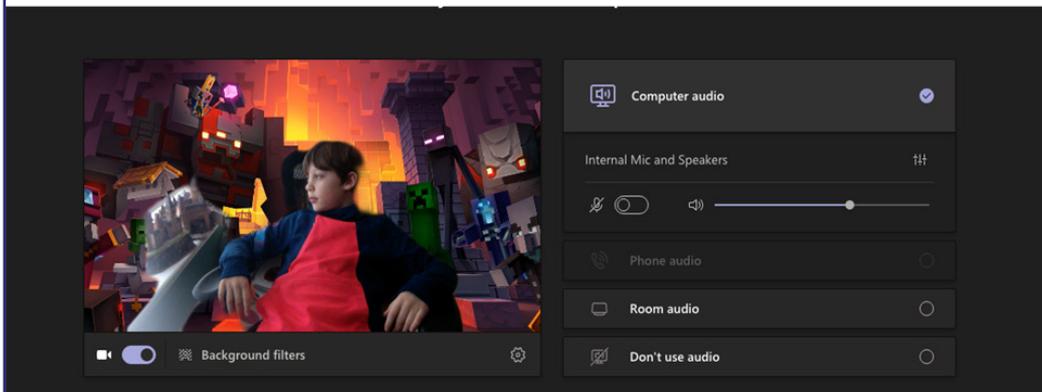
## News from the Prep

### Year 4

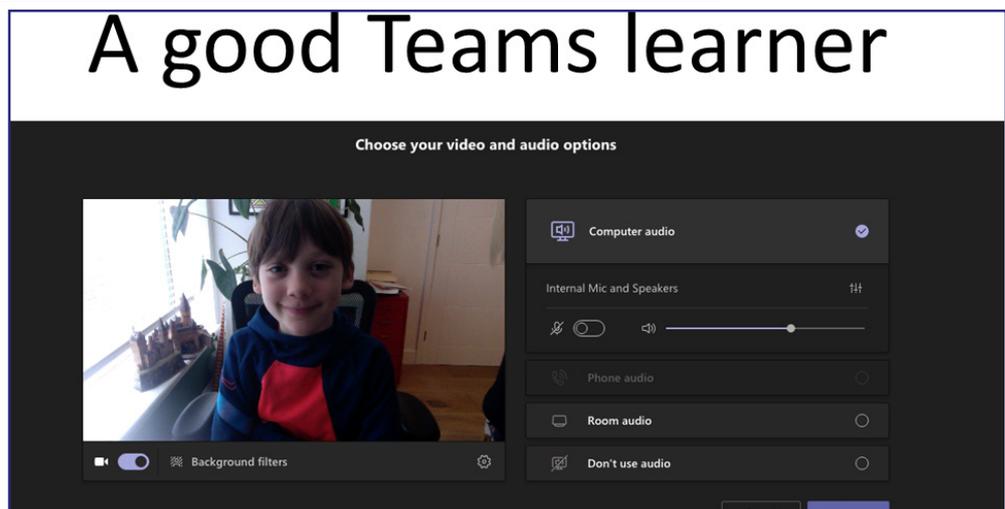
This week in PSHE the children discussed what made a good online learner. There was lots of discussion about the functionality of our tech but the children decided that wasn't all that people new to online learning needed to know. They were challenged to create documents to show those starting from scratch how to be a great learner online. Examples of slides from the two 'winning' powerpoint presentations are shown below:



### A poor Teams learner



### A good Teams learner



# News from the Prep

## Year 4

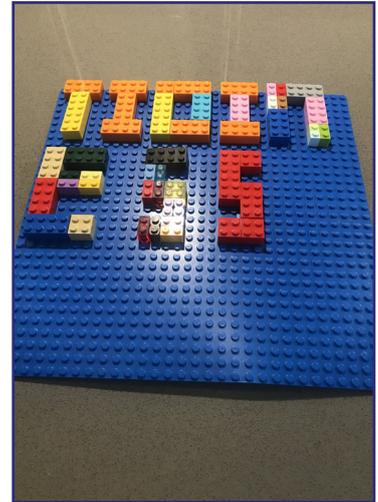
The children created fabulous outdoor art inspired by artist Andy Goldsworthy.



## News from the Prep

### English

The children have been adapting again to learning from home and were challenged by Mr Chilton to come up with ways to practise their spellings in creative ways. Here is an example from a Year 5 pupil, crafted from Lego!



With the return to remote learning, the increased use of technology in day-to-day school life led to discussion about the increasing movement towards more autonomous technology. The pupils were then tasked with writing essays on the question 'Is Artificial Intelligence a good thing?' There were some great pieces of work produced and one pupil in Year 6 took the view that overall AI is not a good thing with some well-reasoned arguments about the impact on workers as it would cause job losses and social unrest, that AI is not as intuitive as a human workforce and any competitive edge gained by businesses would only be temporary as the rest of their industry caught up but acknowledging the commercial benefits that increasing AI might bring. It was a very mature and fluent essay.

### Prep House Challenge

Mr Price is running a series of weekly House Challenge competitions for Prep pupils and started with an invitation for children to send in their favourite jokes. The submissions were gathered in and very kindly judged by Bec Hill, a Sussex-based comedian who has received various accolades for her one line jokes and who is also well-known to children for her work on CBeebies. Bec very kindly sent in a video message for the weekly Friday assembly where she spoke to the children and went through the four shortlisted jokes before announcing the winner!

#### Shortlisted Jokes:

**Stewarts:**      What did the policeman say to his tummy?...  
                         ... You're under a vest - Jack

**Blundells:**      What do you call a cheerful flea?...  
                         ... Hoptimistic - Stanley

**Youngs:**        What is the best thing about Switzerland?...  
                         ... I'm not sure but the flag is a big plus - Toby

and congratulations to Jasmine (pictured right) of Lavies for

                         What does a house wear?...  
                         ... a dress



The second House Challenge was a winter photograph competition, see next pages for details!

## News from the Prep

### House Photographic Competition

This week's House Challenge was to take and submit a winter photograph and we were so impressed with the number of entries and the quality of the images submitted. We were delighted to have as our judge Enda Bowe, an acclaimed photographer who has exhibited in the V&A and National Portrait Gallery in London, as well as galleries in his native Ireland, Salzburg and Dortmund. He has also taken stills photography for the acclaimed TV series *Normal People*. Enda gave the results of the competition in our weekly assembly with Mr Price. Here are the four shortlisted contenders, along with a selection of entries.



*...the winner is Zack AE, Year 3, Youngs House*



*Jacob T, Year 6, Lavies House*



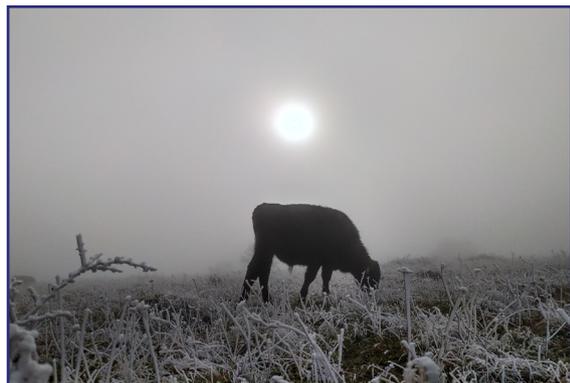
*Isla G, Year 3, Stewarts House*



*Jonny, Year 5, Blundells House*



# News from the Prep



# News from the Prep

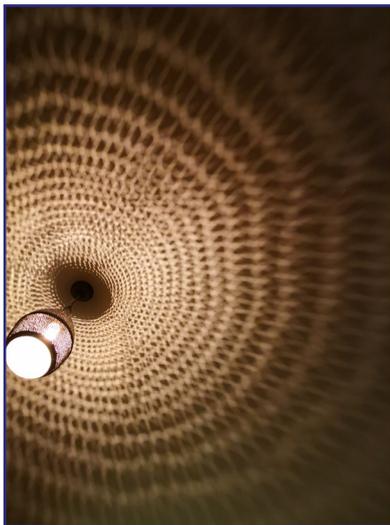
## Light up the Darkness Holocaust Memorial Day 27 January 2021



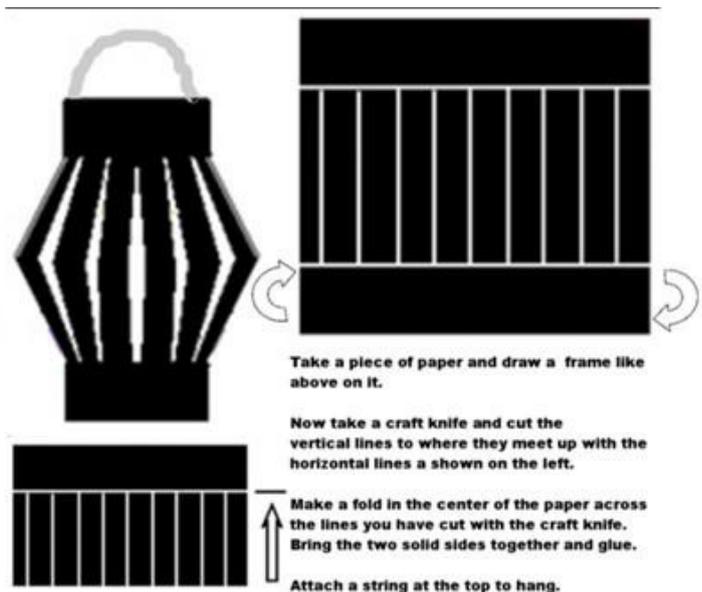
Our School community is taking part in a month of *Random Acts of Kindness*, with a daily act of kindness posted on the VLE for everyone to aim for, whether in or out of school and achievable with appropriate social distancing. Let's light up the darkness with kindness! Pupils will also be creating images that symbolise the phrase Light up the Darkness. There is a photograph competition, as well as making a poster or a picture in any way they choose, whether painting, colouring or computer-based drawing).

### 31 Random Acts of Kindness!

1. Call to check in with a friend or family member you haven't heard from in a while to make sure they're doing well.
2. Write an encouraging note outside on the pavement with chalk, or a poster in the window to brighten the day of people who see it.
3. Give someone a compliment in the morning to make their day bright as it starts.
4. Send a card in the post to someone you miss.
5. If you have old clothes or toys you can do without, donate them to charity.
6. Make a simple bird feeder and hang it outdoors for local wildlife to enjoy.
7. Make someone at home their favourite drink or meal.
8. Help a loved one with something they've been struggling to complete, like homework or a big work project.
9. Give a hug to someone in your immediate family or in your household.
10. Write a note to someone you care about containing the top 10 reasons that they are awesome.
11. Ask how their day went, and if they're struggling, find ways to help.
12. Place sticky notes with encouraging words in places for people to find them.
13. Call a friend or loved one for no reason in particular—just to say hi.
14. Tell a joke to someone and make them laugh.
15. Send someone flowers, either fresh or homemade!
16. Offer to help tidy an area of your house or garden.
17. Make a thank you poster or note for someone who helps you/your family. Eg. Someone who delivers the post, shopping deliveries or collects the bins.
18. Make or buy and decorate a cake or some biscuits for people at home.
19. Write a kind note for a neighbour to let them know you care.
20. Write a song or poem for someone you know.
21. Write or draw something for the people in your household.
22. Ask how you can help around the house.
23. Write a list of all the things you are grateful for.
24. Play a game with someone at home (make sure it's their choice of game!)
25. Read a book or story to someone.
26. Wish someone a good day on a walk or while exercising.
27. Offer to cook/ help to cook dinner with people at home.
28. Paint and hide kindness rocks.
29. Have a movie night with someone with their favourite film.
30. Write down all the things that make you happy.
31. Come up with your own list of acts of kindness.



This image is by Theo, one of our very youngest children in Pre-School for the 'Light from the Darkness' competition. Theo said it shows how light can turn a 'boring white sad ceiling into a happy space with beautiful patterns to make people smile if they were feeling sad.' Miss Pollak and Mrs Morrison are very proud of his thoughtfulness.

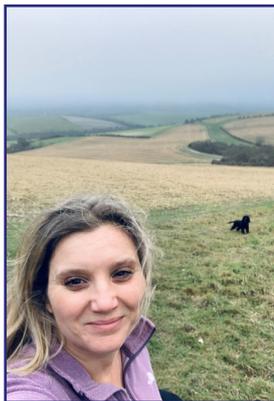


*Make a paper lantern at home!*

## News from the Prep

### The 'Keep Moving Forwards' Charity Challenge

This week we launched of school's latest charity challenge in support of *The Martlets Hospice* and *Surfers Against Sewage*. The 'Keep Moving Forwards' Challenge will see pupils, staff and parents encouraged to take a break from remote learning and their screens to seek exercise and time outside. All can be sponsored to scoot, walk or run every day and, using their record charts, perhaps aspire to travel 100km in the coming days and weeks. The staff have already been out training during their daily permitted exercise and we are excited at the efforts made in the first few days!



## TERM DATES

### SPRING 2021

Term starts Tuesday 5 January 2021

Half Term: from Friday 12 February 2021 usual collection times, restarting on

Monday 22 February 2021

Term ends Wednesday 24 March 2021

### SUMMER 2021

Term starts Monday 19 April 2021

May Bank Holiday Monday 3 May 2021

Half term from Friday 28 May 2021 usual collection times, restarting on

Monday 7 June 2021

Term ends Wednesday 7 July 2021

## Noticeboard

### Birthdays!

No LPH birthdays fall on 29 January to share celebrations with the somewhat unlikely trio of Oprah Winfrey, Tom Selleck and Tony Blackburn. 29 January is also the date commemorated for the birth of Harriet Tubman, although the exact date is not definitively known. We nevertheless wish a very happy birthday to those pupils whose birthdays have fallen since our last newsletter and today:

*Jemima J, Maia R, Maeve H, Olivia A and Milo T*



### Level Up Laptops

The children in our school family are so fortunate to have such excellent access to the education resources for home learning. This charitable initiative has been launched by a couple of our families. It sets out to get tech to those children in the local area who do not have access to the devices needed for remote/online learning.

We hope that, as a community, families and staff, we might be able to reach out and help beyond our own pupil body, and if any LPH parents or staff have old, unused kit at home, please consider supporting this initiative.

**levelup**  
laptops

**1.7 million children in the UK do not have access to a computer at home, making remote learning practically impossible**

Level Up Laptops is a campaign to help children living in Brighton and Sussex by providing them with laptops and tablets that will support remote learning and longer-term educational needs.

Brighton-based B2B social prospecting firm, SoPro has teamed up with registered charity the Turner Community Project to help Sussex businesses recycle devices no longer in use or raise money for new devices, and distribute them to children in need.

**We want to ensure children from all backgrounds have the same access to learning and educational resources during and after these challenging times.**

Please visit [www.leveluplaptops.co.uk](http://www.leveluplaptops.co.uk) to donate or email [ana@g33k.co.uk](mailto:ana@g33k.co.uk) if you have devices available

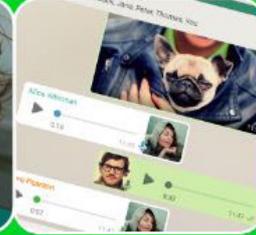
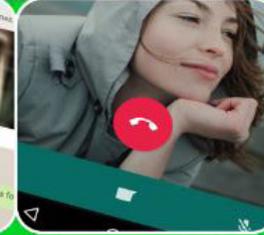




WhatsApp is one of the most popular messaging apps in the world, with more than 1.5 billion people in more than 180 countries using it to send and receive text, photos, videos and documents, as well as make voice and video calls through an Internet or Wi-Fi connection. The free app offers end-to-end encryption, which means that messages can only be read by the sender and the recipient in one-to-one chats, or all members if it is a group chat. Not even WhatsApp can read them.



AGE RESTRICTION  
**16+**



What parents need to know about

# WhatsApp



## AGE LIMIT CHANGE

Since May 2018, the minimum age for using WhatsApp is 16 years old if you live in the European Union, including the UK. Prior to this, the minimum age was 13, which still applies for the rest of the world. WhatsApp has not yet stated whether it will take action against anyone aged between 13 and 16 who already hold accounts under the old terms and conditions, such as closing their account or seeking parental permission.

## SCAM MESSAGES

Occasionally on WhatsApp, people receive spam messages from unauthorised third parties or from fraudsters pretending to offer prizes to 'lucky people', encouraging recipients to click on a link to win a prize. A common scam involves messages warning recipients that their WhatsApp subscription has run out with the hope that people are duped into providing their payment details. Other scam messages include instructions to forward the message in return for a reward or gift from WhatsApp or another person.

## FAKE NEWS AND HOAXES

WhatsApp has been linked to enabling the spread of dangerous viral rumours. In India, for example, a number of attacks appear to have been sparked by false rumours shared on WhatsApp.

## THE 'ONLY ADMIN' FEATURE AND CYBERBULLYING

Cyberbullying is the act of sending threatening or taunting text messages, voice messages, pictures and videos, with the aim to hurt and humiliate the receiver. The group chat and group video call features are great for multiple people to chat simultaneously, but there is the potential for people to hurt others with their comments or jokes. The 'only admin' feature gives the admin of a group chat greater control over who can send messages. Whilst this can be good for one-way announcements, the group admin has the power to block somebody from responding to an offensive message in a chat, which could result in a child being upset and unable to reply.

## CONNECTING WITH STRANGERS

To start a chat in WhatsApp, you need to know the mobile number of the contact you want to speak to and they also need to have the app downloaded. WhatsApp can find contacts by accessing the address book of a device and recognising which of those contacts are using WhatsApp. If your child has shared their mobile number with somebody they don't know, they can use it to get in touch via WhatsApp.

## LIVE LOCATION SHARING

WhatsApp's 'Live Location' feature enables users to share their current location in real time to their contacts in a chat, allowing friends to show their movements. The feature, which can be found by pressing the 'attach' button, is described by WhatsApp as a "simple and secure way to let people know where you are." Location-sharing is already a common feature on other social apps, including Snapchat's Snap Map and Facebook Messenger and can be a useful way for a child to let loved ones know they are safe. However, if your child is in a group chat with people they do not know, they will be exposing their location.



National Online Safety

# Top Tips for Parents



## CREATE A SAFE PROFILE

Even though somebody would need your child's phone number to add them as a contact, as an extra security measure we suggest altering their profile settings to control who can see their profile photo and status. The options to choose from are 'Everyone', 'My Contacts' and 'Nobody'. We suggest selecting 'My Contacts' or 'Nobody' to ensure their profile is protected.

## EXPLAIN HOW TO BLOCK PEOPLE

If your child has received spam or offensive messages, calls or attachments from a contact, they should block them. Messages and status updates sent by a blocked contact will not show up on the phone and will stay undelivered. Blocking someone will not remove this contact from the contact list - they will need to be removed from the phone's address book. To block a contact, your child needs to open the person's chat stream and tap on the settings.

## REPORT SCAM MESSAGES

Advise your child not to tap, share or forward any message that looks suspicious or sounds too good to be true. When your child receives a message from an unknown number for the first time, they will be given the option to report the number as spam directly inside the chat. They can also report a contact or a group as spam using the following steps: 1) Open the chat. 2) Tap on the contact or group name to open their profile information. 3) Scroll to the bottom and tap 'Report Spam'.

## LEAVE A GROUP

If your child is part of a group chat that makes them feel uncomfortable or has been added to a group they don't want to be part of, use the group's settings to show them how to leave. If someone exits a group, the admin can add them back in once, if they leave again, they cannot be added again.

## USING LIVE LOCATION SAFELY

If your child needs to use the 'Live Location' feature to share with you or a friend, advise them to only share it for the amount of time they need to. WhatsApp gives the options of either 15 minutes, one hour or eight hours. However, your child can choose to stop sharing at any time.

## DELETE ACCIDENTAL MESSAGES

If your child has sent a message to the wrong chat or if a message they sent has contained a mistake, they can delete it. To do this, simply tap and hold on the message, choose 'Delete' and then 'Delete for everyone'. The app allows seven minutes to delete the message after it has been sent, but it is important to remember that recipients may have seen and screenshot a message before it was deleted.

## SET TIME LIMITS

A 2017 study found that by the age of 14 the average child will have sent more than 35,000 texts, 30,000 WhatsApp messages and racked up more than three solid weeks of video chat. Although it is inevitable that your child will use technology, you can still set boundaries. This is not easy, especially since teens use their devices for both schoolwork and free time, often simultaneously.



SOURCES: <https://www.theguardian.com/comments/free/2018/apr/26/whatsapp-plans-to-ban-under-16s-the-mystery-is-how>, <https://www.independent.co.uk/life-style/gadgets-and-tech/news/whatsapp-update-latest-india-hoaxes-forward-messages-app-download-a8456011.html>