



# Lancing Prep Hove

A Lancing College Preparatory School

Newsletter

Autumn Term | 12 November 2021

## Message from Mrs Keep

Dear Parents

Welcome back to the second half of the Autumn Term. November brings with it darker days and colder weather, but also of course the glory of the vines that climb the school turning red and the joy of Bonfire Night. To have so many of the school community gathered for the PTA Fireworks felt like a real privilege and an utter joy. I think everyone I saw was lit up not only with glowing accessories but also with enormous smiles. I talk often about how special the LPH family is, and occasions such as this remind me what a wonderful community we are. My thanks to Vanessa, Sara, Sofie and the wider committee who worked tirelessly to put on such a wonderful event.

Yesterday, the school gathered to remember those who have died in wars around the world. Beau played the *Last Post* and the *Reveille* beautifully and, with heads bowed, we took a moment to concentrate our thoughts and show respect. It was a timely reminder that the small changes we are making in this current moment to keep ourselves safe are but small, and there is so much for which we should all be thankful.

We are, of course, being rather cautious while we have a number of positive Covid cases in school. You will have received communication from me regarding how we have amended some of our routines to ensure the children and staff are kept as safe as possible, whilst maintaining our educational and wider provision. Please do ensure your children have the correct equipment in their pencil cases to minimise us sharing stationery, and for those children in Years 7 & 8 they should always have at least two masks or face coverings in their bags. Younger children can of course wear a mask or face covering if that is something they would like to do.

As part of our amendments to our routines, we are not inviting parents into school for matches, but it is events at a recent fixture that I would like to mention. A number of children from across the prep school represented LPH at a cross country event being hosted at Ardingly. There were some very impressive performances and a number of 1<sup>st</sup> and 2<sup>nd</sup> places, each worthy of congratulations. However, the event that caused the most comment was a race in which one of our younger pupils was flagging. Seeing that it was becoming difficult, a couple of older pupils supported her, running alongside and encouraging her through to the end. To be the child who keeps going even when it has become tough is commendable; to be the child who helps another when they are struggling is everything I hope each pupil at LPH aims to be. When we talk about sportsmanship and the value of being part of a team, this is what we mean. My sincere thanks to Daisy and Charlotte for showing the true understanding of what it is to be a great athlete.

## Notices are on Page 11



### Online Safety and Digital Trust – PSHE for Parents

This event was originally planned for 16 November and has been postponed.

We believe this subject is important and so will be delivered in person rather than online or pre-recorded.

We will be in touch with a rescheduled date as soon as possible.

**Does your family have digital trust?**



## Pre-Prep News

### Pre-School

The children have had a fun couple of weeks as they have celebrated Bonfire Night. In class they created their own firework pictures using chalk. They also joined in the school Remembrance Day and Pre-School also made their own pom-pom poppies which helped develop their fine motor skills. We also practised our counting by making poppies out of playdough.



### Reception

We had a visit in school from Richard and his guide dog Richie.



The children showed great interest about how Richie helps Richard. We were very impressed with the questions that they asked. They also learnt about the importance of asking to stroke Richie when he was resting but not when he was working.



## Pre-Prep News

### Year 1

The children kickstarted their new topic about Space by visiting the Science Observatory at Herstmonceux. They took part in a range of activities including a tour of the observation domes where they heard about the large telescopes and got to see the roof rotate and open! They had great fun looking at the model of our solar system showing the planets in orbit. The staff at Herstmonceux were so impressed by the children's curiosity - they had so many questions to ask about our solar system.

Since returning to school, the children have been enthusiastic to put their newfound knowledge into a book. They have been working hard to create a Year 1 Space Factbook to add to our classroom book corners.



### Year 2

The children have been learning about how Hindu families celebrate Diwali. Rangoli patterns are bright patterns drawn on the floor by the door to welcome visitors to a home and the children had fun outside creating their own Rangoli pictures in chalk on the pavement outside Laurent Hall



## Prep News

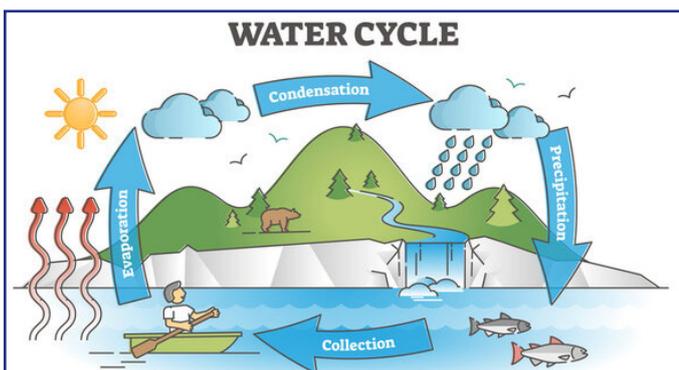
### Year 3

In preparation for our Victorian day at the end of November, the Year 3 children have been learning about schooling in those days. Yet again they were all relieved not to have been born in this era! Hearing about the cane, the lack of creativity in lessons and the fact they wouldn't have been able to ask questions had them all gasping in horror. They all agreed, thankfully, that life at LPH with Miss Snell and Mr Clifton is far better. They are all now excited to plan their costumes ready to be Victorian children whilst intrigued to see if we, the teachers, can put on a stern performance without laughing... unacceptable behaviour in Victorian schools!



### Year 4

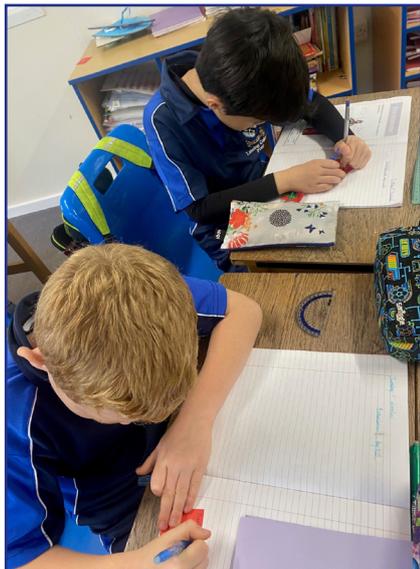
In Science Year 4 have been learning all about the water cycle. They carried out a practical exercise to see the water cycle in action. They wrote the process on a bag, filled the bag with water then stuck it to the classrooms windows to see the processes take place. They noted how the water began to evaporate and observed condensation collect at the top of the bags before falling back down and collecting in the bottom of the bag, ready to start the cycle again.



## Prep News

### Year 5

The Prep School children have spent a huge amount of time thinking about Remembrance this week, and history lessons have often been based around this topic. Some classes have had the chance to write small notes of thanks or thought, which have been put together into a giant poppy display in the History classroom. 5A's attitude and contributions were particularly impressive, as they were mature and polite in their approach. They will have left lessons this week with a new way of thinking about Remembrance.



### Year 6

It's been a busy time in the History department over the last couple of weeks, and one of the huge events we have been studying is the failed attempt of the Gunpowder Plot! Year 6 looked at the actions of Guido Fawkes and his companions, and even put their hand to a little finger painting (excuse the pun!)...

#### Drop Everything And Read!

We spend a lovely 20 minutes in school reading our books. A great way to start the day. Even the teachers got the luxury of having 20 golden minutes to read more of their books!



## Prep News

### Year 7

The children had a wonderful visit to Battle Abbey and a fantastic time exploring the grounds where William of Normandy would have fought one of the most iconic battles on English soil.

They had a private tour of Battle Abbey school led by a local monk, and then took to the outdoors, where they had the entire site to themselves to explore with gusto, despite the ground being a little soggy underfoot!

The teachers were delighted with the children's behaviour, as they represented our school beautifully and really did do us proud.

Over the coming weeks, Year 7 will look at what William did next, so please do ask them to tell you all about it at home!



## Prep News

### Just One Tree

A very successful non-uniform day for the charity *Just One Tree*. £310 raised and 310 trees added to our LPH 'forest'! Our grand total after three years is 986 trees. Thank you to everyone for your generous donations.

During the day, all pupils decorated a leaf including a pledge to the environment for our tree display in the Laurent Hall and older pupils enjoyed learning about the importance of forests in the fight against climate change. They wrote letters to our local MP to urge action and support for reforestation projects such as this one.

Thank you to all those that entered the autumnal photograph competition that ran alongside the day and special mention must go to our Pre-prep winner Theo M from RT for his lovely leaf heart photo and James S in 3C who won the Prep school competition with his series of images depicting an autumn walk.



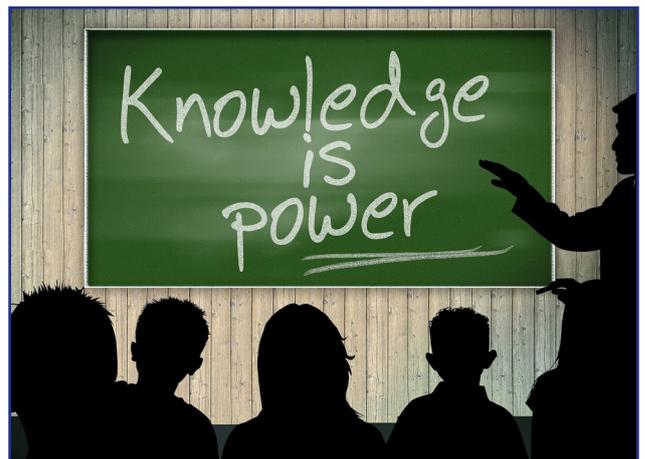
## Prep News

### Parliament Week

This week we began discussing parliament week. We talked about what it means to be able to vote and live in a democracy. The children took part in a vote on their way in to assembly without knowing what they were voting for. We then discussed how the information they were given might change how they voted. Our focus was making informed decisions about voting as 'knowledge is power'.



UK  
Parliament Week



## Music & Performing Arts News

### Friday 5 November, Evensong at Lancing College Chapel

Singers from our Years 6-8 Choir joined the treble singers from the Lancing College Chapel Choir for Evensong. The Choir performed *Dyson in C minor* and the anthem, *The Call*, by Vaughan-Williams. They also sung a set of responses and a psalm. The children performed brilliantly and the sound they made was stunning. Mrs Bunker wrote to Mr Mason, Director of Music at Lancing College, to say how much we enjoyed the experience and hope that this occasion becomes an annual event with a full congregation from next year!



### Sunday 21 November, 10.15-11.00 Sunday Eucharist at Church of the Good Shepherd

Children in Year 2 and pupils attending Years 3-5 and Years 6-8 Choir are invited to take part in the service. Parents are welcome to either drop off or attend the service. We will be singing the following pieces in the middle of the service:

Year 2 – *Consider Yourself*

Years 3-5/Years 6-8 Choirs – *When I'm 64*

School uniform is required for this occasion.

Mrs Bunker would be grateful if parents could reply to confirm whether your child is able to take part in the service. Father Felix would also like some of the pupils to perform readings for this occasion. Mrs Bunker will be selecting pupils to do this next week and will send copies for the readers to practise at home.

### Sunday 5 December, 4.00-5.00pm Carols Among the Trees at Church of the Good Shepherd

Children attending Years 3-5 and Years 6-8 Choirs are invited to take part in this occasion. Please confirm your child's attendance and whether you would like to attend the service.

### Auditions for solo singing for carol services

Solo singers will be selected this week and copies of the music will be sent home for singers to practise at home. This is open to pupils in Years 5-8 only. Soloists are required for the service on Sunday 5 December and for our Carol Services on the last week of term.

### Parent Choir

Mrs Bunker would love to see the return of this and has the support of parent singers! If you would like to join in with the Choir for the following services, please contact Mrs Bunker directly

Sunday 21 November, Eucharist at CoGS

Sunday 5 December, Carols Among the Trees at CoGS

Final week of term, Carol Services for Years 3-5 and Years 6-8

### Future dates:

Wednesday 1 December, New Era remote exams to be held over Zoom in the Music School

With a change to the previous newsletter, New Era Academy exams will be held on the **new date and venue: Saturday 4 December, Jury's Inn, Brighton.**

### Other notices

We have two spaces remaining for EYFS Drama Club on Thursdays.

Spaces are still available for Flute, Clarinet and Saxophone lessons for children in Years 5-8. Instruments are available to hire. Instrumental scholarships are available to assist with tuition fees.

For all enquiries about music and drama lessons, please email Mrs Bunker: [nbunker@lancing.org.uk](mailto:nbunker@lancing.org.uk)

## Boys' Football Results

### Wednesday 3 November W/D/L

|                    |                         |       |
|--------------------|-------------------------|-------|
| 1 <sup>st</sup> XI | v Handcross Park        | W 2-1 |
| 1 <sup>st</sup> XI | v Lancing Prep Worthing | W 4-0 |
| 1 <sup>st</sup> XI | v Brighton College      | L 2-5 |
| 2 <sup>nd</sup> XI | v Handcross Park        | W 2-1 |
| 2 <sup>nd</sup> XI | v Brighton College      | L 0-1 |
| 3 <sup>rd</sup> XI | v Brighton College      | L 0-6 |
| Colts A            | v Brighton College      | D 3-3 |
| Colts B            | v Brighton College      | D 5-5 |
| Colts C            | v Handcross Park        | D 0-0 |
| Colts D            | v Brighton College      | L     |
| Colts D            | v Handcross Park        | L     |
| Colts E            | v Brighton College      | W 4-0 |
| Colts E            | v Handcross Park        | W 2-0 |

### Thursday 4 November W/D/L

|     |                    |       |
|-----|--------------------|-------|
| U9A | v Handcross Park   | L 0-2 |
| U9A | v Brighton College | D 1-1 |
| U9B | v Handcross Park   | W 1-0 |
| U9B | v Brighton College | D 0-0 |
| U8A | v Handcross Park   | L 0-1 |
| U8A | v Brighton College | D 0-0 |

## Cross Country at Ardingly College

The LPH team put in some great performances and were placed 4<sup>th</sup> overall.

The U11 girls' team came 2<sup>nd</sup> in their age group. On the individual placings, Oscar S and Annabella D won their finals.

Mrs Keep has mentioned elsewhere the outstanding display of sportsmanship, mutual support and team spirit that our pupils showed on the day.

We are immensely proud of them all.



Well done to our co-ed Colts A team, pictured at their fixture against Brighton College.

LPH pupils also took part in the 'Be Trewe' tournament hosted by Handcross Park.

This event is a wonderful opportunity for some of our less confident footballers to take part in a tournament. LPH played lots of games with a mixture of wins, draws and losses. Everyone played very well and enjoyed the afternoon greatly.

## Girls' Hockey

Our girls are growing in confidence and gaining experience as they continue to hone their hockey skills.

We fielded four teams from U13 to U10 against St Christopher's on 10 November and although the scores did not go our way on this occasion, the girls showed excellence and determination across all four matches.

It was the turn of our Year 3 & 4 girls to play St Christopher's the following day in what turned out to be evenly matched contests. The girls played brilliantly and took on board the feedback given as they played. They enjoyed the games but were both beaten by a single goal with a 2-1 scoreline. They showed great promise for the future of girl's hockey at LPH.

## Noticeboard

### Odd Socks Day!

On Monday 15 November we are all wearing odd socks in support of anti bullying week. We invite pupils to come in to school wearing odd socks with their uniform to support anti bullying week.



### Well done, Pedro, Leonor & Dino!

What a fabulous achievement for this family of children from Years 1 & 4 to have independently climbed Snowdon on their half term trip to Wales, covering just over 12km in 6 hours!



### Drop-off and Pick-up

We would like to remind parents that they should not drive into the school car park at drop off or pick up times (8 – 8.25am / 3.30 – 5.45pm).

Please also remember not to pull onto the zigzags or double yellow lines on the Drove way or Hove Park Road. It is imperative that our pupils and local residents can use pavements and cross roads safely.

### Drop-off and Pick-up EYFS

Parents of children in EYFS can continue to drop their children to the outside of their classrooms (via the car park for Pre-School and via the gate on Hove Park Road for Reception).

No parents should be coming into school, however, without being signed in as a visitor via the school office.

Mrs Keep

### Children in Need - Friday 19 November Non-Uniform Day



We are asking all pupils to wear their own clothes to school next Friday for a donation of £2.00 for Children In Need.

Pupils will also be getting a delicious Pudsey sweet treat made by our own catering staff.

Many thanks for your continued support.

Mr Price

# What Parents & Carers Need to Know about TIKTOK

TikTok is a video-sharing social media app which lets people create, view and download looping 15-second clips. Typically, these are videos of users lip-syncing and dancing to popular songs or soundbites (often for comic purposes), enhanced with filters, effects and text. Designed with young people in mind, TikTok skyrocketed in popularity in 2019 and has featured near the top of download charts ever since. It now has around a billion users worldwide.

## AGE-INAPPROPRIATE CONTENT

Most videos appearing on a child's feed are light-hearted and amusing. However, some clips have been reported for featuring drug and alcohol abuse, themes of suicide and self-harm, or young teens acting in a sexually suggestive way. The sheer volume of uploads is impossible to moderate entirely – and since TikTok Jump's introduction in mid-2021, users can view third-party content outside the app.

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CENSORED

## EXPLICIT SONGS

TikTok primarily revolves around videos of users lip-syncing and dancing to music. Inevitably, some featured songs will contain explicit or suggestive lyrics. Given the app's young user-base, there is a risk that children may view older users' videos and then be inclined to imitate any explicit language or suggestive actions.

W&#\*!

## TIKTOK FAME

The app has created its own celebrities: Charli D'Amelio and Lil Nas X, for example, were catapulted to fame by exposure on TikTok – leading to many more teens attempting to go viral and become "TikTok famous". While most aspiring stars hoping to be 'the next big thing' will find it difficult, setbacks may in turn prompt them to go to even more drastic lengths to get noticed.



## HAZARDOUS VISIBILITY

Connecting with others is simple on TikTok – including commenting on and reacting to users' videos, following their profile and downloading their content. The majority of these interactions are harmless, but – because of its abundance of teen users – TikTok has experienced problems with predators contacting young people.

## ADDICTIVE NATURE

Like all social media platforms, TikTok can be extremely addictive. It can be hugely entertaining – but that also makes it hard to put down. As well as the punchy nature of the short video format, the app's ability to keep users intrigued about what's coming next means it's easy for a 5-minute visit to turn into a 45-minute stay.

## IN-APP SPENDING

There's an in-app option to purchase 'TikTok coins', which are then converted into digital rewards for sending to content creators that a user likes. Prices range from 99p to an eye-watering £99 bundle. TikTok is also connected with Shopify, which allows users to buy products through the app.

## Advice for Parents & Carers

### TALK ABOUT ONLINE CONTENT

Assuming your child is above TikTok's age limit, talk to them about what they've viewed on the app. Ask their opinion on what's appropriate and what isn't. Explain why they shouldn't give out personal details or upload videos which reveal information like their school or home address. In the long run, teaching them to think critically about what they see on TikTok could help them to become social-media savvy.

### MAINTAIN PRIVACY SETTINGS

The default setting for all under 16s' accounts is 'private'. Keeping it that way is the safest solution: it means only users who your child approves can watch their videos. The 'Stitch' (which lets users splice clips from other people's videos into their own) and 'Duet' (where you build on another user's content by recording your own video alongside their original) features are now only available to over 16s. This might clash with your child's ambitions of social media stardom, but it will fortify their account against predators.

### LEARN ABOUT REPORTING AND BLOCKING

With the correct privacy settings applied, TikTok is a relatively safe space. However, in case something *does* slip through, make sure your child knows how to recognise and report inappropriate content and get them to come to you about anything upsetting that they've seen. TikTok allows users to report anyone breaching its guidelines, while you can also block individual users through their profile.

### ENABLE FAMILY PAIRING

'Family Pairing' lets parents and carers link their own TikTok account to their child's. Through your mobile, you can control your child's safety settings remotely – including limiting screen time, managing their ability to exchange messages (and with whom) and blocking a lot of age-inappropriate content. TikTok's Safety Centre also provides resources for parents and carers to support online safety among families. These resources can be found on their website.

### USE RESTRICTED MODE

In the app's 'Digital Wellbeing' section, you can filter out inappropriate content (specific content creators or hashtags, for instance) using 'Restricted Mode'. This can then be locked with a PIN. You should note, though, that the algorithm moderating content isn't totally dependable – so it's wise to stay aware of what your child is watching.

### MODERATE SCREEN TIME

As entertaining as TikTok is, you can help your child to manage their time on it in the 'Digital Wellbeing' section. Under 'Screen Time Management', you can limit the daily permitted time on the app (in increments ranging from 40 minutes to two hours). This preference can also be locked behind a PIN. That way, your child can get their regular dose of TikTok without wasting the whole day.

## Meet Our Expert

Parven Kaur is a social media expert and digital media consultant who is passionate about improving digital literacy for parents and children. She has extensive experience in the social media arena and is the founder of Kids N Clicks: a web resource that helps parents and children thrive in a digital world.



SOURCES: [www.tiktok.com](http://www.tiktok.com)