



Lancing Prep Hove

A Lancing College Preparatory School

Newsletter

Spring Term | 28 January 2022

**Notices
are on Page 10**

Message from Mrs Keep

Dear Parents

As ever, the pages of this newsletter will tell their own stories of the myriad ways in which the children have been busy in school, learning and playing with gusto and generally impressing us all. We're in that wonderful stage of term where there's still plenty of energy in the tanks but we're firmly settled into the rhythms and routines of the school day.

As the restrictions lift in wider society, we are also looking at which events we can again put on in school. We started this week with welcoming parents back to school for matches, and it was a pleasure to hear the enthusiastic support for our teams from the side-lines.

Last term, we had scheduled a 'PSHE for Parents' event which we sadly had to postpone. This is such an important topic for us all that it will be our first indoor event, appropriately distanced and ventilated. The way in which our children engage with digital media remains an important topic for us all. The focus of the session will be *Online Safety and Digital Trust*. Your attendance is strongly encouraged because everyone's engagement with this topic is required if we are to successfully help our children navigate an increasingly online world. The event will be led by Mr Clifton and we will discuss how we continue to address children's online safety. We will share the ways we work with the children in school and will also consider how their safety can be assured, especially when they are accessing material away from the firewalls and safety settings that we have in place in our homes and at school.

Having attended a number of conferences and forums seeking the advice of experts in the field, we will share tips on how families can positively engage with their child's online life. We will also share examples of how in school we are responding to and learning from the children's online experiences.

If you have not yet responded to the message sent by Mr Clifton, please do so this weekend. Because of distancing, we must restrict numbers but we are willing to run more sessions to ensure that every parent of a child who attends LPH has engaged in this essential conversation.

I look forward to seeing you there and thank you in advance for taking the time to support the school in supporting your children.

**Does your family
have digital trust?**

Pre-Prep News

Pre-School

The children in Pre-School have had a wonderful couple of weeks as we have continued to venture into our Into the Woods topic. They focused on the story, *We're Going on a Bear Hunt* where they created bear collages, practised prepositional language by finding Mr Bear and even went on their own bear hunt in the classroom!

To celebrate our topic, the children had a Teddy Bears' Picnic. Throughout the week, the children created decorations for the classroom and made sandwiches. They had a wonderful time at our Picnic and enjoyed bringing in one of their special bears or toys from home.



Pre-Prep News

Reception

The children had the most wonderful trip to the woods in Stanmer Park last week where they listened to the story of *The Gruffalo*. Using their imaginations, they took on the roles of the main characters from the story. Acting it out, recalling the sequence of events and then venturing off on a Gruffalo hunt, the children were really immersed in their learning.

They listened to the sounds of the woodland, found clues, built shelters, and even spotted some of the characters. Exploring and investigating, the Reception children pieced together the final clue which led to their lunch spot. They were brilliantly behaved, and several passers-by commented how impressed they were.



Pre-Prep News

Year 1

The children are becoming Polar explorers and have been getting ready for an expedition to the Antarctic. We conducted an experiment to see which gloves would be the best to take with us remembering that they must be flexible, waterproof and most importantly, warm! Of course, we need something warm to drink, so after writing our own instructions as to how to make a hot chocolate, it was only fair we tried some!



Pre-Prep News

Year 2

Year 2 (and the Pre-Prep) have been thinking about a Growth Mindset and talking about how they can apply this in their learning and whole lives. This is a great reminder which can be posted in bedrooms as a daily reminder of a positive outlook and change a fixed mindset into a growth mindset. You CAN do it! Bruce even accepted the challenge to build a house made of playing cards over Teams whilst visiting his family in South America! Some children's thoughts when undertaking a challenging task this week:

- I was happy when my tower fell down because I could try again like the persevering tortoise!
- I was very frustrated, and I cried. But next time I will keep going and try again until I get better.
- I realised that I could use resources to help me problem solve.
- I had a growth mindset because I went home and challenged myself and my Daddy to a competition... and I won!



Year 2 have been thoroughly enjoying making links across the curriculum in their learning.

Mrs Bunker has been making links to our Explorers topic by challenging the children to learn a song from the Japanese film, *Ponyo*.

Ponyo is the Japanese version of *The Little Mermaid* and Peggy was delighted! Peggy really enjoys making links to her Japanese heritage and Mrs Bunker was happy to oblige. In the classroom Peggy has also been teaching her friends some simple vocabulary, making the Japanese flag and has been proactive in wanting to research a Japanese explorer for our History/ Geography topic, a great idea! The enthusiasm for the lesson was evident in the children's engagement – they were demonstrating all our Pre-Prep characteristics of learning, which was fabulous to watch.



In Computing Year 2 have been learning how to use a sequencer to make music. They have been adding instruments and changing the tempo before sharing their creations with their friends. Mr Messingham has asked the children to think of emotions and relate this to music which links into our PSHE work.

Emile said, 'I love music and I love computing! The sequencer is like a computer game, which is really clever'. The next steps are to make soundtracks to the children's favourite films. Exciting stuff!

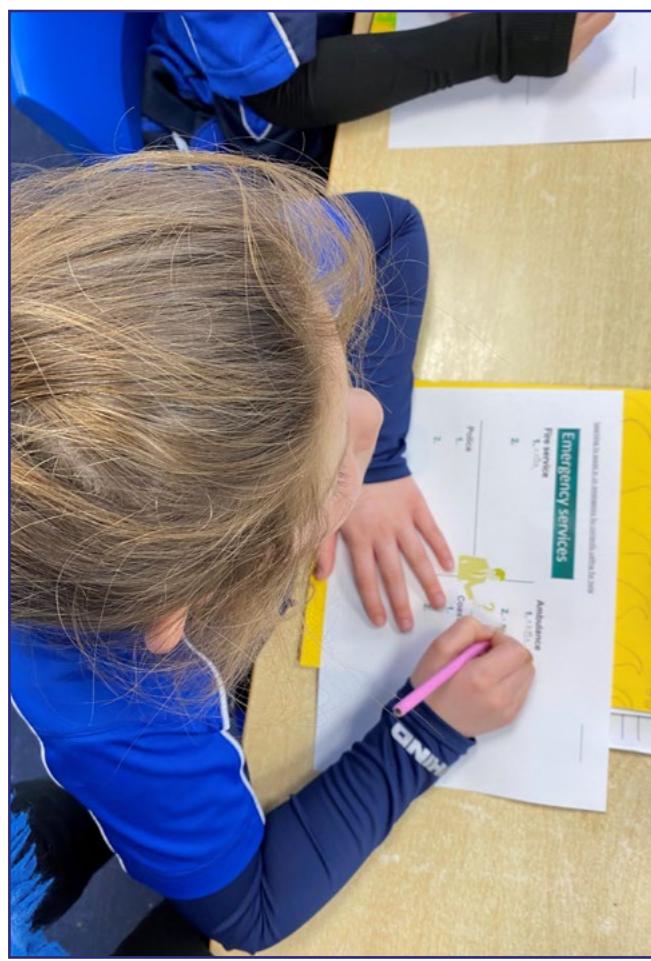


Prep News

Year 3

PSHE – Those who help us

Our learning this week has focused on those who help us and what we can do to help ourselves, even in emergency situations. Year 3 have become especially competent at realising which emergency service might be suited to a particular problem and how they can spot hazards before they become an even bigger problem. We were very lucky to have Mr Richardson, Lancing College's Health and Safety Manager visit our lesson and learn about the amazing work he does to keep our school community and environment safe. We definitely impressed him with our risk assessment skills and understanding of what makes our school grounds a safe place to learn and play.



Prep News

Holocaust Memorial Day 2022

Across the prep school, pupils engaged in learning and activities during form time to mark Holocaust Memorial Day. The theme this year was **One Day** and the children thought about this in a number of different ways, for example how can things change dramatically in one day? How could the world be fairer, one day?



Pairs of pupils from Year 7 visited the Years 3 to 5 to lead a presentation, with discussion and activities. It was heartening to see the care they took and the willingness of the younger pupils to engage with the topic. Some of the presentation slides are shown below.

The pupils then wrote about or drew something they can do today to make the world fairer and safer tomorrow. These will be collated for a HMD display.

Discuss with your class...

- What is this picture of?
- Who do these belong to?
- When did this happen?
- How did this happen?



Watch this clip

[What is Holocaust Memorial Day?](#)

Have your answers changed?

- What is this picture of?
- Who do these belong to?
- When did this happen?
- How did this happen?



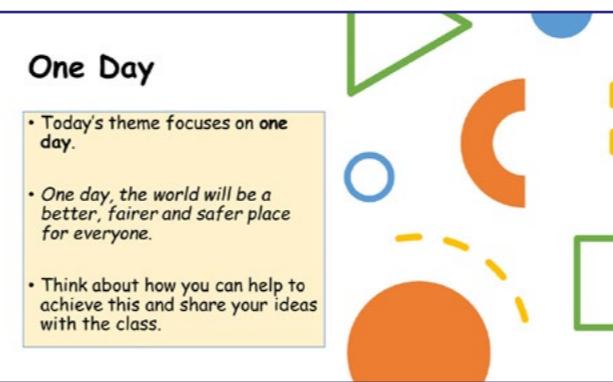
How much can things change in one day?

'One day Gretl, my school friend...greeted me with an embrace. The next day she ran across the road and turned her head away so as not to acknowledge me.'

'One Day I decided to leave my country. It was a hard decision, but there was no other way. I left my home, my friends, my people; I left all my belongings. There is a book on a table near my bed open to page 49 waiting for me.'

One Day

- Today's theme focuses on one day.
- One day, the world will be a better, fairer and safer place for everyone.
- Think about how you can help to achieve this and share your ideas with the class.



What can we do to make the world fairer and safer for everyone?

We should...

- Make laws to stop violence
- Recycle plastic
- Equal rights for men and women
- Reduce paper use
- Share our belongings with others
- Take turns more often
- Play the same sports

So that one day...

- We can be safe
- To protect animals
- We have the same opportunities
- To keep the trees alive
- We have something to cherish
- We all feel valued
- We all feel equal

Prep News

Sport



Results - Rugby

Wednesday 12 January

W/D/L

U13 VII	v Copthorne	W 8-0
U12 VII	v Copthorne	L 6-12
U11A	v Copthorne	W 11-1
U11B	v Copthorne	W 9-4
U10A	v Combined LPH & Copthorne team	L 9-11
U10B	v Copthorne	D12-12

Thursday 13 January

U8A	v Copthorne	W
U8B	v Copthorne	W

Wednesday 19 January

U13	v Cottesmore	L 1-10
U12	v Cottesmore	L 0-10
U11A	v Cottesmore	W 3-2
U11B	v Cottesmore	L 6-9
U9B	v Cottesmore	L 1-3
U10A	v Cottesmore	L 7-10
U10B	v Cottesmore	L 7-10

The results overall against Cottesmore were to be expected, as they are a talented rugby school and it is their major sport. Our older pupils tried their best and a huge shout out goes to the mighty U11As (pictured celebrating) for their win and to the other younger teams for keeping the scorelines respectable. Well done, everyone!

Results - Football B&H League



LPH Tennis

The school continues to build its strength in tennis and we are delighted that we have been nominated as the 'School of the Year' in the Tennis Sussex LTA awards.

It is exceptional to have been put forward for this category and we will hear the outcome when the awards ceremony takes place on 6 February.



Music & Performing Arts News

Key Stage 1 Violin Group

Pupils in Years 1-2 are having a great time in Violin Group. The children have started using the bow and, most importantly, how to hold it! The group meet every Thursday lunchtime and instruments are provided by the school. The children are starting to work on pieces from the Fiddle Time Starters series.



Key Stage 1 Cello Group

Year 2 Cellists are working on Willow Waltz and Jig from the Vamoosh Cello book series. Mrs Mudge says the children are a joy to teach every Tuesday morning and she is looking forward to sharing some of the pieces with parents soon. ABRSM and Trinity Music



Lower KS2 Violin and Cello Group

Mrs Bunker would be very keen to start a lower KS2 Violin and Cello group from the Summer Term. Sessions would cost £5 per week and would require 4-6 pupils to become viable. Instruments are provided so that parents do not have to buy one. Please email Mrs Bunker if your child would like to try out these sessions.

BStarz Saturday Theatre School – coming soon to Lancing Prep Hove



BStarz Saturday Theatre School gives budding performers a real opportunity to shine. Each week, BStarz runs a programme of high energy, intensive workshops where your child will discover the three disciplines of acting, singing and movement. Children will be given all the tools and skills they need to harness their ability, to flourish and express themselves confidently throughout the creative arts. For more details, visit <https://bstarzacademy.co.uk/>

ABRSM and New Era Private visits

The school has been approved to host ABRSM exams as a private visit. There will be an exam entry on the following dates:

Tuesday 22 March – New Era Wednesday 23 March – ABRSM Thursday 24 March - ABRSM
Pupils in Years 2-4 and choir members in Year 5 are encouraged to take the ABRSM Prep Test in Singing. The children are enjoying learning the songs with Mrs Bunker in class and many have expressed an interest to take the test this term. It is assumed that pupils are taking the test unless parents wish to opt out.

Other notices: Practice rooms in the music school are available to book before and after school and during break times, subject to availability. Please ask your child to book a practice slot with Mrs Bunker.

A reminder that pupils should store instruments in the larger practice rooms in the Music School. Alternatively, these can be stored in the form room with permission from the form tutor. Instruments should not be stored in kit rooms.

Instrumental scholarships are available to assist with tuition fees during term time, subject to terms and conditions.

For all enquiries about music and drama lessons, please email Mrs Bunker: nbunker@lancing.org.uk

Noticeboard

The wearing of face masks

In accordance with the updated guidelines, face coverings will now be optional for pupils of all ages. They may wear them in lessons and / or communal areas should they so wish, but this is no longer mandatory for Years 7 & 8.

Drop-off and Pick-up

As ever, these continue to be very busy times in the roads around LPH and we would ask everyone to take care, especially as the evenings will continue to be dark for a little while yet.

The Highway Code has new advice and regulations coming into force from 29 January 2022, with particular regard to the 'road hierarchy', amongst other areas. There is more information here:

<https://www.gov.uk/government/news/the-highway-code-8-changes-you-need-to-know-from-29-january-2022>

Mrs Keep



The School Calendar

As parents will know, events have been subject to change and sometimes at short notice in these uncertain times.

This is just a reminder that the online school calendar is the best place to check for the most up-to-date situation.

The calendar is available here:

<http://www.lancingprephovalendar.org.uk>

The dates for this academic year are also online and for those parents who like to plan ahead, we have published our term dates for 2022-2023 (also shown on this page up to Spring Term 2023).

Both are available from our Information for Current Parents Page here:

<https://www.lancingcollege.co.uk/prep-hove/information-current-parents>

Term Dates 2022-23

Spring Term 2022

Half term from Friday 11 February 2022
usual collection times,
re-starting Monday 21 February 2022
Term ends Friday 25 March 2022

Summer Term 2022

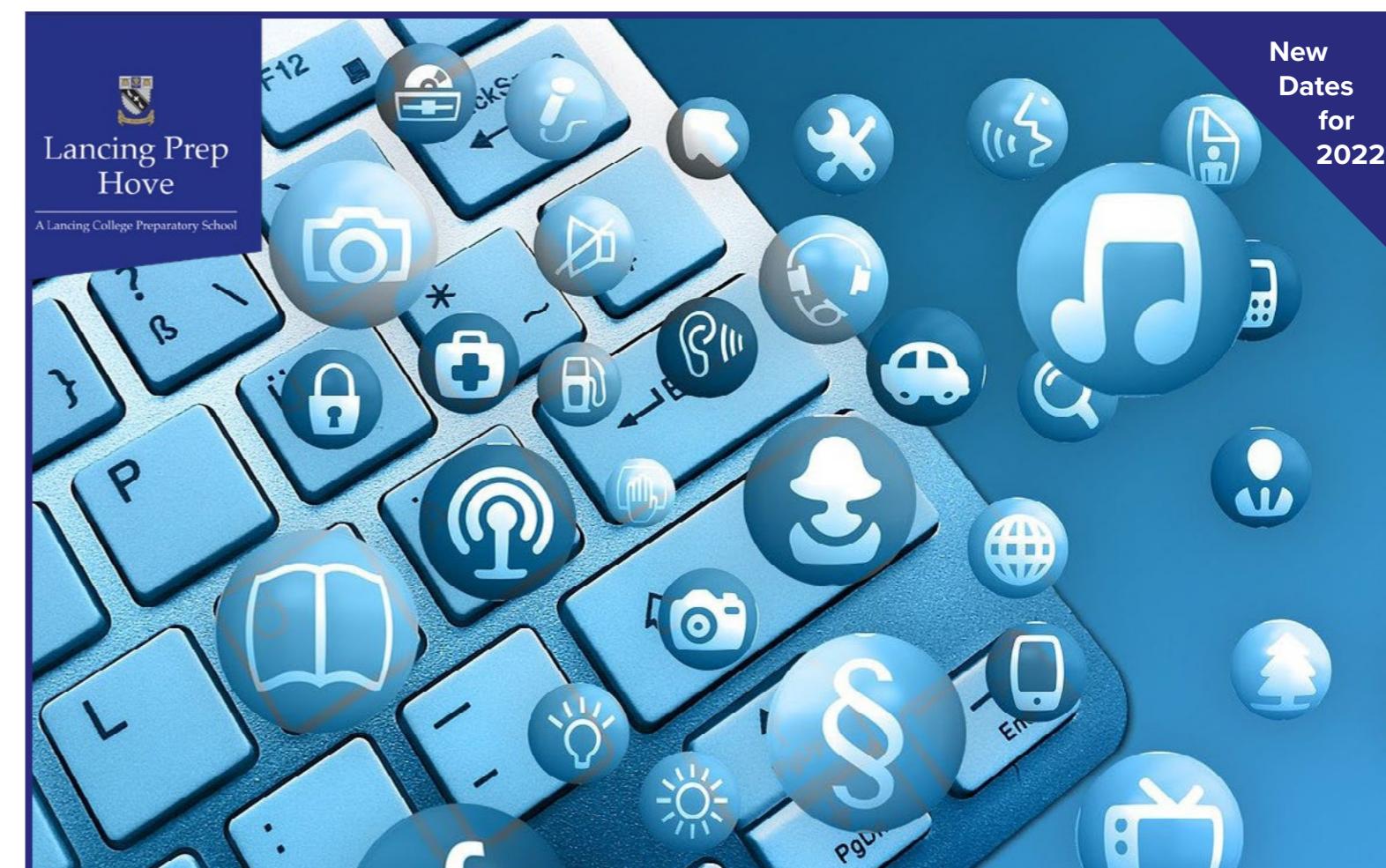
Term starts Wednesday 20 April 2022
Bank Holiday Monday 2 May 2022
Half term from Friday 27 May 2022
usual collection times,
re-starting Monday 6 June 2022
Term ends Friday 8 July 2022

Autumn Term 2022

Term starts Monday 5 September 2022
Half term from Friday 14 October 2022
usual collection times,
restarting on Monday 31 October 2022
Term ends Friday 9 December 2022

Spring Term 2023

Term starts Wednesday 4 January 2023
Half term from Friday 10 February 2023
usual collection times,
re-starting Monday 20 February 2023
Term ends Friday 24 March 2023



Online Safety and Digital Trust – PSHE for Parents

Is your child prepared for a world without privacy settings and firewalls?

Can you prove your child is safe online?

Are your privacy controls up to date?

What kind of digital citizen are you?

Excessive tracking can erode a child's general concept of trust, which can potentially impact future relationships down the line.

Does your family have digital trust?

So how should you talk to your kids when you're worried about their safety? A child that feels safe discussing their life with their parent is likely to be safer than those who don't trust their parent or feel that their parents know everything through snooping. Talking to your kids won't always be easy — anyone with memories of sitting down as a teen and having conversations with their parents about friend group issues, romantic drama, and school troubles can agree with that. But it's worth it, and who knows? Maybe all those conversations will lead to strong, healthy family relationships that last well into a child's adulthood.

What is Lancing Prep Hove doing to support you and your children?

Be part of one of the biggest discussions facing our school community this year

Tuesday 8 February (Pre-Prep) at 8.30am

Tuesday 8 February (Years 6-8) at 7pm

Friday 11 February (Years 3-5) at 8.30am

Laurent Hall

While each session will have an age related focus, regarding certain year groups in the school, the content will be relevant to all ages, so please do choose the date and time that suits you best

Sign up when your invitation is sent via School Post

What Parents & Carers Need to Know about YOUTUBE

YouTube is a video-sharing social media platform that allows billions of people around the world to watch, share and upload their own videos with a vast range of content – including sport, entertainment, education and lots more. It's a superb space for people to consume content that they're interested in. As a result, this astronomically popular platform has had a huge social impact: influencing online culture on a global scale and creating new celebrities.

INAPPROPRIATE CONTENT

YouTube is free and can be accessed via numerous devices, even without creating a YouTube account. Some content is flagged as 'age-restricted' (requiring the user to be logged into an account with a verified age of 18), but children can still view some mildly inappropriate material. This can include profanity and violence, which some young users may find upsetting.

CONNECT WITH STRANGERS

YouTube is a social media platform which allows people to interact with other (usually unknown) users. Account holders can leave comments on any video they have access to, as well as messaging other users directly. Connecting with strangers online, of course, can potentially lead to children being exposed to adult language, to cyberbullying and even to encountering online predators.

SUGGESTED CONTENT

YouTube recommends videos related to what the user has previously watched on their account, aiming to provide content that will interest them. This is intended to be helpful but can also lead to binge-watching and the risk of screen addiction, especially if 'auto-play' is activated. Users without an account are shown popular videos from the last 24 hours, which might not always be suitable for children.



HIGH VISIBILITY

Content creators can also be put at risk – especially young ones who try to make their online presence as visible as possible. Creating and uploading content exposes children to potential harassment and toxicity from the comments section, along with the possibility of direct messaging from strangers. Videos posted publicly can be watched by anyone in the world.

TRENDS AND CHALLENGES

YouTube is teeming with trends, challenges and memes that are fun to watch and join in with. Children often find these immensely entertaining and might want to try them out. Most challenges tend to be safe, but many others may harm children through either watching or copying. The painful 'salt and ice challenge', which can cause injuries very quickly, is just one of many such examples.

SNEAKY SCAMMERS

Popular YouTube channels regularly have scammers posing as a well-known influencer in the comments section, attempting to lure users into clicking on their phishing links. Scammers impersonate YouTubers by adopting their names and profile images, and sometimes offer cash gifts or 'get rich quick' schemes. Children may not realise that these users are not who they claim to be.

Advice for Parents & Carers

APPLY RESTRICTED MODE

Restricted Mode is an optional setting that prevents YouTube from showing inappropriate content (such as drug and alcohol abuse, graphic violence and sexual situations) to underage viewers. To prevent your child from changing across age-inappropriate content on the platform, we would recommend enabling Restricted Mode on each device that your child uses to access YouTube.



TRY GOOGLE FAMILY

Creating a Google Family account allows you to monitor what your child is watching, uploading and sharing with other users. It will also display their recently watched videos, searches and recommended videos. In general, a Google Family account gives you an oversight of how your child is using sites like YouTube and helps you ensure they are only accessing appropriate content.

CHECK PRIVACY SETTINGS

YouTube gives users the option of uploading videos as 'private' or 'unlisted' – so they could be shared exclusively with family and friends, for example. Comments on videos can also be disabled and channels that your child is subscribed to can be hidden. If your child is only uploading videos that are protected as 'private', they are far less likely to receive direct messages from strangers.

CHECK OTHER PLATFORMS

Influential content creators usually have other social media accounts which they encourage their fans to follow. Having an open discussion about this with your child makes it easier to find out how else they might be following a particular creator online. It also opens up avenues for you to check out that creator's other channels to see what type of content your child is being exposed to.



MONITOR ENGAGEMENT

YouTube is the online viewing platform of choice for billions of people, many of them children. Younger children will watch different content to older ones, of course, and react to content differently. You may want to keep an eye on how your child interacts with content on YouTube – and, if applicable, with content creators – to understand the types of videos they are interested in.



LIMIT SPENDING

Although YouTube is free, it does offer some in-app purchases: users can rent and buy TV shows and movies to watch, for example. If you're not comfortable with your child purchasing content online, limit their access to your bank cards and online payment methods. Many parents have discovered to their cost that a child happily devouring a paid-for series quickly leads to an unexpected bill!



Meet Our Expert

Clare Godwin (a.k.a. Lunawolf) has worked as an editor and journalist in the gaming industry since 2015, providing websites with event coverage, reviews and gaming guides. She is the owner of Lunawolf Gaming and is currently working on various gaming-related projects including game development and writing non-fiction books.



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