



Notices are on Page 14

Message from Mrs Keep

The sound of leather on willow is a steady background noise under the usual soundtrack of chatter & play, and confirms that the summer term is underway. Quite how we already find ourselves at the start of the summer term confounds me, and yet it is without doubt a real joy to be at that stage of the year when the children of all ages are confident in their routines and reaping the benefits of all the hard work of the past two terms as they push through to achieve every possible target before the year is out.

Having finished last term in a flurry of charitable fundraising for some charities beyond our main two, this term has started with a focus on citizenship and the value of democracy. Pupils of all ages have been encouraged to nominate charities close to their heart and today every pupil and member of staff in school has headed to the polling station in school to cast their vote. Alongside the importance of our charitable giving, we are also impressing on each child the importance of them having their say and making informed decisions as citizens. The school council, supported by Mr Clifton, will count the ballot papers and an announcement will follow next week.

Last term, we asked the pupils in school to take part in a survey so that we could get a snapshot of their experience of school. They responded to a variety of questions with real thought and showed impressive skills in reflecting on their progress, both academic and social. While we are still reviewing the results, what is clear is that the children here are overwhelmingly happy. I could fill multiple newsletters with quotes taken from the surveys, but have selected a few examples to share with you.

- “I’d say that personal decisions are important because they can lead to success. However, if you make a decision that is wrong, it’s not going to harm you forever. Humans make mistakes.”
- “There is always someone to talk to...”
- “Health means different things. For example, mental health and physical health. We have learnt about all of them and I understand why it is so important for you.”
- “I think I am developing my confidence and resilience at this school. I am sure the things that I am getting taught at this school will help my future.”
- “We have lots of kind teachers.”
- “I have been at this school my whole life and I feel very safe and happy here.”
- “I think that everyone is kind to each other.”
- “I feel confident talking to all of the adults at school if I have any problems.”
- “LPH is an amazing environment with stimulating conversations and a great place to share your thoughts.”
- “There are so many people to be friends with! The food is so good! There are clubs and house rewards! This school is great!”

I hope you all have a wonderful Bank Holiday weekend and look forward to seeing the children on Tuesday next week.



Pre-Prep News

Pre-School

The children have thoroughly enjoyed exploring toys. The children have shared some of their own favourites and have been introduced to different ones from the past, including some that Miss Pollak used to play with!

In addition to this, the children have been preparing artwork for our topic display by creating dinosaur handprints.



Pre-Prep News

Reception

On the first day back, the children made the discovery of an object in the sand pit and something that looked like a footprint! After a bit of detective work and research through some information books, the children found that the object had a huge likeness to a dinosaur egg. When checking more closely they realised that whatever was inside it had hatched out. They have been looking everywhere for what it could be, but at the moment with no luck.

The children wrote about why it might be a dinosaur egg, using the word 'because' to extend their writing to give a little more information. These thoughts have been left for Mrs Keep to read, just in case she has any ideas!



Pre-Prep News

Year 1

The children have been doing some very grown up maths this week and have been beginning to learn about multiplication. They learnt that we can add equal groups by using repeated addition. Arrays are also a model to show multiplication so the children went on array hunt around the school.

In our topic lessons we made a boat for a miniature pirate! Before making boats, we had to test materials and objects that would float, we didn't want to lose any pirates of course!



Pre-Prep News

Year 2

The children had lots to say about protecting our planet when we celebrated Earth Day on 22 April. Mrs Morrison was very impressed with how much the children and their families already do to invest in planet Earth and how much they were prepared to pledge to change in their lives; their caring attitude towards nature and their own futures was admirable.

The following week the Drama teacher came into LPH to lead a workshop on climate change. The children shared their growing knowledge about being planet protector superheroes and renewed the pledges they had made in the previous week, adding new ideas to get rid of the carbon blanket wrapping our Earth! Hopefully they will bring these ideas home so that you can find ways forward to be a whole family of planet protectors!



Pre-Prep Spring Bonnet Parade

The Pre-Prep celebrated returning to a new term by participating in a Spring Bonnet Parade. Thank you so much to all parents for making such a huge effort to prepare these bonnets, which were inspired by recent Easter celebrations, new beginnings associated with Spring and some excellent inventions based on child's interests.



Prep News

Year 3

Our Topic this term is 'The Jubilee' celebrating an amazing 70 years of Queen Elizabeth II's reign. The children have been doing independent research to find about key dates in the Queen's life as well as some interesting information and fun facts; did you know one of her favourite foods is hamburgers?! They have then transferred this information onto a leaflet. Next week we will be writing to her to congratulate her and ask some questions and will wait patiently and hopefully for a response.



Year 4

The children are reading the novel 'The Explorer' this term and are working on this in English and Geography lessons. Over the Easter holidays they completed research about Brazil and the Amazon basin. We have enjoyed the children presenting their findings in class and learning from each other. They have used their knowledge this week in English to write recipes, using only ingredients they would be able to find if they were stranded in the rainforest, and had fun foraging for these in our Forest School.



Prep News



UK Maths Challenge

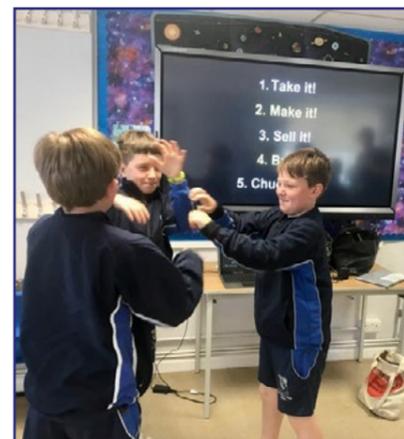
This week, over 50 pupils in Years 6, 7 and 8 have been participating in the UKMT. This is an international competition where pupils answer solve interesting maths problems that require them to think outside the box.

The 1,200 of the very highest performers across the competition are invited to take part in the Junior Olympiad and over 10,000 to take part in the Junior Kangaroo.

We are confident that we will have some of our pupils invited to the bonus rounds!

Climate Change Workshops

This week Years 1-6 took part in a climate change drama workshop, provided by West End in Schools. Part PSHE, geography, science, and drama, they worked with an expert drama practitioner to explore environmental challenges while being empowered to take ownership of their part in our world. During the sessions the children recreated different settings and situations from around the planet as well as those close to home and wove them together together with music, text and movement.



World Book Day

Bede's Galactic Challenge

Aggie of 7L has written all about this event: Pupils of 7L enjoyed a fun day out competing in Bede's 'galactic challenge'. Six schools took part including Lancing Prep Hove and all the schools were split into three teams of around twenty pupils. The task was to design a settlement that would house 100 people on a comet and at the end of the day, all the teams were to present their ideas in front of parents and peers. Each of the teams were divided up into smaller focuses, containing structures, (the main design and architecture) operations/engineering, (how to get to the comet and back) humanitarian, (interior design and living) and robotics (computer systems and robots). All the teams were accompanied by a sixth former at Bede's who had previously taken part in the challenge (One of them was even about to start a job at NASA!).

The day was filled with focusing on how 100 scientists would be able to comfortably live in space; this included many ideas such as using algae to receive oxygen. This plan came to life when the teams each designed their own algae garden and used this as a substitute for trees. Another idea that frequently came up was that each team had designed their own rover to explore the comet and use it for research. Other proposals included those such as a doctor's office, robots who lived within the settlement and even making artificial gravity with a colossal wheel.

It was extremely interesting seeing how everyone came together and extended each other's ideas and worked together in organised chaos all through the day. At the end of the day, it was Solaris flight systems who took away the prize for their incredible ideas, their diligence and their brilliant (and funny!) presentation.



Prep News

Year 7

For the last couple of terms the children have been building wooden planes in DT. Normally this would take just over a term, but they have been inspired by this project and were determined to do a good job. They have therefore spent a little longer on their planes, making sure they were made and finished to a very high standard. It has certainly been worth it - they have produced some really outstanding pieces of work and they should be proud of themselves. From measuring out all of the pieces of wood, to cutting, smoothing, glueing and painting; they have done a great job!



Prep News

Sport

The Summer Term will be busy with fixtures for all year groups! The LPH playing fields are looking fabulous and our girl cricketers in the Years 3 & 4 and Years 5 & 6 teams very much enjoyed their training fixtures against St Christopher's.



Brighton Children's Parade Costume-making Workshop

Pupils came with parents on a Saturday morning to make bee costumes in preparation for the Children's Parade which takes place on Saturday 7 May. They worked just like the busy bees they will be dressed as, painting yellow T shirts with black stripes and making wings and antennae. They were all so enthusiastic and we are all looking forward to parading alongside our giant beehive which the Parade Club have been so busy making. We hope as many of our families as possible will come to cheer for us on the day at one of Brighton's most spectacular annual children's events.



Music and Performing Arts News

ABRSM and New Era results

Congratulations to the following pupils for their achievements in the following exams:

Hughie M	6C	Violin	Grade 1	Merit
Scarlett P	4A	Violin	Grade 2	Merit
Alan H	4B	Cello	Grade 1	Merit
Eden T	5D	Cello	Grade 1	Pass
Mabel R	5D	Cello	Initial	Merit
Dylan K	8G	Alto Saxophone	Grade 3	Distinction
Ms Roberts		Clarinet	Grade 3	Pass
Maeve H	3C	Recorder	Prep Test	n/a
Max F	6K	Guitar	Grade 1	Merit
Maeve H	6K	Guitar	Grade 1	Merit
Ben B	6K	Guitar	Grade 3	Merit
Francis R	7P	Guitar	Grade 3	Merit
Thomas R	7P	Guitar	Grade 3	Merit
Jack W	7R	Guitar	Grade 3	Pass
Leo A	4B	Piano	Grade 1	Merit
Honor C	7P	Piano	Grade 1	Pass
Max H	4B	Piano	Grade 1	Merit
William G	4A	Piano	Grade 2	Distinction
Luca G	5D	Piano	Grade 2	Pass
Isobel C-B	7P	Piano	Grade 3	Pass
Coco M	7P	Piano	Grade 3	Pass
Dino W-C	4A	Piano	Grade 3	Pass
Dylan K	8G	Piano	Grade 5	Merit
Henry B	5A	Piano	Initial	Merit
Ted B	3C	Piano	Initial	Merit
Beau H-H	5A	Piano	Initial	Merit
Skye K	4B	Piano	Initial	Distinction
Ruben L	8G	Piano	Grade 6	Merit
Daniel P	4B	Piano	Initial	Merit
Tobias B	3S	Piano	Prep Test	n/a
Ruben L	8G	Music Theory	Grade 5	Pass
Raphael B	5A	Singing	Grade 3	Pass
Honor C	7P	Singing	Grade 4	Pass
Ciara H	8G	Singing	Grade 4	Pass

Please see Notices on Page 14 for Diary Dates for Music and Performing Arts

Music and Performing Arts News

Well done for achieving ABRSM Prep Test Singing:

Elizeh B	2M	Velvet P	2S	Sonny V	3S
Emile F	2M	Zachary S	2S	Myla B	4A
Lily H	2M	Abigail V	2S	Isla P	4A
Freya H-H	2M	Cassius C	3C	Frida N	4A
Lara P	2M	Jessenia H	3C	Zerya O	4A
Maya R	2M	Georgia H-D	3C	Daniel P	4A
Tilly R	2M	Maeve H	3C	Reuben R	4A
Peggie S	2M	Joshua O-S	3C	Adam A	4B
Mya S	2M	James S	3C	Leo A	4B
Hugo T	2M	Tobias B	3S	Aiden B	4B
Artiom Y	2M	Laila B	3S	Annabella D	4B
Maria B	2S	Gabrielle M	3S	Tanvir G	4B
Caspar B	2S	Christina M	3S	Harry G	4B
George G	2S	Jessica O	3S	Georgina K	4B
Jemima J	2S	Cassian R	3S	Amber P	4B
Bear P	2S	Summer S	3S	Theia W	4B
Isla P	2S	Charles V	3S	Phoebe A	5A

New Era results

Kavi M, Jethro S	Acting Duo Grade 5	Distinction
Maia R, Maia B, Elsie B, Maeve H	Mime Group Preliminary	
Max F, Cassius C	Acting Duo Grade 2	Distinction
Rafferty C J	Speech & Drama Grade 3	Distinction
Clancy M	Acting Grade 5	Distinction
Zoe B, Charlotte H	Acting Duo Grade 3	Distinction
Aaron B, Jess H	Acting Duo Prep	Merit
Tobias B, Ted B	Acting Duo Prep	Merit

Other notices

Practice rooms in the music school are available to book before and after school and during break times, subject to availability. Please ask your child to book a practice slot with Mrs Bunker.

A reminder that pupils should store instruments in the larger practice rooms in the Music School. Alternatively, these can be stored in the form room with permission from the form tutor. Instruments should not be stored in kit rooms.

Instrumental scholarships are available to assist with tuition fees during term time, subject to terms and conditions. For all enquiries about music and drama lessons, please email Mrs Bunker: nbunker@lancing.org.uk

Notice Board

Summer Term Uniform

Now we are in the Summer Term, the children should wear the correct summer uniform.

Please see the uniform list for full details. It is available to view [here](#)

Many thanks

Mrs Keep

Calendar of Music Events

Thursday 12 May	Lancing College Choral Day, Evensong at 5pm in College Chapel Senior singers to be invited to attend
Friday 27 May	Jubilee Tea, selected soloists to perform songs from the British Isles
Saturday 11 June	PTA Fete 12-3pm music from selected soloists, school band and class performances
Tuesday 14 June	CoGS Schools' Concert, 2pm selected soloists from Years 2-4
Friday 17 June	Father's Day tea party, featuring performances from the Pre-Prep
Sunday 19 June	Eucharist at Church of the Good Shepherd, 10.15-11.00
Tuesday 28 June	New Era exam visit, times tbc
Tuesday 28 June	Music & Performing Arts Summer Concert, 6.30pm in Laurent Hall
Tuesday 5 July	ABRSM exam visit, time tbc

Drop in Coffee Mornings:

8am to 8.30am - Laurent Hall

Dates for Years 5 to 8 in May are given below.

No need to book! We look forward to seeing you on the day.

Year 8	Wednesday 4 May
Year 7	Tuesday 10 May
Year 6	Wednesday 11 May
Year 5	Thursday 12 May



What Parents & Carers Need to Know about GROUP CHATS

Occurring through messaging apps, on social media and in online games, group chats are among the most popular ways that young people engage with their peers online. Involving, by definition, three or more individuals, these groups allow users to send messages, images and videos to everyone in one place. While they are useful for helping friends, people with shared interests or members of a club to communicate and coordinate activities, they can also leave young people feeling excluded and bullied – as well as providing opportunities for inappropriate content to be shared and viewed.

WHAT ARE THE RISKS?

BULLYING

Unkind comments or images which are purposely aimed at an individual can be shared freely in a group chat – allowing and often encouraging others to join in the bullying behaviour. If this content is shared in a group of their peers (especially a larger group), it serves to amplify the hurt, embarrassment, anxiety and isolation that the victim feels.

EXCLUSION AND ISOLATION

This common issue with group chats can happen in several ways: starting a new group, for instance, but deliberately excluding a certain child. Likewise, the chat may take place on an app which one child doesn't have access to, meaning they can't be involved. A child can also feel isolated when a group chat is used to discuss or share images from an event that everyone else but them attended.

INAPPROPRIATE CONTENT

Some discussions in group chats may include inappropriate words, swearing and unsuitable images or videos. These could be viewed by your child if they are part of that group, whether they actively engage in it or not. Some chat apps have a disappearing message function, so your child may be unable to report something they've seen because it can only be viewed once or for a short time.

SHARING GROUP CONTENT

It's important to remember that – while the content of the chat is private between those in the group – individual users can easily share a message, photo or video with others outside of the group or screenshot what's been posted. The risk of something your child intended as private becoming public (and potentially going viral) is higher if there are people they don't know well in the group.

UNKNOWN MEMBERS

Within larger group chats, it's more likely your child will be communicating with people they don't really know. These strangers may be friends of the host, but not necessarily friendly toward your child. It's wise for young people not to share personal details and stay aware that they have no control over the messages and images they share after they've put them online.

NOTIFICATIONS AND FOMO

A drawback of large group chats is the sheer number of notifications. Every time someone in the group messages, your child's device will be 'pinged' with an alert; potentially, this could mean hundreds of notifications a day. Not only is this highly distracting, but young people's fear of missing out on the latest conversation results in increased screen time as they try to keep up with the chat.

Advice for Parents & Carers

CONSIDER OTHERS' FEELINGS

Group chats are often an arena for young people to gain social status. This could cause them to do or say things on impulse, which could upset others in the group. Encourage your child to consider how other people might feel if they engaged in this behaviour. If your child does upset a member of their group chat, support them to reach out, show empathy and apologise for their mistake.

PRACTISE SAFE SHARING

In any online communication, it's vital for young people to be aware of what they're sharing and who might potentially see it. Discuss the importance of not revealing identifiable details like their address, their school or photos that they wouldn't like to be seen widely. Remind them that once something is shared in a group, they lose control of where it may end up and how it might be used.

GIVE SUPPORT, NOT JUDGEMENT

Remind your child that they can confide in you if they feel bullied or excluded in a group chat, instead of responding to the person who's upset them. Validate their hurt feelings and help to put them back in control by discussing how they'd like to handle the situation. On a related note, you could also empower your child to speak up if they're in a chat where others are being picked on.

AVOID INVITING STRANGERS

Sadly, many individuals online hide their true identity to gain a child's trust – for example, to gather information on them, to exchange inappropriate content or to coax them into doing things they aren't comfortable with. Ensure your child understands why they shouldn't add people they don't know to a group chat – and, especially, to never accept a group chat invitation from a stranger.

BLOCK, REPORT AND LEAVE

If your child is in a chat where inappropriate content is being shared, advise them to block the users sending the material, report them to the host app or platform and exit the group. If any of this content could be putting a minor at risk, contact the police. Emphasise to your child that it's OK for them to simply leave any group chat that they don't feel comfortable being a part of.

SILENCE NOTIFICATIONS

Having a phone or tablet bombarded with notifications from a group chat can be a massive irritation and distraction – especially if it's happening late in the evening. Explain to your child that they can still be part of the group chat, but that it would be healthier for them to turn off or mute the notifications and catch up with the conversation at a time which better suits them.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



What Parents & Carers Need to Know about THE OFCOM CHILDREN AND PARENTS: MEDIA USE AND ATTITUDES REPORT 2022

ONLINE LIFE

99% of children went online in 2021

Who owns a mobile phone?

24%

of **3 to 7-year-olds**

60%

of **8 to 11-year-olds**

98%

of **12 to 17-year-olds**

GAMING AMONG CHILDREN

18% of 3-4s **38%** of 5-7s **69%** of 8-11s

76% of 12-15s **73%** of 16-17s

ONLINE SAFETY

42% of parents knew the minimum age requirement for using social media

13+ AGE RATING

90% of parents had high awareness of parental tools and controls, but only **70%** use them

89% of children got online safety guidance from parents

of children got online safety guidance from parents

69% of children got online safety guidance from teachers

of children got online safety guidance from teachers

ONLINE BULLYING

4 in 10 children were bullied. How many of them were bullied online?

74% of 8-11s

92% of 12-15s

84% of 16-17s

FAKE NEWS

NEWS

Save the Tree Octopus!

72% of teens said they could tell real from fake – but in tests, **only 11%** chose reliable identifiers that a post was genuine.



PARENTAL CONCERNS

4 in 10 parents were concerned about their child's screen time

18

CENSORED

7 in 10 were concerned about age-inappropriate content

6 in 10 were concerned about content promoting self-harm

5 in 10 were concerned about extremist content online

POPULAR PLATFORMS

What percentage of children used ...



YouTube: **89%**



Facebook: **40%**



WhatsApp: **53%**



FaceTime: **32%**



TikTok: **50%**



iMessage: **15%**



Snapchat: **42%**



Zoom: **14%**



Instagram: **41%**

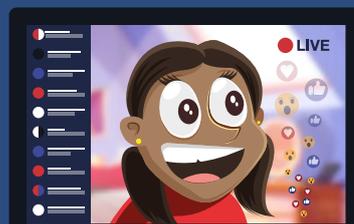


Twitter: **13%**

NOS National Online Safety®
#WakeUpWednesday

Sources: https://www.ofcom.gov.uk/_data/assets/pdf_file/0024/234609/childrens-media-use-and-attitudes-report-2022.pdf

SOCIAL MEDIA AND LIVE STREAMING



Age groups	Children who use live streaming apps	Children who use social media
3 to 4-year-olds	32%	21%
5 to 7-year-olds	39%	33%
8 to 11-year-olds	54%	64%
12 to 15-year-olds	73%	91%
16 to 17-year-olds	79%	97%