



**Notices are on Page 15**

### Message from Mrs Keep

We're now at the mid-point of this half term and fully into the swing of things, with lots going on in school and by way of trips.

Tuesday this week was strangely quiet as Pre-Prep classes headed to their weekly swimming lessons, Year 4 visited the Natural History Museum and Year 6 went to Lancing College for a Science Day. It was quite wonderful to hear the lovely comments from those who accompanied the children on their visits. I am always proud when LPH children are identified as being particularly engaged and courteous - it's what we expect, of course, but nonetheless lovely to hear.

For parents, the 'PSHE for Parents' this term is focused on Relationships and Health Education (RSHE). Information from Mr Clifton is, as always, relevant to every family in the school from Pre-School to Year 8. As with last term's digital safety, the value in understanding what is discussed in school and at home is not to be underestimated, so please do attend these events when they are offered. For more useful information regarding RSHE, please do also check the Wellbeing Hub at

<https://club.teentips.co.uk/>

A small committee of school staff have been working on our plans for the Jubilee, and the children will start to hear more about this soon. Please keep an eye on your SchoolPost inbox for more information about how we will be celebrating this special historic moment.

We finish this week with Open Morning on Saturday. My thanks to all the pupils who are joining us, and special thanks to the Year 8 pupils for whom this is the last time they will talk to prospective families about being a Lancing Prep pupil.

Finally, the summer term is always gloriously busy. Please remember that the school calendar is online and updated regularly, can be filtered to show events by year group, and will sync easily to your own electronic diary:

<https://www.lancingprephovecalendar.org.uk/>



## Pre-Prep News

### Pre-School

The children have started to focus on dinosaurs as part of our *Back in Time* topic. We have been reading different dinosaur stories and have linked lots of our learning around this.

The children have been taking part in lots of mathematical dinosaur activities including creating dinosaurs out of shapes and practising their sorting and counting. In the outdoor area, the children have used kinetic sand to create their own dinosaur fossils.



## Pre-Prep News

### Reception

As part of our outside learning, Reception made a visit to the science pond. With nets, trays, magnifying glasses, and a pond life spotting sheet at the ready the children left their classroom to very carefully sit around the pond to see what discoveries they might make. It was all very exciting!

Tadpoles were spotted, as well as newts, pond snails, frogspawn, toads spawn and some bulrushes and lily pads. Most things were ticked off on their 'spotting sheets', however, no frogs this time. There will be a few more visits to the science pond, so hopefully a frog sighting might happen in the near future with all the tadpoles swimming around in there.

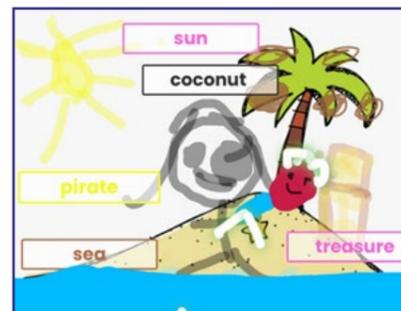
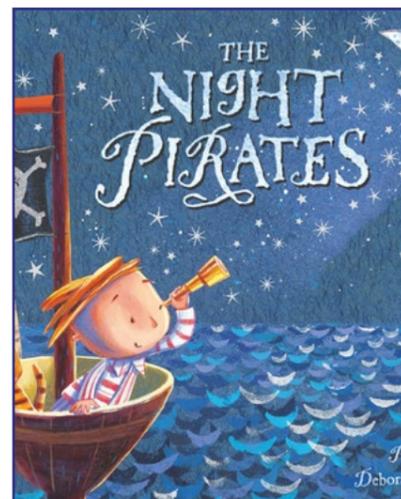
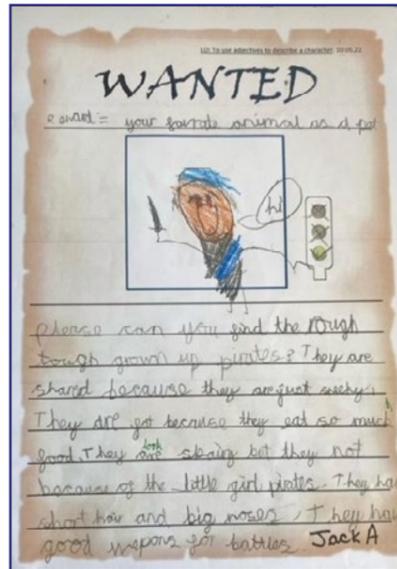


## Pre-Prep News

### Year 1

Year 1 have been working hard on the iPads learning how to login and add work to the Seesaw app. They have all saved their work and are excited to see Seesaw during lessons and at home!

We have been reading *The Night Pirates* by Peter Harris in English this term. The children have created 'WANTED' posters to search for the 'Rough Tough Grown-up Pirates' or the 'Rough Tough Little Girl Pirates'. We are so impressed with their use of adjectives and conjunctions.



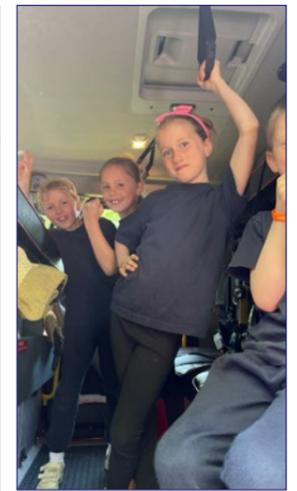
## Pre-Prep News

### Year 2

The children had the most fantastic day at Bodiam Castle last week. THE armour room was opened for us for the first time in over two years and it didn't disappoint. They were able to try on helmets, chain mail and shields and the pictures will confirm that Year 2 would look rather intimidating on the battlefield!



Back at school, we have also had the excitement of East Sussex Fire and Rescue Service visiting with their E92P1 fire engine. The children were able to sit inside the engine and see all the equipment up close as well as trying out the hosepipe and attempting to clean Mrs Drew's car!



## Prep News

### Year 3

Continuing this term's topic of 'The Jubilee', the children wrote to the Queen and posted their letters to Buckingham Palace in great excitement. They designed invitations to invite the children at LPH to the Jubilee celebration. We included the date: Friday 27 May, the time 2.30pm, where: LPH Astro and the dress code: smart red, white and blue. Then they drew their own designs of which the ideas were plentiful; tea cups, union jacks, 70, crowns, corgis and many more celebrating an amazing 70 years of Queen Elizabeth II's reign.



## Prep News

### Year 4

The children travelled to the Natural History Museum in London to finish their History topic of 'Explorers'. When they arrived at the museum, they got busy designing, using lego, a new Mars rover to explore the planet. They then had the challenge of coding their models to move independently. Once programmed, they were able to test their robots on a model of the surface of Mars! All their designs worked really well and were able to explore the surface of the planet.

After a speedy lunch, each group planned a route to explore the museum. Highlights were the ever-popular dinosaur exhibit, seeing the different animal skeletons and learning about different parts of the natural world.



## Prep News

### Year 6

A group of 12 Year 6 scientists enjoyed the Science Challenge Day at Lancing College. This involved being split into groups with pupils from other prep schools and working with pupils they had only just met to solve a Science Challenge.

As part of the Biology Challenge, they had to build a bird's nest strong enough to support some heavy eggs. The Physics Challenge involved building a bridge to support the weight of a small car, and the Chemistry Challenge was to create a self-cooling cup by carrying out an endothermic reaction.

After a gruelling but fun hour of collaboration and problem solving, they were treated to a fantastic show from Huxley's Birds of Prey Centre and Gardens. They met a Eurasian Eagle Owl called Loki who hunts rabbits with his orange eyes, adapted for dusk and dawn hunting. They met a Kestrel called Turbo, who uses UV vision to hunt voles and shrews by looking for traces of urine. They met a pair of Harris hawks, who flew low over their heads, and then a Caracara who decided he wanted a bit of freedom and flew off for few hours of fun! They will all be relieved to know that he returned home and is safely back in his enclosure.

A fabulous day was enjoyed by all as they caught up with their friends over a tea in the dining hall, swapping stories of Biology, Chemistry and Physics, and waving goodbye to new friends made as we jumped back on the bus to LPH.



## Prep News

### Year 7

Some of pupils in Year 7 have been taking part in a fiercely-contested competition to see who can grow the tallest sunflowers.

They've carefully cultivated them from seeds and monitored the levels of sunlight and water in the classroom. They have been planted in the school garden and we hope to see the competition hotting up in the coming weeks!!



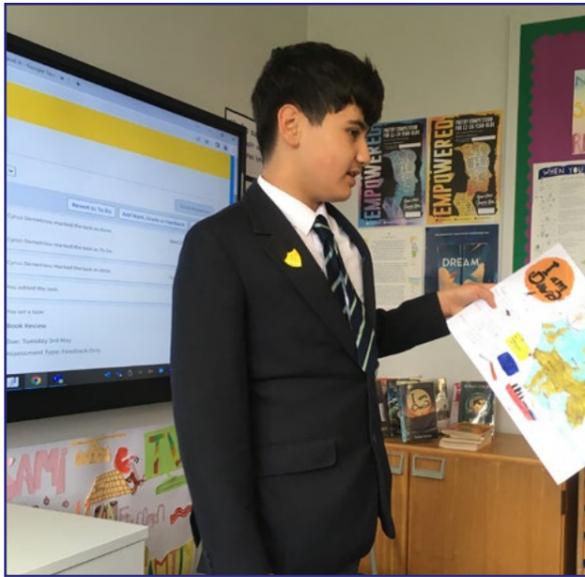
## Prep News

### English

Pupils in Years 7 and 8 have been challenging themselves to read some children's classics.

Having enjoyed reading a variety of books, Aggie in Year 7 prepared and presented a super summary about perennial favourite *Five Children and It* by E Nesbit, in which five children find a cantankerous sand fairy in a gravel pit. Every day 'It' grants each one a wish that lasts until sunset with unpredictable consequences.

Ronas in Year 8 was inspired by his reading of *I Am David* by Anne Holm, which tells the story of a young boy who escapes from a concentration camp in World War II and makes his way to Denmark, meeting many people along the way. He produced a super map showing David's journey which he presented in class.



### Year 8

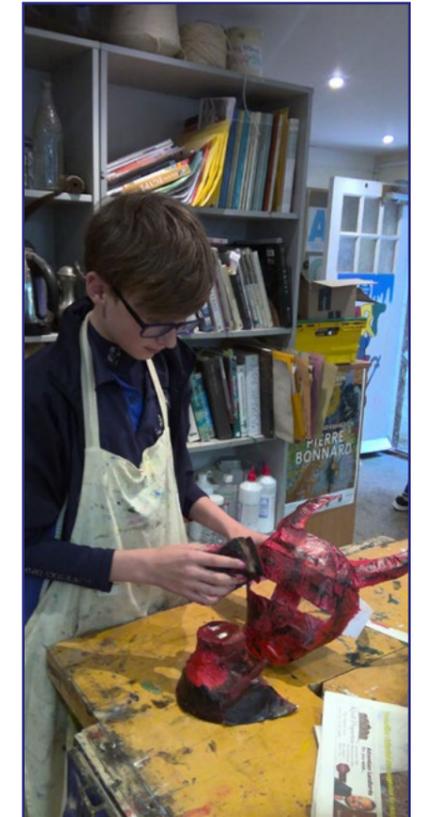
The pupils are continuing to work diligently with their woodwork projects in the Art & Design. We can't wait to see the finished articles.



## Prep News

### Year 8

The pupils are also working hard on their mask project in Art and are getting close to finishing their pieces. This is just a taste of what is to come – watch out for information on the end of year Art exhibition.



## Prep News

### Girls' Sport

The girls very much enjoyed their fixtures against our sister school Lancing Prep Worthing. The 1st team and U8s both won their fixture, the U10/11 and U9 lost, so it was honours even at the end of the day. The fixtures against Cottesmore School did not go our way but have given some valuable indications of areas to focus upon in training sessions.

Last week, every girl in Years 3 and 4 played in a cricket fixture, again they were two very close games that were enjoyed by all.



### Charity Elections

Democracy was put into action and seen to be alive and well for our annual Charity Election, with the return of our polling station and in-person voting. Every pupil and member of staff was given the opportunity to cast their vote for one national charity and one locally-based charity that the school will support for the next year. A shortlist of 10 charities had been developed following suggestions from the whole school community, adults and children alike. Our democratically elected School Council members had final say in which causes made the final list.

Special mention must go to those children in the school who went above and beyond in their efforts to promote their chosen charities. It is our firm belief that these charities have been chosen because of their efforts to raise the profile of causes and campaigns that mean a great deal to the pupils.

We are very pleased to announce that **Children with Cancer** has been elected as our national charity for the next year and **Off The Fence**, which helps homeless people and vulnerable school children, will be the focal point of our local fundraising activities. Contact is already being made with these wonderful organisations to inform them of our election results.



## Prep News

### Brighton Children's Parade

A 'very well done' to all those who took part in this year's Children's Parade. It was so nice to be back out in the streets parading again after two years of cancelled parades and our children did us proud buzzing along as bees with our huge beehive. Mr Keep and Mr Ansell made fabulous beekeepers carrying the hive! Thank you to all parents who took part both helping to make the children's costumes and carrying banners and flags and generally taking part and getting into the spirit of the event. The weather held out and we all had a fantastic time. Please see notices about where to view more photographs.



## Music and Performing Arts News

### Music and Performing Arts News

#### Calendar of events

Friday 27 May  
 Saturday 11 June  
  
 Tuesday 14 June  
 Friday 17 June  
 Sunday 19 June  
 Tuesday 28 June  
 Tuesday 28 June  
 Tuesday 5 July

#### Dates for the diary

Jubilee Tea, selected soloists to perform songs from the British Isles  
 PTA Fete 12-3pm music from selected soloists, school band and class performances  
 CoGS Schools' Concert, 2pm selected soloists from Years 2-4  
 Father's Day tea party, featuring performances from the Pre-Prep  
 Eucharist at Church of the Good Shepherd, 10.15-11.00am  
 New Era exam visit, times tbc  
 Music & Performing Arts Summer Concert, 10:15 in Laurent Hall  
 ABRSM exam visit, time tbc



#### Correction from previous newsletter

Congratulations to Isla G in 4A for achieving ABRSM Prep Test Singing in the Spring Term.

#### Other notices

Practice rooms in the music school are available to book before and after school and during break times, subject to availability. Please ask your child to book a practice slot with Mrs Bunker.

A reminder that pupils should store instruments in the larger practice rooms in the Music School. Alternatively, these can be stored in the form room with permission from the form tutor. Instruments should not be stored in kit rooms.

Instrumental scholarships are available to assist with tuition fees during term time, subject to terms and conditions. For all enquiries about music and drama lessons, please email Mrs Bunker: nbunker@lancing.org.uk

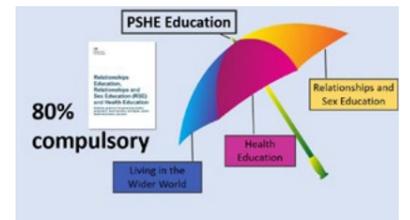
## Notice Board

### Relationships and Sex Education for Parents – are you informed?

Huge thanks go to the increasing number of parents who have attended this year's PSHE for Parents events. This week saw the first of 'Relationships and Sex Education' Events held in the Laurent Hall with lengthy discussion of the schools approach and obligations towards this compulsory learning, possible.

The school will invite parents to take part in our annual process of consultation towards the teaching and learning of Relationships and Sex Education, during the week commencing Monday 23 May. To be as informed as possible regarding this crucial element of their child's learning and personal development, parents are strongly encouraged to attend our final information session on Tuesday 17 May, at 8.30am in the Laurent Hall. To confirm your attendance, please respond to your invitation sent via SchoolPost.

Mr Clifton



### UK Health Security Agency

#### An increase in Hepatitis Cases in Children



### Increase in hepatitis cases among children

The UKHSA has published a blog on '[An increase in Hepatitis Cases in Children](#)'. Since January 2022, an increase in the number of acute (sudden onset) hepatitis cases in the UK in children aged 10 and under has been detected. The blog looks at the symptoms of hepatitis, how to avoid spreading childhood infections and what parents should do if their child is unwell with symptoms of a viral infection. We are bringing this to your attention and it has been shared with our staff to help recognise the symptoms in case a pupil becomes unwell.

### Photographs on the VLE

More photos of the Children's Parade can now be found on the LPH one page of the VLE.

The creative art work of the children for the Role Model House competition, winners of which will be announced next Thursday in Awards assembly, can also be found on the same page.

Miss Roberts

Please see overleaf for the latest in our series of Parents Guides on online safety

Half Term and Summer Holiday Activities

We have been aware of various opportunities for LPH children - see flyers on pages that follow



# What Parents & Carers Need to Know about GROUP CHATS

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Occurring through messaging apps, on social media and in online games, group chats are among the most popular ways that young people engage with their peers online. Involving, by definition, three or more individuals, these groups allow users to send messages, images and videos to everyone in one place. While they are useful for helping friends, people with shared interests or members of a club to communicate and coordinate activities, they can also leave young people feeling excluded and bullied – as well as providing opportunities for inappropriate content to be shared and viewed.

## WHAT ARE THE RISKS?

### BULLYING

Unkind comments or images which are purposely aimed at an individual can be shared freely in a group chat – allowing and often encouraging others to join in the bullying behaviour. If this content is shared in a group of their peers (especially a larger group), it serves to amplify the hurt, embarrassment, anxiety and isolation that the victim feels.

### EXCLUSION AND ISOLATION

This common issue with group chats can happen in several ways: starting a new group, for instance, but deliberately excluding a certain child. Likewise, the chat may take place on an app which one child doesn't have access to, meaning they can't be involved. A child can also feel isolated when a group chat is used to discuss or share images from an event that everyone else but them attended.

### INAPPROPRIATE CONTENT

Some discussions in group chats may include inappropriate words, swearing and unsuitable images or videos. These could be viewed by your child if they are part of that group, whether they actively engage in it or not. Some chat apps have a disappearing message function, so your child may be unable to report something they've seen because it can only be viewed once or for a short time.

### SHARING GROUP CONTENT

It's important to remember that – while the content of the chat is private between those in the group – individual users can easily share a message, photo or video with others outside of the group or screenshot what's been posted. The risk of something your child intended as private becoming public (and potentially going viral) is higher if there are people they don't know well in the group.

### UNKNOWN MEMBERS

Within larger group chats, it's more likely your child will be communicating with people they don't really know. These strangers may be friends of the host, but not necessarily friendly toward your child. It's wise for young people not to share personal details and stay aware that they have no control over the messages and images they share after they've put them online.

### NOTIFICATIONS AND FOMO

A drawback of large group chats is the sheer number of notifications. Every time someone in the group messages, your child's device will be 'pinged' with an alert: potentially, this could mean hundreds of notifications a day. Not only is this highly distracting, but young people's fear of missing out on the latest conversation results in increased screen time as they try to keep up with the chat.

## Advice for Parents & Carers

### CONSIDER OTHERS' FEELINGS

Group chats are often an arena for young people to gain social status. This could cause them to do or say things on impulse, which could upset others in the group. Encourage your child to consider how other people might feel if they engaged in this behaviour. If your child does upset a member of their group chat, support them to reach out, show empathy and apologise for their mistake.

### PRACTISE SAFE SHARING

In any online communication, it's vital for young people to be aware of what they're sharing and who might potentially see it. Discuss the importance of not revealing identifiable details like their address, their school or photos that they wouldn't like to be seen widely. Remind them that once something is shared in a group, they lose control of where it may end up and how it might be used.

### GIVE SUPPORT, NOT JUDGEMENT

Remind your child that they can confide in you if they feel bullied or excluded in a group chat, instead of responding to the person who's upset them. Validate their hurt feelings and help to put them back in control by discussing how they'd like to handle the situation. On a related note, you could also empower your child to speak up if they're in a chat where others are being picked on.

### AVOID INVITING STRANGERS

Sadly, many individuals online hide their true identity to gain a child's trust – for example, to gather information on them, to exchange inappropriate content or to coax them into doing things they aren't comfortable with. Ensure your child understands why they shouldn't add people they don't know to a group chat – and, especially, to never accept a group chat invitation from a stranger.

### BLOCK, REPORT AND LEAVE

If your child is in a chat where inappropriate content is being shared, advise them to block the users sending the material, report them to the host app or platform and exit the group. If any of this content could be putting a minor at risk, contact the police. Emphasise to your child that it's OK for them to simply leave any group chat that they don't feel comfortable being a part of.

### SILENCE NOTIFICATIONS

Having a phone or tablet bombarded with notifications from a group chat can be a massive irritation and distraction – especially if it's happening late in the evening. Explain to your child that they can still be part of the group chat, but that it would be healthier for them to turn off or mute the notifications and catch up with the conversation at a time which better suits them.

## Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



# What Parents & Carers Need to Know about YOUTUBE KIDS

YouTube Kids is a child-friendly version of YouTube which offers a colourful and easy-to-navigate environment that's suitable for young children. This app is easily accessible and available for mobile devices, which can be downloaded without needing the YouTube app on the device. Despite YouTube Kids seeming like a very child-friendly platform, it has raised concerns over its advertising and inappropriate content seeping through the curation process.

## SETTING UP

1 Download the YouTube Kids app and connect your own YouTube channel.

2 Input your child's name, age and birth month.

3 Select the types of videos you want to include for your child based on their age and your own personal choice.

4 If you decide to approve the content yourself, the app will present you with sample videos for you to accept and reject.

5 Once you've made your choice, you're ready to use the app!

## Advice for Parents & Carers

### REMOVE ADVERTISEMENTS

Like YouTube, adverts on YouTube Kids are also quite pervasive. If you decide you don't want your child being exposed to adverts, you can subscribe to YouTube Premium which will remove adverts on YouTube Kids. However, it's worth remembering that this doesn't block adverts that content creators decide to make as part of their content, and children are still able to access channels from branded fast food or toy companies.

### RESTRICT VIEWING TIME

The YouTube Kids app provides you with the option of setting up a timer to monitor and limit your child's daily usage, which automatically stops the video when it reaches the set time. It may be best to make use of this feature to prevent screen addiction – which can potentially lead to children staying up too late, affecting their mood and concentration the following day.

### BE WARY OF UNSUITABLE CONTENT

YouTube Kids has a far lower chance of showing unsuitable material than YouTube, but there are still reports of malicious users deliberately uploading inappropriate content. It's important that your child feels able to talk to you if they were ever exposed to upsetting content in the future. It's also safest to report inappropriate videos: tap the three dots in the corner of the video and select 'Report'.

### MONITOR WATCH HISTORY

YouTube Kids has also made it possible for parents and carers to see what their children are watching on the app by clicking on the 'Recommended' icon on the top right of the home screen. It may also be worth having a look at what your child has recently watched by clicking on their history tab. The red bar on the video shows how much of the video has been watched.

### DISABLE SEARCH OPTION

YouTube Kids allows you to disable the search feature, which you may find useful in preventing your child from unintentionally finding age-inappropriate content. Doing this will also give you more control over what your child is watching. It's also worth noting that setting an age limit will ensure that your child is only exposed to recommended videos that are deemed suitable for their age group.

### WATCH TOGETHER

It's important to make YouTube Kids a fun and positive experience for your child. This may require spending time finding channels and content that you and your child will enjoy and benefit from. Try introducing family sessions where you can share the most enjoyable videos that you and your child have recently watched. This can be a great way of giving you and your child many new things to talk about with each other.

## Meet Our Expert

Clare Godwin (a.k.a. Lunawolf) has worked as an editor and journalist in the gaming industry since 2015, providing websites with event coverage, reviews and gaming guides. She is the owner of Lunawolf Gaming and is currently working on various gaming-related projects including game development and writing non-fiction books.





# SOUTH COAST ELITE BASKETBALL

MAY HALF-TERM CAMP  
*"SKILLS, GAMES & AWARDS"*

AGES: 6-16  
 DATES: 30TH MAY - 1ST JUNE  
 LOCATION: BACA, BRIGHTON  
 TIME: 9 AM - 3 PM  
 COST: £65 (3 DAYS),  
 £50 (2 DAYS), £30 (1 DAY)

REGISTER AT  
[SOUTHCOASTELITEBASKETBALL.COM/CAMPS](http://SOUTHCOASTELITEBASKETBALL.COM/CAMPS)



## WHITSUN 1/2 TERM HOLIDAY CLUBS LANCING PREP, HOVE

*"Childcare during the holidays they want to go to"*  
**Fresh air. Fresh activities. Fresh attitude.**



*"MY SON HAD SO MUCH FUN. HE WANTS TO GO BACK FOR MORE TOMORROW!"*

**MON 30TH MAY  
 NATURE NINJAS**  
**TUES 31ST MAY  
 CIRCUS SKILLS  
 BUBBLE WANDS  
 & PAINT ART**  
**WED 1ST JUNE  
 STAR WARS DAY**

*"RECOMMENDED FOR ALL FREE-RANGE FANS!"*



For more info on dates, locations and how the clubs run & to book: [WWW.THEOUTDOORSPROJECT.CO.UK](http://WWW.THEOUTDOORSPROJECT.CO.UK)  
 BIRTHDAY PARTIES - AFTER SCHOOL CLUBS - SCHOOL WORKSHOPS - PARENT TODDLER GROUP - FRANCHISE - WEEKEND CLUBS



## WHITSUN 1/2 TERM HOLIDAY CLUBS BRIGHTON, HOVE & PARKWOOD SCOUTCAMP POYNINGS

*"Childcare during the holidays they want to go to"*  
**Fresh air. Fresh activities. Fresh attitude.**



**CIRCUS SKILLS,  
 BUBBLE WANDS & PAINT ART**  
 Build your own giant bubble wands and join us for a day at the circus including Diablo, poi, plate spinning, hula hooping, and flower sticks skills! Plus, we'll be embarking on a Massive paint mural project together, using the medium of paint filled Water Blasters to express ourselves. All in the name of Art!

**NATURE NINJAS**  
 Join us for an immersive day of hands-on nature and adventure! Building Micro Survival Rafts, Crafting E-pot flower & herb planters & building your very own Micro Deserted Island!

**STAR WARS DAY**  
 Back again to celebrate Star Wars day with loads of outdoors galactic fun. Transform your teammates into storm troopers and craft galactic play dough planets, Followed by Mandalorian Nerf battles where the Imperials, Mandalorian and Rebels clash in an epic Battle for Baby Yoda! stealth skills and daring deeds to survive & forage for what you need to escape the island!

*"ANOTHER EPIC DAY, 3 YEARS OF ATTENDING THE CLUB & MY SON STILL THINKS IT'S THE BEST THING EVER"*



For more info on dates, locations and how the clubs run & to book: [WWW.THEOUTDOORSPROJECT.CO.UK](http://WWW.THEOUTDOORSPROJECT.CO.UK)  
 BIRTHDAY PARTIES - AFTER SCHOOL CLUBS - SCHOOL WORKSHOPS - PARENT TODDLER GROUP - FRANCHISE - WEEKEND CLUBS



**SOCCER  
SCHOOLS**

BRIGHTON & HOVE ALBION

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**Week 1: 4-6 July // 9am-2pm**

**Week 1: 11-13 July // 9am-2pm**

**Week 1: 18-20 July // 9am-2pm**



Community Pitch, American Express Elite Football Performance Centre, 60 Mash Barn Lane, Lancing, BN15 9FP.

£35 (1 day), £60 (2 days), £75 (3 days).

Scan here to book, [click here](#) or visit: [albioninthecommunity.org.uk](http://albioninthecommunity.org.uk)

Albion in the Community, American Express Community Stadium, Village Way, Brighton BN1 9BL Tel: 01273 878265. Company limited by guarantee in England and Wales (No. 5122343). Registered charity in England and Wales (No. 1110978).



# JUNIOR CRICKET CAMPS

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## CAMP 1:

April 11th + 12th + 13th

## CAMP 2:

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## CAMP 3:

August 1st + 2nd + 3rd

## CAMP 4:

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**Location:**  
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