



# Lancing Prep Hove

A Lancing College Preparatory School

## Newsletter

Autumn Term | 16 September 2022

### Message from Mrs Keep

The new school year has got off to a cracking start, and at the end of our second week it feels as though we are already hitting our stride. As ever, the school is a wonderfully vibrant place to be and from the moment the front door opens until the last club finishes, I am surrounded by warm smiles and cheerful voices. The children relish their days at school and, whatever their age, they make the very best of the opportunities open to them.

Earlier this week, one of the Year 5 girls recently commented to me that "the new children have settled so well into our school family", and I couldn't have put it better myself. Whether new to the school or a long-standing familiar face, the children are brim-full of enthusiasm and good cheer, have plentiful confidence in making new friends, have settled into their routines and happily make their way around the school. To those pupils who have acted as buddies or reached out to help someone newer, my thanks.

Of course, among the exuberance and the joy that comes at the start of the new year, we have taken time to reflect on the passing of Her Late Majesty. We have aimed to do so in an age-appropriate way throughout the school, and also in a way that celebrates the service she offered throughout her reign. School will be closed on Monday for the Bank Holiday which has been designated to mark the final and most significant of the sequence of national days of mourning.

My final words today are of thanks to all the children. The atmosphere in school is in equal parts purposeful and fun, and the balance is just right. Well done to them all on making the start of term so joyful.

### Notices are on Page 13



Her Majesty Queen Elizabeth II  
1926–2022



*Prep School pupils  
respectfully  
remembering Her Majesty  
at school*

We have paused our social media posts for the duration of the official period of mourning for the late Queen.



We have therefore delayed launching our new promotional film until next week but would like to give LPH parents an opportunity for a preview before it goes onto our website and social media.

<https://bit.ly/LPHfilm2022>

We hope you enjoy viewing it. We are very proud of how well the children promote our school!





## Pre-Prep News

### Pre-School

It has been an amazing start of term for all the Pre-School children, full of awe and wonder and exploration. They have become very acquainted with their learning environment and are enjoying investigating the various learning areas with their peers. Then, when the Pre-School Garden is open the exploration and creativity continues; there have been barbeques made in the mud kitchen and sandcastles at the beach built when in the sandpit. Music, PE and Forest School have been thoroughly enjoyed, as well as visits from Mrs Morrison to read stories to the children. In such a short space of time it is lovely to see how well the children have settled into school life.





## Pre-Prep News

### Reception

Wow, what a great start to school life! New friendships have been made and others are forming. From Forest School to Maths, putting on wellies to recognising their names the children have been fully engrossed in their new learning environment.

There is so much imaginative play going on; some children are cooking us breakfast or supper in the role-play area & mud kitchen, whilst others are digging for fossils in the sand pit.





## Pre-Prep News

### Year 1

The children have got off to a great start to term, taking no time at all to become *Resourceful Squirrels* – the new addition to our Pre-Prep characteristics of learning animals - when writing. The children were using the classroom working walls and resources to support their writing and their independence and were rightly proud of themselves.

We have enjoyed using Seesaw software – our Pre-Prep home learning tool – and the children were helping one another learn, as well as working independently, to become familiar with the software; it was very exciting!

The children have been learning all about their bodies. We used the story *Funnybones* to discuss why bones are important. Unfortunately, the dog skeleton bumped into a tree and fell to pieces. The children worked in pairs to put the dog skeleton back together.





## Pre-Prep News

### Year 2

The children returned to school full of enthusiasm to begin life in Year 2. So far, they have mastered the use of hockey sticks during our almost daily PE sessions and developed their singing skills to the tune of Oliver Twist during music. 2S and 2W loved recounting their holidays whilst writing postcards and have now started to learn one of our termly texts, 'The Tiger who came to Tea'. During mathematics the children have embraced the mastery approach and enjoyed problem solving in their shiny new Whiterose workbooks.

We all look forward to Thursday afternoons when we explore nature and get creative during forest school activities.

It has been a fantastic start and we have had lots of fun. Thank you, parents for your continued support and a big well done to all the children!





## Prep News

### Year 3

The children have been on their first outing, the 'Welcome to the Prep School Trip' and what better place to go than to Yellowwave for some beach volleyball fun followed by an ice-cream of their choice?

The children all impressed with their listening to instructions, manners and throwing themselves into all the team games and....literally throwing themselves on the sand! The staff at Yellowwave mentioned how lovely they all were and how patient they were at waiting for the most delicious ice-creams, cookie dough seemed the most popular choice. With another trip coming up next week Year 3 have certainly had a busy start to the year.



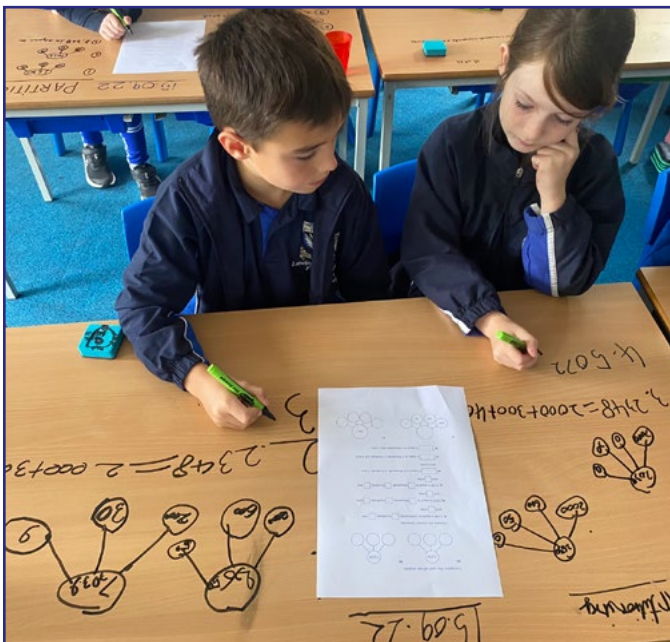
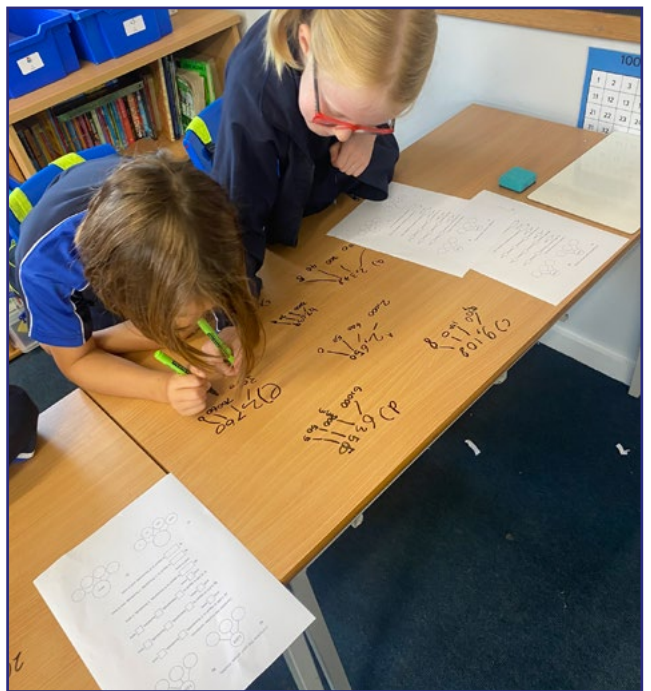
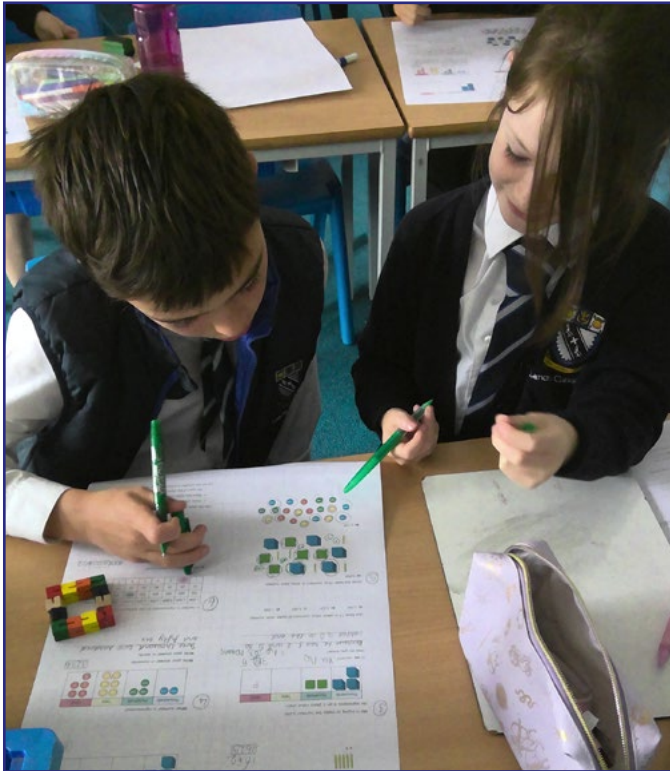


## Prep News

### Year 4

We have had two very busy weeks in Year 4! The children have been working on their Place Value knowledge and have enjoyed experimenting with different learning styles in Maths this week.

They have been gripped by their class novel 'The Boy at the Back of the Class' which we will be reading this term.





## Prep News

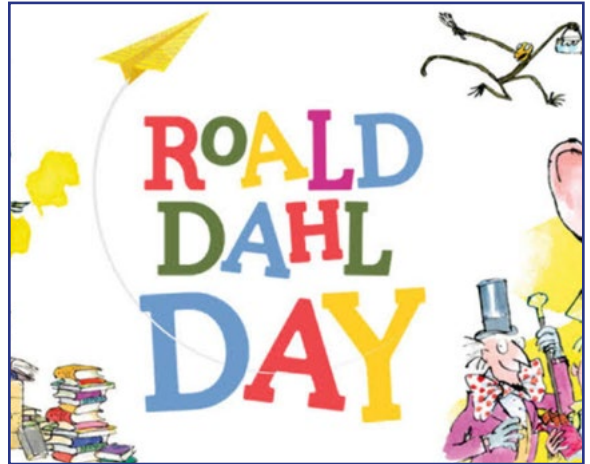
### Year 5

The children celebrated Roald Dahl day by learning some of the words that were made up by the great writer himself and then creating some of our own.

Can you match the word to the meaning that your children came up with?

- |                  |                        |
|------------------|------------------------|
| 1 Toggledoggle   | a to laugh             |
| 2 Frogidey-fried | b 'you need a shower!' |
| 3 Squebles       | c 'that's weird'       |
| 4 Swiggle giggle | d surprised            |

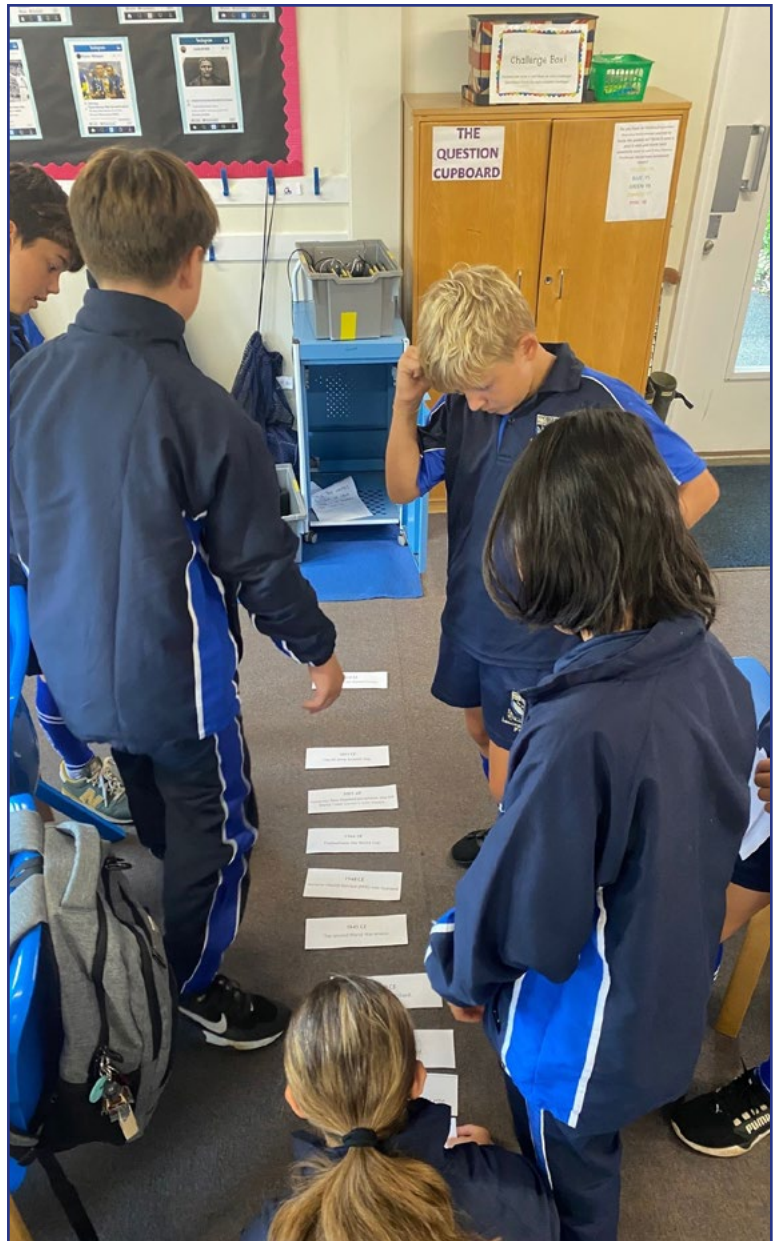
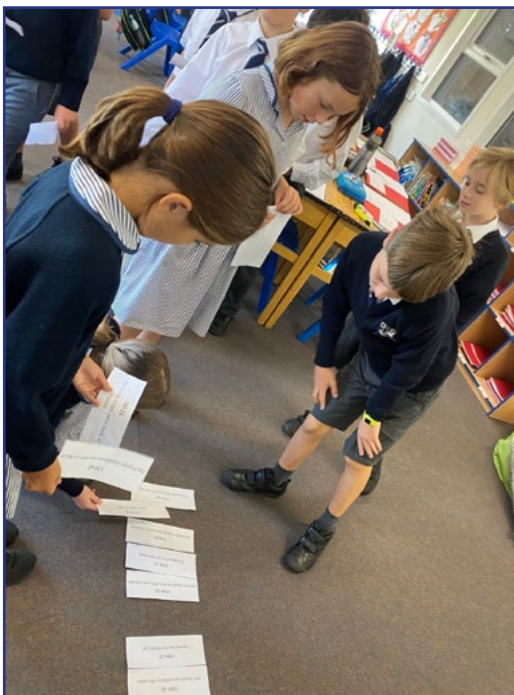
(answers: 1 = c, 2 = d, 3 = b, 4 = a)



### History

It's been a fab week in the history department, with all year groups looking at historical skills and, in particular, how to put events into chronological order. Mrs Ridge has been impressed with the team work that she has seen, and there are some clear leaders amongst the groups.

Please do keep talking to your children about current affairs and important events of the past. We are excited to see what they will all achieve this year!





## Prep News

### Maths - Times Tables Rockstars

Mrs Wheeler has launched our new weekly House competition; ***Times Tables Rockstars***. Pupils are encouraged to use some of their free time to participate in this competition. ***Times Tables Rockstars*** targets questions to each individual pupil depending on what tables they get right or wrong, helping them to learn their times tables more efficiently whilst having lots of fun!

The competition stakes are high. Each week, the House with the highest participation will earn an extra 50 points. Sometimes pupils may also have ***Times Tables Rockstars*** set for prep.

Pupils will have been shown how to log in by their class or maths teacher and may chose their own rockstar name. We're really excited to see the progress pupils make with their multiplication and division skills.



### Year 6

The children have made a fantastic start to what is a busy and important year. They have shown a super attitude to their learning but also made the very most of their break times and chances to get outside in the school grounds. It will be an important balance to maintain throughout the year. Mr Keep and Mr Chilton are already very proud of their pupils' efforts!





## Prep News

### Year 7

The children have begun their weekly Thursday afternoons at Lancing College, where they will be taking German or Spanish with the MFL department, along with undertaking a carousel of co-curricular activity sessions. They participate in this afternoons with the Year 7 pupils from our sister school in Worthing. The activities include Team Building, Tongue Drums, Dance and Aikido. We hope to put on a showcase for the parents during the summer term to see what they have achieved.

The aims of the Team Building session are to encourage the pupils from both schools to talk and listen to each other, to learn how to collaborate effectively and how to encourage each other, take turns and not be afraid to make mistakes. building. This week the group had lots of fun, with the challenge of making the letters of the alphabet within a set time. Here they are spelling out the word 'Lancing'





## Prep News

### Year 8

The pupils joined with the Year 8 pupils from Lancing Prep Worthing for a day's workshop with *Engage with China*, a charity that seeks to build a 'China-literate' generation in UK schools, by enlightening pupils about China's history, geography, language, society, innovation and culture. The pupils undertook activities including learning some basic Chinese greetings, calligraphy, calculating the population numbers in a maths exercise, weighing out grains of rice, learning about 'real' Chinese food and how to use chopsticks. They took part in a chopstick challenge to see which team could collect the most raisins from a bowl in a set time! They learnt about the sources of energy used in China and carried out role play as an investigative journalist grilling a Chinese government official about climate change and renewable energy. As ever, the Lancing Prep Hove pupils were a credit to the school and the EwC team hope they came away inspired to find out more about this intriguing country.





## Prep News

### Sport

Sports training is well underway, both on our own school fields and up at Lancing College. The school has had its first fixtures this term, which has also meant the return of the Match Teas! More news about sport in our next newsletter!





## Notice Board

### Introducing Bean...

LPH has long enjoyed having a dog on the premises! The children love to see a dog around the place and it is a welcome boost to our wellbeing programme that we have a dog for children to cuddle or take for a little walk outside on the field with Mrs French, our Pupil Welfare Officer!

After Billy and Willow, our latest recruit is Bean - a super Cockerpoo pup - who is settling well into school days and growing bigger each day, as well as learning from Willow who still visits twice a week!



Please see overleaf for a  
child-friendly guide  
to the life of Her Late Majesty  
and a Parent Guide on  
dealing with grief

### Clancy's Fundraising Swim

Parents may remember Clancy signing up to raise money for Surfers against Sewage by seeking sponsorship for swimming across the Bosphorus in a race at the end of August. We are delighted to report that Clancy completed the swim and so far has raised 125% of his original target of £1,500! We have wished him well at his new senior school this term.

Term Dates for the academic year 2022-2023 are shown below:

#### Autumn Term 2022

Term starts Monday 5 September 2022  
Half term from Friday 14 October 2022  
usual collection times,  
restarting on Monday 31 October 2022  
Term ends Friday 9 December 2022

#### Spring Term 2023

Term starts Wednesday 4 January 2023  
Half term from Friday 10 February 2023  
usual collection times,  
re-starting Monday 20 February 2023  
Term ends Friday 24 March 2023

#### Summer Term 2023

Term starts Tuesday 18 April 2023  
Bank Holiday Monday 1 May 2023  
Half term from Friday 26 May 2023  
usual collection times,  
re-starting Monday 5 June 2023  
Term ends Thursday 6 July 2023

We will publish dates for 2023-24 as soon as they are confirmed.

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(in school years 3 to 6)

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Kidz Klub Dyke Road is run as a partnership between Church of the Good Shepherd and Kidz Klub Brighton & Hove Ltd (charity number 1126869)



# The life of QUEEN ELIZABETH II



1926

Princess Elizabeth is born in London.



1945

Towards the end of World War II, 18-year-old Elizabeth joins the Auxiliary Territorial Service and trains as a driver and a mechanic.



1947

Princess Elizabeth marries Prince Philip, an officer in the Royal Navy.



1948

The princess gives birth to her first child, a boy named Charles who will grow up to be King.



1966

Her Majesty is at Wembley to see England beat West Germany (as it was called before the Berlin Wall came down) 4-2 in the World Cup final, presenting the trophy to victorious captain Bobby Moore.



1957

Her Majesty gives the first televised Christmas broadcast to the nation. 'The Queen's Speech' goes on to become a permanent and powerful tradition of the festive season.



1953

The new Queen is crowned at Westminster Abbey – the first coronation to be televised. Sales of TVs soar as many families buy one for the first time to watch the ceremony. The eventual worldwide audience is around 277 million.



1977

Britain and the Commonwealth celebrate the Queen's silver jubilee (marking 25 years on the throne). A chain of beacons is lit around the country, and thousands of street parties are held.



2015

Having ruled for 63 years, Queen Elizabeth becomes the longest-reigning monarch in British history – overtaking her great great grandmother, Queen Victoria.



2022

The nation celebrates the Queen's Platinum Jubilee with more events and street parties. Sadly, however, Her Majesty's health declines and she passes away months later, aged 96. After 70 years of rule, Queen Elizabeth II leaves a legacy of lasting affection and respect from people not only in the UK, but around the whole world.

## Did you know?...

## Rest well, Your Majesty – and thank you.

The Queen received her first Corgi, Susan, as an 18th birthday present. She loved that breed of dog throughout her life, going on to own another 30 of them.



As Britain was still recovering from the effects of the war, the young Princess Elizabeth had to save ration coupons to buy the material for her wedding dress!

The Queen took the unusual step of inviting a TV documentary crew into Buckingham Palace in 1969. This let people see the Royal Family in a way they'd never been able to before.



In 1982, a mentally ill man broke into the palace and reached the Queen's bedroom! Reports suggest Her Majesty calmly kept him talking for 10 minutes until the security team arrived.



It was Queen Elizabeth who, in 1993, decided to open up Buckingham Palace to visitors from the public for the first time.

To help launch the 2012 Olympics in London, Her Majesty featured in a short film where she meets super-spy James Bond, as played by Daniel Craig.



# EIIIR

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Written By Adrian Gray



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# Tips for Supporting Children in DEALING WITH GRIEF

It's important that trusted adults feel able to help children and young people cope with grief – particularly at the moment, when we are a nation mourning the loss of a public figure who was treasured by so many. Children are seeing bereavement and sadness being featured heavily the national news and in their favourite online spaces, and hearing it being talked about extensively among families and in the community. How can we help them in processing this healthily?

## 1 UNDERSTAND WHAT GRIEF IS



Grief is emotional distress which is a normal response to the death of someone close, well known or admired. It may feel overwhelming – especially for young people – and is often accompanied by feelings of shock, disbelief, anger or fear. These emotions may also mean that sleep, eating and our relationships with others could be affected.

## 2 MEET THE CHILD 'WHERE THEY ARE'



This could be a child's first experience of grief and loss – or conversely, they may have already encountered it several times. Make sure that any conversations you have with them, and the support that you give, are led by their experiences and their understanding of death – and in the context of their religious or community beliefs.

## 3 EXPLAIN CLEARLY WHAT DEATH IS



It may often feel uncomfortable, but it's healthier to actually use the words "dead", "death" or "died". Abstract explanations of death can frequently create even more confusion – particularly for younger children, who are still trying to grasp this complex (and possibly unfamiliar) concept.

## 4 BE PREPARED FOR QUESTIONS



On subjects such as this – especially when it involves a person who's well known to them – children and young people often have lots of questions, all at once. Sometimes, new queries about the issue will occur to them weeks after the event. Be ready to answer their questions as honestly as you can, using language that's appropriate for their age.

## 5 FIND WAYS TO REMEMBER THEM



It can help to talk to about the person who's died, even if that individual wasn't personally involved in the child's own life – such as a significant public figure, for instance. You and your child can discuss what that person meant to you, celebrate the things they achieved or go to a place where they can be remembered.

## 6 ENCOURAGE COPING STRATEGIES



You can help a child or young person to identify what their usual positive ways of coping are when they have overwhelming feelings. For example, do they find that talking with someone, drawing, going for a walk or listening to music help when they're feeling upset? These same activities could form an important part of the grieving process.

## 7 REACH OUT FOR SUPPORT

If a child or young person is struggling with grief to the extent that it's impacting on their everyday life, there are lots of expert organisations that you could reach out to for further help. Samaritans provides a listening ear for anyone in emotional distress; The Mix offers specialist support to people under 25; and Winston's Wish deals specifically with helping young people who are grieving.

**SAMARITANS:**  
116 123

**WWW.THEMIX.ORG.UK/GET-SUPPORT**  
0808 808 4994

**WINSTON'S WISH:**  
08088 020 021



## Meet Our Expert

Anna Bateman is passionate about placing prevention at the heart of every school, integrating mental wellbeing within the curriculum, school culture and systems. She is also a member of the advisory group for the Department for Education, advising them on their mental health green paper.



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