



Lancing Prep Hove

A Lancing College Preparatory School

Newsletter

Summer Term | 26 May 2023

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Message from Mrs Keep

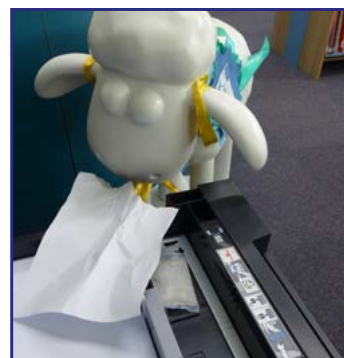
It seems like only yesterday that the school ski trip was getting underway and yet we have already arrived at the end of the first half of the summer term. The weeks have sped past and the usual joys of the summer term have returned, with some welcome sunshine this week, albeit at a slightly lower temperature than some might have hoped for.

The school campus has been bustling with outdoor learning at every available opportunity and small groups of children have paying visits to our science garden and inspecting the inhabitants of the pond, with regular sightings of our newt population, water boatmen and dragonfly larvae. It's been pleasing to see that the gardening club children have busied themselves in the school garden which is showing many green shoots of herbs, salad leaves and sunflowers, with strawberry plants flowering well with the promise of some delicious fruits to harvest.

It's wonderful too to see our children in their new cricket kit playing fixtures against Windlesham School and Brighton College, amongst others. Visiting parents at home fixtures invariably comment on the impressive amount of green space we have for our children to run and play in. This Thursday it was a full-on fixture card at home with matches being played on both the main and lower fields. Blue skies and sunshine, along with refreshments for parents served from Petunia, our mobile catering van, certainly made for an enjoyable afternoon of sport. With great team spirit, cooperation and a pride in representing their school, the children were superb ambassadors for Lancing Prep Hove and their efforts in training have been rewarded with some notable successes in matches.

It's been a time of school exams too for some pupils and I have been especially impressed with the children in Years 5 and 6 who have focused so brilliantly on their tests. They thoroughly deserve the impending break to relax and recharge, as do children of all ages who have worked hard whether in exams, coursework or ongoing lessons in class.

Indeed, I wish you all a very enjoyable half term break with your families and I look forward to welcoming everyone back in June, refreshed and ready for the final gallop to the end of the school year. There is much to look forward to with a programme of events culminating in Prize Day for the prep years at Lancing College Chapel and a Pre-Prep celebration at LPH on the last day of term.



Shaun the Sheep has been busy in the school office, helping to unjam the photocopier and taking calls!



The design ideas have been announced in Assembly. He has now had a wash and the pupils have started to draw on the design.



Please consider supporting our fundraising for the Martlets Hospice here:



Pre-Prep News

Pre-School

The children have been enjoying the sunny weather and decided to take a trip over to the school pond. They had heard that there are newts in the pond as well as water boatmen, dragonfly larvae and pond skaters. The children filled their tubs with pond water and carefully used the nets to scoop out any discoveries. There was a lot of pondweed. However, after a few turns and a closer inspection of their tubs, the children discovered so much pond life! Plus, there was much excitement when a newt was found. It had a bright orange belly and blotchy dark spots on its back. The children were hoping to find some frog tadpoles, but soon found out that these are on the menu for newts. All pondlife was gently placed back into the pond and the children are looking forward to their next visit.



Pre-Prep News

Reception

From missing dinosaurs, sorting the alphabet, dancing in the garden, building sausage factories and visiting artists creating optical illusions, the children have had a fantastic last week of this half of term.



Pre-Prep News

Year 1

The children have embraced their new topic of 'Pirates and Beaches' in our first few weeks of term and are very excited about the learning journey ahead. They have enjoyed the poem ***Mrs Pirate*** and after editing the version by Nick Sharrett they wrote their own class version. Their teachers were very impressed with their use of language when using adjectives to describe a noun. We also had lots of fun!

Some cheeky pirates were spotted stealing the class treasure chest! The children followed the clues and finally got their treasure back.



Pre-Prep News

Year 1 - Gratitude Café

The children have been thinking hard about people who are important in their lives, beyond their immediate family, and invited them to come along to their 'Gratitude Cafe' this week as a sign of the children's appreciation of all they do for them.

As part of their English learning, the children had written invitations to their guests, as well as a card, listing reasons why their guests were so special to them and these were read out before the delicious sandwiches and cakes were served. It was lovely to host so many grandparents, neighbours, aunts, uncles, teachers, babysitters and godparents plus a cricket coach and our very own Miss Gilgrass.



Pre-Prep News

Year 2

The children had the most wonderful trip to Bodiam Castle and they were excited to learn more about the castle and had lists of questions for our guides ranging from 'What was thrown through the murder holes?', 'Where are all the dungeons?' and 'Can we use the swords?'

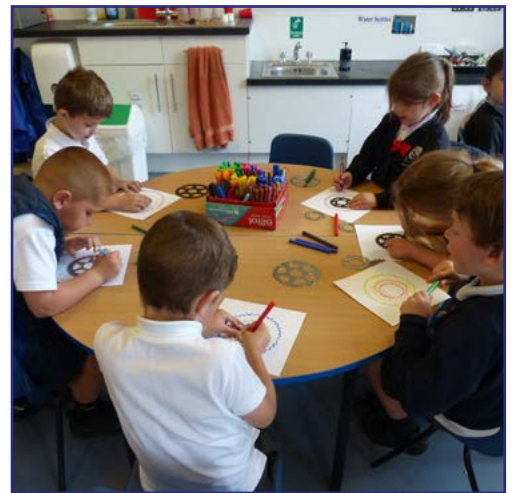
The children behaved beautifully and thoroughly enjoyed the day.



Pre-Prep News

Pre-Prep Art Day – Record Player Animations

The children had a wonderful day with visiting artist Nick Sayers, learning inventive ways to combine Art and Science. They learned about neuroscientists, optical illusions, record players, animation and much more. They made their own circular animation sequences that were brought alive when spun on a turntable and filmed on digital video. Otherwise known as ‘phenakistoscope’ (ask your child to spell that one!) paper animations!



Prep News

Year 3

The children have been learning all about mummification as part of their Egyptian topic. So, of course...they wrapped each other in loo roll!! The children were in groups of three and had just ten minutes to make the best 'Mummy' they could.

After much fun and a large amount of hilarity, they then investigated the somewhat gruesome details of how the 'mummification' process was carried out. Having heard about this during our amazing Egyptian day at the start of term, there weren't too many horrified faces.



Year 4

The children have been developing and deepening their knowledge of paragraphs. They began the week by writing paragraphs about themselves and ended the week researching fascinating facts about animals to turn into paragraphs.



Prep News

Years 3 and 4

The children have been negotiating teamwork when creating a rainbow.



Years 5 and 6

The children have been rehearsing hard for their upcoming performance evening on **Tuesday 27 June at 6.30pm. Please do save the date for our performance evening!!**

The children have been working in small groups as the creators, writers, editors, performers and directors of their own scenes. A lot of hard work has already gone into their scenes. We will be encouraging the children to think of simple costumes for their performances – dark/black tops and trousers/jogging bottoms are preferable but simple additions or changes to enhance their character are welcome, for example a hat or jacket.



Prep News

Year 7

The students were exemplary in their excellent behaviour and attitude on their trip to Battle Abbey on the last day of this half of the Summer term.

On arrival, they were met by a monk - Father James - the registrar from Battle Abbey School. He gave the children a tour of the site and even put one student into a grave of a Norman nobleman! They had the opportunity to explore the site, walk the battlements and re-enact the battle on the field, and it was fantastic for them finally to see firsthand the battlefield on which thousands of people lost their lives almost 1,000 years ago.

Mr Mason, Mr Price and Mrs Ridge were hugely impressed with the knowledge that Year 7 showed and the way that they represented the school, and they can head off on their half term break after a very successful day out!



Prep News

Charity Election Day

Every member of the school community visited the polling station set up in the Snell library to elect one local and one national charity that will be supported by the school throughout the coming year.

The votes were all gathered in and the School council began the task of counting every vote for this year's charity elections. The charities selected will be announced after the half term break.

It was good to see democracy in action at LPH and Shaun the Sheep even popped into the library to see what was going on!



Sports News

Cricket Fixture Photo Gallery



Sports News

Cricket Results

Wednesday 17 May

1 st XI	v	Handcross Park	W
2 nd XI	v	Handcross Park	L
3 rd XI	v	Handcross Park	D
Colts A	v	Handcross Park	L
Colts B	v	Handcross Park	L
Colts C	v	Handcross Park	W
Colts D	v	Handcross Park	W

Thursday 18 May

U9A	v	Handcross Park	L
U9B	v	Handcross Park	L
U8A	v	Handcross Park	W
U8B	v	Handcross Park	W

Wednesday 24 May

1 st XI	v	Brambletye	W
2 nd XI	v	Brambletye	L
3 rd XI	v	Brambletye	D
Colts A		Brambletye	L
Colts B		Brambletye	L
Colts C		Brambletye	L
Colts D		Brambletye	

Thursday 25 May

U8A	v	Windlesham School	W
U8B	v	Windlesham School	W
U9A		Windlesham School	W
U9B		Windlesham School	W

Friday 26 May

U13 Sussex Tennis Tournament	tbc
U13 Sussex Cricket Cup	tbc

Please note these teams are necessarily a mixture of co-ed teams and separate girls' and boys' teams where the schools that LPH play against arrange separate fixtures.

Wednesday 17 May

1 st XI	v	Dorset House	W
Colts A	v	Dorset House	W
Colts B	v	Dorset House	L

Thursday 18 May

U9	v	Lancing Prep Worthing	D
U9/U8	v	Lancing Prep Worthing	D
U8	v	Lancing Prep Worthing	D



Wednesday 24 May

1 st XI	v	Brighton College	W
2 nd XI	v	Handcross Park	D
Colts A	v	Windlesham School	W
Colts B		Windlesham School	L
Colts C		Windlesham School	D

Thursday 25 May

U8	v	Windlesham School	D
U9		Windlesham School	D



Notice Board



WHITSUN HALF TERM HOLIDAY CLUBS

"Childcare during the holidays they want to go to"

LANCING COLLEGE PREP (HOVE)

TUES 30TH MAY
FIRELIGHTING, S'MORES & SHELTER BUILDING

WEDS 31ST MAY
MANDALORIAN NERF, PLAY DOUGH PLANETS & STORMTROOPERS

THURS 1ST JUNE
CIRCUS SKILLS, GIANT BUBBLE WANDS & PAINT MURAL

FRI 2ND JUNE
VIKING POTTERY, KUBB & SHIELD WALLS



- ✓ 100% OUTDOORS
- ✓ MAKING FRIENDS
- ✓ PHYSICAL ACTIVITY
- ✓ BUILDING CONFIDENCE
- ✓ ENERGETIC & ENGAGED STAFF
- ✓ OFSTED REGISTERED
- ✓ FLEXIBLE BOOKING
- ✓ CHILDCARE VOUCHERS ACCEPTED

for more info on dates, locations, how the clubs run & to book: theoutdoorsproject.co.uk



Kirsty Keep warmly invites you to the

Lancing Prep Hove Prize-Giving Ceremony

on

Thursday 6 July

in

Lancing College Chapel

followed by

Fizz and Strawberries on the Chapel Lawns

09.30 Refreshments in the Megarry Room
09.45 Chapel Doors open
10.00 Prize-Giving Ceremony begins

Parking will be available on site

10 top tips for safely using SMARTWATCHES

Kids love gadgets, and smartwatches – available to buy from as little as £20 online – make a tempting gift. As with any type of mobile technology, though, smartwatches can pose risks to children unless they're used safely. Receiving unwanted calls, cyber-stalking and distracting a young person when they're crossing the road are all known risks associated with smartwatches. However, these devices can bring plenty of benefits for children and parents alike – so let's examine the pros and cons of smartwatches.

AVOID CHEAP OPTIONS

A quick search online yields a torrent of cheap smartwatches for kids, costing as little as £20. It's wise to avoid this bargain basement tech: it tends to deliver a poor experience with inferior battery life, and it's hard to have faith in the software's safety. There have been cases of smartwatches being hacked to track or contact children; stick to known brands who have a reputation to protect.

CONTROL CALLING

Many smartwatches have the facility to make or take calls. As with a phone, you may want to restrict who your child can call – or be called by. On Apple Watches, you can select trusted contacts who are allowed to ring your child, while other watches' controls vary hugely. Some need to connect to a linked phone for calls, so you may be able to block unknown contacts via that device instead.

BEWARE HIDDEN COSTS

For a smartwatch to allow calls independently (that is, without being connected to a phone via Bluetooth), it will need its own mobile data plan. This might take the form of a tiny SIM card that you slot into the watch – or an eSIM, where the physical card is replaced by software settings. Either way, this will incur an additional monthly cost that you'll need to factor into any buying decision.

ENABLE FAMILY SHARING

Apple Watches aren't cheap, but they do offer superb safety features – allowing parents to control calls, messages and emails on the device, as well as a location tracking system that can send alerts if kids wander beyond pre-set boundaries. Their SOS function enables children to contact emergency services instantly if they're in trouble, which simultaneously also alerts parents and carers.

MAKE THEM COOL FOR SCHOOL

Some schools have banned smartwatches, as pupils have been using them as substitute phones. If your child's school does permit them, some devices can be set to prevent distractions in class. For example, Apple's Schooltime feature turns their watches into ordinary time-keeping devices during school hours. The display changes in this mode, showing teachers that it isn't being used for other purposes.

TRACK ITS LOCATION

Both Apple and Android devices have apps which allow you to track a smartwatch's location. They can also initiate an audio alert – avoiding those cushion-hurling panics when a treasured device can't be found at home. If you're planning to track your child's location via their watch, make them aware of that in advance. You could even make it a condition of them getting the watch in the first place.

THINK 'SAFETY FIRST'

Smartwatches are often worth hundreds of pounds, which can make young people wearing one a target for thieves. Advise your child to keep the watch hidden in public (when possible) and not to resist if muggers demand their watch. If you manage to track a stolen device, pass that information to the police: location data isn't always accurate, so you could end up wrongly accusing someone.

STORE MEDICAL INFO

Devices including the Samsung Galaxy Watch and Apple Watch can store the owner's medical details (such as their blood group and any pre-existing medical conditions), potentially giving emergency services access to vital information in a crisis. These devices also have 'hard fall' detection, which sends a text message to selected contacts along with a map showing the wearer's location.

USE THEM AS MOTIVATION

If you're worried your child's spending too much time slumped on the sofa staring at screens, smartwatches are great fitness trackers and can be a powerful incentive to get moving. Some devices will alert the wearer if they've been inactive for a long time and encourage them to do some exercise. Many watches record the user's daily step count and measure other health metrics.

BE MINDFUL OF BEDTIME

Many smartwatches offer sleep tracking, which some (usually older) children use to justify wearing them to bed. However, that also presents a temptation to message friends or check social media late at night, even if their phone is downstairs. Unless there's a valid reason not to, you could encourage your child to remove the watch in the evenings and ensure the charger stays in a different room.

Meet Our Expert

Barry Collins has been a technology journalist and editor for more than 20 years, working for titles such as the *Sunday Times*, *Which?*, *PC Pro* and *Computeractive*. He's appeared regularly as a technology pundit on television and radio, including on *BBC Newsnight*, *Radio 5 Live* and the *ITV News at Ten*. He has two children and writes regularly about internet safety issues.



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