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Message from Mrs Keep

It's that time of year when the afternoons are getting darker increasingly earlier and exams are taking place, which makes LPH a rather quieter place than usual. The weather has done its best to add to the general late autumn gloom, although this has been punctuated with the odd day of blue skies and slightly chilly sunshine. The children have enjoyed getting outdoors whenever possible on the new bright blue astro and it's been good to be able once again to host some of our own sports fixtures here at LPH, not least because it heralded the return of the much missed match teas!

There have been some sombre moments of reflection too. The Prep school gathered for their annual service of Remembrance at The Church of The Good Shepherd. This very special occasion was led by our Chaplain, Fr Justin, with a range of children from across the age groups sharing stories, research and poetry as they considered why we remember. In a very special feature of the service, Mrs Coutts shared stories and memories of her Great Grandfather and his experiences of the trenches in World War 1. The whole school observed the quiet and poignant moments of the service with sensitivity and excelled themselves with their respectful observance of our two minutes of silence in school. The Pre-Prep children who observed the silence alongside their older peers deserve special mention, and many teachers and older pupils commented on how well they had done.

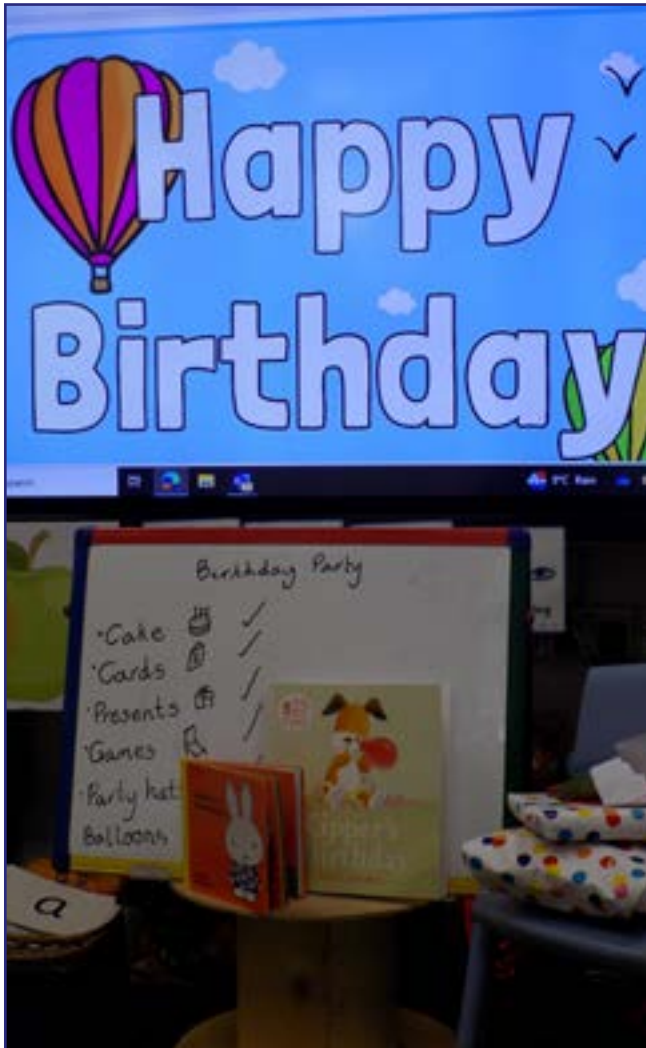
It won't be long before the exams are but a distant memory and term hurtles headlong towards Christmas festivities and celebrations. In the meantime, we pause to think of those families affected by conflicts all around the world, as well as those in need nearer to home. We were delighted to welcome Christina's grandparents to join us for an assembly which focused on the beautiful and often poignant artwork created by Ukrainian children, much of which is on display in the Laurent Hall. While we have taken some time to think of others, we have also acknowledged how fortunate we all are to be safe and secure in our school community.



Pre-Prep News

Pre-School

This week in Pre-School we have been continuing our new topic: '*Let's Celebrate*'. Our focus has been on birthdays and how we celebrate these. As it happens it was Dave's 10th birthday on Thursday! We celebrated by making cards and preparing yummy biscuits to eat at his fabulous party! We played pass the parcel, musical statues and sang him *Happy Birthday* as he enjoyed his very own 'birthday cake'.



Pre-Prep News

Reception

The children have begun their new topic, *Celebrations Around the World*, by reading the story '*Little Glow*' by Katie Sahota and Harry Woodgate. We noticed that celebrations have light and togetherness in common.

The children have been busy creating firework art in the style of Jackson Pollock, 'sparklers' using twigs and craft materials, bonfires using natural materials and Diwali diya lamps out of clay.



Pre-Prep News

Year 1

The children are learning about their bodies this term. To begin the topic, the children had to name and label the different organs inside the body. They worked collaboratively to remember where each one was and how they support our bodies.



Using their learning from their history lessons and trip to the toy museum, the children played a variety of games using wordwall to consolidate their learning. Their teachers were incredibly impressed with those who tried the anagram sort!



Pre-Prep News

Year 2

The children have been finding out about events from the past and how we learn about them. They have been introduced to the diaries of Samuel Pepys and tried their own hand at writing diary entries in his style! They also carried out a Science investigation to see how far germs can travel, linked to their learning about the Plague. They then decided to create a poster showing how to wash hands properly to be put up on the walls in appropriate places around the school.



The children enjoyed their drama workshop all about Florence Nightingale. They reenacted some of the events in her life and gained an understanding of what hospital conditions were like during the 1800s.



Prep News

Year 3

The children were transported back in time to a Victorian classroom and their 21st century teachers were replaced by draconian educators! They had lessons in reading, writing and arithmetic as well as a very Victorian drill lesson.

After the strict, silent morning Year 3 enjoyed learning about Victorian toys by making and decorating their own yo-yos and jack-in-boxes! All of Year 3 agreed they much prefer being learners at LPH in 2023!



Prep News

Year 4

The children have embarked on the topic of 'sound' in science.

Having first tested different instruments to see how sound was made through vibrations, they moved on to investigate how sound travels. Cue making paper cup telephones! The answers following the experiment show how much knowledge the children have taken on board but the fun they had using the 'phones' was a definite highlight!



Anti-Bullying Week - Make A Noise About Bullying!



This year the messages of Anti-Bullying Week have been shared in PSHE Education lessons and Form Time Activities.

While the themes of respectful relationships and managing conflict are a mainstay in classroom activities and learning, the children have all taken time to consider their role in creating a happy and purposeful environment in school.

Conversations have focused on how we can respond to bullying behaviours and support one another. The children have recognised and identified all of the people in their lives who are available to help them, especially the trusted adults in school.

Challenge Clubs

Our new challenge clubs will run throughout the year in every subject and pupils will be invited to take part.

A group of gifted scientists took part in our inaugural AG&T challenge club in early November.

Twelve pupils from Years 3 to 5 were put into vertical groups to recognise that levers are used to make lifting objects easier.



Prep News

Year 5

As part of their 'Health and Wellbeing' unit of learning, the children have been exploring the ways in which they can take responsibility for their feelings, especially when presented with dilemmas and tricky situations. They have described a range of feelings with huge consideration and sensitivity towards one another and are showing an increasingly mature understanding of how their actions can affect other people.

The children are becoming more assertive, and it has been so exciting to hear how they can stand up for their own interests while show empathy and respect for each other's viewpoints.



Four budding Year 5 mathematicians took part in a Maths Challenge, kindly hosted by St Andrew's Prep School in Eastbourne. They competed in six fast paced rounds of problem solving, pitted against a mixture of local prep and primary school pupils.

The scoring was frantic, with the positions changing several times through the course of the afternoon. Out of 30 teams competing, we secured a fifth and ninth place. The children conducted themselves superbly and thoroughly enjoyed themselves.

We now look forward to seeing some Year 4 children competing in a similar competition in early 2024.



Prep News

Year 7

In Geography, the children have been studying extreme weather and climate and learning about why the UK is hit with so many Atlantic storms each winter. This Autumn in particular, Storms Agnes, Babet, Ciarán and Debi have already combined to make life challenging in various parts of the country.

They used straws and paper to demonstrate how the Jet Stream sucks up air from the surface of the ocean, creating strong winds.



Year 8

Year 8 candidates for Food Council put themselves forward to be elected with passionate arguments about meatballs, cheesy wraps and all-day breakfasts. A representative and deputy were chosen from both forms and they will be meeting regularly with the catering team to discuss producing nutritious and delicious food for everyone!



Sports News

Football Results

Wednesday 8 November

1 st XI	v	Brambletye	L
3 rd XI	v	Brambletye	L
Colts B	v	Brambletye	W
Colts D	v	Brambletye	W

Thursday 9 November

U9A	v	Cumnor House	W
U9B	v	Cumnor House	W
U8A	v	Cumnor House	W
U8B	v	Cumnor House	W

Wednesday 15 November

1 st XI	v	St Ronans	L
2 nd XI	v	St Ronans	D
3 rd XI	v	St Ronans	L
Colts A	v	St Ronans	W
Colts B	v	St Ronans	W
Colts C	v	St Ronans	W
Colts D	v	St Ronans	W

Thursday 17 November

U9	v	Copthorne	W
U9	v	Copthorne	W
U8	v	Copthorne	W
U8	v	Copthorne	W



Hockey Results

Wednesday 8 November

1 st XI	v	St Christopher's	L
2 nd XI	v	St Christopher's	L
Colts A	v	St Christopher's	L
Colts B	v	St Christopher's	L
Colts C	v	St Christopher's	W

Thursday 9 November

U9	v	St Christopher's	D
U9	v	St Christopher's	D
U8	v	St Christopher's	D
U8	v	St Christopher's	D



Wednesday 15 November

1 st XI	v	LOGS	W
2 nd XI	v	LOGS	L
Colts A	v	Cumnor House	L
Colts B	v	Cumnor House	L
Colts C	v	Cumnor House	L

Thursday 17 November

U9	Cumnor House	D
U9	Cumnor House	D
U8/U9	Handcross Park	D
U8	Handcross Park	D

Fixtures are co-ed where the schools we play can also field co-ed teams

Notice Board

PSHE for Parents - Have your Say!

We are currently reviewing and making plans towards our PSHE for Parents programme for the New Year and would be interested to hear your views and feedback.

Please click on the link below, or use the QR code, to learn more and 'Have Your Say' regarding future events for our parent community. You are most welcome to contact Mr Clifton (Head of PSHE Education, dclifton@lancing.org.uk) should you have any queries.


Thank you to those of you who have already engaged with this during Parents Evenings so far this term.

<https://forms.office.com/e/T1DjsJL9Tr>



Wellbeing

As parents know, Mrs French and Mrs White are working together on this important aspect of our provision and there is now a specific email address that should be used to contact the team. It is: lphwellbeing@lancing.org.uk and will be monitored during school hours, Monday to Friday.



Lancing Prep Hove
A Lancing College Preparatory School

Please save the dates!

Our 2023 Carol Services will take place at The Church of the Good Shepherd in Dyke Road as follows:

TUESDAY 12 DECEMBER
15.30 - 16.15
YEARS 3 & 4

WEDNESDAY 13 DECEMBER
15.30 - 16.15
YEARS 5 & 6

THURSDAY 14 DECEMBER
15.30 - 16.15
YEARS 7 & 8

All welcome to attend - more detailed information will be available in early December.

Notice Board

Diary Dates

Week 10 - Lunch Menu Week 3

Wednesday 22 November

13.50 Rugby training Years 5 - 8

14.00 Hockey v Handcross Park
1st XI, 2nd X, Colts A & B

@ Lancing College

14.15 Hockey v Handcross Park Colts C (H)

Thursday 23 November

14.15 Hockey v Handcross Park U8 & U9 (H)

14.30 Rugby v Hurst U9B (A)

14.30 Rugby v Cumnor House U8 A & B (A)

Friday 23 November

08.30 11+ Entry 2024 Academic
Assessment morning

18.00 Whole School Poetry Evening
Laurent Hall

**Please check the online calendar for the
latest information, particularly venues
for Sports fixtures**

Week 11 - Lunch Menu Week 1

Tuesday 28 November

ABRSM/NEA exam visit

Wednesday 29 November

Trinity exam visit

08.00 Year 5 Coffee morning Laurent Hall

14.00 Netball v LPW 1st, 2nd, Colts A & B
@ Lancing College

14.30 Netball v Copthorne Colts C (H)

14.30 Rugby v Handcross Park/Brambletye
(A @ Handcross Park)
U11 A & B, U10 A & B

14.30 Rugby v Handcross Park/Brambletye
(A @ Brambletye) U13 & U12

17.00 Year 8 Parents' Evening

Thursday 30 November

14.15 Netball v LPW U8 & U9 (H)

14.30 Mini Rugby Tournament U8 A & B
(A @ St Christopher's)

14.30 Mini Rugby Tournament U9 A & B (H)

Friday 1 December

11+ Entry 2024 Insight Day

18.30 Year 8 Christmas Play, Laurent Hall

Term Dates

Autumn Term 2023

Term ends Friday 15 December 12.00noon

Spring Term 2024

Inset Day Friday 5 January

Term starts Monday 8 January

Half term from Friday 9 February usual collection
times, re-starting Monday 19 February

Term ends Friday 22 March

Summer Term 2024

Inset Day Monday 15 April

Term starts Tuesday 16 April

Bank Holiday Monday 6 May

Half term from Friday 24 May usual collection
times, re-starting Monday 3 June

Pre-Prep Term ends Wednesday 3 July 12noon

Prep School Term ends with Prize Giving

Wednesday 3 July 13.00

Autumn Term 2024

Inset Days Monday 2 & Tuesday 3 September

Term starts Wednesday 4 September

Half term from Friday 18 October, usual collection
times, re-starting Monday 4 November

Term ends Friday 13 December 12.00noon

Spring Term 2025

Inset Day Monday 6 January

Term starts Tuesday 7 January

Half term from Friday 14 February, usual collection
times, re-starting Monday 24 February

Term ends Friday 28 March

Summer Term 2025

Inset Day Tuesday 22 April

Term starts Wednesday 23 April

Bank Holiday Monday 5 May

Half term from Friday 23 May usual collection
times, re-starting Monday 2 June

Pre-Prep Term ends Thursday 3 July 12noon

Prep School Term ends with Prize Giving

Thursday 3 July

What Parents & Carers Need to Know about SMART TVs

Smart TVs connect to the internet without the need for a set-top box or streaming device, letting users access a range of features through the TV set itself: from on-demand content apps like BBC iPlayer to streaming services such as Netflix, as well as connecting to smartphones and other wireless devices. Most new televisions are internet enabled – so whether you're thinking of upgrading your home viewing system or buying an additional TV for your child's room, it's now even more important to consider the online safety aspects.

WHAT ARE THE RISKS?

AGE-INAPPROPRIATE CONTENT

From Netflix to Disney+ to Prime Video, there is a plethora of streaming services available. While these services offer content catering for younger viewers, they also provide material for more mature audiences. If you don't have parental controls set up on your accounts, your child could find themselves being exposed to shows and movies with adult themes, strong language and violence.

CENSORED

INCREASED SCREEN TIME

The array of content available through smart TVs could lead to your child spending excessive amounts of time in front of the screen. Not only can prolonged screen time distract from important activities such as schoolwork or exercise, but experts have also warned that endless hours in front of the box can lead to health problems including obesity, poor sleeping patterns and depression.



REMOTE-CONTROL RETAIL

Like many online devices, smart TVs facilitate digital purchases: buying a new app or the latest season of a favourite show, for example. If your child has access to a bank card and isn't restricted by spending controls on the system, they could run up a sizeable bill through a smart TV fairly quickly – especially if they're not quite old enough to fully appreciate the value of money.



UNCONVINCING SECURITY

As Internet of Things (IoT) devices, smart TVs can be uniquely vulnerable to attack. Experts warn that internet-enabled TVs tend not to support high-level security software, so you won't always be able to download strong antivirus programmes like you would on a phone or computer. Being targeted by hackers could be deeply upsetting for your child, as well as putting their personal data at risk.



A SILENT SPY?

Some smart TVs already collect data on users' viewing habits and then display targeted advertising based on that personal information – while there have also been reports of internet-enabled TVs (and the apps installed on them) being used to 'eavesdrop' on owners. In models with a built-in microphone (for voice activation), third parties could potentially listen in on someone's home life.



CONTACT FROM STRANGERS

Many smart TVs can be used for web browsing, social media and live streaming – all of which could allow unknown users to contact your child (or vice versa). If your child engages with these functions of the TV, a stranger could potentially discover their contact information and potentially then use it to obtain even more sensitive personal details, such as your home address.



Advice for Parents & Carers

MAKE IT A FAMILY THING

Family TV time is a great way to model the responsible enjoyment of technology – showing your child how to use the smart TV safely for when they're old enough to watch it independently. You could also take this opportunity to establish some healthy TV boundaries, such as time limits on their daily viewing or how to make sure they're only watching content that's appropriate for their age.



SET UP PARENTAL CONTROLS

It's likely that your smart TV has built-in parental controls, which not only let you filter out age-inappropriate shows, movies and games but can also restrict in-app purchasing, so your child can't accidentally spend money through the device. When you've enabled these safeguards, have an open conversation with your child about the reasons, helping them to understand the potential risks.



CREATE CHILD PROFILES

Much like with smartphones and tablets, apps can be downloaded onto smart TVs: from free content platforms such as BBC iPlayer to paid-for services like Prime Video. Most of these apps allow you to create a separate account for your child which has different settings to your own – suggesting more child-friendly material and reducing the possibility of them viewing explicit content.



CONSIDER THE LOCATION

If you're concerned about the online safety hazards that a smart TV might pose to your child, you could consider where in your home you put the device. The safest option would be to place the smart TV in a shared family space – so that an adult is usually nearby and able to supervise while your child's watching it – rather than in the relative privacy of a bedroom.



Meet Our Expert

Carly Page is an experienced technology journalist with a track record of more than 10 years in the industry. Previously the editor of tech tabloid The Inquirer, Carly is now a freelance technology journalist, editor and consultant.



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