



Notices are on Page 12 including details of Half Term Activities

### Message from Mrs Keep

The first fortnight of the new term has passed in the blink of an eye, and we have all settled quickly back into routine. A number of new families have joined the school and, as always, the children have done a sterling job helping them to feel at home. Thank you to everyone who has helped to welcome somebody new.

The term has got off to a busy start with plenty of activities enriching the curriculum and celebrating success. The House competition got off to an exciting start with Lavies heading to the cinema to celebrate their success last term, and soon Mufasa will be heading to a local playground to celebrate their victory too.

This evening, we look forward to the Reception Camp which will see the children in school enjoying having the school and grounds to themselves. There are all manner of exciting activities planned, and I can't wait to join them in toasting marshmallows round their campfire.

Added to this, we've had a cracking start on the sports field, after the snow thawed and conditions on the pitches allowed, with our rugby and netball teams showing tenacity aplenty. It all looks promising for the term to come!

The start of the new calendar year gives us an opportunity to talk about our resolutions. We revisited our theme from September and looked at why it's not just okay to make mistakes but rather something to celebrate. The greatest mistake any of us can make is to be so determined to be right that we sit inside our comfort zones. I would rather the children at LPH were willing to give something a go, even if they don't always get it right, and our collective New Year's Resolution is to learn from the mistakes we make. I hope this is something you can also encourage at home as much as we will in school, with plenty of opportunities to take risks even if the outcome isn't always perfect first time.

**TRY SOMETHING NEW**  
**JAPANESE**  
**RAMEN**  
**FRIDAY 24TH FEBRUARY**



**Hibachi Noodles**  
Miso Mushrooms & Bean Sprouts  
Green Beans & Bok Choi with Nori

**Chilli, Soy and Ginger Broth**  
Simple Ramen Broth

**Karaage Chicken**  
Crispy Fried Tofu

**Black Onion Seeds**  
Half Boiled Egg  
Spring Onions  
Edamame Beans  
Fresh Chilli

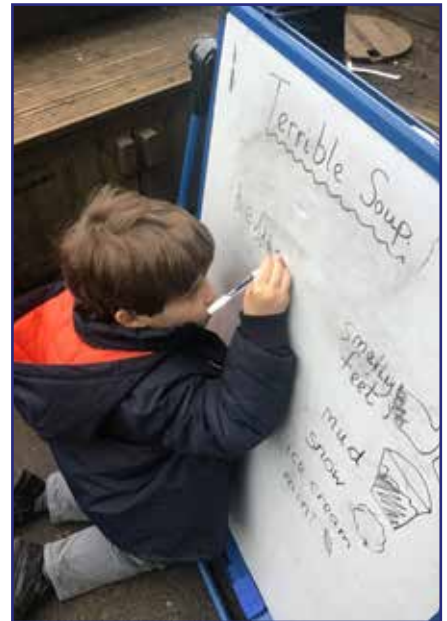
**Mogu Mogu**



## Pre-Prep News

### Reception

The children have been reading the story of *Billy and the Beast* by Nadia Shireen, as part of their topic *Into the Woods*. They have been making 'Terrible Soup' in the mud kitchen, creating and writing their own recipes in the classroom den. The children have also been trying some healthier foods in the classroom and at lunchtime, as well as making their own delicious soup for the Reception Camp Evening.





## Pre-Prep News

### Year 1

The children have been keen to find out what they would need to take with them on an expedition to the Antarctic. In Science they tested which gloves would be best to pack, deciding that a pair that is waterproof, flexible and warm is a necessity! The children also enjoyed discussing what kit they would need to take with them and trying on skis. They learnt which foods polar explorers pack, and wrote lists of what they take – chocolate was very popular!





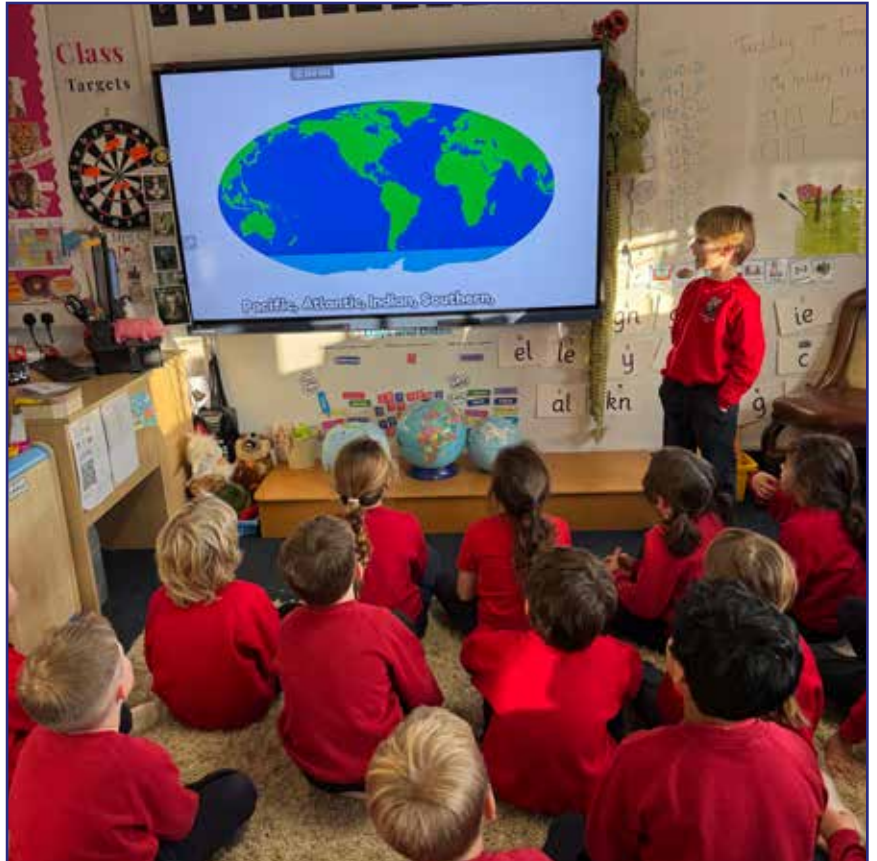
## Pre-Prep News

### Year 2

In Maths the children have been learning about money. They have been addressing many misconceptions around pence and pounds; what coins and notes look like, values, comparing and equivalence. They have been asked to count pounds and pence separately to help prove their answers. In addition to much money talk, throughout the week the children have worked practically to complete a range of mental and physical challenges.

In Art the children have been screen printing, a new technique for them. They created their very own Great Wave by Hokusai inspired by on our core text, *The Great Wave* by Veronique Massenot.

In Geography, the children have enjoyed the introduction to our new topic, 'The Far East' and have been enthusiastically learning about the different continents and seas.



## Pre-Prep News

### Funky Fingers Club

Our new Funky Fingers club works to support children in the Pre-Prep with their fine motor skills through fun and creative activities. This week, the children worked hard to create their own name signs using small buds of paint. With the weather being rather chilly, they also practised their cutting skills to find warm clothes to dress their chosen person!





## Prep News

### Year 3

In English the children have been looking at how the words an author chooses or how those words are read can affect the reader's understanding of the story. Using *Leon and the Place Between* by Angela McAllister, they were challenged to give dramatic readings of different sections of the story and using their voices and bodies to bring the words to life.





## Prep News

### Year 4

What better way to introduce the Anglo Saxons to the children than to welcome back Mike from *Portals from the Past* who came in and wowed us all with lots of (often gory) history! We researched, held weapons, listened to the story of Beowulf, played games and then went into battle. It was a truly brilliant day and the children are now eager to learn more.





## Prep News

### Year 5

To kick off their learning about life cycles this term, the children have enjoyed dissecting flowers in their lessons this week. They learned about the two different processes of pollination and dissected tulips to identify and record the inner workings of the flower.





## Prep News

### Year 6

The children have been enjoying their learning, in amongst all the other activities this week. They were proudly parading their French vocabulary paper chains around school yesterday before measuring and comparing their lengths. We're yet to be told which class achieved the longest chain of key French phrases.



On Tuesday, many of our Year 6 pupils went to Lancing College as part of their Senior School application process. Although there were some academic challenges during the day, the children were pleased to report it wasn't all work, work, work!

In the children's words: "the teamwork activities meant that we could get to know each other"; "for break we went to the Fives Café and got a hot chocolate and a cookie!". "We got to explore the grounds during the excellent Treasure Hunt" and "the body percussion during the music activity was interactive and very fun!".

"It was good meeting other pupils" and all came away feeling that it had been a very worthwhile and entertaining day.





## Prep News

### Lavies House Reward!

The victorious Lavies set off for their House reward for winning last term's house competition. A brisk and chilly walk down to *The Duke of York* cinema was followed by a very enjoyable morning watching a private screening of 'Wonka' including a vast array of lovely sweet treats brought in from home. It was a very well-deserved reward after a hard-fought competition and a taste of victory which Lavies seem in fighting spirit to keep hold of this term!





## Prep News

### Sport

Fixtures have got underway this term with some pleasing results for our teams, particularly the co-ed netball teams. Well done to everyone who took part.

#### Netball Results

		W/D/L
1 <sup>st</sup> VIII v Brighton Girls	1-1	D
1 <sup>st</sup> VII v LPW	9-4	W
2 <sup>nd</sup> VII v Cottesmore	8-7	W
3 <sup>rd</sup> VII v Cottesmore	1-7	L
4 <sup>th</sup> VII v Cottesmore	1-5	L
Colts A v Brighton Girls	5-0	W
Colts A v Dorset House	10-0	W
Colts A v LPW	5-1	W
Colts B v Brighton Girls	8-0	W
Colts B v Dorset House	3-0	W
Colts C v LPW	4-0	W



#### Rugby Results

	W/D/L
U13 v Cottesmore	L
U13 v Pennthorpe	L
U12 v Cottesmore	L
U11A v Cottesmore	D
U11A v Pennthorpe	W
U11B v Pennthorpe	D
U10 v Cottesmore	W
U10 v Pennthorpe	W

## Notice Board

### Spring Term 2025

Half term from Friday 14 February, usual collection times, re-starting Monday 24 February

Term ends Friday 28 March

### Summer Term 2025

Term starts Wednesday 23 April

Bank Holiday Monday 5 May

Half term from Friday 23 May usual collection times, re-starting Monday 2 June

Term ends Thursday 3 July

12 noon for Pre-Prep & after Prize Giving for Prep

### Autumn Term 2025

Inset Days Monday 1 & Tuesday 2 September

Term starts Wednesday 3 September

Half term from Friday 17 October, usual collection times, re-starting Monday 3 November

Term ends Friday 12 December 12.00 noon

### Spring Term 2026

Inset Day Monday 5 January

Term starts Tuesday 6 January

Half term from Friday 13 February, usual collection times, re-starting Monday 23 February

Term ends Friday 27 March

### Summer Term 2026

Inset Day Monday 21 April

Term starts Tuesday 22 April

Bank Holiday Monday 4 May

Half term from Friday 22 May usual collection times, re-starting Monday 1 June

Term ends Friday 3 July

12 noon for Pre-Prep & after Prize Giving for Prep

Please check the online calendar for the latest information, particularly venues and timings for Sports fixtures

[www.lancingprephovecalendar.org.uk](http://www.lancingprephovecalendar.org.uk)

**BARRACUDAS**  
ACTIVITY DAY CAMPS

**5 Things you want to learn in 2025?**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

**NEW YEAR WORD SEARCH!**

1. HAPPY
2. JANUARY
3. MIDNIGHT
4. FIREWORK
5. CELEBRATE
6. FAMILY
7. FRIENDS
8. CALENDAR
9. GOALS
10. FUN

**POP QUIZ!**

1. How many months in a year?
2. Which month starts the new year?
3. At what time do we celebrate New Years Day?
4. In letters can you spell 2025!
5. How many days are in a year?

**Decode the message!**

3 The Key

1	A	6	N
2	E	7	R
3	Y	8	W
4	P		
5	H		

**FUN FACT**

The ancient Babylonians are said to have been the first people to make New Year's resolutions, some 4,000 years ago.

**HEY!**

I'm BILLY Barracuda! Get ready for a year full of fun, learning, and new adventures. Let's make 2025 our best year ever!

**How many STARS can you see?**

**ANSWERS**

1. 12
2. January
3. 00:00
4. 2025
5. 365

Visit [barracudas.co.uk](http://barracudas.co.uk) or call 01480 467 567





Lancing Prep  
Hove

A Lancing College Preparatory School

# Spring 2025 PSHE for Parents

## **SAFER INTERNET DAY WORKSHOP**

8.30am 10 February, Laurent Hall

Find out about:

- the difference between parental controls and security settings
- setting up your family devices and WIFI
- age appropriate settings for Smart TVs

Join our staff and specialist IT support team to find out more.

Bring your devices along to address any concerns before you leave!

## **Gaming & Gambling Awareness Workshop:** 8.30am, 13 March, Laurent Hall

A seminar created specifically for parents to gain information on gaming and gambling and how to spot the signs of harm.

You will gain access to an online parent resource hub and more confidence to ensure your children are accessing the world of video gaming in a safe and secure manner.

Join your child  
for Online Safety lessons!  
Year 3  
week commencing 27 February

Year 4  
week commencing 3 March

Year 6  
week commencing 10 March

## **'The Power of Sleep' Workshop** 8.30am 28 February, Laurent Hall

Does your family get the rest they need?  
Why do sleep issues occur?  
How can improve my child's sleep?  
Join Melissa Clinton, Head of Wellbeing,  
Canford School whose  
award-winning sleep programme  
helps pupils and families make more  
informed, better choices  
on the important life skill  
of sleep health.

**Look out for further information and your invitations  
on School Post this term!**



<sup>14</sup> Level 1 & Level 2

# CYCLE



# TRAINING

at Preston Park  
and Hove Park



**Level 1** is where you will learn to control your bike.

**Level 2** is where you start with real traffic, but sticking to quiet roads.

**Monday 17 – Thursday 20  
February**

**10am – 12.30pm each day**

**Ages 9 –15**

**Levels 1 & 2 together is £45 per person.**

Places are limited and on a first-come first-served basis.

**Level 1** – Riders must be able to ride independently with confidence and without stabilisers.

**Progression to Level 2 training** is depended on meeting all level 1 modules to National Standards Level.

To book your place visit:

<https://cycling.envelope.host/courses/>

or contact Emily Tester on 01273 293847  
or email: [east.central@brighton-hove.gov.uk](mailto:east.central@brighton-hove.gov.uk)



**Brighton & Hove  
City Council**



Level 3

# CYCLE



# TRAINING

at Preston Park  
and Hove Park



Monday 17 – Wednesday 19  
February

1.15pm – 3.15pm each day

**Ages 11 – 15**

All children must have attended a Level 2 course and allow 3 months practice between levels.

All trainees will be assessed on Level 2 outcomes before progressing further.

**Level 3** is where you learn to cycle safely on busy roads within the city.

Training includes roundabouts, traffic lights and filtering. You must have completed Levels 1 and 2.

Places are limited and on a first-come first-served basis.

Level 3 training costs £50 per person.

To book your place visit:

<https://cycling.envelope.host/courses/>

or contact Emily Tester on 01273 293847  
or email: [east.central@brighton-hove.gov.uk](mailto:east.central@brighton-hove.gov.uk)



Brighton & Hove  
City Council

# THE HOLIDAY SKATE CLUB



CHILDREN AGED 6-12  
ALL ABILITIES WELCOME  
GAMES AND ACTIVITIES  
EQUIPMENT PROVIDED  
MOBILE SKATEPARK  
ARTS AND CRAFTS



EASTBROOK PRIMARY ACADEMY  
SOUTHWICK

PATCHAM HIGH SCHOOL  
BRIGHTON

£45 PER DAY | FULL-WEEK DISCOUNT  
LATE PICK AVAILABLE

MONDAY 17TH - FRIDAY 21ST FEB | 9AM - 3PM

FOR MORE INFORMATION GO TO:  
[THESKATECLUB.COM/HOLIDAYSKATECLUB](https://theskateclub.com/holidayskateclub)

