



# Lancing Prep Hove

A Lancing College Preparatory School

## Newsletter

Spring Term | 7 March 2025

### Message from Mrs Keep

As the days are growing longer and new signs of spring appear, including 11 patches of crocuses fully in bloom by the front door (reliably counted for me each day by Clemmie!), school has been buzzing with energy. Over the past week, our pupils have embraced a trio of celebrations, making the most of the emerging sunshine.

World Book Day yesterday saw the children immersing themselves in the magic of storytelling. Their vibrant costumes brought literature to life, and the week has been filled with myriad activities designed to bring reading to the fore. From classic fairy tales to modern adventures, and even one book in which an LPH pupil makes a star appearance, the joy of reading was palpable. Whilst reading is a core skill which has our focus year-round, it's always lovely to see it take centre stage. Please do keep encouraging your children to keep count of their reading for our sponsored readathon, which is hopefully raising plentiful funds for our school charities.

Our annual pancake races have also taken place this week adding an extra dose of fun, with pupils and teachers flipping and sprinting their way around the astro for victory. This is a much-loved tradition, and special congratulations to Mufasa and Stewarts for their victories.

Today, we marked International Women's Day. The female staff in school were treated to a delicious delivery of home-made fudge from the Lancing College kitchens, and our Pre-Prep mummies came into school to be treated to tea with their children. The core message of IWD is to aim for a world free of bias, stereotypes and discrimination. Again, these are year-round values in school, but the focus of IWD allows us to ensure our conversations put these ideals front and centre, for girls and boys.

With spring always comes a renewed sense of optimism, and we all look forward to the next three weeks of term which will inevitably be just as busy.

Term dates are on Page 14 and details of Easter Holiday Activities start on Page 14



### Annual Charities

To donate to our nominated charities, please click their icons!



World Book Day Book Swap



Pre-Prep Pancake Race



Follow us on



@lancingprep.hove



@LancingPrepHove

## Pre-Prep News

### Reception

As part of our topic *Marvellous Minibeasts* we visited the garden to see what we could find. We found worms, woodlice, spiders and ants. We have built a wormery and the children are enjoying watching the worms create tunnels and pull food from the surface. In their outside area they have been investigating which mini beast live in our environment. The children have been learning some amazing worms facts – did you know worms don't have eyes but they have a photoreceptor which tells the worm if it is light or dark and they don't have ears but they can feel vibrations through the soil.





## Pre-Prep News

### Year 1

The children have been finding out all about Kenya. They created their own passports and tickets ready for their 'virtual flight' and certainly enjoyed the inflight entertainment and refreshments! They have been using their new knowledge to compare Kenya to the UK.





## Pre-Prep News

### Year 2

This week, the children had a special visitor in school who delivered a parent workshop on sleep health and came to talk to the children about the importance of sleep. The children were excited to engage with the topic, sharing their own sleep habits and learning new ways to improve their bedtime routines. Together, they created a mind map of ideas, building a toolbox of strategies to support healthy sleep. They discovered that getting enough sleep not only helps them grow and stay strong but also boosts their ability to learn, focus, and feel their best every day. Now, the children understand that sleep is their superpower, helping them to be their best both in and out of the classroom!



In their Forest School lesson, the children had a blast creating bubble potions! Using bubbles and food colouring, they explored the magic of mixing colours and making fun shapes. It was a fantastic hands-on activity that sparked their curiosity and creativity, as they learned through play in the glorious sunshine we have enjoyed had this week.



The children have been working hard when learning multiplication and division. They have been using different strategies to help understand numbers deeply. Methods include repeated addition, arrays, number lines, partitioning, inverse operations and fact families.



# World Book Day





## Prep News

### Year 3

As part of their REP topic 'The Church', the children visited both the Church of The Good Shepherd and Lancing College Chapel last week. They thoroughly enjoyed hunting for the features of a Christian Church in both buildings and they were able to compare the two. Playing the organ in the Chapel and ringing the bell in The Church of the Good Shepherd were certainly two of the highlights as well as looking closely at the stained glass windows.





## Prep News

### Year 4

The children embraced book week by having a 'reading scavenger' hunt in the library. They worked in pairs to find books that included things such as 'a description of food,' 'a historical fact,' 'a great sentence,' 'a surprising event,' and many more. The industry in the room could be seen and felt and it was wonderful to see such determination. Book work including creating a new title, blurb and cover for our book *The Iron Man* was completed and our Maths lesson on Thursday was also book based. We all had a great time celebrating books all week.





## Prep News

### Year 5

The trip to the World Rugby Museum was blessed with beautiful weather and, as ever, the children were a credit to the school - every adult that they met and worked with had so many kind and positive comments to share. The awe and wonder on the children's faces were clear to see as they saw the sports arena for the first time. They had great fun reading their books in the England dressing room and while sat in the Royal Box. The children asked fantastic questions about all that they observed, touching on subjects including financial planning, sustainability, international cultures, and elite sports events. They were hugely impressive in their workshop where they made several choices around a stadium design, how much money they would spend and how they could consider the environmental impact of their decisions. We shall be watching the England game versus Italy on Sunday with added interest and many of the children are hoping to grab a ticket for the Women's World Cup Final later this year!





## Prep News

### Year 6

In Critical Thinking lessons, the children have begun planning for their £5 challenge. In groups, they have been given a budget of £5 and their task is to use that in the best way possible to fundraise for our school charities. In the coming weeks, they will use their burgeoning entrepreneurial skills to create a business plan which will result in a charity event in the second half of the summer term.





## Prep News

### Cookery Club

Children from Years 7 and 8 are enjoying taking part in Cookery Club and this week had a lot of fun making (and eating) pancakes!

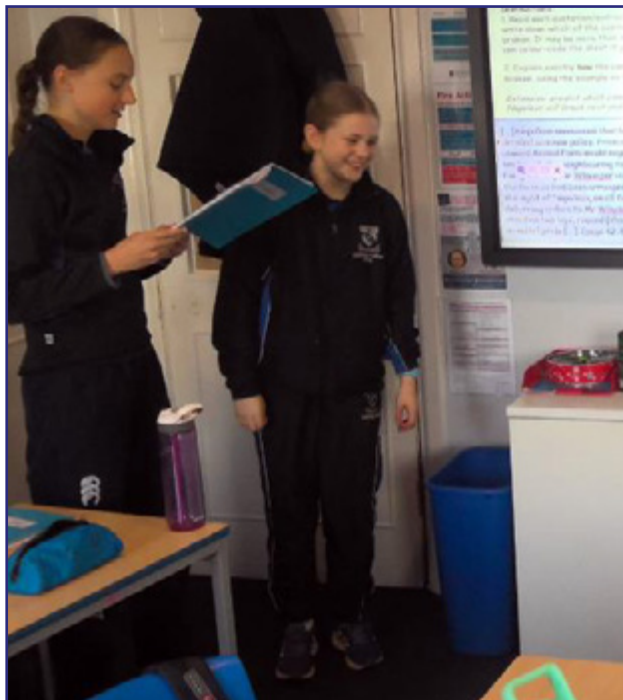
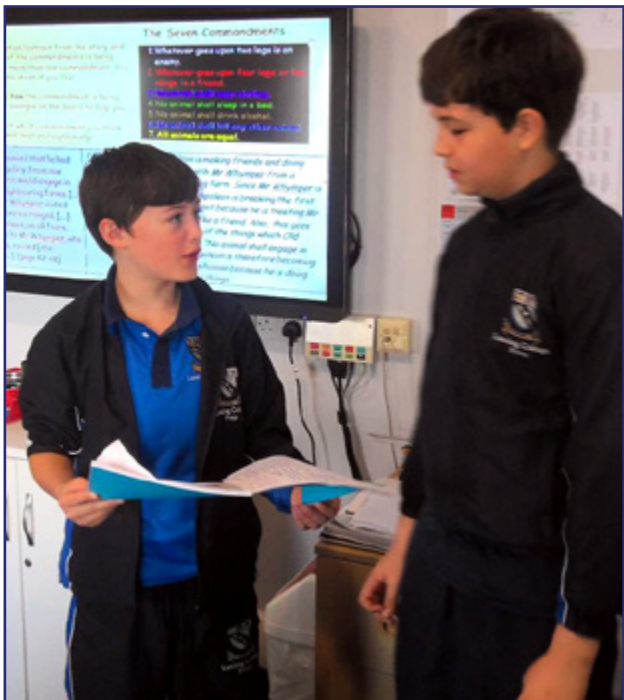




## Prep News

### Year 8

The children have been creating a script around the novella *Animal Farm*. They worked in teams to create songs inspired by the song *'Beasts of England'* and the power struggle between Napoleon and Snowball, the *Animal Farm* protagonists.





## Prep News

### Sport

The U11A Boys A Hockey team travelled to Lancing College for a tournament. After some tricky, but mainly victorious, group matches (including beating the favourites Farlington 3-0) the team topped the group and gained a bye to the final.

After a nervous wait to see who their opponents would be, they faced Farlington again and held them to a 1-1 draw after falling behind, to take the game to penalty shuffles. Five penalties later the scores were still level after some excellent goals and saves from both teams.

Lancing Prep Hove won on the first round of sudden death penalties, thanks to a great top corner goal from Noah G and a stunning save from Arthur. Every member of the squad played their part brilliantly and we are very proud of all the boys for a hard-fought and resilient performance. Well done all!



### Congratulations!

Two of our swimmers attended the highly competitive Sussex County Championships swimming held in Portsmouth at the end of February

Penny B won five silver medals. achieving PB times in all categories), in three different disciplines – front crawl, butterfly and individual medley. This was all the more commendable as she was swimming in the category above her year group.

Jessica O had a super day, with an impressive haul of 14 medals, being placed in all 14 races she entered.



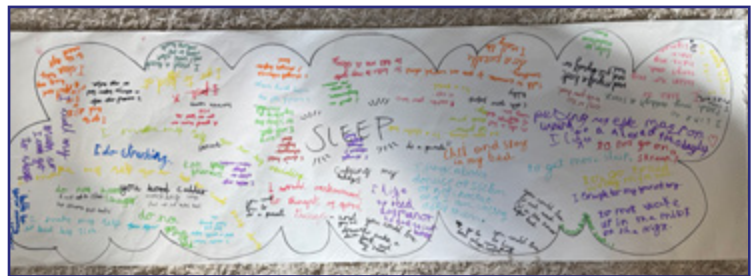


## Prep News

### PSHE for Parents - the Power of Sleep

Our latest PSHE for Parents session shared fascinating and useful advice with regards to sleep health. Parents in attendance left with useful tips and advice to support conversations at home and ensure that all members of the family were able to consider recognising what affects their sleep at home. We look forward to sharing the presentation slides and resources via the parent portal on iSams, shortly.

Year 2 were excited to share a workshop session in class, discussing their own sleep routines, and learning about the importance of a good night's rest.





## Notice Board

### Spring Term 2025

Term ends Friday 28 March

### Summer Term 2025

Term starts Wednesday 23 April

Bank Holiday Monday 5 May

Half term from Friday 23 May usual collection times, re-starting Monday 2 June

Term ends Thursday 3 July  
12 noon for Pre-Prep & after Prize Giving for Prep

**Please check the online calendar for the latest information, particularly venues and timings for Sports fixtures**

[www.lancingprephovecalendar.org.uk](http://www.lancingprephovecalendar.org.uk)

### Autumn Term 2025

Inset Days Monday 1 & Tuesday 2 September

Term starts Wednesday 3 September

Half term from Friday 17 October, usual collection times, re-starting Monday 3 November

Term ends Friday 12 December 12.00 noon

### Spring Term 2026

Inset Day Monday 5 January

Term starts Tuesday 6 January

Half term from Friday 13 February, usual collection times, re-starting Monday 23 February

Term ends Friday 27 March

### Summer Term 2026

Inset Day Monday 21 April

Term starts Tuesday 22 April

Bank Holiday Monday 4 May

Half term from Friday 22 May usual collection times, re-starting Monday 1 June

Term ends Friday 3 July

12 noon for Pre-Prep & after Prize Giving for Prep

### Parking in the vicinity of the school...

We have again had our attention drawn to the fact that there is occasionally inconsiderate parking by LPH parents in and around our local area.

May we respectfully request that parents do not park across our neighbours' driveways. It can cause considerable inconvenience and nuisance to those who live in the area, and as a community we try very hard to maintain good relationships with them.

Please may we also request that LPH parents do not park in the tennis club driveway, they have lessons running all day and their players and parents need to access their parking facilities.

There is parking available in other roads, please do consider parking a little further away if the Drove way is congested. There will not be any problem with children arriving or being picked up a few minutes late if there is no room outside the school. Thank you for your support with this.



**Lancing College**

**EASTER HOLIDAY CAMP**

31 MARCH - 22 APRIL

EARLY STARTS AND LATE FINISHES AVAILABLE

From **£15**

- ✓ Art
- ✓ Football
- ✓ Tennis
- ✓ Netball
- ✓ Team Sports
- ✓ Train Like A Pro
- ✓ Little Learners

20% DISCOUNT WITH CODE EARLYBIRDEASTER

Offer ends 10 March 2025

Click image to book



The Outdoors Project are looking forward to running their holiday clubs at Lancing Prep Hove this Easter holiday. They'll be at the school from 7 April to 16 April. The week prior they will be at Hove Park (

It's for ages 5-11, 9am-3pm. Book for a day at a time, or the whole week - it's £39.50 a day. Book on their website: [www.theoutdoorsproject.co.uk](http://www.theoutdoorsproject.co.uk)

Inspiring Adventure Clubs For Kids

**BOOK  
NOW**

# EASTER HOLIDAY CLUBS

ENCHANTED FOREST DEN MAKING

AMAZING ANIMALS SNEAKY VS STRONG

WILD THINGS THE CALL OF THE WILD

THE BIG WILD EGG DAY

EPIC EGG HUNTS

EASTER ISLAND MOAI MAYHEM!

CAMPFIRE COOKOUT

TOASTED FIRESTARTER

AGES 5-11 | 9AM-3PM | EVERY WEEKDAY OF THE EASTER HOLIDAYS

- ✓ 100% OUTDOORS
- ✓ MAKING FRIENDS
- ✓ PHYSICAL ACTIVITY
- ✓ BUILDING CONFIDENCE
- ✓ ENERGETIC & ENGAGED STAFF
- ✓ FLEXIBLE BOOKING
- ✓ OFSTED REGISTERED
- ✓ CHILDCARE VOUCHERS ACCEPTED

COME FOR  
THE EGGS

STAY FOR THE  
LAUGHS!





# BARRACUDAS

ACTIVITY DAY CAMPS

HIGHLY RATED  
School Holiday  
Camps!!!



AT A SCHOOL NEAR YOU IN **2025!**  
EXCLUSIVE PARENT DISCOUNT

USE CODE **SCHOOL20** FOR AN  
EXTRA £20 OFF YOUR BOOKING!

\*Minimum 2 days. \*Not to be used in conjunction with other offer codes

- ⦿ 4½ to 14 year olds!
- ⦿ 80+ Activities!
- ⦿ Choice each session!
- ⦿ Specialist Courses!
- ⦿ Flexible bookings!



OFSTED REGISTERED

[barracudas.co.uk](http://barracudas.co.uk)  
01480 467 567



## BARRACUDAS

ACTIVITY DAY CAMPS

DRAW A SPRING FLOWER!



### SPRING WORD SEARCH!

L	L	N	C	Y	R	L	B	E	I	R	D	R	U
A	B	U	N	N	Y	T	B	W	N	Y	T		
R	V	Y	C	P	R	O	O	E	O	B	R	P	T
P	E	O	L	F	P	L	N	B	E	N	R	A	K
F	U	D	D	I	P	R	O	N	P	L	A	I	T
C	E	R	V	S	I	B	R	I	R	V	L	I	T
G	O	G	E	O	L	S	C	A	T	O	D	O	S
I	T	N	R	B	U	D	D	R	R	R	G	O	
I	T	S	I	E	I	T	E	N	R	I	T	N	K
I	B	R	U	N	B	E	S	B	Y	N	L	D	R
R	E	P	A	R	S	S	P	O	R	E	L	U	S
R	E	P	A	R	S	S	P	O	R	E	L	U	S
N	C	E	R	S	B	B	Y	L	F	R	E	T	T
U	G	E	R	B	E	R	P	A	T	O	D	L	O
O	U	L	L	L	B	E	R	H	O	D	G	E	N

- BIRD  
SPRING  
RAINBOW  
BUTTERFLY  
TULIP  
BEE  
BUNNY  
BLOOM  
SEEDS  
CLOVER

### LET'S SPRING IN TO ACTION!

- Let's stay fit & healthy! Try these exercises!
- 5X PUSHUPS
  - 5X LUNGES
  - 5X STAR JUMPS
  - 1 MINUTE PLANK!



HELP THE BUTTERFLY THROUGH THE MAZE!



How many birds can you see?

#### FUN FACT

Spring is a time of change: Animals like hedgehogs and bumblebees wake up from hibernation, and lambs frolic in the fields.

HEY!  
I'm BILLY Barracudal  
Spring is coming and  
it's time to enjoy  
brighter and longer  
days!

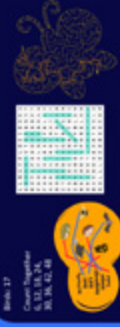
Let's count together... in 6s!

☆☆☆☆	☆☆☆☆	☆☆☆☆	☆☆☆☆
☆☆☆☆	☆☆☆☆	☆☆☆☆	☆☆☆☆
6		18	
☆☆☆☆	☆☆☆☆	☆☆☆☆	☆☆☆☆
	36		48

Match the SPRING ANIMALS!



#### ANSWERS



visit [barracudas.co.uk](http://barracudas.co.uk)  
or call 01480 467 567





# JOIN OUR CLUBS!



Sign up your child today and join our mission: inspiring growth, empowering individuality, and boosting academic performance through inclusive activities.

Join just for this next half term and please note that summer term sign-ups will open at the beginning of March!



## OUR CLUBS ON OFFER AT LANCING PREP:

Street Dance (Pre-school & Reception) – Thursday:

- Brilliant for beginners or students looking to refine their techniques.
- Learn to master the latest moves with fun and style.
- Experienced coaches that will guide and support.
- Perfect destination to grow confidence and self-esteem.

Sign up now!

[enquiries@ba-academy.co.uk](mailto:enquiries@ba-academy.co.uk)

<https://ba-academy.co.uk/>