

Lunch Menu

All our meals are carefully checked for allergens, and alternative options are available

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
	Meat Free Monday	Tasty Tuesday	Wow-Factor Wednesday	Thursd'yay	Friyay!
Main Course	Thai green vegetable curry	Honey roast gammon ham	Chicken katsu curry	Beef lasagne	Salmon & haddock fishcakes parsley sauce
Main Course (Vegetarian)	Crispy tofu vegetable curry	Quorn sausages	Chickpea and butternut squash curry	Lentil roasted vegetable lasagne	Fish fingers/ fishless fingers
Little Stars (Pre-Prep)	Mild thai coconut curry with rice and spring rolls	Roast gammon mini dinner	Buttermilk chicken breast Steamed rice Stir fry veggies	Beef ragu and wholemeal pasta Roasted carrots	Fish fingers Diced potatoes Peas/baked beans
Side Orders	Jasmine rice Spring rolls & sweet chilli dip Stir fry veggies	Herb buttered new potatoes Green beans Coleslaw	Steamed rice Stir fry veggies Pickled cabbage	Roasted carrots and swede Garlic bread	Steamed herby potatoes peas Tartare sauce
Seasonal Salad Bar	Salad bar classics Special of the day Fresh bread Dressings	Salad bar classics Special of the day Fresh bread Dressings	Salad bar classics Special of the day Fresh bread Dressings	Salad bar classics Special of the day Fresh bread Dressings	Salad bar classics Special of the day Fresh bread Dressings
Dessert Of The Day	Pineapple upside down cake with cream Fresh fruit pots	Jelly fruit pots Fresh fruit pots	Berry and oat muffins Fresh fruit pots	Banana and mango smoothie Fresh fruit pots	Summer berry mess Fresh fruit pots



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Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
	Meat Free Monday	Tasty Tuesday	Wow-Factor Wednesday	Thursd'yay	Friyay!
Main Course	Wholemeal pasta with roasted salmon	Teriyaki chicken	Roast loin of pork	Chicken tikka masala	Battered white fish with lemon and tartare sauce
Main Course (Vegetarian)	Tuna & sweetcorn pasta bake	Crispy tofu	Quorn sausages	Chickpea, spinach and sweet potato curry	Veggie fingers
Little Stars (Pre-Prep)	Roasted tomato pepper cheese pasta bake	Teriyaki chicken noodles	Roast pork mini dinner	Coconut chicken curry	Fish fingers
Side Orders	Garlic bread Broccoli Green beans	Egg noodles Stir fried Asian veggies Soy mushrooms Bok choi	Herby new Potatoes Cauliflower cheese Savoy cabbage Apple chutney	Steamed rice Chargrilled corn on the cob Naan bread Mango chutney Mint yoghurt	Chips Peas or baked beans Mushy peas
Seasonal Salad Bar	Salad bar classic Special salad of the day Fresh bread Dressings	Salad bar classic Special of the day Fresh bread Dressings	Salad bar classics Special of the day Fresh bread Dressings	Salad bar classics Special of the day Fresh bread Dressings	Salad bar classic Special of the day Fresh bread / Dressings
Dessert Of The Day	Tropical fruit salad Fresh fruit pots	Raspberry and blueberry smoothie Fresh fruit pots	Banana cake with Greek yoghurt Fresh fruit pots	Jelly pots Fresh fruit pots	Mango mousse Fresh fruit pots



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Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
	Meat Free Monday	Tasty Tuesday	Wow-Factor Wednesday	Thursd'yay	Friyay!
Main Course	Jacket or sweet potatoes stuffed with a selection of toppings	Roasted lemon and herb chicken breast	Mexican beef Fajitas	BBQ pulled pork baps	Try Something New Day Look out for Posters
Main Course (Vegetarian)	Jacket or sweet potatoes stuffed with a selection of toppings	Roasted herbed tofu	3 beans feta chilli Fajitas	BBQ jackfruit rolls	Try Something New Day Look out for Posters
Little Stars (Pre-Prep)	Jacket or sweet potatoes stuffed with a selection of toppings	Roast chicken mini dinner	Beef mince wraps Cheese peppers Rice	BBQ pulled pork rolls Potato wedges Corn on the cob	Try Something New Day Look out for Posters
Side Orders	Toppings: Creamy mushrooms, 3 bean chilli, tuna mayo, grated cheese or beans	Roasted potatoes Carrots & peas Yorkies Gravy	Mexican style rice Roasted broccoli Sour cream Salsa	Potatoes wedges Corn on the cob Green beans	Try Something New Day Look out for Posters
Seasonal Salad Bar	Classic Salads Special of the day Fresh bread / Dressings	Classic Salads Special of the day Fresh bread / Dressings	Classic Salads Special of the day Fresh bread / Dressings	Classic Salads Salad of the day Fresh Bread / Dressings	Try Something New Day Look out for Posters
Dessert Of The Day	Fruit compote and Greek yogurt Fresh fruit pots	Coconut jam sponge and custard Fresh fruit pots	Tropical fruit salad Fresh fruit pots	Pumpkin seed goji berries flapjacks Fresh fruit pots	Try Something New Day Look out for Posters