Lancing Prep Hove

A Lancing College Preparatory School

NEWSLETTER

Friday, 2 October 2026

Autumn Term

A Message from Kirsty

There is always a great deal of life at LPH, but the past few weeks seem to have been particularly full, with the children making the most of everything that has come their way.

Our recent Family Fun Day was one of those occasions that captures the spirit of the school rather well. It was lovely to see our younger children enjoying the afternoon with their families, and I was especially proud of our Year 7 and 8 pupils who came along to help. They were thoughtful, cheerful and wonderfully attentive to the younger children, and it was a pleasure to see them taking such natural responsibility.

This week's newsletter offers another glimpse of the breadth of school life, from trips and sport to poetry, languages and plenty of learning that has taken the children beyond their usual classrooms. I hope you enjoy reading about some of the things they have been getting up to.

We are also really looking forward to our upcoming Open Morning and to welcoming prospective families into LPH. There is something very special about sharing our school with families who are just beginning to get to know us, and giving them a glimpse of the warmth, energy and sense of community that we experience here every day. Of course, it is our children who bring the school to life, and I always feel enormously proud to see them chatting to visitors, sharing their experiences and showing, in their own way, what makes Lancing Prep Hove such a special place.

I hope you have a very happy weekend.



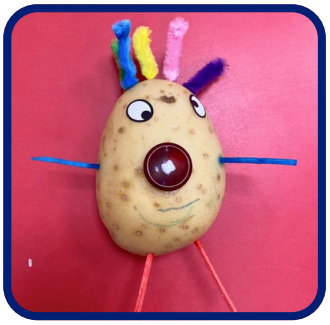


A Portrait of Our Families

In Pre-School, the children have been talking about how every family is different and celebrating all the wonderful things that make our families special.

We have enjoyed chatting about our mummies, daddies and the important people in our lives, sharing some of the lovely things they do for us, from playing together and cooking our favourite foods to giving the best cuddles and singing songs. And what better way to celebrate them than by getting creative! The children had lots of fun making their very own family portraits using a variety of different materials, including, rather brilliantly, potatoes!



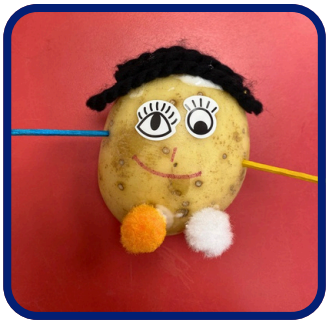












Move, Reach and Stretch!

Our Reception children have been developing their gross motor skills through lots of fun, active experiences! We have been using scarves to move and dance along to music, using lots of big movements. These activities encourage the children to develop their shoulder pivot and strength, using their shoulders and upper body to support controlled and purposeful movements.

The children have also enjoyed popping bubbles, reaching, stretching and crossing the midline as they reach to pop the bubbles. These activities help to develop coordination, balance, body awareness, shoulder and core strength, while encouraging the children to use both sides of their bodies together.
All these activities are helping to prepare our children for writing but more importantly they are having fun!







Phonics, Problem-Solving and Plenty of Teamwork

Year 1 have been putting their phonics skills into practice with a lively game of 'Cross the River', using their knowledge to read words correctly and helping one another to make it safely to the other side.

In maths, the children have also been rising to a range of challenges, solving problems and sharing the different ways they reached their answers. It has been lovely to see such enthusiasm for learning, alongside the kindness and encouragement the children show one another. A wonderful example of how we learn, help and grow together at LPH.





Stories, Science and Harvest Reflections

It's been a busy and varied week of learning, filled with creativity, curiosity and thoughtful discussion.

In English, the children completed their Talk for Writing journey inspired by The Tiger Who Came to Tea. After learning and performing the original story, they created their own imaginative versions, before proudly visiting Reception to read their stories to the younger children.

In REP, the children explored Harvest, thinking about where our food comes from, why we should be thankful and how we can show kindness to those who may not have enough. They brought their ideas together to create a class Harvest poem.

There has been plenty of curiosity in Science too, as the children investigated what happens to our teeth when we don't brush them properly. Don't worry, no actual teeth were sacrificed, eggs have been doing the job instead! Each morning, they have eagerly checked for changes in colour and texture.

And the biggest culprit so far? Vinegar! So, next time you reach for the vinegar on your fish and chips, spare a thought for our poor eggs!



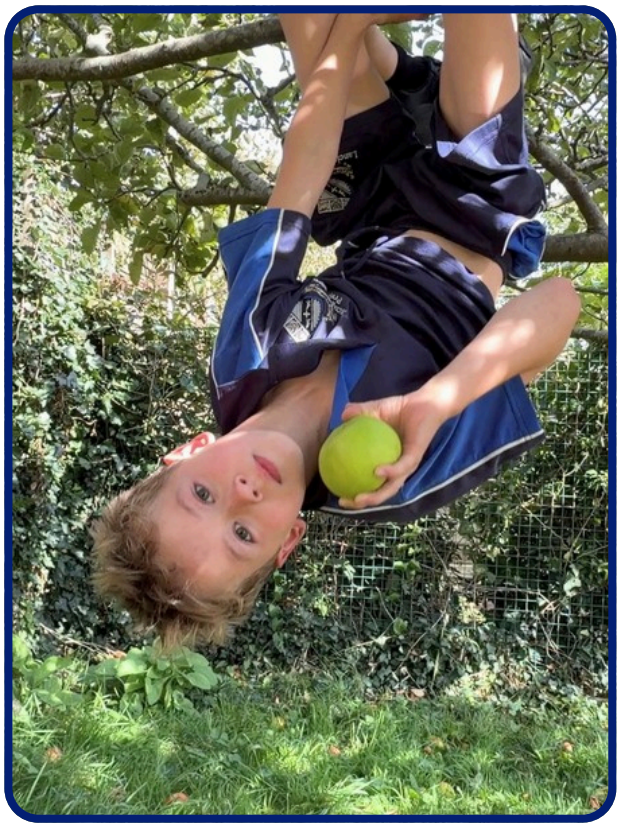
From Tree to Bottle

Year 3 have been making the most of the apple trees in our Lower Field, enjoying time outside picking and collecting apples ready to be turned into our very own LPH apple juice.

The children also put their creativity to work designing labels for the bottles and, of course, enjoyed the all-important job of sampling some apple juice made from our apples. The verdict was unanimous: delicious!

The freshly picked apples will now be pressed and pasteurised, with bottles of juice sold at future school events to raise money for local charities.

The trees themselves have a special connection to LPH. They were planted nearly 40 years ago by Miss Snell's mother, when her father, Mr Snell, was Headmaster of the school. It's lovely to see another generation of children continuing to enjoy the fruit from those very same trees.









A Day in Roman Britain

Year 4 stepped back in time as they became Roman princes and slaves for the day during their visit to Fishbourne Palace.

The children discovered what everyday life was really like in Roman times, including the rather surprising alternative to toilet paper... eek! They also explored Roman innovation, taking a closer look at an early underfloor heating system and learning how the Romans kept their grand homes warm.

There was plenty of fun along the way too, with the children making the most of the hills created from the excavated soil and enjoying some excellent hill rolling! A brilliant day of hands-on history, bringing the Romans and their way of life to life for Year 4.









Ready, Set, Flutter!

Year 5 have been seeing science come to life this term as they explored the fascinating life cycle of a butterfly.

Since the start of September, the children have cared for their own caterpillars, watching as they grew, formed chrysalises and finally emerged as beautiful Painted Lady butterflies.

This week, the time came to release them into the school grounds. Some fluttered straight off on their first flight to freedom, while others were happy to linger on the children's fingers before heading on their way.
A wonderful hands-on way to bring their learning about life cycles to life!











Colts B Impress with Back-to-Back Wins

It was a fantastic week for the Colts B football team, who played some excellent football across their two matches, securing a 7-0 win against St Christopher's and a 4-0 win against Brighton College Prep Hove.

The team worked brilliantly together, playing with confidence and showing great awareness on the pitch. Heads-up football, intelligent decision-making and accurate passing resulted in some excellent team moves, while keeping a clean sheet across 50 minutes of football was an impressive achievement.

Player of the Week went to Jasper S, whose confident, risk-taking passes helped switch the play and open up the opposition defence.

A brilliant couple of matches and a performance the whole team can be very proud of.



Game On!

During Monday form time, Year 7 all came together to transform the REP room into their very own Board Game Café.

Pupils challenged each other to games of Blokus, Rush Hour, Tilt 'n' Shout and many more, putting their strategy, problem-solving and competitive spirit to the test. The competition was certainly fierce, with plenty of fun and laughter along the way!

A brilliant way to spend time together and kick-start the week.







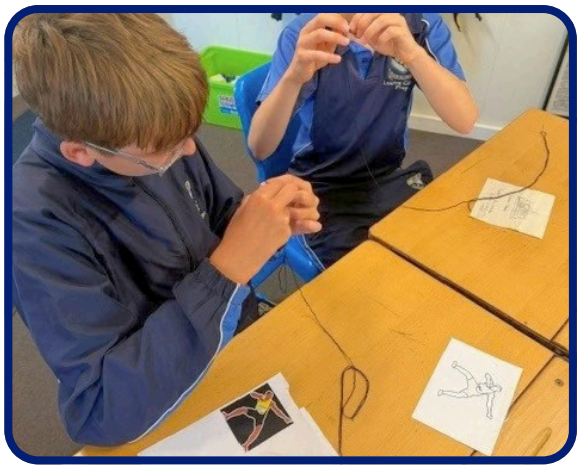


Threads Through History

This week, Year 8 became the first year group to begin work on our Black History Tapestry, soon followed by other classes in the prep school. Inspired by the Bayeux Tapestry, the project will see pupils from Years 3-8 each create a small stitched square celebrating an important Black historical figure, event, achievements or invention.

As the weeks progress, these individual pieces will be joined together to create one large tapestry for each year group, telling a story of Black history and achievement from across the world. We are looking forward to seeing the project grow as more year groups add their contributions and helping to create a lasting piece of artwork for the school community.









Through to the Next Round!

Our Year 8 footballers joined forces with pupils from LPW and DH for the first round of the ISFA U13 Bowl, taking on Ryde School from the Isle of Wight.

The team produced a fantastic performance, securing an impressive 8-1 victory and earning their place in the next round of the national competition.

With teams from across the country taking part, we now wait to see who they will face next. A brilliant result and an exciting start to their ISFA campaign!



Year 7 Step Back into 1066

Last week, Year 7 travelled by train to see the Bayeux Tapestry, bringing their studies of the Norman Conquest to life.

Stretching for almost 70 metres, pupils followed the story of the events leading up to the Battle of Hastings, spotting knights, horses, ships and battles along the way. They were surprised to discover that the tapestry is actually embroidery stitched onto linen, and enjoyed exploring some of its mysteries, including the debate around whether King Harold really did die from an arrow to the eye.

Year 7 represented LPH brilliantly, showing curiosity and enthusiasm throughout the day. They returned with a much richer understanding of 1066 and a new appreciation for what some described as history's longest comic strip!








Year 5 Take to the Courtroom

Year 5 travelled to London today for a fascinating visit to the Royal Courts of Justice.

Stepping into the shoes of legal professionals, the children took part in a mock trial, experiencing a courtroom setting first-hand and discovering more about how the justice system works.

It was a brilliant opportunity to bring their learning to life, with the children embracing their different courtroom roles and gaining a memorable insight into the world of law and justice.











From Typewriters to Touch-Typing

This half of term, pupils in Years 3 to 6 have been developing their touch-typing skills, learning to type more quickly and accurately without looking at the keyboard.

To add a bit of fun to our lessons, we managed to get hold of a couple of old typewriters: one found in Early Years, which I managed to refurbish, and another kindly brought in by Mrs White.

The children have really enjoyed having a go, discovering what it was like to type before computers became part of everyday life. It has been lovely to see their enthusiasm, with plenty of smiles as they get to grips with these wonderfully old-fashioned machines.







A Prescription for Poetry

As part of Poetry Week at LPH, our Poetry Pharmacy returned this week, celebrating the wonderful way poetry can lift our spirits, make us smile and give us just the words we need.

Children were encouraged to visit the pharmacy and share how they were feeling before being prescribed a poem to suit their mood. Whether they needed something uplifting, calming, funny or thought-provoking, there was a poetic remedy waiting for them!

It was a lovely way to encourage the children to explore poetry in a fun and different way, and to discover that sometimes, the right words really can be the best medicine.







An Evening of Poetry

Thursday night, on National Poetry Day, we hosted our annual Poetry Reading event in the Laurent Hall.

28 brilliant performers stood up on stage to present a poem they had either written themselves or chosen to share. It was clear how much thought had been given to their poems and each one deserved the huge round of applause both before and after their reading.

The atmosphere was one of joy, warmth and celebration of how words can make us feel!

Thank you to the parents who had also prepared a poem to share with us. We are hopeful that next year, even more parents will share with us their poems. It is lovely to see how proud the children are of their families!

We will be hosting this event next year – the 1 Thursday in October 2027 – so put it in your diaries NOW!







Many Languages, One Community

European Day of Languages was a wonderful opportunity to celebrate the many languages, cultures and backgrounds that make up our school community.

The day began with a European Breakfast Pop-Up outside Laurent Hall, where pupils were challenged to order their pastry and hot chocolate in French, or another language of their choice. With help from the French Department and two brilliant Year 8 pupils, it was lovely to hear so many different languages being spoken around the school first thing in the morning.

The celebrations continued throughout the day, as pupils shared the languages spoken within their families and communities. Some also created posters in a range of different languages, highlighting the rich diversity within our school and reminding us of the importance of curiosity, inclusion and respect for others.











Family Fun at LPH

Our recent Family Fun Day was a lovely afternoon for our younger pupils and their families, with plenty to keep everyone busy.

The children enjoyed a range of activities, including face painting, balloon modelling, arts and crafts and cupcake decorating. It was great to see so many families joining in and enjoying time together at school.

A big thank you to our Year 7 and 8 pupils who came along to help with the activities. They did a fantastic job and were wonderful with the younger children throughout the afternoon.

Thank you to everyone who joined us and helped make it such an enjoyable event.











Online Calendar



Looking for information on our upcoming fixtures and events? Head over to our online school calendar for the latest information: www.lancingprephovecalendar.org.uk

NOTICE BOARD



We're looking forward to welcoming prospective families to our Open Morning next Saturday. This is a wonderful opportunity for visitors to experience the warmth and energy of life at LPH.

If you know someone considering joining our school, please do encourage them to book a space. We'd be delighted to show them what makes LPH so special.

NOTICE BOARD



