

Lancing College Preparatory School at Worthing

PSHE 2017-2018

Updated September 2017

Review due September 2018

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PERSONAL, SOCIAL, HEALTH AND ECONOMIC EDUCATION (PSHE)

PSHE covers a whole range of topics which have direct relevance to the skills of everyday living and to key life choices concerning values, ways of living and relationships. PSHE is taught weekly. The programme uses expertise from within the school, a range of external speakers and resources and the school's police liaison officer, and staff from across a range of departments. In all year groups the key areas of self-awareness, citizenship, and health and interpersonal skills are covered and age-appropriate.

Whilst pupils are presented with a variety of opinions for their consideration, these sessions are framed by the context of the preparatory school as a Christian foundation striving to provide a safe and supportive environment in which each pupil feels valued as an individual. As far as possible, matters of information are intertwined with moral issues. Tutors and all staff are encouraged to follow up PSHE matters with the pupils in their care.

Curriculum Overview

This Scheme of Work follows the SEAL model of a whole school spiral curriculum with each year group looking at the same theme each half-term. It is laid out in a two year programme to allow for a wider and deeper coverage of PSHE education and Citizenship and is divided into twelve half-termly topics, six in Year A and six in Year B. The focus in Year A is mainly on personal and interpersonal relationships and health issues. This is widened out in Year B to include social and economic relationships, including international relationships. The range of topics ensure a comprehensive coverage of most PSHE education and Citizenship issues which would include community and participation, safety (including e-safety), health education (inc. RSE and Drugs Education), difference and diversity, personal relationships, the environment, financial capability, globalisation, social injustice, growth and change.

The Scheme of Work follows the SEAL model of grouping units to be taught across phases - Years 1 and 2 follow the same units of work, as do Years 3 and 4 and Years 5 and 6. The half-termly overview of learning opportunities in Year A and Year B lays out six suggested lesson themes which correspond to the learning objectives on the individual unit plans. The Scheme has as its premise a dedicated PSHE education teaching slot of 20 minutes every fortnight and an average of 3 sessions per half-term. It serves as a medium-term plan, giving an at-a-glance outline of what could be taught over a half-term period.

Examples of active teaching and learning approaches include;

Speaking and listening games/activities
Discussion
Problem-solving
Using problem pages role play
News items/ articles
Teaching others (peer education)
Debating opportunities
Values continuums
Consensus building
Use of puppets
Use of photographs
Information gathering and sharing
Opportunities for reflection

warm-up and ending games/activities
thought-showering
drama and role-play
video clips
improvisations
Circle Time
scaling activities
small group discussion
real life stories
use of story books
listening to a visiting speaker or visiting a place of interest
working with feelings and imagination
preparatory activities for School Council

What does not work so well;

Worksheets
Lots of reading and writing
Textbooks
Lectures
Long videos

The programme of Study covers Key Stages 1 to 4 and is based on three core themes within which there will be broad overlap and flexibility;

1. Health and wellbeing	Living Long and Living Strong Growing up Citizenship Say NO!
2. Relationships	We're all Stars Daring to be Different Citizenship
3. Living in the Wider World	Be Friendly Be Wise

	Money Matters and the People around us It's Our World Citizenship
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	Autumn		Spring		Summer 1	Summer 2
	RESILIENCE – emotional strength	RESOURCEFULNESS – cognitive capability	REFLECTION – strategic awareness	RELATING – social sophistication	RESILIENCE – emotional strength RESOURCEFULNESS – cognitive capability REFLECTION – strategic awareness RELATING – social sophistication	
Year 1	We're all Stars		Joining in and Joining Up		Living in the Wider World	
Year 2	We're all Stars		Say No! / Living Long and Strong		Daring to be Different	
Year 3	We're all Stars		Be Friendly Be Wise and Growing Up		Living Long and Living Strong	
Year 4	It's Our World		Money Matters/ The People around us and The Law		Daring to be Different and Growing Up	
Year 5	We're all Stars		Be Friendly Be Wise		Living Long and Living Strong	
Year 6	It's Our World		Money Matters/ Relationships and Accepting Differences		Daring to be Different and Growing Up	
Year 7	We're all Stars – Relationships and Society		Citizenship and Living in the Wider world		Living Long and Living Strong	
Year 8	It's Our World - Safety		Positive Contribution		Daring to be Different and Growing Up	

More detailed Schemes of Work are available on request from the School Office.