LANCING PREP WORTHING
Weekly Briefing

11 January 2019

The Week Ahead …

Monday 14 January
10.00-11.00 Year 1 Ice Skating, Steyne Gardens
11.00-12.00 Reception Ice Skating, Steyne Gardens

Tuesday 15 January
2021 Advance Programme Experience Day at Lancing College
14.00 U11 and U13 Midwinter Swimming Gala, Lancing College. Return 4.15pm
14.00-15.00 Year 3 and 4 Ice Skating, Steyne Gardens

Wednesday 16 January
11.00-12.00 Year 2 Ice Skating, Steyne Gardens
14.00-15.00 Years 5-8 Ice Skating, Steyne Gardens

Uniform
Many items of children’s named clothing were mislaid last term and still have not reappeared. Would all parents please check the name tags in your children’s uniform and PE kit and return anything that does not belong to your child.

Many thanks.

*Save the Date*
Lancing College Open Morning for Lancing Prep parents
Saturday 8th June 10.00am – 12.00pm

Double Bass and Piano Lessons
Our new teacher, Elizabeth Hosford, will begin this half term and is able to start lessons on both Piano and Double Bass with any students from Reception through the school who have been waiting to start piano lessons since September. Any parents interested in their child starting lessons should contact Mrs Goodson jgoodson@lancing.org.uk

LPWA Notices

Committee Meeting – Wednesday 16th January in the Main Hall. Starts 7.30pm.
As a parent/guardian you are automatically a member of the LPWA. Please come along and give us your ideas for fund raising or listen to what we have in store for your children already this term.

Secretary Role – We need a secretary. This role is minimal. Please come to the meeting for more info or catch one of us in the playground.

Treasurer Role – We are looking for someone to take on the Treasurer role as of September this year. We would like this person to shadow our current Treasurer for a term, just to learn the ropes etc. Please come to the meeting for more info or catch one of us in the playground.

Keep up to date with our online calendar
www.lancingprepworthingcalendar.org.uk
Follow us on Twitter and Facebook @LancingPrepWthg
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<th><strong>Monday</strong></th>
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<tr>
<td><strong>Main Meal</strong></td>
<td>Shepherd’s pie</td>
<td>Quorn korma curry</td>
<td>Traditional lasagne</td>
<td>Roast chicken with a lemon &amp; herb gravy</td>
<td>Smoked haddock and spring onion potato cakes</td>
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<td><strong>Vegetarian</strong></td>
<td>Cheesy spinach and lentil bake</td>
<td>Golden coconut and cauliflower dhal</td>
<td>Vegetable lasagne</td>
<td>Ratatouille with butterbeans</td>
<td>Halloumi, roasted pepper and courgette kebabs</td>
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<td><strong>Potatoes and Vegetables</strong></td>
<td>Sweetcorn Whole green beans</td>
<td>Basmati rice Steamed broccoli Mint raita</td>
<td>Garlic and herb bread Cauliflower Mixed garden green salad</td>
<td>Roast potatoes Steamed carrots and creamed leeks</td>
<td>Baby new potatoes Garden peas</td>
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<td><strong>Salad Bar</strong></td>
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<td>Assorted seasonal salads</td>
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<td><strong>Dessert</strong></td>
<td>Carrot cake with a cream cheese frosting</td>
<td>Homemade yoghurt with Autumn fruit compote</td>
<td>Lemon drizzle sponge with custard</td>
<td>Creamy rice pudding with a jam sauce</td>
<td>Chocolate sponge with chocolate custard</td>
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<td>Seasonal fresh fruit</td>
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