LANCING PREP WORTHING

Weekly Briefing 10 January 2020

The Week Ahead …

Monday 13 January

11.15-12.15 Years 7 and 8 Ice Skating, Steyne Gardens

13.45-14.45 Reception Ice Skating, Steyne Gardens

Tuesday 14 January

Lancing College Advance Experience Day for Year 6 pupils

10.30-11.30 Years 1 and 2 Ice Skating, Steyne Gardens

Wednesday 15 January

14.00 Boys' Hockey: U13A and B and U11A and B v Sompting Abbotts, Lancing College. **Return 17.15**

14.30 Girls' Hockey: U12 and U13 v Pennthorpe, Away. **Return 17.15**

14.30 Girls' Netball: U10 and U11 v Pennthorpe, Home. **Pick up 16.00**

19.30 LPWA Committee Meeting, Hall

Thursday 16 January

14.15 Girls' Netball: U8 and U9 v Dorset House, Away. **Return 16.45**

14.00 Boys' Hockey: U9 and U8 v Prebendal, Home. **Pick up 16.00**

Uniform Shop

Any visits to the Uniform Shop should be by prior arrangement only, appointments can be made either by phoning 01273 465928 or email kford@lancing.org.uk

Karen is on her own for the next few weeks so please bear with her if she does not get back to you straight away.

Keep up to date with our online calendar
www.lancingprepworthingcalendar.org.uk

Follow us on Twitter and Facebook
@LancingPrepWthg

LPWA Notices

We all hope you had a wonderful Christmas and New Year.

Committee Meeting
All committee members, class reps and parents are invited to our meeting on Wednesday 15th January at 7:30pm in the school hall. If you have any fundraising ideas please come along.

Uniform Sale – Date to be confirmed

Donate your Uniform - If your child has outgrown their uniform, you can donate any Lancing Prep uniform, shoes or football boots to the LPWA. Please ensure everything donated is clean and in good condition. Please leave donated uniform in a clear plastic storage box labelled "LPWA DONATIONS" under the arches in the playground.
We welcome fresh ideas, so if you have any fundraising ideas or would like to get more involved with the LPWA, please catch one of us in the playground or email us at lpwassoc@gmail.com.

Please follow our Facebook page to keep updated with the latest LPWA news and event information. We are hoping this will enable us to build an LPWA community on social media. Please also keep an eye out for details of our new twitter account. Facebook page: @LPWAssoc Contact email: lpwassoc@gmail.com.

Sandi, Jane & Karen - LPWA Co-Chairs.

The LPWA (Lancing Prep at Worthing Association) is run by a group of parents and teachers who volunteer their time to raise funds for the benefit of Lancing College Preparatory School at Worthing and its pupils.

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Tuna & sweetcorn pasta bake	Lamb and apricot tagine	Traditional lasagne	Roast chicken with a lemon & herb gravy	Battered cod with lemon wedges
Vegetarian	Macaroni cheese with slow roasted tomatoes	Vegetable tagine	Roasted vegetable lasagne	Stuffed portobello mushrooms with spinach and a parmesan crust	Halloumi, roasted red pepper and courgette stacks
Potatoes and Vegetables	Sweetcorn Green beans	Minted couscous Homemade flatbreads	Garlic and herb bread Whole green beans	Roast potatoes Steamed carrots and creamed leeks	Oven baked potato wedges Garden peas
Salad Bar	Assorted seasonal salads				
Dessert	Carrot & parsnip cake	Homemade yoghurt with banana and honey	Pineapple fingers	Creamy rice pudding with an autumn compote	Fresh fruit chunks drizzled in dark chocolate
	Seasonal fresh fruit				