

# LANCING PREP WORTHING

## Weekly Briefing

3 September 2021

### The Week Ahead ...

#### Monday 6 September

16.30-17.30 Year 4 Parents' Welcome Meeting, Main Hall

#### Tuesday 7 September

16.30-17.30 Year 7 Parents' Welcome Meeting, Main Hall

#### Wednesday 8 September

14.00-15.30 Years 5-8 Girls' Hockey Training Sessions, Lancing College. **Return 16.00**

14.30 Boys' Football: U13/12 A v LPH and Dorset House (A). **Return 17.15**

14.30 Boys' Football: U13/12 B v LPH and Dorset House (A). **Return 17.15**

14.30 Boys' Football: U11/10 A and B v LPH and Dorset House (H). **Pick up 16.00**

15.45-16.45 Year 2 Parents' Welcome Meeting, Main Hall

#### Thursday 9 September

Individual Pupil and Sibling Photographs

14.00 Boys' Football: U9/8A and B v LPH (H). **Pick up 16.00**

15.30-16.30 Reception Class Parents' Welcome Meeting, Reception Classroom

#### Friday 10 September

15.45-16.45 Year 1 Parents' Welcome Meeting, Main Hall

### Individual Pupil Photos – Thursday

Years 7 and 8 should wear their blazers without a jumper or cardigan and everyone else should wear a navy jumper/cardigan or the Pre-Prep/EYFS navy top unless they are in PE kit that day. Please ensure all Prep children are wearing their ties if they are not required to be in PE kit.

### Music Peri Lessons

Music peri lessons start next week with Mrs Goodson, Ms Ballard and Ms Hosford but the others will start the week commencing 13<sup>th</sup> September.

### LPWA Notices

Secretary Needed

The LPWA are in need of a secretary. The role would include taking minutes at 3 meetings a year and emailing the office weekly with what the LPWA are planning for school events etc.

If you or anyone you know are interested, please email us at [lpwassoc@gmail.com](mailto:lpwassoc@gmail.com)

### WORD OF THE WEEK

Meliorism (noun)

The belief that the world can be made better by human effort.

Keep up to date with our online calendar  
[www.lancingprepworthingcalendar.org.uk](http://www.lancingprepworthingcalendar.org.uk)

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# Lancing Prep Worthing Lunch Menu

WEEK:2

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Mac 'n' Cheese with mature cheddar and a tomato crust	Puff pastry topped chicken and vegetable pie	Savoury mince, mild beef chilli	Roast chicken breast, sage and onion stuffing, roast gravy	Battered sustainable pollock fillet
Main Course Vegetarian	Spinach, pimento and red onion frittata	Potato, cheese and leek pastry	Vegetable moussaka	Mushroom, spinach and cheese puff pastry parcels	Fafafel, tzatziki, flatbread chopped salad
Main Course Vegan	Spinach and mixed bean pasta	Potato, vegan cheese and leek pastry	Soya mince chilli	Vegan sausages	Fafafel, tzatziki, flatbread chopped salad
Side Orders	Garlic bread, broccoli	Fresh market vegetables	Guacamole, sour cream, soft flour tortillas, sweetcorn, mixed grain rice	Roast potatoes, cauliflower cheese, carrots, green beans	Chips, peas lemon wedge
Seasonal Salad Bar	Assorted seasonal salads with protein options	Assorted seasonal salads with protein options	Assorted seasonal salads with protein options	Assorted seasonal salads with protein options	Assorted seasonal salads with protein options
Dessert of the Day	Apple crumble (vg) and custard	Fresh fruit salad (vg)	Fruit jelly (vg)	Peach melba Vegan custard pot	Chocolate Rice Krispie cake (vg)