

LANCING PREP WORTHING

Weekly Briefing

1 October 2021

The Week Ahead ...

Saturday 2 October

10.00-12.00 EYFS and Pre-Prep Open Morning

Monday 4 October

13.30-17.15 Year 8 Cinema Trip, Worthing Dome Cinema

14.40-15.45 Year 7 & 8 Hockey Training at Lancing College. **Pick up 16.00**

Tuesday 5 October

National Library Week begins

16.15-18.00 Online Parents' Evening: Reception to Year 4

Wednesday 6 October

08.45-09.45 Year 7 and 8 PSHEE Workshop with IDYou, Hall

14.30 Girls' Hockey: U12/13 v Sompting Abbots @ Lancing College. **Return 16.30**

14.30 Girls' Hockey: U10/11 v Sompting Abbots @ Lancing College. **Return 16.30**

14.30 Boys' Football: U11/10 A and B v Windlesham House School (H). **Pick up 16.00**

14.30 Boys' Football: U13/12 A v Windlesham House School (A). **Return 17.15**

16.15-17.15 Year 7 and 8 French Trip Information Evening, Hall

19.30 LPWA AGM and Committee Meeting, Hall

Thursday 7 October

09.15-10.25 Year 5 and 6 Girls hockey training at Lancing College

14.30 Boys' Football: 2 x U8/9 v Prebendal School (A). **Return 17.15**

16.15-19.30 Online Parents' Evening: Reception to Year 4

Friday 8 October

09.15-10.25 Year 4 Swimming

16.30-19.00 LPWA Film and Pizza Night for Years 7 and 8, Hall

No Senior Football Club or Film Club today

LPWA Notices

Special thanks to all the helpers for the parties on Friday 1st.

Don't forget the **AGM & Committee Meeting** - Wednesday 6th October in the Hall from 7.30pm. All parents and guardians become members of the association when their child attends the school. Please come along to hear what exciting events we have planned for your children. If you have fund raising ideas, please come along.

Fireworks Night - Friday 5th November - Tickets going on sale soon.

Holiday Club Reminder

Autumn Half Term Holiday Club forms must be returned by Friday 8 October along with the payment in order to secure your child's place.

WORD OF THE WEEK

Sermocination (noun)

To pose a question and then immediately answer it yourself.

Keep up to date with our online calendar
www.lancingprepworthingcalendar.org.uk

Follow us on Twitter and Facebook
[@LancingPrepWthg](https://twitter.com/LancingPrepWthg)

Apple Week Theme Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Pasta with a choice of sauces: vegetable bolognese, tomato and basil, pesto	Mild chicken korma	Pork and apple casserole with sage	Beef lasagne	Homemade chicken breast goujons, optional sweet chilli mayo
Vegetarian Main Course	Gnocchi baked in a tomato and basil sauce with a cheddar glaze	Vegetable korma	Vegetarian sausages	Autumn vegetable pancakes	Spinach and parmesan arancini with roast tomato sauce
Vegan Main Course	Vegetable bolognese with penne pasta	Vegetable korma	Vegan sausages	Lentil and tomato pasta	Vegan burger with roast tomato sauce
Side orders	Broccoli, garlic bread, apple and celery salad	Basmati rice, cumin roasted cauliflower, naan bread, apple and mango kachumber	Mashed potatoes, carrots, minted peas	Green beans, Fresh apple coleslaw, flatbread	Coleslaw, chips, BBQ beans
Seasonal Salad Bar	Assorted seasonal salads with protein options	Assorted seasonal salads with protein options	Assorted seasonal salads with protein options	Assorted seasonal salads with protein options	Assorted seasonal salads with protein options
Dessert of the Day	Apple and banana smoothie (vg)	Lancing flapjack (vg)	Honey rice pudding and mango coulis Vegan fairy cake	Apple compote and freshly made yoghurt	Apple and blackberry crumble with custard Vegan ice cream

