

# LANCING PREP WORTHING

## Weekly Briefing

17 June 2022

### The Week Ahead ...

#### Monday 20 June

14.00-16.00 Prep Sports Day – Track events, Field. Parents welcome.

#### Wednesday 22 June

07.45 Swerve Soccer Strength and Conditioning Free Session for Years 4-7, Field

15.30-16.30 LPWA Ice Pop Wednesday, Playground

18.00 New Reception Parents' Meeting, Reception Classroom

18.45-20.00 LPW Annual Musical Performance: Fame, Lancing College Theatre

#### Thursday 23 June

Year 7 and 8 MFL and Classics lessons at Lancing College

09.30-11.30 Nursery and Pre-Prep Sports Day, Field

18.45-20.00 LPW Annual Musical Performance: Fame, Lancing College Theatre

#### Friday 24 June

Year 8 Fun Day Out

#### House Point Totals this week:

1 <sup>st</sup> :	<b>CELTS:</b>	<b>225</b>
2 <sup>nd</sup> :	<b>SAXONS:</b>	<b>168</b>
3 <sup>rd</sup> :	<b>BRITONS:</b>	<b>167</b>
4 <sup>th</sup> :	<b>NORMANS:</b>	<b>121</b>

Keep up to date with our online calendar  
[www.lancingprepworthingcalendar.org.uk](http://www.lancingprepworthingcalendar.org.uk)

Follow us on Twitter, Instagram and Facebook  
@LancingPrepWthg

#### Prep Sports Day – Monday 20<sup>th</sup> June 2022 (2 – 4pm) Years 3 - 8

Children should **wear their PE kit** to school, they must remember to bring their **water bottles** with them and they should apply **sunscreen** in the morning before school. If your child has particularly sensitive skin they should bring sunscreen into school in a named bottle with them. If your child requires an **asthma inhaler**, please ensure this is in school and is clearly labelled. Gates will open at 1.45pm and you and members of your family are warmly invited to join us for an exciting afternoon!

#### Nursery and Pre-Prep Sports Day – Thursday 23<sup>rd</sup> June 2022 (9.30am – 11.30am) Nursery – Year 2

Children should **wear their PE kit** to school, they must remember to bring their **water bottles** with them and you should apply **sunscreen** for them in the morning before school. If your child has particularly sensitive skin they should bring sunscreen into school in a named bottle with them. If your child requires an **asthma inhaler**, please ensure this is in school and is clearly labelled. Gates will open at 9.15am and you and members of your family are warmly invited to join us for what we hope will be a thoroughly enjoyable morning!

#### LPWA Notices

Thank you to those who helped with the Uniform Sale last week.

#### **Dates for your Diary**

**Ice Pop Wednesday!** Wednesday 22 June after school on the playground.

**Quiz Night** – Now rescheduled for Friday 23 September

**AGM & Committee** – Wednesday 28<sup>th</sup> September from 7.30pm in the Hall. As parents/guardians of children at LPW you are all members of the LPWA so PLEASE come along and share your ideas and find out what we have in store for 2022/23.



Presents



**6.45pm - 22nd & 23rd June**

**tickets available now!**

Conceived and Developed by **David De Silva**

Book By

Lyrics by

Music by

**José Fernandez**

**Jacques Levy**

**Steve Margoshes**

*Title Song "Fame" written by **Dean Pitchford and Michael Gore***

*Fame JR.* is presented through special arrangement with and all authorized materials are supplied by Music Theatre International,

421 West 54<sup>th</sup> Street, New York, NY 10019

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## Lamda Lessons with Poppy

# 20<sup>th</sup> June

LESSON TIMES	Monday	Tuesday
8:00	8- Misha	
8:30	7- Ben and Josh	8- Tom
9:00	7- Imogen + Janani	8- Ava
9:30		
10:00	2- Clementine, Sia, Harry, Freddie	2- Emily, Madhavan, Maxwell, Roseanna, Sofia
10:30	6G- Unaysah, Elizabeth	6G- Orson
11:00	8- Grace	5L- Ryley, Harry IT
11:30	5B- Joshua, Rex REP	5B- India, Sophia, Freddie- GEOGRAPHY
12:00	3P- Peaches, Daniel, Esme, Rose, Jasper	4- Vivian, Beau, Olivia, Skantha, Charlotte, William
12:30	3P- Francesca, Elliott 3S-Tilly, Eileen, Alex	
13:00	8- Albie	8- Monty
13:30	7- Molly + Chloe	8- Anna + Amelie
14:00	5L- Reuben, Misha	3S- Cameron, Damian, Elodie, Emily, Amalie
14:30	6G- Ruby, Lexi	6L- Mairead, Kimberly
15:00	1a- Cleo, Matthew, Chloe, Roman, Trixie, Tilly, Zara, Leah	5L- Sam, Sienna
15:30	6L- Phoebe, Jessica	5L- Max, Jonathan
16:00	8 Hope	

	Voice & Piano		Drums		
	Simi Fyles		Paul Gunter		
	Monday 20th June		Monday 20th June		
8.00am	Grace W & Sophia B	Keyboard Room	9.30am	Constance DF	Music Room
8.30am	Anna B		10.00am	Vivian B	
9.00am	Phoebe B		10.30am	Reuben D	
9.30am	Ruby H		11.00am	Lucas K	
10.00am	Peaches C & Amalie S		11.30am	Theo K	
10.30am			12.00pm	Henry H	
11.00am	Orson W		12.30pm	Phoebe B	
11.30am	Jonathan C		1.30pm		
12.00pm	Ryley G		2.00pm	Rafferty D	
12.30pm	Beatrice D		2.30pm	Solomon W-Y	
1.00pm	Amelie K-M		3.00pm	Elliott S	
1.30pm			3.45pm	Regan C	
2.00pm	Elizabeth H		4.45pm	Tilly R-C	
2.30pm	Zoya G		4.45pm	Max B	
3.00pm	Tilly W				
3.30pm	John H				
4.00pm					

	Piano	Music Room		Piano & Double Bass	Drama Room
	Jenny Goodson			Liz Hosford	
	Monday 20th June			Monday 20th June	
8.30am	Freddie B		10.30am	Primrose G	
9.00am	Emily T		11.00am	Oscar W	
10.00am	Alex B		11.30am	Francesca G	
			12.00pm	Eileen C	

	Cello	IT Room		Brass	Keyboard Room
	Hannah Sloane			Sarah Leeves	
	Monday 20th June			Tuesday 21st June	
8.30am	India G		9.15am	Lucas C	
		9.45am	Oscar W		
		10.15am	John H		
		10.45am	Jasper D		
		11.15am	Millie P		
		11.45am	Henry H		
		12.15pm	Autumn S		
		12.45pm			
		1.00pm	Brass Group		
		1.30pm	Freddie B		
		2.00pm			
		2.30pm			
		3.00pm			

	Voice & Piano		Violin and Piano		
	Simi Fyles		Rob Campkin		
	Wednesday 22nd June		Wednesday 22nd June		
11.30am	Lucas K	Keyboard Room	9.00am	Oliver S	Music Room
12.00pm	Francesca G & Rose E		9.30am	Jessica W	
12.30pm	Molly B		10.00am	Damian B	
1.00pm	Hattie S		10.30am	Ben F	
1.30pm			11.00am	Vivian B	
2.00pm	William B				
2.30pm	Charlotte M				
3.00pm	Tilly R-C				
3.30pm					
4.00pm	Elodie G				
4.30pm					

	Violin and Piano		Clarinet & Sax	
	Rob Campkin		Lucy Ballard	
	Thursday 23rd June		Thursday 23rd June	
8.30am	Martha M		Janani R	
			George R	
11.00am	Skantha N		Jonathan C	
11.30am	Harry C		Esmee M	
12.00pm	Joshua C		Ruby H	
12.30pm	Hunter L			
1.15pm	Frankie S			
1.45pm	Year 1 Group A Strings			
2.15pm	Year 1 Group B Strings			
2.45pm	Sienna B-W			
3.15pm	Logan B			
4.15pm	Logan B			

Keyboard Room

Keyboard Room

Year 1 Group A - Primrose G, Chloe B, Jessica W

Year 1 Group B - Leah B, Miles C, Matthew S, Mahdavan R



Piano & Double Bass		Drama Room	Piano		Music Room
Liz Hosford			Jenny Goodson		
Thursday 23rd June			Thursday 23rd June		
8.30am	Lana G		12.00pm	Alex B	
9.00am	Ava U		12.30pm	Peaches C	
9.30am	Zoya G-H		3.10pm	Autumn S	
10.00am	Sofia S				
10.30am					
10.45am	George R				
11.15am	Millie P				
11.45am	Tilly R-C				
12.15pm	Max B				
12.45pm					
1.15pm	Rosie E				
1.45pm	Harry C				
2.15pm	Rex R				
2.45pm	Elliot G				
3.15pm	Lexi P				

	Flute	Keyboard Room		Violin	Music Room
	Dom Smith			Rob Campkin	
	Friday 24th June			Friday 24th June	
8.00am			7.45am	Anna B	
8.30am	Kimberley L				
9.00am	Freddie B				
9.30am	Joshua H				

Guitar		Drama Room	Piano		Music Room
Barry Worley			Jenny Goodson		
Friday 24th June			Friday 24th June		
8.00am			1.30pm	Trixie G	
8.30am	Jessica B	3.45pm	Molly B		
9.00am	Henry B				
9.30am	Tom E-B				
10.00am	Daniel B				
10.30am	Ethan S				
11.00am	Amalie S				
11.30am	Orson W				
12.00pm	Sam E				
12.30pm	Barney T				
1.00pm					
1.30pm	Rock Band				
2.00pm	Mikaaeel M				
2.30pm	Misha M				
3.00pm	Oliver E				

# Lancing Prep Worthing Lunch Menu

WEEK:3

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Jacket potatoes with a choice of toppings: Tuna, cheese, baked beans, veggie bolognese	Traditional moussaka	Turkey meatballs in a lemon gravy	Chicken Neapolitan	Sustainable battered pollock Lemon wedges
Main Course Vegetarian	Peppers stuffed with roasted vegetable couscous	Chickpea and spinach Balti	Mushroom chow mein	Red pesto and butternut squash and basil gnocchi	Sweet potato and pepper gratin
Main Course Vegan	Peppers stuffed with roasted vegetable couscous	Chickpea and spinach Balti	Tofu fried rice	Red pesto and butternut squash and basil gnocchi	Vegan burger
Side Orders	Steamed broccoli	Sweetcorn Roasted summer vegetables Flat bread Lemon hummus dip	Herby diced potatoes Sweetcorn	Pasta twirls Cauliflower cheese	Steak house fries Baked beans Mushy peas
Seasonal Salad Bar	Salad vegetables Daily protein Mixed bread	Salad vegetables Daily protein Mixed bread	Salad vegetables Daily protein Mixed bread	Salad vegetables Daily protein Mixed bread	Salad vegetables Daily protein Mixed bread
Dessert of the Day	Mixed melon fingers Vegan custard pot Daily fruit pots and yoghurt	Carrot cake topped with a yoghurt frosting Daily fruit pots and yoghurt	Orange jelly Daily fruit pots and yoghurt	Freshly made yoghurt with a strawberry sauce Daily fruit pots and yoghurt	Mini banoffee pie Daily fruit pots and yoghurt