

LANCING PREP WORTHING

Weekly Briefing

21 April 2023

The Week Ahead ...

Monday 24 April

Our World, Our Future - Drama Workshop for KS1 & 2

Year 6, Year 7, Year 8 S1 Classics assessments in class begin. End 28 April.

09.15-10.25 Year 7 & 8 Girls Football session with Brighton & Hove

NO MINDFULNESS SKETCHING CLUB OR SENIOR ART CLUB TODAY

Tuesday 25 April

Junior Golf Day for Prep Pupils – PE kit should be worn

15.45 Table Tennis Mixed-U13A vs Sompting Abbots Preparatory School (H). **Pick up 17.00**

NO YEAR 3-5 TENNIS CLUB TODAY

Wednesday 26 April

UK Junior Maths Challenge

14.00 Cricket Mixed-U13C vs Shoreham College (H). **Pick up 16.00**

14.30 Cricket Mixed-U10A and U11A vs Windlesham School @ Lancing College. **Return 17.15**

14.30 Tennis Mixed-U11A vs Windlesham School @ Lancing College. **Return 17.15**

14.30 Cricket Mixed-U13A vs Shoreham College @ Lancing College. **Return 17:15**

14.30 Cricket Mixed-U13B vs Shoreham College (A). **Return 17.00**

19.30 LPWA Committee Meeting, The Cricketers Pub

Thursday 27 April

09.15-10.25 Year 5 & 6 Girls Football session with Brighton & Hove

09.15-10.25 Year 3 - 6 American Football session v Windlesham House (A)

14.30 Cricket Mixed-U9A and U8A vs Windlesham School (H). **Pick up 16.00**

LPWA Notices

Sponsor for Summer Fair needed – Do you have a business you would like advertised at our summer fair. For a small fee we will advertise your business on our raffle tickets, flyers, posters and social media. Please get in touch as soon as possible for more info. Email lpwassoc@gmail.com

Meeting – We are holding our Summer Term meeting on Wednesday 26th April at The Cricketers Pub from 7.30pm. Please come along with ideas for fund raising and to hear what is planned for the Summer Fair and other events.

Dates for the diary

Summer Fair – Friday 26th May

Uniform Sale – TBC

WORD OF THE WEEK

Effulgent (adj)

Brilliantly radiant

Keep up to date with our online calendar
www.lancingprepworthingcalendar.org.uk

And our **NEW sports calendar**

[Lancing Prep at Worthing | Sports Home \(schoolssports.com\)](http://Lancing Prep at Worthing | Sports Home (schoolssports.com))

(Team sheet password lpw123)

Follow us on Twitter, Instagram and Facebook
[@LancingPrepWthg](https://twitter.com/LancingPrepWthg)



Instrumental Lesson Timetable

Drums		Keyboard Room	Voice & Piano		Practice Room
Paul Gunter			Simi Fyles		
Monday 24th April			Monday 24th April		
8.30am	Solomon W-Y		8.15am	Lexi P	
9.00am	Harry A		8.45am	Leila F	
9.30am	Reuben D		9.15am	Beatrice D	
10.00am	Theo K		9.45am	Elodie G	
10.30am			10.15am	Phoebe B	
10.45am	Raffery D		10.45am		
11.15am	Harry C		11.00am	Charlotte M	
11.45am	Lucas K		11.30am	William B	
12.15pm	Constance D F		12.00pm	Ryley G	
12.45pm			12.30pm	Tilly W	
2.15pm	Damian B				
2.45pm	Rex R				
3.15pm	Elliott S				
3.45pm	Henry H				
4.15pm	Tilly R-C				

	Brass	Practice Room		Piano	Music Room
	Sarah Leeves			Jenny Goodson	
	Tuesday 25th April			Tuesday 25th April	
8.45am	Elliot G		3.45pm	Peaches C	
9.15am	Henry H				
9.45am	Freddie B				
10.15am	Lucas C				
10.45am					

	Cello	Practice Room		Violin & Piano	Keyboard Room
	Sarah Davison			Rob Campkin	
	Tuesday 25th April			Wednesday 26th April	
9.15am	Eva M		8.00am	Skantha N R	
9.45am	India G		8.30am	Oliver	
10.15am	Helena P		9.00am	Max C	
10.45am	Year 2		9.30am	Damian B	
			10.00am	William J	
			10.30am	Madhavan R	
			11.00am	Ata K	
		11.30am	Harry C		
		12.00pm			
		12.30pm	Skantha N R		
		1.00pm	Year 2 Group A Strings		
		1.30pm	Hunter L		
		2.00pm	Miles C		
		2.30pm	Rory B		
		3.00pm	Clemmy D		
		3.30pm	Ben F		

	Piano	Music Room		Violin and Piano	Music Room	
	Jenny Goodson					Rob Campkin
	Wednesday 26th April					Thursday 27th April
2.00pm	Maisie C		8.00am	Joshua C		
2.30pm	Isla L		8.30am	Martha M		
3.00pm	Clementine C-D					
3.45pm	Trixie G		11.00am	Hamish B		
		11.30am	Anvita D			
		12.00pm	Vivian B			
		12.30pm				
		1.00pm	Amina K			
		1.30pm	Year 1 Group A Strings			
		2.00pm	Year 1 Group B Strings			
		2.30pm	Frankie M			
		3.00pm	Sienna B-W			
		3.30pm	Jessica W			
		3.30pm	Jessica W			

Year 1 Group A - Adiella I, William J, Toby C, Grace T

Year 1 Group B - Rupert W, Romey F, Aniket D

Year 2 Group A - Primrose G, Chloe B, Jessica W, Miles C

	Clarinet & Sax	Keyboard Room		Piano	Music Room
	Lucy Ballard			Jenny Goodson	
	Thursday 27th April			Thursday 27th April	
7.55am	Janani R		10.00am	Emily T	
8.25am	Ruby H		10.30am	William J	
8.55am	Harrison W				
9.25am	Jonathan C				
9.55am	Esmee M				
10.25am					
11.00am	George R				

	Voice		Flute		
	Natalie Mason	Practice Room	Dom Smith	Keyboard Room	
	Thursday 27th April		Friday 28th April		
8.10am	Francesca G		8.15am		Freddie B
8.40am	Ameera M		8.45am		Kimberley L
9.10am	Sofia S		9.15am		Bertie C
9.40am	Tilly R-C		9.45am		Francesca G
10.10am	Sia S				
10.40am					
11.00am	Abigail M				
11.30am	Peaches C and Amalie S				
12.00pm	Eithne N-G				
12.30pm	Zoya G				
1.00pm	Hunter L				
1.30pm					
2.00pm	Misha M				
2.30pm	Constance D F				
3.00pm	Sienna B-W				
3.30pm	Reuben D				
4.00pm	Max B				
4.30pm	Rex R				

	Guitar	Practice Room
	Barry Worley	
	Friday 28th April	
8.00am	Lochie S	
8.30am	Jessica B	
9.00am	Devon S	
9.30am	Tom E-B	
10.00am	Misha M	
10.30am	Henry B	
11.00am	Freddie B	
11.30am	Orlando B	
12.00pm	Ethan S	
12.30pm	Amalie S	
1.00pm		
1.30pm	Rock Band	
2.00pm	Barney T	
2.30pm	Daniel B	
3.00pm	Max M	
3.30pm	Rory G	
4.00pm	Orson W	
4.30pm	Imogen W	

Lancing Prep Worthing Lunch Menu

WEEK:2

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Selection of flatbread pizzas: Margherita Ham and pineapple	Mini roast chicken dinner, served with proper gravy	Sweet and sour chicken (Chinese New Year style)	Mild chilli beef served with chunky guacamole, soured cream, salsa and nachos	Fish fingers or Sustainable white fish with a parsley sauce
Main Course Vegetarian	Margherita	Lentil and vegetable loaf	Sweet and sour tofu (Chinese New Year style)	Vegetable and butter bean chilli with chunky guacamole, soured cream, salsa and nachos	Fisherman's pie with tofu, peas and carrot in a parsley sauce, served with mashed sweet and maris piper potato
Main Course Vegan	Roasted vegetable pizza with vegan cheese	Lentil and vegetable loaf	Sweet and sour tofu (Chinese New Year style)	Vegetable and butter bean chilli with chunky guacamole, soured cream, salsa and nachos	Fisherman's pie with tofu, peas and carrot in a parsley sauce, served with mashed sweet and maris piper potato
Side Orders	New potatoes Crudites: Carrot, Celery and red pepper sticks Cucumber	Roast new potatoes Carrot and swede mash Broccoli	Egg noodles Stir fired vegetables	Steamed rice Sweetcorn	Baby new potatoes Medley of peas
Seasonal Salad Bar	Chargrilled chicken and avocado salad Tuna mayo	Couscous with green herbs and pomegranate Sussex brie	Smokey bacon and lentil salad Egg mayo	Tuna niçoise salad Chicken mayo	Bulgar wheat, roasted vegetables and fresh herbs
Dessert of the Day	Apple pie and custard	Pot of grapes or blueberries Whole fruit	Choc ice	Freshly made yoghurt with a granola crunch topping Fresh fruit	Chocolate sponge with chocolate sauce (reduced sugar) Fresh fruit
Afternoon Snack	Veggie sausage rolls Fresh fruit	Orange and cardamom biscuit Fresh fruit	Toasted bagel pizzas Fresh fruit	Cheese and tomato straws Fresh fruit	Fruit ice pop! Fresh fruit