



## The Week Ahead ...

### Monday 5 June

Term resumes

09.00-10.45 Senior Athletic Sports Field events -  
Years 6, 7 and 8

### Tuesday 6 June

Year 4 Progress Tests

14.00-15.45 Bannister Mile, Broadwater Green

### Wednesday 7 June

Y8 REP Exams

14.00 Cricket Boys 1st XI vs Sompting Abbots  
Preparatory School (A). **Return 17.15**

14.30 Cricket Girls-U13A vs Lancing Prep at  
Hove (A). **Return 17.15**

14.30 Cricket Girls-U11A vs Lancing Prep at  
Hove (A). **Return 17.15**

14.30 Cricket Boys-U11A vs Sompting Abbots  
Preparatory School @ Lancing College. **Return  
17.15**

### Thursday 8 June

Year 8 History Exams

Year 4 Progress Tests

09.00-10.45 Junior Athletic Sports Field events -  
Years 3, 4 and 5

14.30-16.30 Year 7 Carousel Showcase for  
MFL/Classics, Sanderson Room, Lancing College

14.30 Cricket Mixed-U9A vs Sompting Abbots  
Preparatory School (A). **Return 16.15**

14.30 Cricket Mixed-U9B vs Sompting Abbots  
Preparatory School (A). **Return 16.15**

### Friday 9 June

Year 4 Progress Tests

Class Photographs

Year 7 Geography Fieldwork Day in Broadwater

Year 8 Geography Exams

### LPWA Notices

Thank you to all for supporting the summer fair, whether you were helping with set up, running a stall, clearing away or enjoying the afternoon of fun, food, drink and games.

Dates for your Diary:

Tuesday 6<sup>th</sup> June – **Bannister Mile**

Friday 16<sup>th</sup> June – **Uniform Sale**

### **Class Photographs – Friday 9 June**

All pupils to wear smart, winter uniform.

If your child has PE or a Sports Club on that day, they should bring trainers with them.

### House Point Totals this week:

<b>1<sup>st</sup>:</b>	<b>CELTS</b>	<b>214</b>
<b>2<sup>nd</sup>:</b>	<b>NORMANS</b>	<b>209</b>
<b>3<sup>rd</sup>:</b>	<b>SAXONS</b>	<b>188</b>
<b>4<sup>th</sup>:</b>	<b>BRITONS</b>	<b>158</b>

Keep up to date with our online calendar  
[www.lancingprepworthingcalendar.org.uk](http://www.lancingprepworthingcalendar.org.uk)

And our **NEW sports calendar**  
[Lancing Prep at Worthing | Sports Home  
\(schoolssports.com\)](http://Lancing Prep at Worthing | Sports Home (schoolssports.com))  
(Team sheet password lpw123)

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## Instrumental Lesson Timetable

Drums		Keyboard Room	Voice & Piano		Practice Room
Paul Gunter			Simi Fyles		
Monday 5th June			Monday 5th June		
8.30am	Solomon W-Y		8.15am	Ryley G	
9.00am	Rafferty D		8.45am	Phoebe B	
9.30am	Harry C		9.15am	Bea D	
10.00am	Harry A		9.45am	Lexi P	
10.30am			10.15am	Leila F	
10.45am	Reuben D		10.45am		
11.15am	Theo K		11.00am	Elodie G	
11.45am	Rex R		11.30am	Tilly W	
12.15pm	Elliott S		12.00pm	William B	
12.45pm			12.30pm	Charlotte M	
2.15pm	Constance D-F				
2.45pm	Damian B				
3.15pm	Lucas K				
3.45pm	Henry H				
4.15pm	Tilly R-C				

	Piano	Music Room		Guitar	
	Jenny Goodson			Barry Worley	
	Monday 5th June			Monday 5th June	
8.30am	Alex B		3.00pm	Jasper D	
			3.30pm	Dillon C	
		4.00pm			

	Brass	Keyboard Room		Piano	Music Room	
	Sarah Leeves					Jenny Goodson
	Tuesday 6th June					Tuesday 6th June
8.55am			3.45pm			Peaches C
9.15am	Jasper D					
9.45am	Daniel B					
10.15am	Lucas C					
10.45am						
11.00am	Damian B					
11.30am	Millie P					
12.00pm	Freddie B					
12.30pm						
1.00pm	Brass Group					
1.30pm	Oscar W					
2.00pm	Elliot G					
2.30pm	Oscar E					
3.00pm	Autumn S					
3.30pm	Henry H					

	Cello	Practice Room		Violin & Piano	Keyboard Room	
	Sarah Davison					Rob Campkin
	Tuesday 6th June					Wednesday 7th June
9.15am	Jasper S			8.00am		Skantha N R
9.45am	India G			8.30am		Oliver S
10.15am	Helena P			9.00am		Vivian B
10.45am			9.30am	Max C		
			10.00am	William J		
			10.30am	Bertie F		
			11.00am	Sienna B-W		
			11.30am	Harry C		
			12.00pm	Vivian B		
			12.30pm	Skantha N R		
			1.00pm	Year 2 Group A Strings		
			1.30pm	Hunter L		
			2.00pm	Miles C		
			2.30pm	Rory B		
			3.00pm	Damian B		
			3.30pm	Ben F		

Piano & Double Bass		Drama Studio	Piano		Music Room
Liz Hosford			Jenny Goodson		
Wednesday 7th June			Wednesday 7th June		
8.00am	Orson W		2.00pm	Emily T	
8.30am	Elliot G		2.30pm	Isla L	
9.00am	Jonathan C		3.00pm	Clementine C-D	
9.30am	Lucas K		3.45pm	Trixie G	
10.00am	Rosie E		<p>Year 1 Group A - Adiella I, Toby C, Grace T</p> <p>Year 1 Group B - Rupert W, Aniket D</p> <p>Year 2 Group A - Primrose G, Chloe B, Jessica W</p>		
10.30am					
10.45am	Francesca G				
11.15am	Eileen C				
11.45am	Theo K				
12.15pm	Tilly R-C				
12.45pm	Jasper D				
1.15pm					
1.45pm	Millie P				
2.15pm	Autumn S				
2.45pm	Oscar W				
3.15pm					

	<b>Violin and Piano</b>	Music Room		<b>Clarinet &amp; Sax</b>	Keyboard Room
	<b>Rob Campkin</b>			<b>Lucy Ballard</b>	
	<b>Thursday 8th June</b>			<b>Thursday 8th June</b>	
8.00am	Joshua C		7.55am	Janani R	
8.30am	Martha M		8.25am	George R	
			8.55am	Ruby H	
11.00am	Madhavan R		9.25am	Harrison W	
11.30am	Clemmy D		9.55am	Jonathan C	
12.00pm	Hamish B		10.25am		
12.30pm	Amina K		11.00am	Esmee M	
1.00pm	Frankie M				
1.30pm	<b>Year 1 Group A Strings</b>				
2.00pm	<b>Year 1 Group B Strings</b>				
2.30pm	Jessica W				
3.00pm	Anvita D				
3.30pm	Ata K				
4.00pm	Ata K				
4.30pm					

	Piano & Double Bass	Drama Studio		Piano	Music Room
	Liz Hosford			Jenny Goodson	
	Thursday 8th June			Thursday 8th June	
8.00am	Sofia S		10.00am	Maisie C	
8.30am	Lana G		10.30am	William J	
9.00am	Freddie B				
9.30am	Sia S				
10.00am	Orlando B				
10.30am					
10.45am	Primrose G				
11.15am	Harry C				
11.45am	Max B				
12.15pm	Rex R				
12.45pm	Cleo S				
1.15pm					
1.45pm	Rupert W				
2.15pm					
2.45pm					



	Voice		Flute		
	Natalie Mason	Practice Room		Dom Smith	Keyboard Room
	Thursday 8th June			Friday 9th June	
8.10am	Francesca G		8.15am	Freddie B	
8.40am	Ameera M		8.45am	Kimberley L	
9.10am	Peaches C and Amalie S		9.15am	Bertie C	
9.40am	Eithne N-G		9.45am	Francesca G	
10.10am	Zoya G				
10.40am					
11.00am	Sofia S				
11.30am	Tilly R-C				
12.00pm	Sia S				
12.30pm	Abigail M				
1.00pm	Hunter L				
1.30pm					
2.00pm	Sienna B-W				
2.30pm	Reuben D				
3.00pm	Misha M				
3.30pm	Constance D F				
4.00pm	Barney T				
4.30pm	Rex R				

	Guitar	Practice Room
	Barry Worley	
	Friday 9th June	
8.00am	Lochie S	
8.30am	Devon S	
9.00am	Jessica B	
9.30am	Barney T	
10.00am	Ethan S	
10.30am	Henry B	
11.00am	Amalie S	
11.30am	Daniel B	
12.00pm	Tom E-B	
12.30pm	Max M	
1.00pm		
1.30pm	Rock Band	
2.00pm	Misha M	
2.30pm	Orlando B	
3.00pm	Freddie B	
3.30pm	Rory G	
4.00pm	Orson W	
4.30pm	Imogen W	

# Lancing Prep Worthing Lunch Menu

WEEK:1

Monday

Tuesday

Wednesday

Thursday

Friday

Main Course

Macaroni cheese with a crunchy breadcrumb top

Jacket potatoes with a choice of toppings:  
Coronation chicken, tuna mayo

Moroccan style chicken meatballs in a smooth sweet tomato and apricot sauce, served with minted yoghurt dip & flatbread

Summer pasta bar

Wholemeal pasta served with tomato and basil sauce, bolognese or grated cheese

Fish fingers or Sustainable white fish with a parsley sauce

Main Course Vegetarian

Macaroni cheese with slow roasted tomatoes and a crunchy breadcrumb top

Veggie chilli, cheese or baked beans

Apricot and herb falafels in a smooth sweet tomato and apricot sauce, served with minted yoghurt dip & flatbread

Wholemeal pasta served with tomato and basil sauce, lentil bolognese or grated cheese

Fisherman's pie with tofu, peas and carrot in a parsley sauce, served with mashed sweet and maris piper potato

Main Course Vegan

Vegan macaroni cheese with slow roasted tomatoes and a crunchy breadcrumb top

Veggie chilli, cheese or baked beans

Apricot and herb falafels in a sweet tomato and apricot sauce, served with minted vegan yoghurt dip & flatbread

Wholemeal pasta served with tomato and basil sauce, lentil bolognese or grated cheese

Fisherman's pie with tofu, peas and carrot in a parsley sauce, served with mashed sweet and maris piper potato

Side Orders

Green beans  
Mixed garden salad

Garden salad  
Mixed crudites

Lemon and mint couscous  
Green beans

Garlic and herb bread  
Steamed carrots  
Sweetcorn

Baby new potatoes  
Peas

Seasonal Salad Bar

Greek salad  
Chargrilled chicken

Watermelon, feta and mint salad  
Sliced home baked ham

5 bean salad with fresh coriander, lemon and olive oil  
Coronation chicken

Red cabbage coleslaw  
Sliced gouda

Pesto pasta salad  
Chargrilled chicken

Dessert of the Day

Pot of summer fruits  
Fresh fruit

Fruit jelly  
Fresh fruit

Fruit salad  
Fresh fruit

Rice pudding made with coconut milk and fresh mango  
Fresh fruit

Chocolate rocky road (vegan option available)  
Fresh fruit

Afternoon Snack

Vegan sausage rolls  
Fresh fruit

Pizza slice  
Fresh fruit

Carrot and apple muffins  
Fresh fruit

Apricot, pumpkin seed and yogurt drizzle flapjack  
Fresh fruit

Popcorn  
Fresh fruit