



### The Week Ahead ...

#### ANTI-BULLYING WEEK

##### Monday 13 November

##### Odd Socks Day

Year 5 and 6 exams in classrooms begin. End 17 November.

Year 7 exams begin. End 17 November.

14.00 Netball Girls-U13A vs Sir William Perkins' School @ Lancing College. **Return 16.30**

15.30-17.00 LPWA Book Sale, Gym

##### Tuesday 14 November

Lancing College Advance Programme Day for Year 7 Pupils

##### Wednesday 15 November

14.30 Netball Girls-U13A and U12A vs Dorset House (H). **Pick up 16.00**

14.30 Netball Girls-U11A and U10A vs Dorset House (A). **Return 17.00**

14.30 Football Boys-U11A and B vs Farlington School (H). **Pick up 16.00**

14.30 Football Boys-U13 vs Farlington School (A). **Return 17.15**

##### Thursday 16 November

14.30 Football Boys-U9A and B vs Shoreham College (H). **Pick up 16.00**

14.30 Netball Girls-U9A and B vs Shoreham College (H). **Pick up 16.00**

##### Friday 17 November

Children in Need – EYFS wear spotty clothes

Mufti Day for Years 1-8 in exchange for bottle for LPWA Christmas Fair bottle tombola

### LPWA Notices

Thank you to all who helped and supported our fireworks night. This has been the first time we have ever sold out of tickets!

#### Friday 17<sup>th</sup> November

Mufti Day in aid of Bottle Collection & Christmas Jumper Collection – The children may wear their own clothes in return for a bottle and/or a Christmas jumper. Please send any bottle, this could be ketchup or shampoo, but I'm sure we would all prefer to win something more exciting at our Christmas fair! Pre-loved Christmas Jumpers of all sizes are welcome. These will be sold at the fair. Bottles and jumpers will be collected on the gate in the morning.

#### Friday 1<sup>st</sup> December

Christmas Fair 5pm to 7pm.

Santa is booked to visit us and there will be stalls a plenty.

We are still on the search for stall holders and raffle prize donations please and need helpers to set up the fair from 2pm. Many hands make light work. Please get in touch or speak to your class rep to offer your help.

### Word of the Week

**Abulia** (*noun*)

An inability to act decisively

Keep up to date with our online calendar  
[www.lancingprepworthingcalendar.org.uk](http://www.lancingprepworthingcalendar.org.uk)

**And our sports calendar**

[Lancing Prep at Worthing | Sports Home \(schoolssports.com\)](http://Lancing Prep at Worthing | Sports Home (schoolssports.com))

(Team sheet password lpw123)

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# Lancing Prep Worthing

## A Lancing College Preparatory School

News Bulletin

10 November 2023

### Remembrance

It has been a day of Remembrance here at LPW for all our children, who have taken the time to think about and appreciate what many people did for us all those years ago.

Yesterday, we marked Remembrance in the Eucharist, led by Father Justin, and this morning a two-minute silence, which all of the children observed superbly.

Four of our pupils read a poppy poem, and two pupils read a remembrance prayer.



### Harvest

Just before half term, we held our Harvest Festivals. The children really enjoyed entertaining the audiences with their songs and poems. Thank you everyone for generous donations to Turning Tides Ending Local Homelessness.





## School News

### Nursery & Pre-School

Just before half term, our Nursery & Pre-School children had a visit from Sussex Police, where they learned about working in the police force. This is part of their topic: learning about people who help us in our community.

Thank you to Sussex Police for giving up their time to visit us.



### Reception walk to the post box

Children wrote postcards, drawings, or mark-makings to say what their favourite activity at school is. They walked to the local post box to post their cards and learned about the journey the cards would take, from the post box to the sorting office to their homes. We also used the walk as an opportunity to spot and name as many numbers as we could.



### Year 1 collages

Year 1 had great fun working collaboratively to create this beautiful 'beside the seaside' mixed media collage using different materials from the classroom. They were also able to incorporate items gathered from their beach trip.



### Year 4: Apple Store Visit

Both Year 4 classes visited the Apple Store before half term, where they created their own emojis that described their personalities or things they enjoyed doing.



### Show Racism the Red Card

On 20th October, pupils and staff Showed Racism the Red Card by wearing something red to school. A brilliant effort by all!



### Meet LPW's Houses

We would like to formally introduce LPW's houses: The Saxons, The Britons, The Celts and The Normans. Our house system builds on our strong sense of community and a sense of belonging among our pupils. There is a little competition at times, but it remains healthy and inclusive in a way that celebrates camaraderie and school spirit with recognition and rewards.





### Mrs Milling shares a hot chocolate with the School Council

Article 12 of the United Nations Convention on the Rights of the Child says that children and young people should have a say in decisions that affect their lives. Our school council provides just one of the many meaningful ways that our pupils can voice their opinions and have their views considered in decisions that impact upon them. Before half term, Mrs Milling thanked this important group of children with hot chocolate and was in awe of their many creative and exciting plans.



### School Guinea Pigs

Over the half-term break, Jeff and Nugget enjoyed a staycation at Millie's house. They had a great time and even had Autumn, Emily, and Grace round for a playdate.



### LPW joins NACE

This year, we are thrilled to have taken our teachers understanding of how to develop and enrich young people to the next level by joining NACE (the National Association for Able Children in Education). Read more here: <https://buff.ly/3QCUIRa>.



### Aspire Programme

At Lancing Prep Worthing, we endeavour to provide every pupil with the support and opportunities needed to enable them to reach their challenging targets and to fulfill their potential. That's why we are so excited to announce the launch of the Aspire Programme, set at raising ambitions across the school with the aspiration to help every child succeed. Read more here: <https://buff.ly/3Mlir02>

### Pumpkin Carving

The half-term pumpkin carving challenge produced an army of wonderfully crafted pumpkins. We can see the children had lots of fun creating these.

All the entries were fantastic, but the winners were Eva and Max M, who carved Jeff the Guinea Pig into the pumpkin, followed by Lottie J and Chloe R.





## School News

### Autumn Art Challenge

The first house challenge was set for the children over the half-term holidays as an optional task they might like to do.

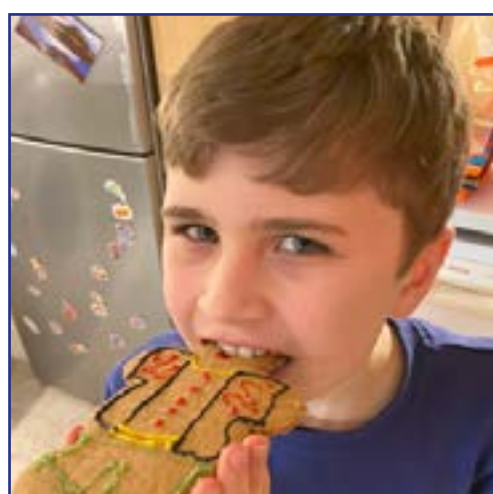
Using recyclable materials, they had to make a picture to represent Autumn days. We had some super works of art brought in on the first day back, showing just how creative and resourceful the children had been in making their ideas. Thank you so much for taking part. The winners' works of art can be viewed in the link of this week's newsletter.



### Henry VIII History Project

Cody in Year 6 responded to an open-ended optional history task over half term, based on Henry VIII and his wives.

He baked Henry VIII and his six wives in gingerbread. Anne Boleyn and Catherine Howard are both depicted with severed heads; Cody exacted his revenge on Henry VIII by eating his head first.



## Sports News

### Match Report for w/c 16 October 2023

On Tuesday 17 October, four Year 7 and 8 boys (Freddie B, Orson W, Joshua C, and Jonathan C) were involved in a swim gala at Lancing College as part of the U13 swimming league, and along with Lancing Prep Hove and Lancing College, they finished 1st overall at the gala!

On Wednesday 18 October, the U13 A team participated in the Lancing College Football Tournament against some much bigger schools, with the U13 B team narrowly losing to Lancing Prep Hove.

All Thursday games were cancelled due to the rain.

### Match Report for w/c 6 November 2023

The U9 girls played netball against Windlesham School. We didn't win, but the girls played really well and showed great team spirit.

The Year 3 and 4 boys played a couple of exciting football games away at Windlesham Hove School.

The Year 3 boys enjoyed their game, and despite losing, they are improving in all areas. Year 4 played in a very exciting game that went one way and then the other, narrowly losing 3-4.

LPW  
Love  
Learning

### Pre-Prep Head Teacher Awards from 13 10 23

LPW  
Be  
Kind

#### Reception

Adelaide F	for super listening and independent writing.
Amber S	for independently practising writing her name using the correct letter formation.
Brodie B	for excellent listening and participation in carpet time sessions.
Charlotte J	for showing excellent understanding of repeating patterns.
Charlotte W	for showing excellent understanding of repeating patterns.
Hugo C	for working so hard on his blending and reading.

#### Year 1

Aria P-T	for your excellent progress with reading and loving learning.
Emily A	for your superb writing using sequence words in English
Jacob M	for working methodically and reading out the word systematic in maths.
Otto D	for your superb writing using sequence words in English

#### Year 2

Amber M	for her alphabetical order work.
Ameera M	for being a supportive friend.
Aniket D	for comparing London in 1666 with today.
Grace T	for being a good maths teacher and helping a friend.
Rupert W	for super maths work!
William J	for his imaginative dragon story.

### REMINDER: ODD SOCKS DAY!

We are getting Anti-Bullying Week off to a great start on Monday 13 November with Odd Socks Day to celebrate each person's individuality.

### House Points

The House Point totals are in!  
Congratulations Celts for topping the leader board.

<b>Celts</b>	<b>376</b>
<b>Saxons</b>	<b>276</b>
<b>Normans</b>	<b>236</b>
<b>Britons</b>	<b>231</b>



<div> <div>LPW Love Learning</div> <div> <b>Prep Head Teacher Awards</b>  <b>from 13 10 23</b> </div> <div>LPW Be Kind</div> </div>	
<b>Year 3</b>	
Asher G	for crafting a very informative fact file about the Author, Roald Dahl.
Daniel M	for creating a wonderful fact file on South America for homework.
Jacob S-Y	{for crafting a very informative fact file about the Author, Roald Dahl. {for crafting his own imaginative 500 words competition entry by capitalising on his spare time at home.
Lana G	for creating a wonderful fact file on Australia for homework.
<b>Year 4</b>	
Anneka M	for her fantastic independent work and an adventurous attitude towards learning.
Chloe R	for creating a fantastically detailed poster on Simone Biles for Black History Month.
Rishita M	{for her clear and mathematical way of explaining her answer. {for being so focused and adventurous within our English lessons.
Sia S	for crafting an impressive poster about Nelson Mandela for Black History Month.
<b>Year 5</b>	
Alexander B	for his excellent Science presentation on Alexander Parkes, a materials inventor. So much super detail.
Amalie S	{for her super Science presentation on Wallace Carothers, a materials inventor. {for creating a highly imaginative Tudor board game.
Autumn S	{for being on a 238 day streak on Duolingo and for crafting an imaginative and beautiful poster about the ‘tour Eiffel’ {for an outstanding Science homework researching Joseph Swan, a materials inventor.
Benjamin F	for his excellent Science poster on Wallace Carothers, a material inventor, for Science, lots of detail.
Benjamin S	for super Science research on Joseph Aspdin, a material inventor.
Cameron B	for loving learning French by always completing his work at high standards, this first half term.
Cody M	{for his outstanding Science homework researching Stephanie Kwolek, a materials inventor. {for being adventurous and linking his history studies to baking: he made and ate Henry VIII and his six wives in gingerbread.
Damian B	for crafting an imaginative and creative powerpoint depicting Anne Boleyn.
Dylan S	for his fabulous presentation on John Dunlop, a material inventor.
Eileen C	{for loving learning French in many ways this first half term: outstanding practice on Duolingo, extension activities on Languagenut, active contribution to the French club and an outstanding presentation of France and Paris. {for her excellent Science presentation on Joseph Swan, lots of detail. I loved the added glossary.
Elliott S	for his outstanding Science homework researching Stephanie Kwolek, a materials inventor.
Elodie G	for her outstanding Science homework researching Leo Beakeland, a materials inventor.
Ethan S	for being adventurous and loving learning French by being part of the ruby league on Duolingo.
Francesca G	[for her imaginative presentation of Paris and for her active contribution to the French club. [for her excellent Science presentation on Wallace Carothers, a materials inventor. Lots of super detail and great examples of where nylon is used.
Hunter L	for his excellent Science detail on Leo Beakeland and his invention of bakerlite plastic.
Oscar W	for being an active member of the French club and by completing his work with care and passion.
Pippa W	{for her excellent Science homework researching Joseph Swan, a materials inventor. {for crafting a colourful and informative poster about Rosa Parks for Black History Month.

Rory G	for great independent Science research on John Dunlop, a material inventor.
Theodore H	for his excellent independent research and a super presentation on John Dunlop, a material inventor.
Tilly R-C	for her persistence on Duolingo and for being open-minded by reading a book in link with our Paris topic to delve deeper into French culture.
<b>Year 6</b>	
Leah M	for showing kindness and empathy towards friends during playtime.
Miri H	for showing resilience and quiet determination in Maths.
Rudy C	for crafting an outstanding PowerPoint on Marcus Rashford for Black History Month.
Thomas R	for creating an informative poster on John Ameachi for Black History Month.
<b>Year 7</b>	
Abhimanyu K	for his very resourceful and well-crafted presentation on renewable energy resources!
Ata K	for composing an imaginative rap to help with revision in English.
Beatrice D	for creating an imaginative comic strip to help with revision.
Bella L	{for her very resourceful and well-crafted presentation on renewable energy resources! {for using imaginative drawings to help with revision.
Joshua C	for his very resourceful and well-crafted presentation on renewable energy resources!
Joshua L	for crafting an outstanding poster on Barack Obama for Black History Month.
Matthew G	for crafting an outstanding poster on Lilian Bader for Black History Month.
Rex R	for being a linking learner when applying exam techniques to his revision
Ryley G	for his very resourceful and well-crafted presentation on renewable energy resources!
William P	for an imaginative book review with outstanding presentation.
<b>Year 8</b>	
Devon S	for being an outstanding upstander, for doing the right thing and standing up in situations where many would be quiet.
Eva M	for demonstrating resilience and perseverance when preparing for examinations.
Harry S	for demonstrating resilience and perseverance when preparing for examinations.
Jessica B	{for being an outstanding upstander, for doing the right thing and standing up in situations where many would be quiet. {for demonstrating resilience and perseverance when preparing for examinations and epitomising the ideals of meliorism.
Lucas K	for demonstrating resilience and perseverance when preparing for examinations.
Orson W	for demonstrating resilience and perseverance when preparing for examinations and epitomising the ideals of meliorism.
Phoebe B	for being the most enthusiastic, dedicated and confident ambassador of the language department at our autumn open morning.
Regan C	for demonstrating resilience and perseverance when preparing for examinations.
Bertie F	{for being the most enthusiastic, dedicated and confident ambassador of the language department at our autumn open morning. {for crafting an outstanding poster on Mary Seacole for Black History Month. {for demonstrating resilience and perseverance when preparing for examinations.
Ruchita K	for being an outstanding upstander, for doing the right thing and standing up in situations where many would be quiet.
Rustam O	for demonstrating resilience and perseverance when preparing for examinations and epitomising the ideals of meliorism
Unaysah K	for demonstrating resilience and perseverance when preparing for examinations.
Yuvraj S	for demonstrating excellence in his accurate use of language in English lessons.

# Autumn MENU

## Week 2



# Lancing Prep Worthing

## A Lancing College Preparatory School

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

#### LITTLE STARS

Tomato and mozzarella or goats cheese flatbread pizza

Butcher's chipolata sausages with homemade ketchup. (Chicken sausages available)

Mini roast chicken lunch!

Beef pasta bake (with hidden veggies)

Roasted cod with a mornay sauce on the side

#### MAIN

Tomato and mozzarella or goats cheese and red onion marmalade flatbread pizzas

Butchers pork sausages with homemade ketchup. (Chicken sausages available)

Roast chicken tray bake with new potatoes and roasted peppers

Traditional lasagne

Cod mornay

#### MAIN (VEGAN & VEG)

Sliced peppers, mushroom and olive flatbread pizzas

Vegan sausages with homemade ketchup

Lentil and vegetable bake

Spinach and ricotta (or vegan cheese) lasagne

Vegetable and bean potato cake with a mornay sauce

#### SIDE ORDERS

Coleslaw, Cucumber and carrot sticks, cherry tomatoes and mangetout

Mashed potato

Roasted new potatoes

Garlic and herb bread bites

Baby new potatoes

#### SALAD BAR

Five bean salad, tuna mayo and cheddar cheese

Sliced beef, watermelon, mint & feta salad, free range eggs

Home baked ham, mackerel pate and mozzarella

Tuna and lemon mayo, coronation chicken and cheddar cheese

Home baked ham, free range eggs, spinach and lentil salad

#### PUDDING

Rice pudding made with coconut milk and topped with fresh mango

Yoghurt pots and toppings

Pineapple fingers

Tropical fresh fruit salad

**Friday Treat**  
White chocolate crispy cake

#### AFTERNOON SNACK

Cheese and crackers

Bread sticks & crudites

Courgette & cheese wholemeal muffin

Sweet potato and feta sausage roll

Oat and blueberry flapjack

Fresh fruit

Fresh fruit

Fresh fruit

Fresh fruit

# Instrumental Lesson Timetable

**Monday**

	Paul Gunter			Barry Worley	
	Drums			Guitar	
	Monday 13th November			Monday 13th November	
8.30am	Lucas K	Music Rom	11.00am	Oscar K	Practice Room
9.00am	Theo K		11.30am	Roman B-C	
9.30am	Dylan C		12.00pm	Tom E-B	
10.00am	Harry A		12.30pm	Lucas S	
10.30am			1.00pm	Pasha D	
10.45am	Elliott S		1.20pm		
11.15am	Rex R		1.30pm	Max B	
11.45am			2.00pm	Elliott S	
2.00pm			2.30pm	Jasper D	
2.30pm	Pippa W				
3.00pm	Mae C				
3.45pm	Harry C				
4.15pm	Tilly R-C				



		Practice Room			Music Room
	Simi Fyles			Sarah Leeves	
	Voice & Piano			Brass	
	Monday 13th November			Tuesday 14th November	
8.30am	Phoebe B		8.45am	Elias L	
9.00am	William B		9.15am	Oscar E	
9.30am	Charlotte M		9.45am	Lana G	
9.50am	Elodie G (piano)		10.15am	Helena P	
10.20am	Peaches C		10.45am		
10.50am	Max B		11.00am	Daniel B	
11.20am	Emily A		11.30am	Damian B	
11.40am	Lucas B		12.00pm	Millie P	
11.50am			12.30pm		
12.20pm			1.00pm	Emily E	
			1.30pm	Brass Band	
			2.00pm	Oscar W	
			2.30pm	Autumn S	
			3.00pm	Jasper D	
			3.30pm	Freddie B	
			4.00pm		



## Tuesday

	Sarah Davison	Keyboard Room		Natalie Mason	Practice Room
	Cello			Voice	
	Tuesday 14th November			Tuesday 14th November	
9.15am	Sebastian F		8.30am	Tilly R-C	
9.45am	India G		9.00am	Eithne N-W	
10.15am	Helena P		9.30am		
10.45am	Sam W-B		10.00am	Francesca G	
11.15am	Jasper S		10.30am		
11.15am			10.45am	Amalie S	
			11.15am	Constance D-F	
			11.45am	Rex R	
			12.15pm		
			12.40pm	Ameera M	
			1.10pm	Sia S	
			1.40pm	Hunter L	
			2.10pm	Zoya G-H	
			2.40pm	Barney T	
			3.10pm		
			3.40pm	Unaysah K	
			4.10pm	Jessica B	



## Wednesday

	Simi Fyles	Practice Room		Elizabeth Hosford	Keyboard Room
	Voice & Piano			Piano	
	Wednesday 15th November			Wednesday 15th November	
8.15am	Eva M		8.00am		
8.45am	Leila F		8.30am	Max B	
9.15am	Ruby H		9.00am	Harry C	
9.45am	Pasha S		9.30am	Isla L	
10.15am	Lexi P		10.00am	Theo K	
10.45am			10.30am		
11.00am	Jessica W		10.45am	Sia S	
11.30am	Beatrice D		11.15am	Cleo S	
12.00pm	Elodie G		11.45am	Eileen C	
12.30pm	Sophia S		12.15pm	Lana G	
1.00pm	Maisie C		12.45pm	Rosie E	
1.30pm			1.15pm		
2.00pm	Clementine C-D		1.45pm	Orlando B	
2.30pm	Ryley G		2.15pm	Sofia S	
3.00pm	William J		2.45pm	Rupert W	
3.30pm			3.15pm		



## Thursday

	Elizabeth Hosford	Keyboard Room		Lucy Ballard	Food Tech Room
	Piano			Clarinet & Saxophone	
	Thursday 16th November			Thursday 16th November	
8.00am	Rex R		8.15am	Jonathan C	
8.30am	Freddie B		8.45am	Ruby H	
9.00am	Jonathan C		9.15am	Esmee M	
9.30am	Oscar W		9.45am	Vivian B	
10.00am	Primrose G		10.15am		
10.30am					
10.45am	Lucas K				
11.15am	Jasper D				
11.45am	Autumn S				
12.15pm	Alex B				
12.45pm					
1.15pm	Tilly R-C				
1.45pm	Millie P				
2.15pm	Francesca G				
3.15pm					



		Practice Room			Drama Studio
	Rob Campkin			Dom Smith	
	Violin & Piano			Flute	
	Thursday 16th November			Friday 17th November	
8.00am	Joshua C		8.15am	Freddie B	
8.30am	Skantha N		8.45am	Kimberley L	
9.00am	Sienna B-W		9.15am	Francesca G	
9.30am	Harry C		9.45am	Bertie C	
10.00am	Madhavan R		10.15am		
10.30am	Miles C				
11.00am	Hamish B				
11.30am	Max M				
12.00pm	Chloe B				
12.30pm					
1.00pm					
1.30pm	Hunter L				
2.00pm	Rory B				
2.30pm	Grace T				
3.00pm	William J				
3.45pm	Peaches C				
4.15pm					

## Friday

	Rob Campkin			Barry Worley	
	Violin & Piano			Guitar	
	Friday 17th November			Friday 17th November	
8.00am	Skantha N-R	Keyboard Room	8.00am	Lochie S	Practice Room
8.30am	Ata K (violin)		8.30am	Devon S	
9.00am	Delilah P		9.00am	Jessica B	
9.30am	Ata K (piano)		9.30am	Barney T	
10.00am	Anvita D		10.00am	Freddie B	
10.30am	Emily T		10.30am	Max M	
11.00am	Florence W		11.00am	Ethan S	
11.30am	Frankie M		11.30am	Daniel B	
12.00pm	Amina K		12.00pm	Misha M	
12.30pm			12.30pm		
1.00pm	Sia S		1.00pm	Rock Band	
1.30pm	Bertie F		1.30pm	Guitar Rock Prep Band	
2.00pm	Rishita M		2.00pm	Amalie S	
2.30pm	Max C		2.30pm	Dillon C	
3.00pm			3.00pm	Ralph E	
			3.30pm	Rory G	
			4.00pm	Orson W	





# Wellbeing News

Autumn Issue 2 23/24



Welcome Back! We hope you enjoyed your half term break and feel rested and ready to go. We have lots of exciting days and events coming up this half term and hope that you enjoy the lead up to Christmas.

If you have any ideas for our newsletter or have something that you would like to include in the next issue, please pop into the Hive and we can have a chat.

## Joke time

Why do the birds fly south in the fall?

What would you get if you cross a snowman and a shark?

Ask yourself

What makes you happy?

## Five ways to wellbeing



**Connect:** Phone or text your friends for a chat

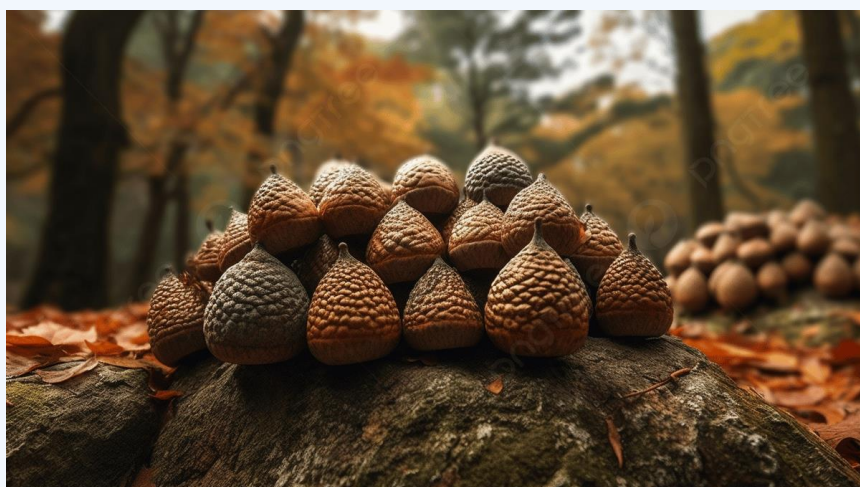
**Be active:** Put on your favourite song and dance

**Keep learning:** Ask your friends about new podcasts that you could listen too and learn from

**Give::** Start making and writing some Christmas cards for friends and family

**Take notice:** Put down your phone and your gaming controller, spend some time outside and take notice of what's going on around you

## Peaceful picture



Go for a walk, get some fresh air and collect pinecones. They are beautiful! You can paint and decorate them for Christmas decorations.

## Affirmation

While I'm being kind to others – I will remember my feelings matter too.

If you need any support or you have any suggestions/ideas for future editions of this newsletter, please contact Mrs Brown – [ebrown@lancing.org.uk](mailto:ebrown@lancing.org.uk)

## Make a noise about bullying



Anti-Bullying week is 13<sup>th</sup> – 17<sup>th</sup> November and this year's theme is Make some Noise! Anti-Bullying week is to encourage you to think about what bullying means to you, how banter can turn into something more hurtful, and what we can do to stop it.

### What is Bullying?

When someone says or does something unintentionally hurtful, and they do it once –  
**That's a mistake**

When someone says or does something intentionally hurtful, and they do it once –  
**That's mean and unkind**

When someone says or does something intentionally hurtful, and they keep doing it even when you tell them to stop or show them you are upset –  
**That's bullying**

### What should I do?

- 1) **Remember it's not your fault**
- 2) **Get help** - talk to someone you trust
- 3) **Keep a record** – write what is happening down with dates and times
- 4) **Know your friends** – spend time with them, surround yourself with people who care
- 5) **Practice standing up for yourself** – Say Stop and grow your confidence
- 6) **Remember, no one has the right to hurt you**
- 7) **Seek a place of safety**- walk away
- 8) **Love yourself** - tell yourself you are amazing and do things you enjoy and make you feel good about yourself
- 9) **Stand up for others and grow your confidence to say NO!**

### Who can I talk to?

Talk to someone who can help you and give you advice; family, friends, a trusted adult, a teacher. There are other ways to get help too.



**Together we can make a difference and stand up against bullying!**



## Guinea Pig News



Hi Everyone,

Thank you for taking care of us and being so pleased to see us everyday. Your excitement and smiles make us feel special and loved. We love to visit all the different classrooms and are looking forward to seeing more of you this half term.

Jeff and Nugget

XX

We are enjoying the food treats you are giving us and hope to have some lovely nibbles to look forward to at Christmas. We have heard Mrs Milling, Miss Bennet talking about Christmas treats- Whee Whee.



We love it when you talk to us and tell us about your day. Jeff had an idea and said, he would like to hear a story so if you would like to read to us, please speak to Miss Bennet and Mrs Brown and they may invite you to the Hive to read to us. Whee Whee xx

## And finally...

In everything you do remember be proud to be you, treat others how you want to be treated and spread your kindness.

**Be Kind, Love Learning and Go out into the world and do good**

Joke Answers : It's too far to walk / Frost-Bite

*Art Autumn  
art  
challenge*





Year 3



Jasper



Matthew



Mae

Autumn  
by Mae Clark  
A red squirrel is  
burying a halloween  
a corn beneath the  
Autumn tree



# Year 4



Richita



Rosie







# Year 6



# Beau



## Miri



# Year 6



Lucas B



Leah



William B



# Year 7



**Freddie**



**Jonathan**



Year 7



Misha and Sienna

# **Overall house winning order**

**4<sup>th</sup> Place with 6 entries Saxons**

**3<sup>rd</sup> Place with 4 entries Normans**

**2<sup>nd</sup> Place with 6 entries Britons**

**1st Place with 13 entries Celts**



Look at your poppy in your hand.

Poppies are bright and cheerful flowers: say thank you to God for the lives of those who have died in war, remembering all the joy they brought to families and friends, and all the good things they did for their home and their country.

Then look at the red petals: red reminds us of danger and harm. Ask God to be close to those who are still facing danger each day, to give courage to the armed forces, and compassion to all who help others.

Place your whole hand over the poppy: poppies are also fragile and need to be handled gently. God cares for those who are hurting and those who are sad. Ask God to comfort all who are sad because of the loss of someone they love.

Finally place a finger on the centre of the poppy: ask God to help you play your part in working for peace in the world.



## Remembrance prayer for children



We remember those who stood for love and truth,  
And thank you for the sacrifice they made for me and  
you.

Thank you that we can now enjoy peace and learn to  
love not fight,

Thank you that we can now sing and play, and not be  
scared or hide.

We pray for other countries where children live in fear,  
And there is war and fighting and many are in tears.

Please help to make things better and bring some peace  
to them.

Protect all those who try and help to make friends  
again.

Amen.





Lancing Prep Worthing

A Lancing College Preparatory School

# Nursery & Pre-School Christmas Play

Friday 8th December 2023 in the School Hall

8.45am: Coffee

9.15am: Celebration starts



# PRE-PREP NATIVITY

7th December 2023 in the School Hall

Gates open: 9.15am

Celebration starts: 9.30am



Lancing Prep  
Worthing

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Lancing Prep Worthing

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# Prep Christmas Service

Join us at Lancing College Chapel

Friday 15th December 2023

2.30pm Drinks and mince pies in the Megarry Room  
3pm Service starts in the Chapel



Join the Year 2 & the LPWA

# BOOK SALE

Monday 13th November

3:30-5:30

In the school gym

All proceeds towards the  
NEW TRIM TRAIL

- CHILDRENS • ADULTS •
- NON FICTION • NEW •

*Please bring a bag and plenty of change!*



# HPV

## vaccination

**Protecting you from HPV cancers**  
Everyone should have it in year 8



Scan here

HPV  
materials



[qrco.de/NHS-HPV](https://qrco.de/NHS-HPV)

Are you up to date on all  
your immunisations?



[qrco.de/YoungPeopleImms](https://qrco.de/YoungPeopleImms)

