



Dear Families,

What a week it has been! The children, and our staff, have certainly faced their fair share of wind and rain over the past few days. Despite the blustery weather, the spirit and resilience across the school have shone through. From navigating puddles to battling the gusts on the playground, our pupils have continued to approach each day with enthusiasm and good humour. Thank you for ensuring everyone has arrived so well prepared, wrapped up and ready to embrace whatever the weather brings. As always, we truly appreciate your support.

Our French Epiphany topic has been a wonderful success again this year. Children from Year 1 through to Year 8 have embraced French culture, language and creativity. Our younger pupils delighted us with their imaginative bonhommes galette and beautifully decorated couronnes, bringing the traditions of Epiphany to life through art and storytelling. Years 3 and 4 impressed everyone with their fascinating facts and their thoughtful work based on Roule Galette. Year 5 produced wonderfully creative pieces inspired by Dans la galette, il y a..., while Year 6 have been reading and summarising French stories all about la galette des rois, building both confidence and comprehension skills. Years 7 and 8 enjoyed revisiting key facts and expanding their vocabulary through lively Blooket activities. Madame Valantin is absolutely delighted to have received so many photos and videos of children baking la galette des rois at home. It is a joy to see how the love of learning flows between school and home. A special thank you to our families, who may have been faced with some very messy kitchens as a result of this optional baking activity!

Last week, our Year 3 children launched into their new Geography topic with a wonderfully hands-on project. Pupils have been busy building model earths out of plasticine, carefully layering each section to show the crust, mantle, outer core and inner core. The most exciting moment came when they sliced their models in half to reveal a colourful cross-section of our planet. A brilliant visual way to understand what lies beneath our feet. Whilst in English lessons, they have been diving into the



LPW

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world of poetry, learning about haikus, cinquains, acrostic and humorous poems. They have really enjoyed performing their poems to the class and are excited to see their fantastic work published on the WOW wall.

Our Science Lab has been buzzing with creativity and curiosity this week. Year 6 have stepped into the world of shadows, designing and performing with their very own shadow puppets as they explored how light travels and creates silhouettes. Their imaginative creations brought science – quite literally – to life! Meanwhile, Year 7 have been busy building series and parallel circuits, discovering how current and resistance behave in each. The room has been glowing with bulbs, wires and plenty of “aha” moments as their experiments sparked deeper understanding.

In our Da Vinci group, things have been particularly explosive—in the best possible way. Pupils have been investigating chemical reactions, carrying out thrilling experiments involving combustion and oxidation. Their excitement has been electric as they witnessed how different substances change, burn and react right before their eyes.

On the morning of Tuesday 27 January, pupils from Year 8 attended the Holocaust Memorial event in Worthing to pay our respects on behalf of the school. Our prefects represented LPW with compassion and read poems aloud to the congregation with skill and empathy. Vivian B and Bertie C read the poem: Refugee Blues by WH Auden. William B read: The Children of Rwanda by Reverend Francois Murenzi. Miri H and Max B read: There is a Last Solitary Coach by David Vogel. It was a poignant and meaningful occasion, and our pupils demonstrated maturity and sensitivity throughout.



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Dates for the Diary over the next fortnight:

Monday 2 February 4.15-6.00pm

Reception to Year 4 Parents' Evenings in classrooms

Tuesday 3 February

8.30-9.15am Orchestra will be a sectional practice for Violins, 2nd Cello and 2nd Clarinet parts only on this day, in the Music Room.

4.00-5.00pm 2R Extra Parents' Evening in classroom

Friday 6 February

Jim Beckett, Author, visiting Reception to Year 3 pupils. The Steyning Bookshop are offering families the chance to purchase signed copies of Jim's books through their online store (<https://www.steyningbookshop.co.uk/>) — with free delivery to school. Pre-order your copies now, and Jim will personally sign and dedicate them for your child during his visit.

Saturday 7 February

LPW Open Morning for Prospective Families

Please do share with friends and family that may like to attend.

Booking link here: <https://www.lancingcollege.co.uk/prep-worthing/admissions/visit-lancing-prep-worthing-2026/>

Saturday 7 February 9.15am and 10.15am

Year 9 (Third Form) Entry Open Event at Lancing College
[Open Events - Lancing College](#)

w/b Monday 9 February

Whole school lockdown practice



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Monday 9 February

Spring Soiree

5.30-6.30pm, doors open at 5.15pm

Tuesday 10 February

Nursery, Pre-School, Reception, Year 1 and Year 2 Toy Topic Theatre Workshop –
Drama 4ALL

Wednesday 11 February 6pm – 7pm

Friends and Families of LPW Committee Meeting in the School Hall
All welcome

ABRSM Music exams take place this term at Lancing Prep Hove, on Monday 23rd March (last Monday of term). We will be leaving school at 8.40am and returning after the last exam. We will be travelling to and from school by minibus. Smart school uniform should be worn by all pupils, please. Good luck to all!

Congratulations to:

Year 3 who have made an excellent start to their recorder work in class with Mrs Rees and are learning new pieces every week which sound fantastic.

Everyone who donated to the Royal British Legion Poppy Appeal raising £122.86.

Zara R who plays netball for Sussex Energy. Zara and her team had a convincing win against Eastbourne on Saturday (21-9), and Zara was voted best defender of the match which is a brilliant achievement given she has only started training with the team recently and this is only her second competitive league match.

Cameron B and Leah B who had great set of water polo matches on Sunday scoring 4 goals and 3 goals.



Follow us on socials

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Everyone who took part in the Pre-Prep Talent Show last week. It was a joyful celebration of their creativity, and we are so proud of every performer. You can watch a short video on our Facebook and Instagram pages (links below).

Finally, Nugget is looking for a home to stay during the Easter holidays. There are some other weekends before that where he is available too. Please get in touch if you would like him to stay. He is a wonderful guest!

I wish you a happy weekend.

Very best wishes,



Francesca Milling

**Headteacher Awards
24-29 January 2026**

Jacob M	for excellent focus and persistence in Humanities lessons recently to produce his best work.
Aria P-T	for excellent focus and persistence in Humanities lessons recently to produce her best work.
Toby C	for creating a presentation highlighting some interesting facts about octopuses.
Marigold P	for baking a superb galette and several mini galettes des rois with Rufus and showing great creative skills by making an amazing PowerPoint presentation demonstrating wonderful enthusiasm for learning.
Primrose G	for reflecting brilliantly on the role of a Restorative Ranger and the process of restorative justice to produce an excellent drama performance.
Harriet K	for baking a delicious galette des rois and crafting a fantastic felt crown with Mae, showing wonderful creativity and teamwork.
Penelope L	for baking a superb galette des rois alongside Margo and showing a wide range of learning powers throughout the process.
Frances M	{for baking a superb galette des rois with Cleo and showing great imagination and persistence creating a video of the whole process, demonstrating wonderful enthusiasm for learning. {for reflecting brilliantly on the role of a Restorative Ranger and the process of restorative justice to produce an excellent drama performance.
Toby S	for reflecting brilliantly on the role of a Restorative Ranger and the process of restorative justice to produce an excellent drama performance.
Leah B	for baking a superb galette des rois and demonstrating a wide range of learning powers throughout the process.

Isabella B	for collaboratively creating a detailed, imaginative and superb poster linked to the French story 'Dans la galette, il y a...', showing how much she enjoyed learning with her classmates during this task.
Mae C	for baking a delicious galette des rois and crafting a fantastic felt crown with Hattie, showing wonderful creativity and teamwork.
Magnus D	for baking a superb galette des rois alongside Matilda and showing a wide range of learning powers throughout the process.
Amina K	for collaboratively creating a detailed, imaginative and superb poster linked to the French story 'Dans la galette, il y a...', showing how much she enjoyed learning with her classmates during this task.
Margo L	for baking a superb galette des rois alongside Penelope and showing a wide range of learning powers throughout the process.
Helena P	for progress in Music and encouraging others to give Orchestra a try.
Cleo S	for baking a superb galette des rois with Frances and showing great imagination and persistence creating a video of the whole process, demonstrating a wonderful enthusiasm for learning.
Matilda W	for baking a superb galette des rois alongside Magnus and showing a wide range of learning powers throughout the process.
Oscar C	for showing adventurous and open-minded thinking in ratio work and tackling challenges with confidence and curiosity.
Emily E	for reflecting brilliantly on the role of a Restorative Ranger and the process of restorative justice to produce an excellent drama performance.

Sofia S	for being crafting, empathetic and imaginative in writing a superb thread-themed Diary entry.
Charlie B	for being crafting, empathetic and imaginative in writing a superb thread-themed Diary entry.
Rufus P	for baking a superb galette and several mini galettes des rois with Marigold and showing great creative skills by making an amazing PowerPoint presentation demonstrating wonderful enthusiasm for learning.
Zara R	for showing adventurous and open-minded thinking in ratio work and tackling challenges with confidence and curiosity.
Chelsea T	for being crafting, empathetic and imaginative in writing a superb thread-themed Diary entry.
Alex B	for focus and independence when writing a story in English.

SPRING MENU

Week 3



Lancing Prep Worthing

A Lancing College Preparatory School

ALL ARE MEALS ARE CAREFULLY CHECKED FOR ALLERGENS, AND ALTERNATIVE OPTIONS ARE AVAILABLE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LITTLE STARS	Wholemeal pasta bar with selection of sauces Potato gnocchi with a lemon herb sauce	Chicken Katsu curry	Roast chicken, stuffing & lemon and thyme gravy	Traditional beef lasagne topped with a creamy cheesy sauce & oven baked	Chicken burger, iceberg lettuce & tomato served in a bun
MAIN	Wholemeal pasta bar with selection of sauces Potato gnocchi with a lemon herb sauce	Chicken Katsu curry	Roast chicken, stuffing & lemon and thyme gravy	Traditional beef lasagne topped with a creamy cheesy sauce & oven baked	Chicken burger, iceberg lettuce & tomato served in a bun
MAIN (VEGAN & VEG)	Wholemeal pasta bar with selection of sauces Potato gnocchi with a lemon herb sauce	Vegan Quorn Katsu curry	Vegan Quorn fillet, stuffing & lemon thyme gravy	Vegan Quorn mince lasagne topped with a dairy free sauce & oven baked	Vegan burger, iceberg lettuce & tomato served in a bun
SIDE ORDERS	Cheesy sauce Tomato & basil Poached salmon Green beans Roasted Mediterranean veg	Steamed brown & white rice Mango chutney Broccoli	Roasted potatoes, savoury cabbage, steamed sweetcorn	LPW garlic bread Steamed carrots & peas	Caramelised onions Mustard/BBQ/ketchup sauces Oven baked spicy potato wedges
PROTEIN SALAD BAR	Tuna, egg, cheese Selection of salads	Sliced meats/egg/cheese Various salads Dressings	Sliced meats/egg/cheese Various salads Dressings	Sliced meats/egg/cheese Various salads Dressings	Sliced meats/egg/cheese Various salads Dressings
PUDDING	Naturel yoghurt & mixed berry compote Fresh fruit	Stewed apples with dried fruit & cinnamon Vanilla custard Fresh fruit	Reduced sugar pear sponge with a lemon crème fraiche	Seasonal fresh fruit salad	Raspberry sorbet Fresh fruit
PRE-PREP AFTERNOON SNACK DELIVERED TO THE CLASSROOM AT 2PM	Fresh fruit or vegetable crudités	Fresh fruit or vegetable crudités	Fresh fruit or vegetable crudités	Fresh fruit or vegetable crudités	Fresh fruit or vegetable crudités
PREP SCHOOL AFTERNOON SNACK SERVED AT 4PM	Freshly baked pain au raisin Fresh fruit	Baked croissant with cheddar cheese slice Fresh fruit	Blueberry muffin Fresh fruit	Vegetable pizza slice Fresh fruit	Apple flapjack Fresh fruit

SPRING MENU

Week 3 Allergens



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ALL ARE MEALS ARE CAREFULLY CHECKED FOR ALLERGENS, AND ALTERNATIVE OPTIONS ARE AVAILABLE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LITTLE STARS	Wholemeal pasta bar with selection of sauces Gluten free pasta	Chicken Katsu curry Gluten free	Roast chicken, stuffing & lemon and thyme gravy Free from	Traditional beef lasagne topped with a creamy cheesy sauce & oven baked Gluten free/ dairy free	Chicken burger, iceberg lettuce & tomato served in a gluten free bun
MAIN	Wholemeal pasta bar with selection of sauces Gluten free pasta	Chicken Katsu curry Gluten free	Roast chicken, stuffing & lemon and thyme gravy Free from	Traditional beef lasagne topped with a creamy cheesy sauce & oven baked Gluten free/ dairy free	Chicken burger, iceberg lettuce & tomato served in a gluten free bun
MAIN (VEGAN & VEG)	Wholemeal pasta bar with selection of sauces Gluten free pasta	Vegan Quorn katsu curry Gluten free	Vegan Quorn fillet, stuffing & lemon thyme gravy	Vegan Quorn mince lasagne topped with a dairy free sauce & oven baked	Vegan burger, iceberg lettuce & tomato served in a gluten free bun
SIDE ORDERS	Cheesy sauce Tomato & basil Poached salmon Green beans Roasted Mediterranean veg	Steamed brown & white rice Mango chutney Broccoli	Roasted potatoes, savoury cabbage, steamed sweetcorn	Gluten free garlic bread Steamed carrots & peas	Caramelised onions Mustard/BBQ/ketchup sauces Oven baked spicy potato wedges
PROTEIN SALAD BAR	Tuna, egg, cheese Selection of salads	Sliced meats/egg/cheese Various salads Dressings	Sliced meats/egg/cheese Various salads Dressings	Sliced meats/egg/cheese Various salads Dressings	Sliced meats/egg/cheese Various salads Dressings
PUDDING	Dairy free yoghurt & mixed berry compote Fresh fruit	Stewed apples with dried fruit & cinnamon Vanilla dairy free custard Fresh fruit	Reduced sugar pear gluten/dairy free sponge with a lemon crème fraiche	Seasonal fresh fruit salad	Raspberry sorbet Free from Fresh fruit
PRE-PREP AFTERNOON SNACK DELIVERED TO THE CLASSROOM AT 2PM	Fresh fruit or vegetable crudités	Fresh fruit or vegetable crudités	Fresh fruit or vegetable crudités	Fresh fruit or vegetable crudités	Fresh fruit or vegetable crudités
PREP SCHOOL AFTERNOON SNACK SERVED AT 4PM	Allergen alternative Fresh fruit	Allergen alternative Fresh fruit	Allergen alternative Fresh fruit	Allergen alternative Fresh fruit	Allergen alternative Fresh fruit



Lancing Prep
Worthing

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Lancing Prep Worthing

Music Lessons Week 5

Monday

Sophia Liu: Piano Keyboard Room	
12.45pm	Margo L
1.45pm	Penelope L
2.15pm	Pasha S-N

Barry Worley: Guitar and Drums Practice Room	
11am	Noah B
11.30am	Oscar W
12pm	Freddie B
12.30pm	Lunch
1pm	Lucas B
1.30pm	Max B
2pm	Pippa W
2.30pm	Oscar T-M
3pm	Daisy M
3.30pm	Oscar K

Simi Fyles: Singing Keyboard Room	
8.45am	William B
9.15am	Otto D
9.45am	Cleo S
10.15am	Reeve E
11am	Primrose G
11.30am	Rowan T-R

Lancing Prep Worthing Lessons
Week beginning 2nd February 2026



Lancing Prep
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Lancing Prep Worthing

Music Lessons Week 5

Tuesday

Natalie Mason: Voice Practice Room

8.15am	Miri H
8.45am	Sia S
9.15am	Hunter L
9.45am	Zoya G-H

Sarah Leeves: Brass Music Room

9.45am	Emily E
10.15am	Orlando B
11am	Harry A
12pm	Max C
12.30pm	Oscar W
1pm	Freddie B
2pm	Damian B
2.30pm	Lewis M
3pm	Toby C
3.30pm	Wind and Brass Ensemble





Lancing Prep
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Lancing Prep Worthing

Music Lessons Week 5

Wednesday

Simi Fyles: Singing Practice room	
8.30am	Peaches C
9am	Lucas B
9.30am	Elodie G
10am	Matilda W
10.45am	Chloe B
11.15am	Lilah MMDC
11.45am	Tilly R-C
12.15pm	Xanthe MMDC

Liz Hosford: Piano and Double Bass Drama Studio/Keyboard room	
8.30am	Rupert W
9am	Vivian B
9.30am	Damian B
10am	Oscar K
10.45am	Verity P
11.15am	Rafi V
11.45am	Freddie S
12.15pm	Lunch
12.45pm	Adelaide F
1.15pm	Lottie J
1.45pm	Devaansh M



Lancing Prep
Worthing

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Lancing Prep Worthing

Music Lessons Week 5

Rob Campkin: Violin and Piano Practice Room		
8.45am	Rafee K	Piano
9.15am	Emily A	Piano
9.45am	Elijah S	Piano
10.15am	Trial Lesson	Piano
10.45am	Break	
11am	Bobbie C	Piano
11.30am	Aria P-T	Piano
12pm	William J	Piano
12.30pm	Rory B	Piano
1pm	Lunch	
1.30pm	String Group	Violin
2pm	Annie G	Piano
2.30pm	Florence W	Piano
3pm	Frances M	Piano

Friday

Dom Smith: Flute Drama Studio	
8.15am	Francesca G
8.45am	Oscar K



Lancing Prep
Worthing

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Lancing Prep Worthing

Music Lessons Week 5

Barry Worley: Guitar and Drums Practice Room

8am	Miles C
8.30am	William B
9am	Ethan S
9.30am	Teddy C
10am	Mae C
10.30am	Deevansh M
11am	Rowan T-R
11.30am	Elijah S
12pm	Reeve E
12.30pm	Lunch
1pm	Rock Band
1.30pm	Rory S
2pm	Magnus D
2.30pm	Rufus P
3pm	Theodore L
3.30pm	Maisie C

Sarah Davison: Cello Drama Studio

9.50am	Helena P
10.20am	Break
10.50am	Ted B-T
11.20am	Asher G

Lancing Prep Worthing Lessons
Week beginning 2nd February 2026



Lancing Prep
Worthing

A Lancing College Preparatory School

Lancing Prep Worthing

Music Lessons Week 5

Rob Campkin: Violin and Piano

Keyboard Room

8.30am	Miles C	Violin
9am	Marigold P	Violin
9.30am	Rishita M	Piano
10am	Reeve E	Violin
10.30am	Break	
11am	Madhavan R	Piano
11.30am	Hamish B	Piano
12pm	Charlie B	Piano
12.30pm	Lunch	
1pm	Remy Z	Piano
1.30pm	Lucinda L	Violin
2pm	William J	Violin
2.30pm	Rafee K	Violin

Nat Meierdirk: Clarinet

Music Room

3.30pm	Zara H
4pm	Esmee M

Lancing Prep Worthing Lessons
Week beginning 2nd February 2026



Lancing Prep
Worthing

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YOU ARE INVITED TO OUR
NURSERY, PRE-SCHOOL AND PRE-PREP

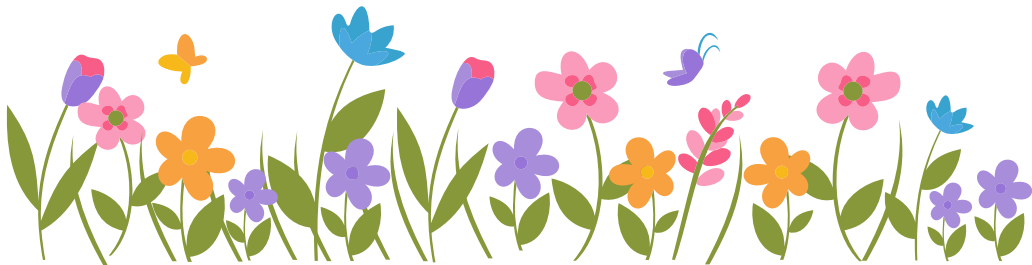
SPRING

ASSEMBLY

WEDNESDAY 25 MARCH

GATE OPENS: 9.15 AM

ASSEMBLY STARTS: 9.30 AM





Lancing Prep
Worthing

A Lancing College Preparatory School

You are invited to our



Prep Spring Service

Friday 27 March at 3pm

Lancing Prep Worthing
School Hall

EASTER GYMNASTICS CAMP

AGES
5+

WEEK 1:

MONDAY 30TH MARCH - THURSDAY 2ND APRIL

WEEK 2:

TUESDAY 7TH APRIL - FRIDAY 10TH APRIL

9AM - 3PM

Limited spaces

£40
PER DAY



10%
DISCOUNT
WHEN BOOKING
A FULL WEEK

GYMNASTICS * GAMES * EASTER FUN!

BRIGHTON SPORT AND HEALTH COMPLEX, FALMER



February Half Term JUNIOR GOLF CAMP



Golf Academy
SLINFOLD
GOLF & COUNTRY CLUB



SESSION TIMES are 9.00am - 12.00pm

Mon 16th & Wedn 18th Feb with Bertie

Tues 17th, Thur 19th & Fri 20th with Will

Suitable for children aged 6-15, for beginners through to more experienced players.
Sessions are £35 each per child, to include coaching & equipment & balls.

Sessions involve:

All aspects of the game including: pitching, putting, chipping, iron play and driving.
This will lead to going out onto the course and playing some actual games!

Contact Bertie & Will to book:

bertie.chambers@slinfoldclub.co.uk

william.ohalloran@btinternet.com

**KIDS LOVE LEARNING
TO PLAY GOLF!**

APPLICATIONS ARE NOW OPEN FOR
JUNIOR BAKE OFF

Aged between 9-15 and love to bake?
We'd love to hear from you!

WWW.APPLYFORJUNIORBAKEOFF.CO.UK



APPLICATIONS CLOSE 15TH MARCH 2026