



Dear Families,

I am absolutely thrilled to share this year's outstanding 13+ scholarship results. An incredible **12 awards** have been achieved across a wonderful range of disciplines. This is an exceptional accomplishment of which the whole school community can be immensely proud. Warm congratulations go to: **William B** (Drama Scholarship), **Lucas B** (Academic Scholarship), **Freddie B** (Academic Exhibition), **Max B** (Ken Shearwood All-Rounder Scholarship), **Vivian B** (Ken Shearwood All-Rounder Scholarship), **Ashley C** (Academic Scholarship - The Melsome Scholarship - 2nd Highest Academic Award), **William E** (Academic Scholarship and Sports Exhibition), **Beau H** (Academic Scholarship – Jack Robinson - 3rd Highest Academic Award and Music Exhibition), **Nicholas M** (Art Exhibition) and **Bertie C** (Drama Scholarship). As prefects, every single child in Year 8 has embodied our school motto to 'love learning.' This will serve them well in the future. We are incredibly proud of each and every pupil.

On Monday, many of our pupils who attend Brownies or Rainbows outside of school arrived at school wearing their Brownies or Rainbows uniform. This special occasion marked 100 years of World Thinking Day, a global celebration of friendship, community and the positive impact young people can make around the world. Being a Rainbow or Brownie offers children wonderful opportunities to grow in confidence, develop new skills and to learn the value of teamwork and community service. These experiences closely reflect our school aims, encouraging pupils to be curious, resilient, compassionate and ready to take on new challenges.

This Tuesday, our Year 8 pupils enjoyed a wonderful enrichment opportunity to meet acclaimed Young Adult author Sarah Crossan. Best known for her award-winning novels in verse including *One*, *The Weight of Water*, *Apple and Rain*, and *Moonrise*, Crossan's writing explores themes of identity, family and resilience, making her an inspiring voice for young readers. Sarah described reading as 'life affirming nourishment'. She shared her love of poetry, and literature in general, encouraging all our pupils to see poetry in music and modern culture.



LPW

News

LPW pupils (and one or two alumni) were fully engaged: Bertie C gave a rendition of Louis Theroux's 'My money don't jiggle, jiggle' and alumni William P was able to recite most of King George's role in Hamilton! From modern verse to Shakespearian text (featuring Jonathan Bailey), Sarah had the audience in the palm of her hand. Pupils bought copies of her latest book and discussions have continued in the classroom long after this visit, particularly related to the injustices of the 'Troubled Teen' industry. As teachers we encourage all our pupils to do some 'digital detox' each year. Her openness regarding phone/device addiction has also sparked debate.

On Wednesday, the whole school enjoyed a wonderful lunch to celebrate Chinese New Year. Our catering team prepared a vibrant and delicious menu, and the Dining Room was filled with excitement as pupils learned about the traditions and symbolism behind the festival. It was a joyful celebration and a lovely way for our community to come together and mark the occasion.

Today, our Year 3 and Year 4 pupils enjoyed an enriching visit to the Herstmonceux Science Observatory. The children were captivated by the hands-on science exhibits, interactive experiments and fascinating insights into space, light and forces. They represented the school beautifully, showing curiosity, enthusiasm and excellent behaviour. It was a fantastic opportunity to bring their learning to life, and we look forward to building on their discoveries back in the classroom.

Next week, we will carry out a planned lockdown practice in school as part of our regular safety procedures. Just like our fire drills, these practices help ensure that pupils and staff know exactly what to do quickly and calmly in the unlikely event of an emergency. The drill will be carried out in a reassuring and age-appropriate way, and we are always incredibly proud of how sensibly the children respond. They follow instructions with maturity, stay calm throughout and treat the practice just as responsibly as we hoped they would. We want to reassure parents that there is no cause for concern. This is simply a routine exercise to help us maintain a safe and well-prepared school environment for everyone.



LPW

News

This evening, the Friends and Families of LPW are excited to be hosting a Quiz and Curry Night which looks to be a fun and friendly event bringing our school community together. Attendees can look forward to an enjoyable mix of trivia, laughter and light-hearted competition, all while helping to support their upcoming initiatives. Whether you're joining with a team or meeting new faces on the night, we hope you enjoy a fantastic evening and thank everyone involved for making this community event possible.

If you would like Nugget, our beloved guinea pig, to stay for the weekend or over a school holiday please get in touch. He will arrive with everything that he needs for his stay.

Dates for the Diary:

This evening

Friends and Families of LPW Curry and Quiz Night

Tuesday 3 March

Year 6 Online Parents' Meetings

Thursday 5 March

World Book Day at LPW - Fantasy & Fairy Tales theme

Once Upon a Time bars available to purchase via Classlist (see flyer below)
and

Chamber Choir will be singing in Eucharist, with a practice in the Hall at 8.30am
before the service

Monday 9 March

Year 3 and 4 Online Safety PSHEE Workshop with PC Chris Marsden

Friday 13 March (during the school day)

Someone Special Shop open for pupils- more details to follow



LPW

News

Monday 16 March

Josh Lacey Author Visit for Years 5-6

[Josh Lacey Books](#) | [Steining Bookshop](#)

Please order by 4pm on Thursday 12th March at the special event price of £7
and
Year 2 trip to Chichester Planetarium

Congratulations to:

Emily T, Autumn S, Elodie G, Francesca G and Chima O who were successful in their Pupil Library Assistant applications.

Clemmy D who was invited to a regional goalkeeper camp over half term and had great fun with coaches from all over the UK. He has since been invited to a talent ID showcase session in front of some premiership teams and is now busy training.

The 7 LPW swimmers who took part in IAPS trials at Windlesham House School last Monday: Esmee M who made up the 4th swimmer in the U12 girls' team, winning both Medley and Freestyle relays and finishing in 2nd place in the 50m Breaststroke; Leah B, Matilda W and Emmie L who swam in the U10 medley and freestyle relays, with Matilda storming to victory in 50m back stroke; Cameron B, Ethan S and Ben F who swam in the U12s relays; Cameron also finished 1st in the U12s 50m Breaststroke despite strong competition.

Finally, I shall be running the Brighton Half Marathon this Sunday as part of a Lancing College staff and pupil team. If you are running or going along to support friends or family do give me a wave!

I wish you a very happy weekend.

Best wishes,
Francesca Milling



Follow us on socials

Headteacher Awards
20 February-26 February 2026

Noah A-S	for writing a fantastically detailed persuasive letter.
Bobbie C	for delving deeper and creating a fantastic diagram of the human body.
Felix H	for his fantastic effort and progress with his handwriting.
Delilah P	for always being a kind and caring friend.
Emily S-Y	for her fantastic efforts with her times tables.
Anneka MMDC	for showing open-mindedness and curiosity by embracing the French Mardi-Gras tradition and baking delicious bugnes.
Lochie S	for his fantastic focus and persistence in Computing.
Sofia S	for crafting outstanding, colourful and wonderfully imaginative revision resources in French.
Isla L	for showing open-mindedness and adventurousness by baking crêpes from a French recipe, and for producing amazing, highly methodical work on three traditional stories about la galette.
Rufus P	for crafting an excellent city design when considering rural and urban life in Kenya.
Chelsea T	for her outstanding and imaginative French work on three traditional stories about la galette.
Francesca G	for excellence in her French assessment, reflecting her persistent and methodical approach to her learning.
Cody M	for playing the piano beautifully during Eucharist.
Autumn S	for consistently extending her learning in French.
Miri H	for linking so well with her French lesson on Epiphany by baking a superb 'galette des rois'.

SPRING MENU
Week 1



Lancing Prep Worthing

A Lancing College Preparatory School

ALL ARE MEALS ARE CAREFULLY CHECKED FOR ALLERGENS, AND ALTERNATIVE OPTIONS ARE AVAILABLE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY World Book Day	FRIDAY
LITTLE STARS	Baked jacket potato/sweet potato	Spaghetti bolognaise	Chicken & tomato bake	Cloudy with a chance of meatballs	Battered cod & healthy oven chips
MAIN	Baked jacket potato/sweet potato	Spaghetti bolognaise	Chicken, chorizo, tomato & red pepper bake	Cloudy with a chance of meatballs	Battered cod & healthy oven chips
MAIN (VEGAN & VEG)	Baked jacket potato/sweet potato	Vegan spaghetti bolognaise	Quorn pieces in a tomato & red pepper bake	Cloudy with a chance of meatballs	Battered cod & healthy oven chips
SIDE ORDERS	Spicy chilli bean mix LPW chunky coleslaw Plain tuna/tuna mayo Baked beans Grated cheddar Sweetcorn	LPW garlic bread Sweetcorn	Creamy mashed potato Sliced carrots & peas	Spicy wedges Sweetcorn relish Sour cream	Baked beans peas Ketchup LPW tartare sauce
PROTEIN SALAD BAR	Tuna/egg/cheese Various salads Dressings	Sliced meats/egg/cheese Various salads Dressings	Sliced meats/egg/cheese Various salads Dressings	Sliced meats/egg/cheese Various salads Dressings	Sliced meats/egg/cheese Various salads Dressings
PUDDING	Natural yoghurt with sunflower seeds, pumpkin seeds, honey or fruit compote Fresh fruit	Stewed apple & fruit with vanilla cream Fresh fruit	Banana & custard	Chocolate fountain	Blueberry fool Fresh fruit
PRE-PREP AFTERNOON SNACK DELIVERED TO THE CLASSROOM AT 2PM	Fresh fruit or vegetable crudités	Fresh fruit or vegetable crudités	Fresh fruit or vegetable crudités	Fresh fruit or vegetable crudités	Fresh fruit or vegetable crudités
PREP SCHOOL AFTERNOON SNACK SERVED AT 4PM	Pain au raisin Fresh fruit	Vegetable pizza slice Fresh fruit	Carrot & fruit muffin Fresh fruit	Baked croissant & cheddar filling Fresh fruit	Apple flapjack Fresh fruit

SPRING MENU
Week 1



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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY World Book Day	FRIDAY
LITTLE STARS	Baked jacket potato/sweet potato	Spaghetti bolognaise Gluten free pasta	Chicken & tomato bake Free from	Cloudy with a chance of meatballs Allergen alternatives	Gluten free battered cod & healthy oven chips
MAIN	Baked jacket potato/sweet potato	Spaghetti bolognaise Gluten free pasta	Chicken, chorizo, tomato & red pepper bake Free from	Cloudy with a chance of meatballs Allergen alternatives	Gluten free battered cod & healthy oven chips
MAIN (VEGAN & VEG)	Baked jacket potato/sweet potato	Vegan spaghetti bolognaise Gluten free pasta	Quorn pieces in a tomato & red pepper bake Free from	Cloudy with a chance of meatballs Allergen alternatives	Battered Quorn fillet & healthy oven chips
SIDE ORDERS	Spicy chilli bean mix LPW chunky coleslaw vegan Baked beans Vegan grated cheddar Sweetcorn	Gluten free garlic bread Sweetcorn	Creamy mashed potato Free from Sliced carrots & peas	Spicy wedges Sweetcorn relish Sour cream	Baked beans peas Ketchup LPW tartare sauce
PROTEIN SALAD BAR	Tuna/egg/cheese Various salads Dressings	Sliced meats/egg/cheese Various salads Dressings	Sliced meats/egg/cheese Various salads Dressings	Sliced meats/egg/cheese Various salads Dressings	Sliced meats/egg/cheese Various salads Dressings
PUDDING	Dairy free yoghurt with sunflower seeds, pumpkin seeds, honey or fruit compote fresh fruit	Apple crumble and vanilla cream Gluten/dairy free Fresh fruit	Dairy free banana custard Fresh fruit	Chocolate fountain Allergen alternatives	Dairy free blueberry fool Fresh fruit
PRE-PREP AFTERNOON SNACK DELIVERED TO THE CLASSROOM AT 2PM	Fresh fruit or vegetable crudité	Fresh fruit or vegetable crudité	Fresh fruit or vegetable crudité	Fresh fruit or vegetable crudité	Fresh fruit or vegetable crudité
PREP SCHOOL AFTERNOON SNACK SERVED AT 4PM	Allergen alternative Fresh fruit	Allergen alternative Fresh fruit	Allergen alternative Fresh fruit	Allergen alternative Fresh fruit	Allergen alternative Fresh fruit



Lancing Prep
Worthing

A Lancing College Preparatory School

Lancing Prep Worthing

Music Lessons Week 8

Monday

Sophia Liu: Piano Keyboard Room	
12.30pm	Penelope L
1.20pm	Pasha S-N
1.50pm	Margo L

Barry Worley: Guitar and Drums Practice Room	
11am	Oscar T-M
11.30am	Noah B
12pm	Pippa W
12.30pm	Break
1pm	Lucas B
1.30pm	Max B
2pm	Daisy M
2.30pm	Oscar W
3pm	Oscar K
3.30pm	Freddie S

Simi Fyles: Singing Keyboard Room	
8.45am	William B
9.15am	Reeve E
9.45am	Cleo S
10.15am	Otto D
10.45am	Primrose G

Lancing Prep Worthing Lessons
Week beginning 2nd March 2026



Lancing Prep
Worthing

A Lancing College Preparatory School

Lancing Prep Worthing

Music Lessons Week 8

Tuesday

Natalie Mason: Voice

Practice Room

8.15am	Miri H
8.45am	Sia S
9.15am	Hunter L
9.45am	Zoya G-H

Sarah Leeves: Brass

Music Room

9.45am	Harry A
10.15am	Damian B
11am	Oscar W
11.30pm	Freddie B
12pm	Emily E
12.30pm	Orlando B
1pm	Lewis M
1.30pm	Lunch
2pm	Toby C
2.30pm	Max C
3pm	Wind and Brass Ensemble





Lancing Prep
Worthing

A Lancing College Preparatory School

Lancing Prep Worthing

Music Lessons Week 8

Wednesday

Simi Fyles: Singing Practice room	
8.30am	Peaches C
9am	Lucas B
9.30am	Tilly R-C
10am	Xanthe MMDC
10.45am	Elodie G
11.15am	Matilda W
11.45am	Chloe B
12.15pm	Lilah MMDC

Liz Hosford: Piano and Double Bass Drama Studio/Keyboard room	
8.30am	Vivian B
9am	Damian B
9.30am	Freddie S
10am	Oscar K
10.45am	Rafi V
11.15am	Verity P
11.45am	Rupert W
12.15pm	Lunch
12.45pm	Adelaide F
1.15pm	Lottie J
1.45pm	Devaansh M



Lancing Prep
Worthing

A Lancing College Preparatory School

Lancing Prep Worthing

Music Lessons Week 8

Thursday

Rob Campkin: Violin and Piano Practice Room		
8.45am	Rafee K	Piano
9.15am	Emily A	Piano
9.45am	Elijah S	Piano
10.15am	Break	
10.30am	Albie F-J	Piano
11am	Aria P-T	Piano
11.30am	Rory B	Piano
12pm	William J	Piano
12.30pm	Lunch	
1.30pm	String Group	Violin
2pm	Annie G	Piano
2.30pm	Frances M	Piano
3pm	Florence W	Piano

Friday

Dom Smith: Flute Drama Studio	
8.15am	Francesca G
8.45am	Oscar K



Lancing Prep
Worthing

A Lancing College Preparatory School

Lancing Prep Worthing

Music Lessons Week 8

Barry Worley: Guitar and Drums Practice Room

8am	Miles C
8.30am	William B
9am	Ethan S
9.30am	Devaansh M
10am	Elijah S
10.30am	Teddy C
11am	Maisie C
11.30am	Reeve E
12pm	Rufus P
12.30pm	Break
1pm	Rock Band
1.30pm	Rory S
2pm	Theodore L
2.30pm	Magnus D
3pm	Rowan T-R
3.30pm	Mae C

Verity Lawrence: Cello Drama Studio

10am	Helena P
10.30am	Asher G
11am	Ted B-T

Lancing Prep Worthing Lessons
Week beginning 2nd March 2026



Lancing Prep
Worthing

A Lancing College Preparatory School

Lancing Prep Worthing

Music Lessons Week 8

Rob Campkin: Violin and Piano

Keyboard Room

8.30am	Miles C	Violin
9am	Marigold P	Violin
9.30am	Hamish B	Violin
10am	Madhavan R	Piano
10.30am	Break	
11am	Charlie B	Piano
11.30am	Rishita M	Piano
12pm	Reeve E	Piano
12.30pm	Lunch	
1pm	Remy Z	Piano
1.30pm	Lucinda L	Violin
2pm	William J	Violin
2.30pm	Rafee K	Piano

Nat Meierdirk: Clarinet

Music Room

3.30pm	Zara H
4pm	Esmee M

Lancing Prep Worthing Lessons
Week beginning 2nd March 2026

WORLD BOOK DAY

THURSDAY 5th MARCH

ONCE UPON A TIME.. BARS



WE ARE HIDING **GOLDEN BOOKMARKS** INSIDE
CHOCOLATE BARS - FIND ONE AND **WIN A PRIZE!**



£2.50 PER BAR

PURCHASE VIA CLASSLIST

PRIZES INCLUDE:

POP FUNKO CHARACTERS
SCHOOL TREATS
BOOK VOUCHERS
PIN BADGES
BOOKMARKS

(SEE SEPARATE POSTER FOR MORE
DETAILS ON THE PRIZES)

THERE ARE 20 BOOKMARKS IN EVERY 100 BARS. THE PRIZE WILL BE STATED ON THE BACK OF THE
CARD. ON WBD WE WILL BE IN THE PLAYGROUND AT PICK UP FOR YOUR CHILDREN TO SELECT
THEIR BAR(S).

THE BARS WILL BE 100g GALAXY or 135g GALAXY CARAMEL BARS. IF YOUR CHILD HAS
ALLERGIES, THIS WILL BE EXCHANGED FOR A SUITABLE ALTERNATIVE ONCE THEY'VE
CHECKED FOR A WINNING BOOKMARK.



FRIENDS & FAMILIES OF
LANCING PREP WORTHING

SOME MORE INFO.....

In 2024 we ran an event alongside World Book Day. The theme for the day was Charlie & the Chocolate Factory and therefore Golden Tickets were hidden under the wrappers of Wonky Bars* (*rather than Wonka to avoid trademark issues!)



The kids LOVED it and there was much excitement as chocolate wrappers were ripped off in anticipation of finding a winning ticket! Prizes varied from Pop Funko characters through to pin badges, bookmarks and school treats.

In 2025 we changed their name to “Wonder Bars” and hid golden playing cards inside to run alongside the Alice in Wonderland theme.

This year we are calling them “Once Upon a time..” bars and there will be Golden Bookmarks to find!

Bars can be purchased in advance on Classlist and on World Book Day the children will choose their bar(s) at pick up.

Any children that travel home on the school bus will be able to choose their bar(s) before getting on the bus. They will be put in bags, labelled and given to the bus driver so that they are not opened and consumed on the way home! The bus driver will hand them out as children leave the bus.

THERE ARE 20 BOOKMARKS IN EVERY 100 BARS. THE PRIZE WILL BE STATED ON THE BACK OF THE CARD.

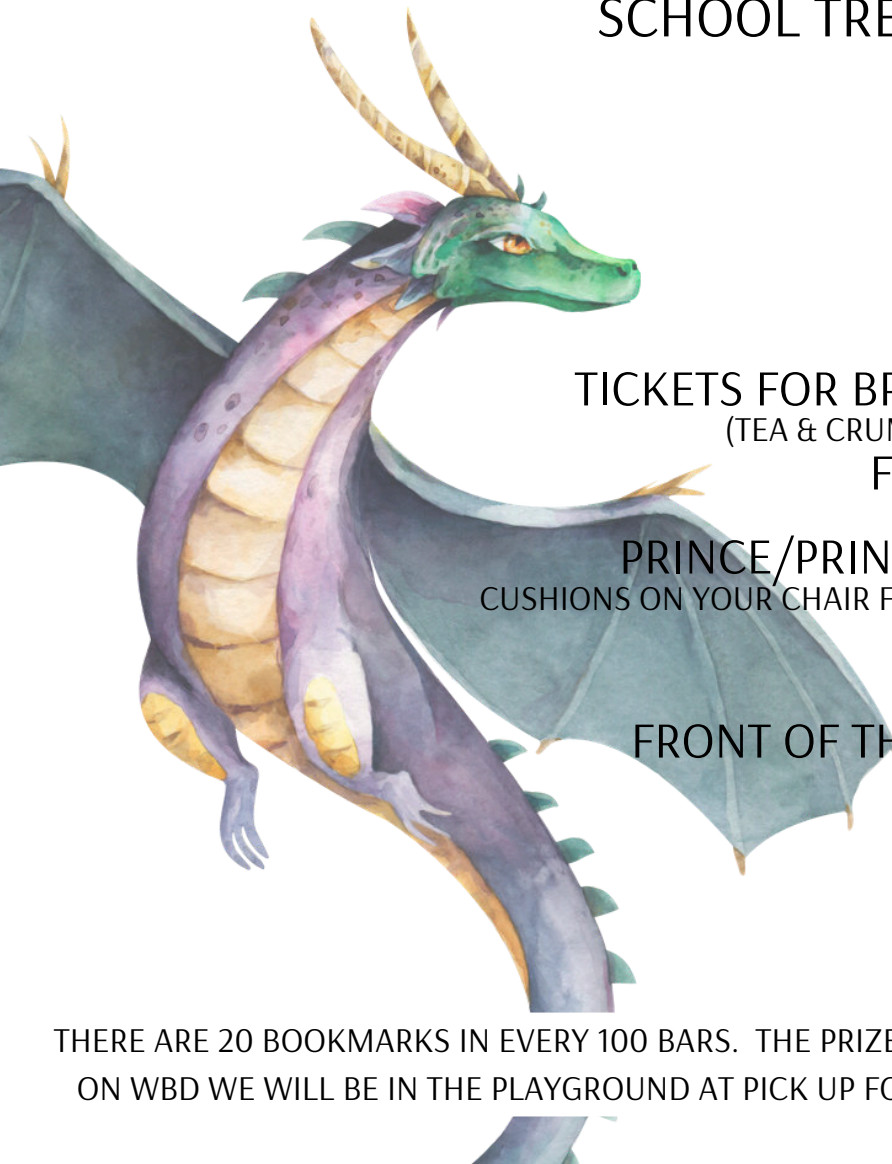
THE BARS WILL BE 100g GALAXY or 135g GALAXY CARAMEL BARS. IF YOUR CHILD HAS ALLERGIES, THIS WILL BE EXCHANGED FOR A SUITABLE ALTERNATIVE ONCE THEY’VE CHECKED FOR A WINNING BOOKMARK.

FIND A **GOLDEN BOOKMARK** INSIDE A
CHOCOLATE BAR

TO WIN ONE OF THE FOLLOWING

PRIZES:

BOOK VOUCHERS
POP FUNKO CHARACTERS
PIN BADGES & BOOKMARKS
BOOK READING LAMP, READING SOCKS &
SCHOOL TREATS



SCHOOL TREATS INCLUDE:

TICKETS FOR BREAKFAST IN THE STAFF ROOM
(TEA & CRUMPETS IN THE STAFF ROOM WITH A FRIEND)

FAIRYTALE PASSES - PREP ONLY
(EAT LUNCH WITH A MOVIE AND A FRIEND)

PRINCE/PRINCESS PASSES - PRE-PREP ONLY
CUSHIONS ON YOUR CHAIR FOR THE DAY PLUS A NEW PENCIL & RUBBER)

BE A TEACHER FOR AN HOUR
BREAKTIME IN THE LIBRARY
FRONT OF THE LUNCH QUEUE FOR A WEEK

THERE ARE 20 BOOKMARKS IN EVERY 100 BARS. THE PRIZE WILL BE STATED ON THE BACK OF THE CARD.
ON WBD WE WILL BE IN THE PLAYGROUND AT PICK UP FOR YOUR CHILDREN TO SELECT THEIR BAR(S).

THE BARS WILL BE 100g GALAXY or 135g GALAXY CARAMEL BARS. IF YOUR CHILD HAS ALLERGIES, THIS WILL BE EXCHANGED FOR A SUITABLE ALTERNATIVE ONCE THEY'VE CHECKED FOR A WINNING CARD.

LIONS 2026 BOYS RUGBY RESIDENTIAL



Our residential camp gives your child the opportunity to develop as a player both on and off the pitch.

Immersing in three days of non-stop rugby, the residential includes:

- ✓ 3 Days & 2 Nights
- ✓ 3 Meals a Day
- ✓ High Class Facilities
- ✓ Lions T Shirt
- ✓ Player feedback forms
- ✓ Camp Awards

Comfortable boarding house rooms, perfect for winding down after a full day of Rugby.

- ✓ Technical and tactical Rugby practices
- ✓ Led by RFU qualified coaches
- ✓ Evening activities - tennis, cricket, swimming etc.
- ✓ **Professional player guest appearance**
- ✓ Q&A with professional player
- ✓ Use code: Lancing10 for 10% off

**11th-13th
August**

Only
£395

**9-15 year
olds**



Lancing College
(Sussex, BN15 0RW)



www.lionssports.academy/bookingpage

More Information

0203 424 5070

info@lionssports.academy



JUNIOR PADEL

OPEN DAY



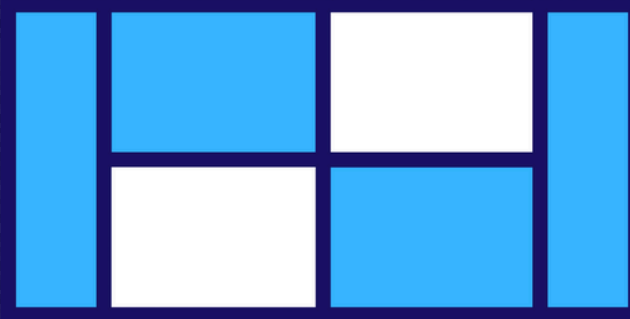
● WHERE?

**WORTHING RFC, ROUNDSTONE LN,
ANGMERING, BN16 4AX**

● WHEN?

**SATURDAY 29TH MARCH 2026
10AM - 2PM**

- ✓ **FREE** TASTER SESSIONS THROUGHOUT THE DAY
- ✓ **NO EXPERIENCE NEEDED** ✓ **RACKETS PROVIDED**
- ✓ **ALL SESSIONS RUN BY QUALIFIED PADEL COACHES**



PADEL
PROJECT UK

JUNIOR PADEL OPEN DAY

Our Junior Open Day is the perfect way for children to try padel in a fun, friendly environment.

Across the day, we'll be running free 45-minute taster sessions led by our qualified coaches, alongside free play opportunities. Sessions are suitable for all abilities, whether your child is completely new to padel or already plays.

JUNIOR PADEL HOLIDAY CAMPS

Looking for something active and fun during the school holidays? Our Junior Holiday Camps combine coaching, games and matchplay in a safe, supportive environment.

Easter Holidays • May Half Term • Summer Holidays

GET IN TOUCH WITH RYAN TO FIND OUT MORE:



07435 058644



ryan@padelprojectuk.com



www.yourspacetherapies.org

❁ **Easter Holiday Mindfulness Pony Day for Kids!** ❁

Dates: Thursday 2nd April and Friday 10th April

Time: 9.30am- 2pm

Location: Hill Crest Farm, Horsham

Join us for a magical day of ponies, riding, art, friendship, and mindfulness!

❖ **What to Expect:**

♥ **Mindfulness Time with Ponies**

🐾 **Pony Care**

🐎 **Riding and Mounted Games**

♣ **Connect with Arts and Nature**

🌱 **Make New Friends**

Click the link to book the day of your choice:

[Thursday 2nd April- Mindfulness Pony Day- Book Now!](#)

[Friday 10th April- Mindfulness Pony Day- Book Now!](#)

Cost: £140 per child

BY PURCHASING A TICKET VIA EVENTBRITE, YOU ARE PAYING £40 DEPOSIT. YOU WILL BE INVOICED VIA EMAIL FOR THE OUTSTANDING AMOUNT ON 27th MARCH.

Spaces limited to 10 children per day

We are an inclusive team and warmly welcome children with Special Educational Needs and Disabilities (SEND). We celebrate diversity and are committed to providing a supportive environment where every child can thrive.