

HARVEST FOOD FESTIVAL 2026

PICK 'N' MIX A BUMPER BREAKFAST

Help us make a Brighter Breakfast this Harvest by organising a collection of your favourite breakfast bits.

Your gifts will go directly to those experiencing homelessness to help nourish their health and support their wellbeing.

Pick 'n' Mix your Breakfast creations and tick off from the list below.

TINS

BAKED BEANS

☐

SPAGHETTI HOOPS

☐

TOMATOES

☐

FRUIT & VEGETABLES

☐

MEAT & FISH

☐

DRINKS

INSTANT COFFEE

☐

BOTTLED WATER

☐

JUICE CARTONS

☐

MILK/MILK ALTERNATIVE

☐

SQUASH

☐

SPREADS & SAUCES

JAM & MARMALADE

☐

CHOCOLATE SPREAD

☐

MARMITE

☐

PEANUT BUTTER

☐

KETCHUP & BROWN SAUCE

☐

HONEY

☐

POTS & PACKETS

INSTANT PORRIDGE POTS

☐

BISCUITS

☐

CEREAL BARS

☐

BOXED CEREAL

☐

SUGAR

☐

HOW CAN YOU DONATE?

Drop off Monday- Thursday.
Collections available on
request.

Sign up to receive our Gift List and Newsletter to learn more about what we do and how you can support us this Harvest and beyond!

Drop off Monday, Tuesday,
Wednesday, Thursday 9am - 2pm
CLOSED FRIDAY & BANK HOLIDAYS
Unit 2, Dominion Trade Centre,
Dominion Way West, Worthing,
West Sussex, BN14 8NT.

Donate via our Amazon
Wishlist and send
essential everyday items
direct to us!



SCAN ME

Email donations@turning-tides.org.uk

Phone 01903 680742

Visit www.turning-tides.org.uk/donate-goods



REGISTERED CHARITY No: 1027832



SCAN ME

SAVE THE DATE

THURSDAY 15 OCTOBER

9am Prep Harvest
Celebration

2.30pm Nursery, Pre-
School and Pre-Prep
Harvest Celebration



Lancing Prep Worthing

A Lancing College Preparatory School



Descendants Enrolment Form

Program	Musical Theatre Skills School
Location	Lancing Prep Worthing
Dates	Monday 26 th – Friday 30 th October 2026
Start/End Time	9am – 1pm daily
Showing	12:00 Friday 10 th April
Cost	£160 Sibling discount - £130 (for second child)

To book on this Program please complete the form below and return it to comettheatreworkshops@gmail.com Places are limited and we will be accepting students who book with payment on a first come first served basis, so please enquire promptly to not be let down. *A full refund will be given if the workshop does not run for any reason, but places cannot be cancelled after 1st March 2026.*

If you have any specific issues or allergies, please ensure you make us aware of them.

Booking Details

Student Name	
Student's School Year	
Parent's Name	
Parent's Phone Number	
Parent's Email	
Medical Information/Further info	
Permission for photos to be taken	YES or NO
T-shirt Size/Age	

Total Payment Due : £160

Preference is for Bank transfer which should be made to **Rosie Zeidler** as payee at Starling Bank.
Account Number: 08519114 Sort Code: 608371

- with the reference CTT *Student Name*.
- We will confirm receipt with the course booking confirmation.
- PHOTO PERMISSION- Any photos taken will only be used for promotional purposes by Comet and not shared for use by any third parties.
- A t-shirt will also be ordered for your child.

Many thanks

A handwritten signature in black ink that reads "Rosie Zeidler". The signature is written in a cursive, flowing style.

Rosie Zeidler - Comet Theatre Training

DESCENDANTS

Musical Theatre Workshop

26th - 30th October

9am - 1pm daily

Lancing Prep Worthing

Years: 2-8



Email: comettheatreworkshops@gmail.com