



Lancing Prep
Worthing

A Lancing College Preparatory School

Explorers' Corner Nursery & Pre-School



Nursery - Year 2

OCTOBER HALF TERM HOLIDAY CLUB

at Lancing Prep Worthing

ARTS AND CRAFTS

OUTDOOR GAMES FREE PLAY CONSTRUCTION

BAKING

Monday 19 October - Thursday 22 October
Monday 26 October - Wednesday 28 October



Lancing Prep Worthing

A Lancing College Preparatory School

Head Mistress, Mrs F Milling,
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www.lancingcollege.co.uk

25 September 2026

Dear Parents and Guardians of Year 7 and 8,

On Monday 28th September, George Dowell MBE, owner of Worthing Football Club, is visiting LPW to talk to our Year 7 and 8 boys.

Mr Dowell, a Worthing local, was left paralysed after a car crash in 2010 and invested his compensation into Worthing FC and community sport. He cleared the club's debts, built a 3G pitch and after three promotions the club is now playing in the National League for the first time in its 140-year history! His remarkable story is told in the documentary *The Club That George Built* (available on Prime Video and discovery+).

Monday's plan:

- **8.40 - 9.15am** – Mr Dowell will host a talk and Q&A with Mr Marshman in the school hall
- **9.15 - 10.25am** – He will watch the boys' football-based PE session

The boys have been told about George's visit, but we would love to gently encourage them (if you have a spare 10 minutes this weekend) to watch part of his TEDx talk, available on YouTube at home. (It is a 12-minute video and the first 7 minutes are the most relevant for the talk), here's the link: [George Dowell MBE | TEDxBrighton](#).

As the girls play football in the Spring Term and are off site for hockey training on Monday morning, we hope to arrange a similar visit for them later in the academic year.

Kind Regards

Mr Jeff Marshman

BA (Hons), PGCE, QTS

Director of Sport | Year 4 Form Tutor

Prep Schools' Pumas Football Trial

Boys Trial to be held at Bede's Senior School, Upper Dicker on 27th September 2026

Please email the completed form or the information below to Dan Abraham, dan@districtfootball.co.uk
There is no restriction on how many players can be nominated

All parents will receive an email from Dan prior to the trial confirming their place and giving directions.

Email addresses will not be passed on or used for any other reason than to send arrangements for the trial

Name of School:-.....

Teacher i/c Football:-.....**e-mail address for Teacher:-**.....

Under 11 Boys Trial

Forename	Surname	Date of Birth	Preferred Position	2 nd Choice Positon	Parent's email

Under 12 Boys Trial

Forename	Surname	Date of Birth	Preferred Position	2 nd Choice Position	Parent's Email

Under 13 Boys Trial

Forename	Surname	Date of Birth	Preferred Position	2 nd Choice Position	Parent's Email

Players who were selected for the District Team this season (2025/26) will automatically be invited to the trials again but if you are unsure please do include the players' details above and we'll ensure no-one is included twice.

Girls Prep Schools Football Trial

to be held at Wellington College, Berkshire, RG45 7PU

Trial for Under 11, Under 12 & Under 13 Girls on Sunday 11th October 2026

Please email the completed form or the information below to Dan Abraham, dan@districtfootball.co.uk

All parents will receive an email from Dan prior to the trial confirming their place and giving directions.

Email addresses will not be passed on or used for any other reason than confirmation of trial arrangements

Name of School:.....

Teacher i/c Football:-.....**e-mail address for Teacher:**.....

Under 11 Girls

Forename	Surname	Date of Birth	Preferred Position	2 nd Choice Positon	Parent's email

Under 12 Girls

Forename	Surname	Date of Birth	Preferred Position	2 nd Choice Position	Parent's Email

Under 13 Girls

Forename	Surname	Date of Birth	Preferred Position	2 nd Choice Position	Parent's Email

Players who were selected for the District Team this season (2025/26) will automatically be invited to the trials again but if you are unsure please do include the players' details above and we'll ensure no-one is included twice



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Friday 20 November



7.30pm - 11.30pm



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Live band: Murdoch's Crazy Eyes



Three-course buffet dinner



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THE HOLIDAY SKATE CLUB

AGES 6 - 13YRS

BRIGHTON ALDRIDGE COMMUNITY ACADEMY (BACA)

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HOLIDAY RACQUETS CAMPS

Fun activities for children aged 4-16 years, every school holiday.

Sessions for beginners and improvers may be booked online.



www.wwc.org.uk/holiday-activities

HOLIDAY CAMPS

Our fun-filled racquets camps are a perfect start to tennis and squash for children who are beginners or relatively new to the sports. Tennis Days and Squash Camps also offer fantastic opportunities for junior players to keep improving their skills.

Book online at www.wwc.org.uk/holiday-activities



TERM TIME COURSES

Our popular term time courses run for six weeks and cover everything children need to know to play and enjoy a game of tennis. Sessions available for beginners, improvers and more advanced players. Email tenniscoaching@wwc.org.uk for more details.



GROUPS FOR GROWN UPS!

It's never too late to take up tennis or padel. Whether you're a complete beginner or have played before, we have courses and sessions which suit all abilities. Details of adult sessions can be found at www.wwc.org.uk/sports-and-activities/



Our family friendly club offers some of the best tennis, padel and squash facilities in West Sussex.

Non-members welcome

**VISIT US, CALL US OR
EMAIL US TODAY**



West Worthing Club CIC, Titnore Way, Worthing BN13 3RT

01903 247270 | info@wwc.org.uk | www.wwc.org.uk

