



Dear Families,

A Special Visitor

We were delighted to welcome George Dowell MBE, owner of Worthing Football Club, to Lancing Prep Worthing. George met our Year 7 and 8 boys footballers and gave a truly inspirational talk, before staying on to watch our on-site football session. George has done so much for football in the town and it was a real privilege for our children to hear from him. There are exciting plans being formed behind the scenes as we look to continue to grow our connection with the biggest sports team in our local area. Thank you, George, we look forward to welcoming you back to LPW in the near future.

ISFA Bowl Brilliance

The week got off to a flying start, when three of our Year 7 and 8 boys, Emeka, Alex and Orlando, were selected for a combined squad, alongside players from Lancing Prep Hove and Dorset House. They made an incredible national cup campaign bow, beating Ryde School with Upper Chine 8-1 in the first round of the prestigious U13 ISFA Bowl at Lancing College. All three boys played brilliantly, scoring two goals each! A fantastic achievement, and we look forward to seeing how far the team can go.

More Memorable Moments for our Year 5 and 6 Boys

On Wednesday, our Year 5 and 6 footballers headed to Lancing Prep Hove for triangular tournament action against LPH and St Christopher's, and both teams came away victorious. The B team drew 1-1 with St Christopher's, before Rupert scored the all-important goal in a 1-0 win over LPH to clinch the honours. The Cs were equally impressive, beating St Christopher's 1-0 and then LPH 3-0, with Oliver shining throughout a memorable afternoon's action from both squads.



Year 7 and 8 Hockey Girls Unbeaten

The success continued on the hockey pitch, where our U13 girls were triumphant against Shoreham College. The U13B team won 3-0, with Emily scoring a superb hat-trick, and the U13Cs battled to a 1-1 draw thanks to a well-taken goal from Poppy, ensuring the girls came away unbeaten on the day.

Elsewhere, there were further wins for our Year 3 and 4 footballers, who were superb in a 4-0 B-team victory at Lancing Prep Hove, led brilliantly by Rex, and for our Year 5 and 6 C team hockey girls, who beat Burgess Hill 3-0 thanks to goals from Marigold and Eliza.

Our younger hockey girls travelled to Pennthorpe on Thursday for a tough afternoon of matches. There were plenty of positives, though, with Daisy scoring for the Year 4 team, Charlotte getting on the scoresheet for the U8s, and Trixie playing very well for our other U8 team.

Fantastic Four make a Splash

Year 8 quartet Cameron, Daniel, Ethan and Esmee were part of a talented Lancing College representative team competing in the prestigious U13 SSSL Schools Super Swimming League at Hurstpierpoint College. Racing against the very best swimmers in the region, all four were cool, calm and collected in an intense environment and did themselves and LPW proud.

On-Site Success

Special mention must quickly go to Kelly Edwards, Director of Sport at Lancing College, who found time in her busy schedule to deliver an on-site masterclass to some of our pupils not out at fixtures this week. Indeed,



where children were not in competitive action elsewhere, LPW kept up the intensity with a number of inter-school matches and Mr Bell, our wonderful chef, was also on hand to provide a nod to the match-tea experience.

This Week's Results

Monday - ISFA Bowl, Round 1 (at Lancing College)

- U13 combined team (LPW, LPH and Dorset House) won 8-1 v Ryde School with Upper Chine

Wednesday - Football

- U13A lost 2-5 v Lancing Prep Hove
- U13B drew 1-1 v Lancing Prep Hove
- U11B drew 1-1 v St Christopher's, won 1-0 v Lancing Prep Hove (triangular winners)
- U11C won 1-0 v St Christopher's, won 3-0 v Lancing Prep Hove (triangular winners)

Wednesday - Hockey Sevens

- U13B won 3-0 v Shoreham College
- U13C drew 1-1 v Shoreham College
- U13I lost 0-4 v Brighton College
- U13J lost 2-4 v Brighton College
- U11A lost 0-6 v Burgess Hill Girls
- U11B lost 0-6 v Burgess Hill Girls
- U11C won 3-0 v Burgess Hill Girls



Thursday - Football (v Lancing Prep Hove)

- U8A lost 1-3
- U8B won 4-0

Thursday - Hockey Sevens (v Penntorpe School)

Scores not kept by either team for these fixtures.

Beyond LPW

Prep School Pumas – As a sports department we are full of admiration for all of our boys who went through the trial process for Prep School Pumas selection last weekend. The feedback from Head Coach Dan Abraham was that LPW had once again put on an impressive display, with a number of boys selected for Prep School Pumas squads this season. A huge congratulations to the following:

- U11: Iwan (A Squad), Asher (Development Squad)
- U12: Orlando (A Squad), Harry and Henry (Development Squad)
- U13: Ethan (A Squad)

Six selections across three age groups is a terrific achievement and we wish the girls who choose to attend trials next weekend the very best of luck as well.

Please note: This is an open trial and while some names may have been flagged already, if you have not been contacted by Mr Abraham and would like your daughter (Years 6 – 8) to try out, please email dan@districtfootball.co.uk for more information.

Well done, once again, to all of the boys, selected or not – who continue to represent our school so brilliantly on the pitch!



Playing Up

A number of our Year 7 and 8 girls: Emily, Hali, Pippa, Esmee, Elodie and Emily were invited to play in matches at higher-age group level by Lancing College Head of Hockey David Janes. Both Emily and Elodie received MVP awards for their teams. Stepping up against older players is no small thing, and they have taken their opportunity and represented LPW brilliantly.

Cricketing Congratulations

A huge well done to the talented Peaches and Elodie, who have been called up by Sussex Cricket U13s girls' squad – a fantastic achievement. And in even more success for girls in the cricketing world, we extend our warmest congratulations to Romey (Year 5) and Violet (Year 4) who recently made a little bit of history by becoming the first females to win a trophy for Steyning Cricket Club.

If your child has a sporting achievement outside school that you'd like us to celebrate, please do let me know.

Thank you, as ever, for your support on the touchline and at home.

Kind regards,

Mr Marshman
Director of Sport