

Virtual Health Centre



Our Health Centre is operating in *virtual mode* for pupils during the temporary school closure – making appointments, receiving phone calls and attending virtual meetings via video chats – ensuring the care we give day in and day out reaches the Lancing community around the world.

During the time that the Lancing campus is closed to pupils, we wish to ensure that the support, care and expertise of the Health Centre at Lancing, under the guidance of our Senior Nurse, Mrs Angela Brennan, is able to continue uninterrupted – and to be extended to pupils, parents and staff alike.

Mrs Brennan (BA, RGN) has been at the helm of the Health Centre for five years and leads an excellent team of five nurses. In the usual run of things the Health Centre is open 24/7 in term time. No day is the same and the team looks after ailments and injuries; provides a space for pupils to have ‘time out’ and a listening ear (often accompanied by hot chocolate and biscuits); hosts the surgery of the school GPs;

is the base for our visiting physiotherapist and psychologist and looks after a wide range of initiatives from asthma clinics to inoculations to coverage of parts of the PSHE syllabus.

The accessibility, warmth and expertise of the Health Centre is a key part of the support we offer to our pupils. We think that this is really important to be extended to the Lancing Community in these testing times when it will be particularly important for pupils to have a range of places where they can check in. The Virtual Health Centre runs alongside the help and support provided by the Houses and by the College Counsellors and all those involved in pastoral care in the school.

How:

The Virtual Health Centre can be accessed by pupils, parents and staff. Mrs Brennan can be emailed on abrennan@lancing.org.uk or phoned directly on the Health Centre phone line 01273 465 919.

When:

The Virtual Health Centre will be open Monday to Friday, 9.00am–6.00pm, during term time for the period that the school campus is closed.

Who:

Mrs Brennan is available to all pupils (whether day or boarding); all Lancing College parents who would wish to seek her advice or help regarding their children and all Lancing College staff.

Why:

At a time when doctors surgeries are experiencing a significant weight of calls, when 111 is also under pressure and when there are likely to be elevated concerns about health, Mrs Brennan can offer reassurance and advice, can point you towards particular services and can help with low-level health queries.

She knows many of our pupils well and is happy to be part of the pastoral care of the College if people are feeling anxious, concerned or would like to talk in confidence to a health professional.

In the same manner that the Health Centre is an important component in the maintenance of good physical and emotional health for so many of our community when we are on site together, we hope that this remote access will enable its excellent work to continue uninterrupted, if in a slightly different way, in these interesting times.