



Lancing College

Senior School & Sixth Form

For the attention of parents, guardians, pupils and staff of Lancing College

Lancing College has a duty of care to ensure, as far as possible, the safety of all its students. We are also under an obligation (as are all schools from 13 December 2014, under a new piece of European legislation, called the *Food Information for Consumers Regulation* [EU FIC]), to ensure that all meals served have a nutritional breakdown of allergens. This applies to not only all meals served in the Dining Hall but all meals served in the school.

Lancing College also welcomes large numbers of visitors: children from Prep Schools; visiting teams from other senior schools; community groups with which we have specific links and members of our parent body. We wish to ensure their safety also. Our Prep Schools (Lancing Preparatory School, Worthing and Lancing Preparatory School, Hove) are both Nut Free schools and many other schools are also going down this route.

As a result of the above and an increased number of students at the College who have been medically diagnosed as anaphylactic to nuts, the school is instituting a **Nut Free Policy** from January 2015. All members of our school community are asked to adhere to this policy to ensure the safety of affected students and visitors. The condition of anaphylaxis is a life-long and potentially fatal disability. It causes a number of reactions within the body, the most dangerous being breathing difficulties; swelling of airways or a drop in blood pressure, which can be potentially fatal. For those seriously affected, merely being in the vicinity of people who are consuming nuts can trigger an anaphylactic attack.

Nut Free Policy (with effect from 1 January 2015)

It is the aim of Lancing College to establish and maintain a nut free environment, for the safety of those who are anaphylactic to nuts and for those students who have known allergies to these products. We ask that the all members of the school community observe the points below.

- The Catering Department will not purchase any products containing nuts or nut oils. Whilst every effort will be made to purchase products which do not have nuts within their ingredients, there can be no guarantee that all products will contain no nut traces. All foods containing allergens will be clearly labelled.

- The school Café, Sixth Form Centre and House tuckshops will not sell any nut products although they will continue to sell items which manufacturers label with caveats such as “May contain nuts” or “Made in a factory where nuts are present”. It will be the pupils’ responsibility to decide on their approach to these products.
- Food containing nuts will not be provided by staff as prizes for competitions or in any classes
- Pupils will not bring food containing nuts into school or consume such products in school or on school transport. Parents are asked not to give their children products containing nuts as part of any ‘tuck’ brought into school.
- Supplies provided by the Catering Department to House kitchens (e.g. ‘teas’ and spreads) will not contain nuts
- If inadvertently any products containing nuts are delivered to the Catering Department they will be sent straight back to the supplier from where they came
- Any pupil concerned about the items being served is encouraged to speak to the catering team
- Pupils should recognise that they have an active obligation to share information about any food allergies at the point of being offered or sharing food, or of making food choices – i.e. in the Dining Hall, in Houses and when on school visits, trips or expeditions.